

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 <u>2nd Day of Rosh Hashanah</u> 9:15 Rosh Hashanah Service - Kiddush Following Services 10:45 Shofar Blowing 2:00 Torah Study Class 3:30 Tashlich (Meet in the Heller Lobby) 7:51 Havdalah Sept. 13th-18th	14 <i>*Long Branch Boardwalk</i> 10:00 Bus Departs for trip 10:30 Functional Fitness with Tammy (MH) 11:15 WESTON: Lavendar and Lace Spa Day (MW) 2:00 Decades Jeopardy (MH) 2:15 JCHC Choir Rehearsals (MW) 3:00 "Shining Through the Years" Kickoff with Dave Elgart (Lobby) 4:00 Decades Trivia (Lobby)	15 Wear something from your favorite decade 9:30 Trip: Parsippany Shopping 11:00 Resident and Staff Cardio Drumming (Lobby) 1:30 Trip: Hanover Shopping 1:30 Bagels and Bingo (MH) 3:00 This Week in History with Debbie Schapiro (MH) 4:00 Name the Decade (Heller Lobby)	16 The Fabulous 50s <i>"Saturday Night Live, 50yrs Through a Jewish Lens", JCC West Orange</i> 9:30 Beauty Salon 9:30 Trip: Cedar Knolls Shopping 10:15 Walk for Wellness Walking Club- Lobby Meet Up 11:15 Mental Aerobics: Word Games (MH) 12:15 Bus Departs for JCC, WO 1:30 Music Bingo (MH) 3:00 Yoga with Kim (MH) 4:00 At the Hop- Happy Hour (Café)	17 The Iconic 60s <u>Wear Tie & Dye or Bright Colors</u> 9:30 Beauty Salon 10:15 Balance and Mindfulness with Tami Rager (Heller Patio) 11:00 Tie & Die Crafts (MW) 1:30 "Woodstock- The Movie" (T) 3:00 Tovah Presents Current Events (MH) 4:00 Piano Playing with Janet Billig (Heller Lobby) 7:30 Evening Bingo with Debie (MH)	18 The "Me Decade" -1970s 9:30 Trip: Trader Joes 11:00 Disco Zumba Tammy (Heller Lobby) 1:30 Movie: "The Jazz Singer" (T) 1:30 Trip; Livingston Shopping 3:00 The Knit Wits Knitting Club (MW) 4:00 Daily Chronicles (Café) 6:43 Candle Lighting 7:30 Shabbat Services with Michael Jungreis (C)	19 9:30 Shabbat Services with Michael Jungreis (C) 11:00 Walking Club (Meet up in the Heller Lobby) 2:00 Torah Study Class (MH) 2:00 Canasta (Card Room) 3:30 You Be the Judge (MW) 7:00 Rummikub Game (Heller Lobby) 9:00 Havdalah
20 <u>Erev Yom Kippur</u> 11:00 Independent Reading 1:30 Activity Packages (Copies at Security Desks) 4:00 Weston Residents Dinner 6:21 Candle Lighting 6:40 Fast Begins 6:45 Kol Nidre /Evening Services	21 <u>Yom Kippur World Alzheimer's Day</u> 9:15 Yom Kippur Service 10:45 Yizkor Service 5:30 Mincha Service 6:30 Neilah Service followed by Maariv 7:37 Havdalah Service 7:37 Fast Ends Break the Fast- Following Services	22 First Day of Autumn <i>Mint Tea, Chinese Restaurant</i> Flu Clinic Today! 9:30 Trip: Parsippany Shopping 10:15 Tai Chi (MH) 11:00 Memoir Writing with Paul Rabinowitz (MW) 11:15 Bus Departs for Lunch 1:30 Bingo (MH) 3:00 Holidays and Traditions Discussion Group (MW) 7:00 JCHC University: "The Connections between the Wars in Ukraine and Iran " presented by Prof. Ian Drake (MH)	23 Go Purple! Wear Purple Today 9:30 Beauty Salon 9:30 Trip: Cedar Knolls Shopping 11:15 Mental Aerobics: Word Games (MW) 1:30 Lester Memory Walk (Parking Lot) 1:30 Trip: Livingston Shopping 2:00 Art in the Sukkah with Isabelle 3:00 Lecture: California Considers, "Is Judaism an Ethnicity or a Religion" w/ Paul Rabinowitz (MH) 4:00 Independent Crosswords (Copies at both security desks)	24 9:30 Beauty Salon 11:00 Trivia (Heller Patio) 12:00 Daily Chronicles (Copies at both security desks) 2:00 Music Lecture: The David Aaron Big Band (MH) 3:15 Let's Decorate the Sukkah! (Weston Patio) 4:00 Piano Playing with Janet Billig (Cafe) 7:30 Evening Bingo with Debie (MH)	25 <u>Erev Sukkot</u> 9:30 Rt. 10 Farmers Market 11:00 Zumba with Tammy Tammy (Heller Lobby) 1:30 Spirituality and Aging- How the spiritual traits of equanimity, patience, and generosity help us age with grace and wisdom present by Karen Frank, RN (Sukkah) 1:30 Trip Costo 6:31 Candle Lighting 7:30 Mincha (MH)	26 <u>1st Day of Sukkot</u> 9:15 Sukkot Service (MH) 10:30 Reading of Kohelet (Ecclesiastes) 11:30 Kiddush in the Sukkah Following Services 2:00 Torah Study Class in the Sukkah (Shake the Lulav & Etrog in the Sukkah) 7:42 Candle Lighting 7:30 Evening Service
27 <u>2nd Day of Sukkot</u> 9:15 Sukkot Service (MH) 11:30 Kiddush in the Sukkah Following Services 2:00 Torah Study Class in the Sukkah/ Etrog in the Sukkah) 7:27 Havdalah in the Sukkah	28 <i>*Out to Lunch: Season 52</i> 9:30 Trip: BJs 10:30 Functional Fitness with Tammy (MH) 12:00 Bus Departs for Lunch 1:30 Pet Therapy with Harmony and Shari 2:15 JCHC Choir Rehearsals (MH) 3:15 Weston Resident Council Meeting (MW) 4:00 Mixed Moods and Attitude - Record Playing (Café) (Heller Lobby)	29 COVID Clinic Today! 9:30 Trip: Rt. 10m Shopping 10:30 News Brief (Weston Living Room) 11:15 Mental Aerobics: Brain Teasers (MW) 1:30 Trip: Target 1:30 Bingo (MW) 3:00 Lecture: "The Jews of Kaifeng China" presented by Ken Blady (MH) 7:00 Rummikub Game (Heller Lobby)	30 <i>JCHC University : Great Museums of Art presented by Paul Rabinowitz</i> 9:30 Beauty Salon 9:30 Trip: Cedar Knolls Shopping 10:15 Walk for Wellness Walking Club- Lobby Meet Up 11:15 Mental Aerobics: Word Games (MH) 1:30 Bus Departs for Lecture 1:30 Wine Glass Painting in the Sukkah with Keisha 3:00 Yoga with Kim (MH) 4:00 Independent Crosswords (Copies at both security desks)	KEY Chapel (C) Media Room (MR) Heller Card Room (CR) Heller Lobby (LH) Heller Multi-Purpose Room (MH) Theater (T) Weston Lobby/Living Room (LW) Weston Multi-Purpose Room (MW)		Errands- (Post Office, CVS & Wells Fargo, Library) Hanover Shopping (Trader Joes, Bank of America, Chase, Walgreen's) Morris Plains Shopping (Uncle Guiseppe's, Stop n Shop, Kohl's) Cedar Knolls Shopping (WalMart, Dollar Store, Michaels, YMCA) Livingston Shopping (Shoprite) RT.10 Shopping- Amazing Savings, Dollar Tree, Michael Parsippany Shopping (Wegmans, LA Fitness, Panera Bread)