

Sunday

Monday

Tuesday

Wednesday

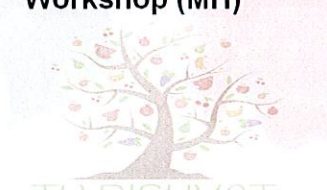
Thursday

Friday

Saturday

# February 2026



<p><b>1 Erev Tu B' SVat</b>  <b>11:00 Scrabble Club (Café)</b>  <b>12:00 Daily Chronicles (Café)</b>  <b>2:00 Cultural Arts Series: Sondheim: A Celebration at Carnegie Hall (MH)</b>  <b>3:00 Activity Packages (Café and Weston Security Desk)</b></p>	<p><b>2 Tu B'SVhat</b>  <b>10:00 Trip: Rt. 10 Shopping</b>  <b>10:30 Functional Fitness with Tammy Resiknoff (MH)</b>  <b>11:15 Mental Aerobics: Brainteasers (MW)</b>  <b>1:30 Trip: BJs</b>  <b>2:00 Memoir Writing with Paul Rabinowitz (MW)</b>  <b>4:00 Record Playing with Chris (Weston Living Room)</b>  <b>7:00 Tu B'Svat Terrarium Workshop (MH)</b></p> 	<p><b>3</b>  <b>9:30 Trip: Errands/Starbucks</b>  <b>10:15 Sit &amp; Be Fit (MH)</b>  <b>11:45 Bus Departs for Lunch</b>  <b>2:00 Bingo (MH)</b>  <b>3:00 This Week in History with Debbie Schapiro (MW)</b>  <b>4:00 Record Playing (Weston Card Room)</b>  <b>7:00 Rummikub Game (Weston Card Room)</b>  <b>7:30 Premiere Night at Lester: "Song Sung Blue" (T)</b></p>	<p><b>4</b>  <b>9:30 Trip: Parsippany Shopping</b>  <b>9:30 Beauty Salon</b>  <b>10:15 Mental Aerobics: Word Games and Hot Chocolate (MW)</b>  <b>1:30 Trip: Hanover Shopping</b>  <b>1:30 Encore Movie: "Song Sung Blue" (T)</b>  <b>2:00 Heller Residents: Tea with The Administration (MH)</b>  <b>3:00 Yoga with Kim (MH)</b>  <b>4:00 Wine Wednesdays with Isabelle (Café)</b>  <b>7:30 "The Great Debate" with Ralph Cohen (MH)</b></p>	<p><b>5</b>  <b>10:15 Tai Chi (MH)</b>  <b>11:00 The Best of MoZart Group Part I (T)</b>  <b>1:30 History of Jazz: Oxygen for the Ears - Music Documentary (T)</b>  <b>3:00 The Knit Wits Knitting Club (MW)</b>  <b>4:00 It Happened in February (Café &amp; Weston Desk)</b>  <b>7:30 Evening bingo (MH)</b>  <b>7:30 Movie by Request: (T) "Downton Abbey: The Grand Finale"</b></p>	<p><b>6 National Wear Red Day!</b>  <b>9:30 Trip: Cedar Knolls Shopping</b>  <b>11:00 "Rock You Red" Zumba with Tammy Resiknoff (Heller Lobby)</b>  <b>1:30 Trip: Livingston Shopping</b>  <b>1:30 The Best of the Ed Sullivan Show (T)</b>  <b>2:30 "Presidents and First Ladies" presented by Paul White (MH)</b>  <b>4:00 Daily Chronicles (Café)</b>  <b>5:03 Candle Lighting</b>  <b>7:30 Shabbat Services with Rabbi Kirsch (C)</b></p>	<p><b>7</b>  <b>9:30 Shabbat Services with Rabbi Kirsch (C)</b>  <b>2:00 Torah Study Class (MH)</b>  <b>2:00 Canasta (Card Room)</b>  <b>3:00 Chicken Soup for the Soul (MW)</b>  <b>6:05 Havdalah</b>  <b>7:00 Rummikub Game (Heller Lobby)</b></p>
<p><b>8</b>  <b>10:30 Sunday Church Service via Livestream (Mediaroom)</b>  <b>11:00 Sit &amp; Be Fit (MH)</b>  <b>12:00 Daily Chronicles (Café)</b>  <b>1:30 Sunday Classics by Request: "Gone With The Wind"</b>  <b>1:30 Bingo with Isabelle (MH)</b>  <b>4:00 Activity Packages (Café and Weston Security Desk)</b>  <b>7:00 Super Bowl Party (MH)</b></p>	<p><b>9 JCHC Winter Olympics Begin!</b>  <b>9:30 Trip: Errands/Starbucks</b>  <b>10:30 Functional Fitness with Tammy Resiknoff (MH)</b>  <b>11:15 Mental Aerobics: Brainteasers (MW)</b>  <b>1:30 Trip: Prescription Drug Disposal</b>  <b>1:30 Lester Torch Relay</b>  <b>2:00 Monday By Request: Munich (T)</b>  <b>4:00 Record Playing with Chris (Weston Living Room)</b>  <b>7:00 Lecture: "The Power of Modern Presidency" presented by Professor Ian Drake (MH)</b></p>	<p><b>10</b>  <b>9:30 Trip: Rt. 10 Shopping</b>  <b>11:00 Olympic Bowling Tournament (MH)</b>  <b>1:15 JCHC Choir Rehearsals (MH)</b>  <b>2:00 Olympic Bingo (MH)</b>  <b>3:00 Travel Lecture: The Moon: A History of the Moon From Antiquity to Tomorrow" presented by Paul Rabinowitz (MH)</b>  <b>4:00 Record Playing (Weston Card Room)</b>  <b>7:30 Heller Tenants Association Meeting (MH)</b></p>	<p><b>11</b>  <b>9:30 Trip: Parsippany Shopping</b>  <b>9:30 Beauty Salon</b>  <b>11:00 "Moana" presented by Kushner Academy (MH)</b>  <b>1:30 Trip: Livingston Shopping</b>  <b>2:00 Weston Food Committee Meeting (MH)</b>  <b>3:00 Heller Food Committee Meeting (MH)</b>  <b>3:00 Weston Residents: Olympic Toss &amp; Flip Challenges (MW)</b>  <b>4:00 Wine Wednesdays with Isabelle (Café)</b>  <b>7:30 Poker Nights (Café)</b></p>	<p><b>12</b>  <b>9:30 Beauty Salon</b>  <b>10:15 Balance &amp; Mindfulness with Tami Rager (MH)</b>  <b>11:00 The Best of MoZart Group Part II (T)</b>  <b>1:30 Meet The Author: A Book Review of "Wolf on the Trail" with author Robert Friedman (MH)</b>  <b>2:30 Bellinis and Beading (MW)</b>  <b>4:00 Independent Crosswords (Lester Café &amp; Weston Desk)</b>  <b>7:30 Evening Bingo (MH)</b>  <b>7:30 Evening Cinema: (T) "The Six Triple Eight"</b></p>	<p><b>13 Out to Lunch: Cracker Barrel</b>  <b>9:30 Trip: Cedar Knolls Shopping</b>  <b>11:00 Zumba with Tammy Resiknoff (Heller Lobby)</b>  <b>11:45 Bus Departs for Lunch</b>  <b>1:30 Friday Flick: "Chariots of Fire" (T)</b>  <b>4:00 Daily Chronicles (Café)</b>  <b>5:12 Candle Lighting</b>  <b>7:30 Shabbat Services with Michael Jungreis (C)</b></p>	<p><b>14</b>  <b>9:30 Shabbat Services with Michael Jungreis (C)</b>  <b>2:00 Torah Study Class (MH)</b>  <b>2:00 Canasta (Card Room)</b>  <b>6:13 Havdalah</b>  <b>7:00 Rummikub Game (Heller Lobby)</b></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15 <u>Opera at Florham Trip</u></p> <p>10:15 Sit &amp; Be Fit MH) 11:00 Fine Art with Isabelle (MW) 1:15 Bus Departs for Opera 1:30 Bingo with Alex (MH) 3:00 Activity Packages (Café and Weston Security Desk)</p>	<p>16 <u>President's Day</u></p> <p>10:30 Functional Fitness with Tammy Resiknoff (MH) 1:30 Pet Therapy with Shari and Harmony (Heller Lobby) 2:00 Memoir Writing with Paul Rabinowitz (MW) 4:00 Independent Reading 7:30 Poker Nights (C)</p>	<p>17</p> <p>9:30 9:30 Trip: Rt. 10 Shopping 10:15 Sit &amp; Be Fit (MH) 1:15 JCHC Choir Rehearsals 2:00 Bingo (MH) 3:00 This Week in History with Debbie Schapiro (MW) 7:00 Rummikub Game (Weston Card Room) 7:30 Evening Cinema: "JFK" (T)</p>	<p>18</p> <p>9:30 Trip: Parsippany Shopping 9:30 Beauty Salon 11:00 Mental Aerobics: Word Games (MH) 1:30 Trip: Livingston Shopping 1:30 Weston Resident Council Meeting and Chocolate Social (MW) 3:00 Yoga with Kim (MH) 4:00 Independent Reading (Café) 7:00 Special Event: Through the Years: (Y)OUR Stories; The Past 25 Years At Lester Senior Living, Through the Lens of Paul's Rabinowit'z Camera (MH)</p>	<p>19</p> <p>9:30 Beauty Salon 10:15 Move to the Groove (MH) 11:00 The Best of MoZart Group Part III (T) 1:20 Featured Film: "Eleanor the Great" (T) 3:00 Current Events facilitated by the Nation Council of Jewish Women (MH) 4:00 Independent Crosswords (Lester Café &amp; Weston Desk) 7:30 Evening Bingo (MH) 7:30 Movie by Request: Wolf of Wall Street (T)</p>	<p>20</p> <p>9:30 Trip: Cedar Knolls 11:00 Zumba with Tammy Resiknoff (Heller Lobby) 2:00 Art Lecture: "Smithsonian Treasures" Presented by Judy Ebright (T) 4:00 Daily Chronicles (Café) 5:20 Candle Lighting 7:30 Shabbat Services with Rabbi Kirsch (C)</p>	<p>21</p> <p>9:30 Shabbat Services with Rabbi Kirsch (C) 2:00 Torah Study Class (MH) 2:00 Canasta (Card Room) 6:22 Havdalah 7:00 Rummikub Game (Heller Lobby)</p>
<p>22</p> <p>10:30 Sunday Church Service via Livestream (Mediaroom) 11:00 Sit &amp; Be Fit (MH) 1:30 Sunday Classics by Request: "Some Like it Hot" (T) 1:30 Bingo with Isabelle (MH) 3:00 Activity Packages (Café and Weston Security Desk)</p>	<p>23 <u>Out to Lunch: Mr. Chu</u></p> <p>10:30 Functional Fitness with Tammy Resiknoff (MH) 1:30 Trip: Morris Plains Shopping 2:00 The Music Mavens Perform songs by George Gershwin (Heller Lobby) 4:00 Record Playing with Chris (Weston Living Room) 7:30 Poker Nights (Café)</p>	<p>24</p> <p>9:30 Trip: Rt. 10 Shopping 10:15 Sit &amp; Be Fit (MH) 1:15 JCHC Choir Rehearsals (MW) 3:00 February Birthday Bash with Rhonda Denet (Heller Lobby) 7:00 Rummikub Game (Heller Lobby) 7:30 Evening Cinema: "Naked Gun" (T)</p>	<p>25</p> <p>9:30 Trip: Parsippany Shopping 9:30 Beauty Salon 11:00 Tai Chi (MH) 1:30 Trip: Livingston Shopping 1:30 Cultural Arts Series: Israel Philharmonic Orchestra (T) 3:00 Short Story Book Club With Jane Rosendorf (MH) 4:00 Wine Wednesdays with Chris (Café) 7:30 The Power of Music &amp; Laughter- Enjoy Show Tunes, Beloved Oldies and Yiddish Classics performed by Presbyaires Entertainment Group (Heller Lobby)</p>	<p>26 <u>Heart Clinic 9:30-3:30pm</u></p> <p>9:30 Beauty Salon 10:15 Balance &amp; Mindfulness with Tami Rager (MH) 11:00 The Best of MoZart Group Part IV (T) 1:30 Docu Series: Lena Horne American singer, actress, dancer, and civil rights activist (T) 3:00 The Knit Wits Knitting Club (MW) 4:00 Independent Crosswords (Lester Café and Weston Security Desk) 7:30 Evening Bingo (MH) 7:30 Broadway at Lester (T) "Phantom of the Opera"</p>	<p>27</p> <p>9:30 Trip: Target 11:00 Zumba with Tammy Resiknoff (Heller Lobby) 1:30 Trip: Costco 2:00 Celebrity Spotlight: "Mister Rodgers: It's You I Like" (T) 4:00 Daily Chronicles (Café) (Heller Lobby) 5:28 Candle Lighting 7:45 Shabbat Services with Rabbi Polansky (C)</p>	<p>28</p> <p>9:30 Shabbat Services with Rabbi Polansky (C) 2:00 Torah Study Class (MH) 2:00 Canasta Lessons (Card Room) Isabelle (MW) 6:30 Havdalah 7:00 Rummikub Game (Heller Lobby)</p>

**KEY**

- Chapel (C)
- Media Room (MR)
- Heller Card Room (CR)
- Heller Lobby (LH)
- Heller Multi-Purpose Room (MH)
- Theater (T)
- Weston Lobby/Living Room (LW)
- Weston Multi-Purpose Room (MW)

- Errands- (Post Office, CVS & Wells Fargo, Library)
- Hanover Shopping (Trader Joes, Bank of America, Chase, Walgreen's)
- Morris Plains Shopping (Uncle Guiseppe's, Stop n Shop, Kohl's)
- Cedar Knolls Shopping (WalMart, Dollar Store, Michaels, YMCA)
- Livingston Shopping ( Shoprite)
- RT.10 Shopping- Amazing Savings, Dollar Tree, Michael
- Parsippany Shopping (Wegmans, LA Fitness, Panera Bread)

REMINDER:  
ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)

THIS CALENDAR IS SUBJECT TO CHANGES.  
PLEASE CHECK DAILY POSTING FOR UPDATES

