



CALLING ALL NURSES!!

A Weighty Issue: Obesity and the Elderly Patient

A complimentary 3.0 CE Seminar and coffee bar for Nurses.

Presenters

Ms. Laurie Loughney, LNHA, CALA, CSW, Chief Operating Officer

Mr. Mitchell Goldberg, FMP, Regional Dining Director

Jewish Community Housing Corporation of Metropolitan New Jersey

Nursing 3.0 CEU

Seminar

8:30am Breakfast Bar/Registration

9am-Noon: Seminar

Thursday October 8th, 2015

Lester Senior Community

903-905 East Highway 10

Whippany, NJ 07981

Nutrition Services provide a vital link in maintaining the health of older adults by preventing premature institutionalization and improving their overall quality of life. According to CDC, it is a sobering fact that over 34% of older Americans are considered obese.

Obesity-related conditions include heart disease, stroke, type 2 diabetes and certain types of cancer and some of the leading causes of preventable death could be avoided with sound nutritional programs.

Join us to learn about pertinent facts in providing care for elder with obesity.



BEST FOODS FOR OLDER ADULTS



Attendees will learn important strategies in the following areas:

- Increase knowledge of nursing methods and clinical assessment in advising and providing guidance to seniors with obesity and their family members.
- Increase understanding of the clinical, psychosocial, nutritional and physical aspects of obesity.
- Increase knowledge base of current clinical initiatives and therapeutic treatments for obesity in elderly.

RSVP by September 24th, 2015 to Emma Reading: 973.530.3977 or email: emmar@jchcorp.org