

# High Holy Days

2018/5779



L' Shanah Tovah  
Have a sweet year!



## HIGH HOLY DAYS

**SEPTEMBER 9 - OCTOBER 2, 2018—TISHREI 5779**

JEWISH FEDERATION PLAZA

SERVICES CONDUCTED BY:

RABBI ARYEH LEIFERT

ALL SERVICES IN MULTI-PURPOSE ROOM

ALL CANDLE LIGHTINGS IN DINING ROOM

**THE MANAGEMENT AND STAFF OF PLAZA**

## **High Holy Days-'Days of Awe'**

**Rosh Hashana**- the 'Jewish New Year' and **Yom Kippur**, the 'Day of Atonement', are the most solemn days in the Jewish Calendar. Like other religious observances, they are concerned with the individual and community. However, they are referred to as 'Days of Awe', because they provide sacred time for reflecting upon our duty to G-d and to our fellow human beings.

### **Rosh Hashana**

**Rosh Hashana** is considered the 'Day of Judgment', when the fate of all people and living creatures are inscribed in the "Book of Life". The ten days between the Holy Days are referred to as the **Ten Days of Penitence**, set aside for introspection and preparation, both mentally and spiritually, for the awe-inspiring 'Day of Atonement'-**Yom Kippur**.

Each person must look back over the past year and recollect his/her thoughts and deeds, to try and correct their transgressions, not only those against G-d, but more importantly those against other people.

All the Jewish festivals follow the Hebrew calendar. **Rosh Hashana**, commemorating the creation of the world, according to the **Torah**, is observed on the first and second days of the Hebrew month of **Tishrei**, this year corresponding with the September 10th & 11th

### **Observance**

The observance of **Rosh Hashana** is celebrated both in the synagogue and in the home. The ark curtain, **Torah** scrolls and pulpit table covers are changed to white.

The Rabbi wears a **kittel**, a white robe, representing the ideal of purity and the nearness to G-d. An annual special ceremony is performed on this Holy Day-the sounding of the **Shofar**, ram's horn. It represents the symbolic call to each of us to depart from our past behavior and improve ourselves to be better human beings.

Families and friends gather together for a joyous meal. Women customarily recite a prayer and light the candles. **Kiddush**, which is a blessing over the wine, is recited at the start of dinner and a piece of apple, dipped in honey, is eaten after offering a special prayer, asking G-d for a safe and sweet year, filled with peace and well-being.

It is customary to greet everyone with "**May you be inscribed for a good year**".

We join everyone here at Federation Plaza in wishing all the residents  
**"Shana Tova U'metuka"** and **Shalom!**

Management & Staff of Jewish Federation Plaza  
& the Joint Chaplaincy Committee



## Rosh Hashanah—September 9-11

<b>Sunday, September 9</b>	<b>6:55 p.m. Candle lighting</b> <b>7:00 p.m. Services</b>
<b>Monday, September 10</b>	<b>9:30 a.m. Services</b> <b>10:45 a.m. Shofar blowing</b> <b>Kiddush following service</b> <b>3:30 p.m. Torah Study</b> <b>4:15 p.m. Symbolic Tashlich</b> <b>dining room deck</b> <b>7:15 p.m. Services</b> <b>8:00 p.m. Candle lighting</b>
<b>Tuesday, September 11</b>	<b>9:30 a.m. Services</b> <b>10:45 a.m. Shofar blowing</b> <b>Kiddush following services</b> <b>7:55 p.m. Services &amp;</b> <b>Havdalah</b> <b>Community Led</b>
<b>Saturday September 15</b>	<b>9:30 a.m. Services</b> <b>Kiddush following services</b>



## Yom Kippur September 18-19

**Tuesday, September 18**

**4:30 p.m. Dinner**

**distribute Break the Fast bags**

**6:40 p.m. Candle lighting**

**6:55 p.m. Kol Nidre services**

**Wednesday, September 19**

**9:30 a.m. Services**

**11:15 a.m. Yizkor**

**4:00 p.m. "Rabbi Chat"**

**5:15 p.m. Mincha**

**6:30 p.m. Neilah**

**7:45 p.m. Fast concludes**

**Shofar blowing**



## **Sukkot September 23-October 2**

**Sunday September 23                      6:35 p.m. Candle lighting**

**Monday September 24                      9:30 a.m. Services**  
**Kiddush in Sukkah**  
**following services**  
**7:35 p.m. Candle lighting**

**Tuesday September 25                      9:30 a.m. Services**  
**Kiddush in Sukkah**  
**following services**

**Saturday September 29                      9:30 a.m. Services**  
**Kiddush in Sukkah**  
**following services**





**Shemini Atzeret and Simchat Torah September 30—October 2**

<b>Sunday September 30</b>	<b>6:20 p.m. Candle lighting</b>
<b>Monday October 1</b>	<b>9:30 a.m. Services</b> <b>10:30 a.m. Yizkor</b> <b>Kiddush following services</b> <b>7:20 p.m. Candle lighting</b> <b>7:30 p.m. Simchat Torah</b> <b>Services</b> <b>Hakafot Dancing with</b> <b>the Torah</b>
<b>Tuesday October 2</b>	<b>9:30 a.m. Services</b> <b>10:30 a.m. Hakafot</b> <b>Dancing with the Torah</b> <b>Kiddush following services</b> <b>7:20 p.m. Community Led</b> <b>Havdalah</b>