

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2018

1
 10:00 Meet and Greet
 11:00 Target Toss
 12:00 Lunch
 1:30 Walking Club
 3:00 Celebrity Spotlight:
 Julie Andrews
 4:00 Peaceful Moments with
 Aromatherapy
 6:00 Evening Movie: "Star"



2
 10:00 Armchair Fitness
 11:00 Shabbat Simcha
 12:00 Lunch
 2:00 Reminiscing with
 Yiddish Music
 2:30 Pet Therapy
 4:00 Puzzle Mania
 6:00 Reminiscing Corner
 7:15 Shabbat Services (C)

Candle Lighting:
5:33pm



3
 9:30 Shabbat Services (C)
 Followed by Life
 Cycle Kiddush
 1:30 Poetry Corner
 2:00 Shabbat Study
 Group (MH)
 2:30 Table Top Games
 3:30 Craft Corner
 6:40 Havdalah Service (C)
 7:00 Evening Movie

Havdalah:
6:40pm

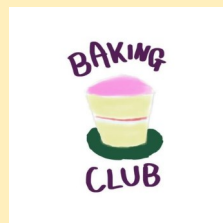


4
 9:30 Meet and Greet
 11:00 Circle of Friends
 12:00 Lunch
 1:30 Sunday Funday and
 Reminiscing
 2:30 Arts & Crafts
 3:00 Entertainment with Ray
 Longchamp (MH)
 4:30 Fun and Games
 6:00 Evening Movie

5 Doughnut Appreciation Day
 9:30 Meet & Greet
 10:00 Stretch and Flex
 11:00 Top 5 Answers Are
 12:00 Lunch
 1:30 ABTP: Floral Arts with
 Megan
 2:30 Donut and Coffee Social
 4:00 Walking Club
 6:00 Music Bingo



6
 10:00 Armchair Fitness
 11:00 Skit Reading
 12:00 Lunch
 1:00 "The Lucy Show"
 2:00 Our Stories: Reminiscing
 Group
 3:00 Baking Club
 4:00 Walking Club
 6:00 Table Top Games



7
 9:30 Meet & Greet
 10:00 Word Games
 11:00 Balance & Mindfulness
 with Tami
 12:00 Lunch
 1:30 Fun Facts
 3:00 Getting To Know You
 4:00 Walking Club
 6:00 Lite Listening

8
 9:30 Meet & Greet
 10:00 Good News & Views
 11:00 Rhythm and You!
 12:00 Lunch
 1:30 Art and You
 2:15 Celebrity Spotlight:
 Marilyn Monroe
 3:00 Duty & Honor: A Salute To
 Our Veterans (MH)
 6:00 Evening Movie



9
 10:00 Good News & Views
 11:00 Sharing memories Video
 12:00 Lunch
 2:00 Crochet Corner
 4:00 Light Listening
 6:00 Name That Tune
 7:15 Shabbat Services (C)

Candle Lighting
4:26pm



10
 9:15 Shabbat Services (C)
 10:00 Circle of Friends
 2:00 Shabbat Study
 Group (MH)
 2:30 Chicken Soup For
 The Soul
 3:30 Circle of Friends
 5:33 Havdalah Service (C)
 7:00 Evening Movie

Havdalah:
5:33pm



11 **VETERAN'S DAY**
 9:30 Meet & Greet
 11:00 Circle of Friends
 12:00 Lunch
 1:30 Getting to Know You
 3:00 Veteran's Day
 Performance with
 Carol Erickson and
 Bob McHugh (MH)
 4:00 Fun and Games
 6:00 Evening Movie



12
 9:30 Meet & Greet
 10:00 Stretch and Flex
 11:00 ABTP: Snapshots!
 12:00 Lunch
 1:30 Travel Club
 2:30 Circle of Friends with Hot
 Chocolate
 4:00 Walking Club
 6:00 Music Bingo



13
 9:30 Meet & Greet
 10:00 Armchair Fitness
 11:00 Fun Trivia
 12:00 Lunch
 1:00 Word Teasers
 2:00 Time Slips
 3:00 Baking Club
 4:00 Walking Club
 6:00 Table Top Games

14 "Fall In Love With Fall Day"
 Wear Orange or Red
 9:30 Meet & Greet
 10:00 Meet and Greet
 11:00 Balance & Mindfulness
 with Tami
 12:00 Lunch
 1:30 Ping Pong
 2:30 Walking Club
 3:00 Fall Festival with Neil
 Dankman (MH)
 4:00 Facts and Fun
 6:00 Table Top Fun



15
 9:30 Meet & Greet
 10:00 Sit and Be Fit
 11:00 Word Games
 1:30 Art and You
 2:30 Life Stories
 4:00 Walking Club
 6:00 Evening Movie

16
 10:00 Meet and Greet
 11:00 Kibbitz With David
 12:00 Lunch
 1:30 Afternoon Matinee
 4:00 Light Listening
 6:00 Name That Tune
 7:15 Shabbat Services (C)

Candle Lighting
4:20pm



17
 9:15 Shabbat Services
 Followed by Life
 Cycle Kiddush (C)
 10:00 Circle of Friends
 2:00 Shabbat Study
 Group (MH)
 3:30 Target Toss
 7:00 Evening Movie
 5:27 Havdalah Service (C)

Havdalah
5:27pm



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>9:30 Meet & Greet 10:00 Stretch and Flex 11:00 Fun Trivia 12:00 Lunch 2:30 Puzzle Mania 3:00 Kris Phiphany Performance (MH) 4:00 Fun and Games 6:00 Evening Movie</p>	<p>19</p> <p>9:30 Meet & Greet 10:00 Chair Dancing 11:00 Crafty Corner 12:00 Lunch 1:15 Music Therapy with Coleen 2:00 Fancy Hat Club 3:00 Crochet Corner 4:00 Walking Club 6:00 Reminiscing Group</p>	<p>20</p> <p>9:30 Meet and Greet 10:00 Armchair Fitness 11:00 Skit Reading 12:00 Lunch 1:00 Thanksgiving Collage Making 2:00 Our Stories: Reminiscing Group 3:00 Baking Club 4:00 Walking Club 6:00 Table Top Games</p>	<p>21</p> <p>9:30 Meet & Greet 10:00 Word Games 11:00 Balance & Mindfulness with Tami 12:00 Lunch 1:30 Thanksgiving Memories 2:30 Aroma Therapy and Peaceful Moments 4:00 Table Top Games 6:00 Facts and Fun</p>	<p>22 Thanksgiving Day</p> <p>9:30 Meet & Greet 10:00 Balloon Toss 11:00 12:00 Lunch 1:30 Art and You 2:30 Baking Club 4:00 Walking Club 6:00 Evening Movie</p> 	<p>23</p> <p>9:30 Meet and Greet 10:00 Armchair Fitness 11:00 Early Bird Bingo 12:00 Lunch 2:00 Famous Places 3:00 Yiddish Corner 7:15 Shabbat Services (C)</p> <p>Candle Lighting 4:15pm</p> 	<p>24</p> <p>9:30 Shabbat Services (C) 10:00 Dominoes 2:00 Shabbat Study Group (MH) 3:00 Top 5 Answers 7:00 Movie (T) 5:22 Havdalah Service (C)</p> <p>Havdalah: 5:22pm</p> 
<p>25</p> <p>9:30 Meet & Greet 10:00 Stretch and Flex 11:00 Fun Trivia 12:00 Lunch 2:30 Top 5 Answers Are 3:00 Rhymes and Reasons 4:00 Fun and Games 6:00 Evening Movie</p>	<p>26</p> <p>9:30 Meet & Greet 10:00 Chair Dancing 11:00 Famous Faces 12:00 Lunch 1:15 Discussion group: My Favorite Things 2:00 Fancy Hat Club 4:00 Walking Club 6:00 Reminiscing Group</p>	<p>27</p> <p>9:30 Meet and Greet 10:00 Armchair Fitness 11:00 Skit Reading 12:00 Lunch 1:30 Time Slips 3:00 Baking Club 4:00 Walking Club 6:00 Table Top Games</p>	<p>28</p> <p>9:30 Meet & Greet 10:00 Word Games 11:00 Balance & Mindfulness with Tami 12:00 Lunch 1:30 Music Bingo! 2:30 Walking Club 3:00 Birthday Bash with Peter Lieberman (MH) 4:00 Table Top Games 6:00 Facts and Fun</p> 	<p>29</p> <p>9:30 Meet & Greet 10:00 Balloon Toss 11:00 Rhythm and You! 12:00 Lunch 1:30 Art and You 2:30 Baking Club 3:30 Piano Playing with Enid in the Heller Lobby 4:00 Walking Club 6:00 Evening Movie</p>	<p>30</p> <p>9:30 Meet and Greet 10:00 Armchair Fitness 11:00 Yiddish Music 12:00 Lunch 2:30 Pet Therapy 7:15 Shabbat Services (C)</p> <p>Candle Lighting 4:12pm</p> 	



LEGEND:

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|--------------------------------|--------------------------------|
| Chapel (C) | Theater (T) |
| Fitness Center (F) | Weston Game Room (WG) |
| Heller Card Room (CR) | Weston Lobby/Living Room (LW) |
| Heller Lobby (LH) | Weston Multi-Purpose Room (MW) |
| Heller Multi-Purpose Room (MH) | |

REMINDER:
ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)

THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE DAILY SIGNS FOR ANY CHANGES.