












# OCTOBER 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 Shemini Atzeret</b> 9:15 Shenmini Atzeret Service- (C) 10:30 Yizkor Service Kiddush in the Sukkah- Farewell to The Sukkah 2:00 Torah Chat <b>Erev Simchat Torah</b> 7:15 Simchat Torah Holiday Service- (C) Hakafot- Dancing with The Torahs  Candle Lighting 7:20PM 	<b>2 Simchat Torah</b> 9:15 Simchat Torah Service (C) 10:00 Hakafot -Simchat Torah Celebration Kiddush in The MH Following Service 2:00 Torah Chat 7:10 Maariv Service  Havdalah: 7:20PM 	<b>3</b> 8:30-9:30 Blood Pressure Screening (CR) 10:00 Balance & Mindfulness with Tami (MH) 11:00 Trivia (MW) 1:00 Duplicate Bridge (MW) 1:30 For Opera Lovers Only: Great Opera Arias (MH) 3:00 7:00 Movie (T)	<b>4 Molly Burack Annual Lecture JCC, West Orange</b> 10:00 Yoga (MH) 11:00 Life Stories (MW) <b>11:30 Bus Departs for JCC</b> 1:30 Painting For Life with Ava (MH) <b>3:00 A Musical Afternoon with Rabbi Teitelbaum (MH)</b> 7:00 Movie (T) 7:00 Bingo (MH)	<b>5</b> 10:30-12:00 ABTP: Memoir Writing with Paul (MH) 1:30 Sing Along with Roberta (MH) 2:30 Pet Therapy (MW) 3:00 Record Playing in The Weston Lobby 7:15 Shabbat Services (C)  Candle Lighting 6:14PM 	<b>6</b> 9:30 Shabbat Services (C) Followed by Life Cycle Kiddush 1:30 Trivia with Kendra (MW) 2:00 Shabbat Study Group (MH) 7:00 Movie (T) 7:20 Havdalah Service (C)  Havdalah: 7:20PM 
<b>7</b> 10:30 Crosswords with Kendra (MW) 1:30 Bingo (MH) 2:45 Encore Movie (T) 7:00 Movie (T)	<b>8 JCHC University, JCC WO</b> 10:00 Word Games (MW) 11:00 <b>NEW:</b> Mind Body Dynamics with Steven (MH) <b>1:00 Bus Departs for Lecture</b> 2:00 Lester Life Long Learning (MH) 2:30 Heller New Tenants Meeting in the Heller Living Room 3:30 ABTP: Floral Arts with Megan (MH) 7:00 Movie (T) 7:00 Heller Tenant's Association Meeting (MH)	<b>9 Congressional Candidates Forum, Whippany</b> 10:00 Yoga (MH) 11:00 Trivia (MW) 1:30 Bingo! (MH) 3:15 Discussion with Dolly (MH) <b>6:30 Bus Departs for Congressional Candidates Forum</b> 7:00 Movie (T)  <div style="border: 1px solid black; background-color: yellow; padding: 5px; text-align: center;"> <b>Heller Independent Living Flu Vaccine Clinic 11:30AM-2:30 PM</b> </div>	<b>10 Lunch &amp; Lecture, Adath Shalom.</b> 10:00 Balance & Mindfulness with Tami (MH) 11:00 Trivia (MW) 1:30 <b>3:00 Tom Aalfs the Violinist (MH)</b> 7:00 Movie (T)  <div style="border: 1px solid black; background-color: yellow; padding: 5px; text-align: center;"> <b>Weston Assisted Living Flu Vaccine Clinic 1PM-4 PM</b> </div>	<b>11</b> 10:00 Yoga (MH) 11:00 Rhythm and You in The Weston Living Room 1:30 Painting For Life with Ava (MH) 3:00 Weston CEO Chat with Harold Colton-Max (MW) <b>4:00 Piano Playing with Enid in the Heller Lobby</b> 7:00 Movie (T) 7:00 Heller CEO Chat with Harold Colton-Max (MH)  	<b>12</b> 10:30 Circle of Friends (MW) 1:30 Eleanor Roosevelt: The American Experience (T) 2:30 Pet Therapy (MW) 7:15 Shabbat Services (C)  Candle Lighting 6:02PM 	<b>13</b> 9:30 Shabbat Services (C) Followed by Life Cycle Kiddush 1:30 Trivial Pursuit (MW) 2:00 Shabbat Study Group (C) 7:00 Movie (T) 7:09 Havdalah Service (C)  Havdalah: 7:09PM 
<b>14 Movie &amp; Dinner Departure TBA</b>  10:30 Rummikub Sundays in the Weston Library (MW) 1:30 Bingo (MW) 2:45 Encore Movie (T) 7:00 Movie (T)	<b>15</b> <u>9:00-12PM American Hearing Center (T)</u> 10:00 Word games (MW) 11:00 Zumba (MH) <b>1:15 Musical Memories with Coleen in the Weston Living Room</b> 2:00 Lester Life Long Learning (MH) 7:00 Movie (T)	<b>16</b> 10:00 Yoga (MH) 11:00 Stories In Motion (T) <u>1:00 Healthy Living Senior Wellness Expo (2nd Floor: MH, T and CR)</u> 3:00 Skit Reading in The Weston Library 7:00 Cultural Arts Series: (MW)  	<b>17</b> 8:30-9:30 Blood Pressure Screening (CR) 10:00 Balance & Mindfulness with Tami (T) 11:00 Word Games (MW) 1:00 Duplicate Bridge (MW) 1:30 "The Great Debate" with Ralph Cohen (MH) 2:45 Women's Group with Brianna (MH)  7:00 Movie (T)	<b>18</b> 10:00 Yoga (T) 11:00 ABTP: Fine Art with Jean (MH) 1:30 Painting For Life with Ava (MH) 3:00 Tea with The Administration (MH) 7:00 Movie (T) 7:00 Bingo (MH)	<b>19</b> 10:30-12:00 ABTP: Memoir Writing with Paul (MH) 2:00 ABTP: Stories In Motion (T) 3:00 ABTP: Talking Art with Paul- "The Art of Yiddish" (MH) 7:15 Shabbat Services (C)  Candle Lighting 5:52PM 	<b>20</b> 9:30 Shabbat Services (C) Followed by Life Cycle Kiddush 1:30 Trivia with Kendra (MW) 2:00 Shabbat Study Group (C) 7:00 Movie (T) 7:55 Havdalah Service (C)  Havdalah: 6:58PM 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>10:30 Crosswords with Kendra (MW)</p> <p>1:30 Bingo! (MH)</p> <p>2:45 Encore Movie Matinee (T)</p> <p>7:00 Movie (T)</p>	<p>22</p> <p>11:00 Word Games (MW)</p> <p>12:00 <b>Weston Pizza Festival - Weston Dining Room</b></p> <p>2:00 Lester Life Long Learning (MH)</p> <p>3:30 ABTP: Floral Arts with Megan (MH)</p> <p>7:00 Movie (T)</p> 	<p>23</p> <p>10:00 Yoga (MH)</p> <p>11:00 Trivia (MW)</p> <p>1:30 Bingo! (MH)</p> <p>3:15 Discussions with Dolly (MH)</p> <p>7:00 Movie (T)</p>	<p>24 <b>Hanover Wind Symphony Trip</b></p> <p>8:30-9:30 Blood Pressure Screening (CR)</p> <p>10:00 Balance &amp; Mindfulness with Tami (MH)</p> <p>11:00 Word Games (MW)</p> <p>12:30 Duplicate Bridge (MW)</p> <p>1:30 Short Story Book Club with Randy Shapiro</p> <p>3:00 <b>Birthday Bash with Lou Sabini (MH)</b></p> <p>6:30 <b>Bus Departs for Trip</b></p> <p>7:00 Movie (T)</p>	<p>25</p> <p>10:00 Yoga (MH)</p> <p>11:00 Rhythm and You in The Weston Living Room</p> <p>1:30 Broadway at Lester: Shakespeare's Taming of The Shrew</p> <p>4:00 <b>Piano Playing with Enid in the Heller Lobby</b></p> <p>7:00 Movie (T)</p> <p>7:00 Bingo (MH)</p> 	<p>26</p> <p>10:30 Circle of Friends (MW)</p> <p>2:00 Art Appreciation with Judy Ebight (T)</p> <p>3:00 ABTP: Let's Talk with Paul (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting 5:42PM</p> 	<p>27</p> <p>9:30 Shabbat Services (C)</p> <p>Followed by Life Cycle Kiddush</p> <p>1:30 Trivial Pursuit (MW)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>7:00 Movie (T)</p> <p>7:43 Havdalah Service (C)</p> <p>Havdalah: 6:49PM</p> 
<p>28</p> <p>10:30 Rummikub Sundays (MW)</p> <p>2:45 Encore Movie Matinee (T)</p> <p>7:00 Movie (T)</p>	<p>29 <b>JCHC University, Lester</b></p> <p>10:00 Word games (MW)</p> <p>11:00 11:00 Zumba (MH)</p> <p>2:00 Lester Life Long Learning (MH)</p> <p>3:15 JCHC: Yiddish Literature with Bennett Muraskin (MH)</p> <p>7:00 Movie (T)</p>	<p>30</p> <p>10:00 Yoga (MH)</p> <p>11:00 Trivia (MW)</p> <p>1:30 Bingo! (MH)</p> <p>3:00 Sal and The Horizon Music Group (MH)</p> <p>7:00 Cultural Arts Series: (MW)</p>	<p>31</p> <p>10:00 Balance &amp; Mindfulness with Tami (MH)</p> <p>11:00 Word Games (MW)</p> <p>12:30 Duplicate Bridge (MW)</p> <p>1:30 ABTP: Jewelry Making with Dana (MH)</p> <p>3:00 Heller Food Meeting with Mitch (MH)</p> <p>7:00 Movie (T)</p>			

**LEGEND:**

- |                                |                                |
|--------------------------------|--------------------------------|
| Chapel (C)                     | Theater (T)                    |
| Fitness Center (F)             | Weston Game Room (WG)          |
| Heller Card Room (CR)          | Weston Lobby/Living Room (LW)  |
| Heller Lobby (LH)              | Weston Multi-Purpose Room (MW) |
| Heller Multi-Purpose Room (MH) |                                |

**REMINDER:**  
**ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE *LESTER LIFE CHANNEL* (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.**

**Are You Registered to Vote in Morris County?**  
**Are you interested in receiving an absentee ballot?**

**REMINDER:**  
**The deadline to register to vote is October 16th**  
**The deadline to apply for an absentee ballot is October 30th**

**Stop by the activity office on the 2nd floor if you need applications to register to vote or apply for an absentee ballot.**