

August 2018 Dinner Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Tossed Salad Many Bean Soup Chicken in the Pot Beef Puff Pie Crispy Fish Filet Served w/Potato Wedges & Cut Green Beans Dessert or Fresh Fruit	2 Crunchy Cabbage Salad Split Pea Soup Apricot Chicken Salisbury Steak Fish Du Jour*♥ Served w/Mashed Pot. & Peas Cake or Fresh Fruit	3 Tossed Salad Creamed Herring Appet. Chicken Noodle Soup Roasted Chicken*♥ Pot Roast Grilled Salmon Filet *♥ Served w/Noodle Kugel & California Blend Dessert or Fresh Fruit	4 Tossed Salad Roasted Chicken*♥ Baked Salmon*♥ Deli Plate – Served with Potato & Cole Slaw Dessert or Fresh Fruit
5 Tossed Salad Bean Soup Chicken Marinara Pasta & Meat Sauce Fish Du Jour*♥ Served with - Pasta & Veggies Dessert or Fresh Fruit	6 Tossed Salad Cream of Broccoli Soup Blintzes Fish Du Jour *♥ With Pasta & Veg. Cold Plate – Tuna, Egg Salads, Potato Salad Dessert or Fresh Fruit	7 Beet & Garbanzo Salad Potato-Dill Soup Roast Garlic Chicken Beef Lasagna Fish Du Jour*♥ Served w/Roast Pot. & Key West Veg. Dessert or Fresh Fruit	8 Tossed Salad Russian Cabbage Soup Cran-Orange Chicken Hot Pastrami on Rye Fish Croquette Served w/Sweet pot. Fries & Capri Blend Dessert or Fresh Fruit	9 Marin. Mushroom Salad Minestrone Soup Chicken Cacciatore Shepherd's Pie Stuffed Flounder Served w/Mashed Pot & Roast Butternut Dessert or Fresh Fruit	10 Tossed Salad Chopped Liver Chicken Rice Soup Roasted Chicken*♥ Lamb Tagine Ginger/Garlic Salmon Served W/Couscous & Green Beans Dessert or Fresh Fruit	11 Tossed Salad Roasted Chicken*♥ Baked Salmon*♥ Deli Plate – Served with Potato & Cole Slaw Dessert or Fresh Fruit
12 Tossed Salad Mush/Onion Soup Orange Chicken Meatloaf & Gravy Crispy Fish Filet Served with-Mashed Potato & Veggies Dessert or Fresh Fruit	13 Tossed Salad Potato Leek Soup Eggplant Tower Fish Du Jour*♥ W/Pasta & Vegetables Cold Plate – Whitefish, Eggs & Cole Slaw Ice Cream or Fresh Fruit	14 Tomato/Onion Salad Beef-Barley Soup Chicken Francese Fish Du Jour *♥ Served w/Festive Rice & Zucchini/Tomato Cake or Fresh Fruit	15 Tossed Salad Vegetable Soup BBQ Chicken Double Hot Dogs Crispy Fish Filet Served w/Fresh Corn & Glazed Carrots Dessert or Fresh Fruit	16 Cucumber Salad Mushroom Barley Soup Chicken Italiano Meatballs & Spaghetti Fish Du Jour*♥ Served w/Pasta & Peas & Pearls Dessert or Fresh Fruit	17 Tossed Salad Lox Crostini Appetizer Chicken Matzo Ball Soup Roasted Chicken*♥ Beef Brisket Teriyaki Salmon Filet Served with Egg Barley & Sautéed Cabbage Dessert or Fresh Fruit	18 Tossed Salad Roasted Chicken*♥ Baked Salmon*♥ Deli Plate - Served with Potato & Cole Slaw Dessert or Fresh Fruit

Menu is subject to change based on availability.

**Please note; Low Fat or Low Cholesterol – Remove Chicken Skin

♥= No Added Salt

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Tossed Salad Minestrone Soup Chicken W/Mushrooms Salisbury Steak Fish Du Jour*♥ With Mashed Pot. & Veggies Dessert & Fresh Fruit	20 Caesar Salad Tomato-Rice Soup Veggie Quiche Fish Du Jour *♥ With Potato & Veggies Cold Plate: Tuna, Egg & Macaroni Salads Ice Cream or Fresh Fruit	21 Polynesian Cole Slaw Golden Carrot Soup Roast Turkey Breast Beef Teriyaki Fish du Jour*♥ Served w/Lo Mein & Veggies (Broccoli) Dessert or Fresh Fruit	22 Tossed Salad Potato-Borscht Corn Flake Chicken Big Beef Burger Fish Croquette Served w/Onion Rings & Capri Blend Dessert or Fresh Fruit	23 Beet & Garbanzo Salad Lentil Soup Chicken Paprikash Club Steak Sandwich Fish Du Jour*♥ Served w/Roasted Pot. & Sonoma Blend Dessert or Fresh Fruit	24 Tossed Salad Chopped Liver Chicken Orzo Soup Roasted Chicken*♥ Stuffed Cabbage Salmon w/Special Sauce Served w/Kasha Varnish. & Caribbean Blend Dessert or Fresh Fruit	25 Tossed Salad Roasted Chicken*♥ Baked Salmon*♥ Deli Plate - Served with Potato & Cole Slaw Dessert or Fresh Fruit
26 Tossed Salad Vegetable Soup Roast Garlic Chicken Meatballs & Pasta Fish Du Jour *♥ Served with- Pasta & Veggies Dessert or Fresh Fruit	27 Tossed Salad Cream of Mush. Soup Baked Ziti Fish Du Jour *♥ With Pasta/Veggies Cold Plate – Salmon, Egg & Orzo Salads Ice Cream or Fresh Fruit	28 Tomato/Onion Salad Butternut Bisque Chicken Marsala Fish Du Jour*♥ Served w/Rice & Bean Blend Dessert or Fresh Fruit	29 Tossed Salad Yellow Split Pea Soup BBQ Chicken Tenders Knockwurst/Kraut Crispy Fish Filet Served w/Veggie Beans & Cole Slaw Dessert or Fresh Fruit	30 Marin. Mushroom Salad Navy Bean Soup Rosemary Chicken Meatloaf & Gravy Fish Du Jour*♥ Served w/Mashed Pot. & Baby Carrots Dessert or Fresh Fruit	31 Tossed Salad Gefilte Fish Chicken Noodle Soup Roasted Chicken*♥ Veal & Peppers Poached Salmon Filet Served w/Rice Pilaf & Spring Blend Dessert or Fresh Fruit	

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