

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Lester Senior Living
903-905 ROUTE 10 EAST
WHIPPANY NJ 07981

September 2026



1
10:00 Trip: Trader Joes
10:30 Weston Food Meeting with Restaura (MW)
1:30 Trip: BJ's
1:30 Heller Food Meeting with Restaura (MH)
3:00 This Week in History with Debbie Schapiro (MH)
4:00 Record Playing (Weston Card Room)
7:00 Rummikub Game (Heller Lobby)

2
10:00 Trip: Target
9:30 Beauty Salon
10:30 Walk for Wellness Walking Club- Lobby Meet Up
11:15 Mental Aerobics: Word Games (MH)
1:30 Trip: Livingston Shopping
2:00 Celebrity Spotlight: "Dolly Parton- Here I Am" (T)
4:00 Independent Crosswords (Copies at both security desks)

3
9:30 Beauty Salon
10:15 Balance & Mindfulness with Tami Rager (MH)
12:00 Daily Chronicles (Copies at both security desks)
1:30 Poetry and Prose Reading *Share a poem you like, listen to others. (MH)*
3:00 The Knit Wits Knitting Club (MW)
4:00 Paiano Playing with Janet Billig (Heller Lobby)
7:30 Evening Bingo w/Debie (MH)

4 Parx Casino Trip
10:00 Bus Departs for Casino
11:00 Morning Java: News & Schmooze (Weston Living Room)
1:30 Cultural Arts Series: "My Favorite Broadway" (T)
4:00 Daily Chronicles (Café)
7:30 Shabbat Services with Rabbi Kirsch (C)
7:06 Candle Lighting

5
9:30 Shabbat Services with Rabbi Kirsch (C)
2:00 Torah Study Class (MH)
2:00 The Canasta Connection (Card Room)
3:15 Chicken Soup for the Soul (Gazebo)
7:00 Rummikub Game (Heller Lobby)
8:05 Havdalah

6
11:00 Balance Class with Roz (MH)
12:00 Daily Chronicles (Café)
1:30 Bingo (MH)
2:30 Mah Jong Lessons with Vicky (Heller Card Room)
2:30 Piano Performance by Golden Keys (Lobby)
4:00 Activity Packages (Café and Weston Security Desk)

7 Labor Day
11:00 Activity Packets (Copies at both security desks)
2:00 Labor Day Entertainment with Rhonda Denet (Heller Lobby)
3:00 Game Central: RummiKub, Scrabble, Canasta, Poker, Mah Jong (MH)
4:00 Independent Reading (Stories)



8
9:30 Trip: Hanover Shopping
10:30 News Brief (Weston Living Room)
11:15 Cardio Drumming (MH)
1:30 Trip: Livingston Shopping
1:30 Bingo! (MH)
3:00 Travel Lecture: Montreal; Past and Present and History of It's The Jewish Community
4:00 Record Playing (Weston Card Room)
7:00 Rummikub Game (Heller Lobby)

9 *Riamede Farm: Apple Picking
9:30 Beauty Salon
9:30 Trip: Parsippany Shopping
10:30 Walk for Wellness Walking Club- Lobby Meet Up
11:00 Bus Departs for the Farm
11:15 Mental Aerobics: Word Games (MH)
3:00 The Great Debate with Ralph Cohen (MH)
4:00 Wine Wednesday with Chris (Café)

10
9:30 Beauty Salon
11:00 Baking Club: Apple Roses (MW)
12:00 Daily Chronicles (Copies at both security desks)
2:00 Birthday Party with Adam Meyers (Heller Lobby)
3:15 The Knit Wits Knitting Club (MW)
4:00 Name that Tune (Café)
7:30 Evening Bingo with Debie (MH)

11 Erev Rosh Hashanah
9:30 Trip: Cedar Knolls Shopping
11:00 Apples and Honey Social (MW)
1:15 New York Philharmonic 9/11 Memorial Concert (T)
4:00 Independent Reading
6:55 Candle Lighting
7:30 Services

25th-Anniversary Commemoration Events for 9/11 will be shown all day in the Weston and Heller living rooms as well as the media room.

12 1st Day of Rosh Hashanah
9:15 Rosh Hashanah Service (MH)
Kiddush Following Services
2:00 Torah Study Class
7:30 Rosh Hashanah Evening Service
7:53 Candle Lighting