

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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17  
**Dinner & A Movie Trip**  
**Departure TBA**  
 10:30 Sunday Church Service via Livestream (Mediaroom)  
 11:00 Balance Class with Roz (MH)  
 1:30 Bingo with Isabelle (MH)  
 2:30 American Classics: "The King & I" (T)  
 3:00 Activity Packages (Café and Weston Security Desk)

18  
 9:30 Trip: Morris Plains Shopping  
 10:30 Functional Fitness with Tammy (MH)  
 11:15 Spring Art: Butterfly Art! (MW)  
 1:30 Trip: Livingston Shopping  
 1:30 Pet Therapy with Shari and Harmony (Heller Lobby)  
 2:00 Memoir Writing with Paul Rabinowitz (MW)  
 3:00 Rededication of The Rose Thering Rose Garden (Heller Patio)  
 4:00 Motown Mondays with Chris (Cafe)

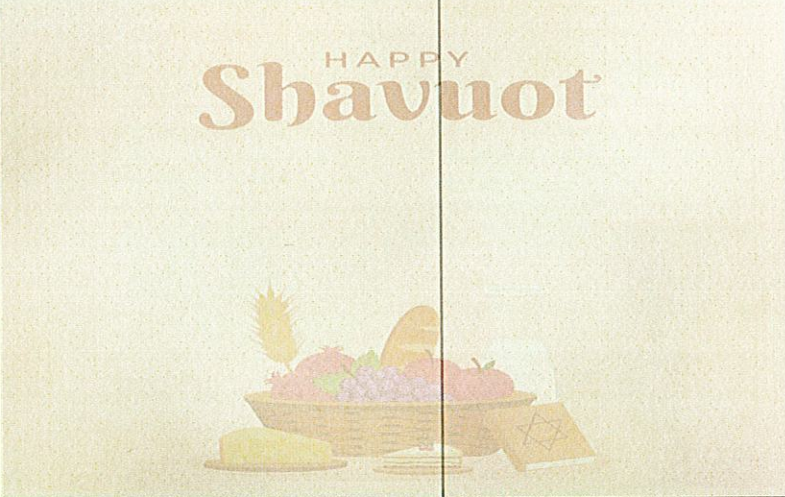
19  
 9:30 Trip: Rt. 10 Shopping  
 10:15 Tai Chi (MH)  
 11:15 Mental Aerobics: Trivia (MW)  
 1:30 Movie With a Message: "The Life of David Gale" (T)  
 2:00 JCHC Choir Rehearsals (MW)  
 3:00 This Week in History with Debbie Schapiro (MH)  
 7:00 Rummikub Game (CR)  
 7:30 Movie With a Message: "The Life of David Gale" (T)  
  
Discussion for "The Life of David Gale" will be held on Wed. May 20th

20 Molly Burach Lecture, JCC W.O  
 9:30 Beauty Salon  
 11:15 Bus Departs for Trip  
 11:00 Mental Aerobics: Word Games (MH)  
 12:30 Bus Departs for Lecture  
 1:30 Trip: Livingston Shopping  
 1:30 Movie With a Message Discussion with Isabelle (MH)  
 3:00 Yoga with Kim (MH)  
 4:00 Independent Reading (Café)  
 7:30 The Great Debate with Ralph Cohen

21 Erev Shavuot  
 9:30 Beauty Salon  
 10:15 Move to the Groove (MH)  
 11:00 Centerpiece Making (MW)  
 2:00 Focus Group- Listening Sessions (MH)  
 3:00 Current Events facilitated by the Nation Council of Jewish Women (MH)  
 4:00 Independent Crosswords (Lester Café & Weston Desk)  
 7:30 Services  
 7:54 Candle Lighting

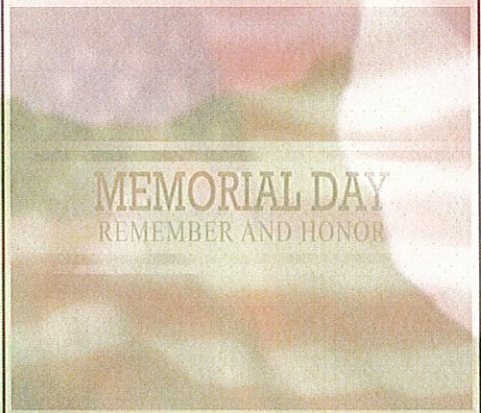
22 Shavuot I  
 9:30 Services  
 2:00 Study Class-  
 7:30 Services  
 7:55 Candle lighting-

23 Shavuot II  
 9:30 Services  
 10:15 Reading of the Book of Ruth  
 10:45 Yizkor  
 2:00 Torah Study class  
 9:03 Havdalah



24  
 11:00 Balance Class with Roz (MH)  
 2:00 Sunday Classics: "Penny Serenade" (T)  
 3:00 Activity Packages (Café and Weston Security Desk)

25  
 11:00 Scrabble Club (Café)  
 2:00 Memorial Day Crossword Puzzles (Pick up at the Café and Weston Desk)  
 3:00 Memorial Day Entertainment with Harry Maitland (MH)




26 Greenwood Gardens  
**Departure TBA**  
 10:15 Tai Chi (MH)  
 11:15 Mental Aerobics: Trivia (MW)  
 12:00 Weston Resident and Family Brunch & Bloom BBQ (Heller Patio)  
 1:30 Violin Playing in the Garden with Tom Aalfs (Heller Patio)  
 3:00 Docu Series: "The Rothschild Legacy" (T)  
 7:00 Rummikub Game (Heller Lobby)  
 7:30 Evening Cinema: "The Invention of Lying" (T)

27 Wellness Wednesday  
 9:30 Beauty Salon  
 9:30 Trip: Parsippany Shopping  
 11:00 Mental Aerobics: Word Games (MH)  
 1:30 OUR STORIES: American Jewry Post October 7. Where do we stand?  
 3:00 Community Wellness Event: Educational Presentation and Activities  
 4:00 Wine Wednesdays with Chris  
 7:30 Entertainment by the Presbyaires (Heller Lobby)

28  
 9:30 Beauty Salon  
 10:15 Sit & Be Fit Video (MH)  
 1:30 Art Appreciation: "Van Goh- Brush with Genius" (T)  
 3:00 Short Story Book Club with Jane Rosendorf (MW)  
 4:00 Independent Crosswords (Lester Café and Weston Security Desk)  
 7:30 Evening Bingo (MW)  
 7:30 Evening Cinema (T) "Prizzi's Honor"

29  
 9:30 Trip: Costco  
 10:15 Morning Java: News & Schmooze (MW)  
 11:00 Zumba with Tammy Resiknoff (Heller Lobby)  
 1:30 Trip:  
 1:30 The Joys of Yiddish with Stanley Rosen (MH)  
 4:00 Daily Chronicles (Café)  
 7:30 Shabbat Services with Rabbi Polansky (C)  
 8:02 Candle Lighting

30  
 9:30 Shabbat Services with (C)  
 2:00 Torah Study Class (MH)  
 2:00 Canasta (Card Room)  
 7:00 Rummikub Game (Heller Lobby)  
 9:04 Havdalah

31  
 10:30 Sunday Church Service  
 1:15 Weston Movie: "Ringling Brothers, King of The Circus"  
  
 Celebrating 25 Years and Magical Moments Heller Resident and Family BBQ

Chapel (C)  
 Media Room (MR)  
 Heller Card Room (CR)  
 Heller Lobby (LH)  
 Heller Multi-Purpose Room (MH)  
 Theater (T)  
 Weston Lobby/Living Room (LW)  
 Weston Multi-Purpose Room (MW)

**KEY**

Errands- (Post Office, CVS & Wells Fargo, Library)  
 Hanover Shopping (Trader Joes, Bank of America, Chase, Walgreen's)  
 Morris Plains Shopping (Uncle Guiseppe's, Stop n Shop, Kohl's)  
 Cedar Knolls Shopping (WalMart, Dollar Store, Michaels, YMCA)  
 Livingston Shopping ( Shoprite)  
 RT.10 Shopping- Amazing Savings, Dollar Tree, Michael  
 Parsippany Shopping (Wegmans, LA Fitness, Panera Bread  
 Parsippany- Troy Hills Shopping (Home Goods, ShopRite, Pretty Nails)

**REMINDER:**  
 ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK DAILY POSTING FOR UPDATES**