





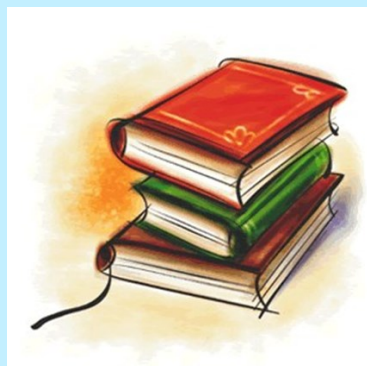


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>11:00 NEW: RummiKub and MahJongg Mornings (MW)</p> <p>1:30 Bingo (MH)</p> <p>3:00 Tom Aalfs the Violinist (MH)</p> <p>7:00 Movie (T)</p>	<p>2</p> <p>10:00 Painting For Life with Ava (MH)</p> <p>11:00 Word Games (MH)</p> <p>1:30 ABTP: Floral Arts with Megan (MH)</p> <p>3:00 Jews in The Revolutionary War and Early American History with Bennett Muraskin (MH)</p> <p>7:00 Movie (MH)</p>	<p>3</p> <p>10:00 Yoga (MW)</p> <p>11:00 ABTP: Stories in Motion (T)</p> <p>1:30 Bingo (MH)</p> <p>3:15 Discussion With Dolly (MH)</p> <p>7:00 Movie (MH)</p>	<p>4 INDEPENDENCE DAY</p> <p>11:00 City and State Trivia (MW)</p> <p>1:30 Movie: Yankee Doodle Dandee (T)</p> <p>3:00 Patriotic Celebration with Angello Prinzo (MH)</p> <p>7:00 Movie: The Patriot (MH)</p> 	<p>5</p> <p>10:00 Yoga (MH)</p> <p>11:00 Family Feud (MH)</p> <p>1:30 "The Men Who Built America" (T) (Part of a series)</p> <p>3:00 Zumba (MH)</p> <p>7:00 Bingo (MH)</p>	<p>6</p> <p>10:30-12:00 ABTP: Memoir Writing with Paul (MH)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>1:30 Sing Along with Roberta (MH)</p> <p>2:30 Pet Therapy (MW)</p> <p>3:00 ABTP: Let's Talk with Paul (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting 8:13PM </p>	<p>7</p> <p>9:30 Shabbat Services (C)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>7:00 Movie (T)</p> <p>9:13 Havdalah Service (C)</p>  <p>Havdalah: 9:21PM</p>
<p>8 Movie & Dinner Trip Departure Time TBA</p> <p>10:30 Word Games with Sarah (MW)</p> <p>3:00 Piano Playing with Mike Fishtyn (MH)</p> <p>7:00 Movie (T)</p>	<p>9</p> <p>10:00 Painting For Life with Ava (MH)</p> <p>11:00 Balance & Mindfulness with Tami (MH)</p> <p>2:00 ABTP: Men's Club (T)</p> <p>2:30 Women's Group with Brianna (MH)</p> <p>7:00 Movie (T)</p> <p>7:00 Heller Tenant's Association Meeting (MH)</p>	<p>10 Concerts In The Park, Ginty Fiend -Moristown</p> <p>10:00 Yoga (MW)</p> <p>11:00 Trivia Tuesday!</p> <p>1:30 Bingo (MW)</p> <p>3:00 "The Great Debate" Discussion Group with Ralph Cohen (MH)</p> <p>6:15 Bus Departs For Concert</p> <p>7:00 Cultural Arts Series with Shirley Saland: "Itzhak Perlman -Violin Concertos" (MH)</p>	<p>11</p> <p>8:30-9:30 Blood Pressure Screening (CR)</p> <p>10:00 Balance & Mindfulness with Tami (MH)</p> <p>11:00 Word Games (MW)</p> <p>12:30 Duplicate Bridge (MW)</p> <p>1:30 NEW: Creative Construction with Cindy Klein (CR)</p> <p>2:30 Women's Group with Brianna (MW)</p> <p>7:00 Movie (T)</p>	<p>12</p> <p>11:00 ABTP: Fine Art with Jean (MH)</p> <p>1:30 Yoga in The Afternoon (MH)</p> <p>3:00 "The Men Who Built America" (T) (Part of a series)</p> <p>4:00 Piano Playing with Enid in the Heller Lobby</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie (T)</p>	<p>13</p> <p>10:30 News & Schmooze (MW)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>1:15 Celebrity Spotlight: Harry Belafonte (MH)</p> <p>3:00 Talking Art with Paul - The Beauty and Art of Florence Italy II (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting 8:10AM </p>	<p>14</p> <p>9:30 Shabbat Services (C) Followed by Life Cycle Kiddush</p> <p>1:30 Trivial Pursuit (MW)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>7:00 Movie (T)</p> <p>9:18 Havdalah Service (C)</p>  <p>Havdalah: 9:18PM</p>
<p>15</p> <p>11:00 NEW: RummiKub and MahJongg Mornings (MW)</p> <p>1:30 Bingo (MW)</p> <p>3:00 Lester's Memoir Writing Class Presents: "Balance" - Book Launch Event (9th Publication) (MH)</p> <p>7:00 Movie (T)</p>	<p>16 Lunch Outing: Applebees Restaurant</p> <p>9:00-12PM American Hearing Center (T)</p> <p>10:00 Painting For Life with Ava (MH)</p> <p>11:00 Balance & Mindfulness with Tami (MH)</p> <p>11:30 Bus Departs for Trip</p> <p>1:30 ABTP: Floral Arts with Megan (MH)</p> <p>3:00 SPECIAL FEATURE: The New York Cantors: Yaakov Lemmer, Azi Schwartz and Nethanel Hershtik (MH)</p> <p>7:00 Movie (T)</p>	<p>17</p> <p>10:00 Yoga (MH)</p> <p>11:00 Trivia Tuesday!</p> <p>1:30 "Live From Jerusalem" (MH)</p> <p>3:00 Bingo (MH)</p> <p>7:00 Movie (T)</p>	<p>18</p> <p>8:30-9:30 Blood Pressure Screening (CR)</p> <p>10:00 Balance & Mindfulness with Tami (MH)</p> <p>10:30 J.E.T.S- JCC</p> <p>11:00 Word Games (MW)</p> <p>1:15 Brain Games with Sharon Rogovin (MH)</p> <p>3:30 "Life's Greatest Commodity" presented by Rabbi Shalom Hammer (MH)</p> <p>7:00 Movie (T)</p>	<p>19</p> <p>11:00 Skit Reading in The Weston Library</p> <p>1:30 "The Men Who Built America" (T) (Part of a series)</p> <p>3:00 Weston Resident Council Meeting (MH)</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie (T)</p>	<p>20</p> <p>10:30-12:00 ABTP: Memoir Writing with Paul (MH)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>2:00 Art Appreciation with Judy Ebright (T)</p> <p>3:00 Dynamics with Dolly (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting 8:05PM </p>	<p>21 Erev Tish'a B'AV</p> <p>9:30 Shabbat Services (C)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>8:30 Tisha B'Av Service (C)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday										
<p>22 Tisha B'Av 9:30 Services (C) 2:45 "Follow Me: The Story of Yoni Netanyahu" (T) 7:00 Movie for Tisha B'Av: Schindler's List (T)</p> 	<p>23 JCHC University, Lester 10:00 Crosswords (MW) 11:00 Balance & Mindfulness with Tami (MH) 1:30 ABTP: Jewelry and Design Dana (MH) 3:00 JCHC University: "Isabel Allende" Presented By Professor Linda Levine (MH) 7:00 Movie (T)</p>	<p>24 Do You Remember The 1950s? 10:00 Yoga (MH) 11:00 1950s Trivia (MW) 1:30 Bingo (MW) 3:00 Discussion With Dolly (MH) 7:00 Movie: Picnic (T)</p> 	<p>25 8:30-9:30 Blood Pressure Screening (CR) 10:00 Balance & Mindfulness with Tami (MH) 11:00 Word Games (MW) 12:30 Duplicate Bridge (MW) 1:00 Pros for Prose Poetry Corner in The (MH) 3:00 Birthday Bash with Ray Longchamp (MH) 7:00 Movie (T)</p> 	<p>26 10:00 Yoga (MH) 11:00 Rhythm & You in the Weston Living Room 1:30 "The Men Who Built America" (T) (Part of a series) 3:00 Zumba (MH) 4:00 Piano Playing with Enid in the Heller Lobby 7:00 Movie (T)</p>	<p>27 10:30 News & Schmooze (MW) 11:00 Shabbat Simcha (MW) 2:30 Pet Therapy (MW) 3:00 From the Jewish Film Festival: Bombshell-The Hedy Lamarr Story (MH) 7:15 Shabbat Services (C)</p> <p>Candle Lighting 7:59PM</p> 	<p>28 9:30 Shabbat Services (C) Followed by Life Cycle Kiddush 1:30 Trivial Pursuit (MW) 2:00 Shabbat Study Group (MH) 7:00 Movie (T) 9:06 Havdalah Service (C)</p> <p>Havdalah: 9:06PM</p> 										
<p>29 Baseball Trip- Yoga Stadium, Montclair State University 11:00 NEW: RummiKub and MahJongg Mornings (MW) 1:00 Bus Departs for Trip 1:30 Bingo (MH) 3:00 Musical Delights with Carol Erickson (MH) 7:00 Movie (T)</p>	<p>30 10:00 Painting For Life with Ava (CR) 11:00 Balance & Mindfulness with Tami On The Heller Patio 2:30 "The Art Show" Lester Art Exhibit (MH) 7:00 Movie (T)</p> 	<p>31 10:00 Yoga (MH) 11:00 Trivia Tuesday! 1:30 Bingo (MH) 3:00 Bowling League 7:00 Cultural Arts Series with Shirley Saland: "The Kirov Ballet Celebrates Nijinsky" (MH)</p>	<p>LEGEND:</p> <table border="0"> <tr> <td>Chapel (C)</td> <td>Theater (T)</td> </tr> <tr> <td>Fitness Center (F)</td> <td>Weston Game Room (WG)</td> </tr> <tr> <td>Heller Card Room (CR)</td> <td>Weston Lobby/Living Room (LW)</td> </tr> <tr> <td>Heller Lobby (LH)</td> <td>Weston Multi-Purpose Room (MW)</td> </tr> <tr> <td>Heller Multi-Purpose Room (MH)</td> <td></td> </tr> </table>		Chapel (C)	Theater (T)	Fitness Center (F)	Weston Game Room (WG)	Heller Card Room (CR)	Weston Lobby/Living Room (LW)	Heller Lobby (LH)	Weston Multi-Purpose Room (MW)	Heller Multi-Purpose Room (MH)		<p style="text-align: center;">REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)</p> <p style="text-align: center;">THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE <i>LESTER LIFE CHANNEL</i> (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.</p>	
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JCHC University
WHERE LEARNING IS FOR LIFE!



“ Isabel Allende”
Presented by Professor Linda Levine

This one-hour session explores Isabel Allende’s magic as narrator and person. What does she tell us about life and the ability of her characters to survive difficult moments of history and possess humane values that inspire and move her readers? How does she craft a literature that expresses the power of love in the face of death and loss? Clips of Allende’s TED talks as well as an example of one of her short stories – “Two Words” – will be used to highlight these themes with the goal of familiarizing participants with her fiction and providing an inspirational model for living with passion.



Join Us
Monday, July 29th
at 2:30pm
in the MH

Share an afternoon of art appreciation and talent of our very own artists here at Lester.
A collection of art, over the years to current pieces they’ve created living here.