

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2018

## LEGEND:

- Chapel (C)
- Fitness Center (F)
- Heller Card Room (CR)
- Heller Lobby (LH)
- Heller Multi-Purpose Room (MH)
- Theater (T)
- Weston Game Room (WG)
- Weston Lobby/Living Room (LW)
- Weston Multi-Purpose Room (MW)

**REMINDER:**  
**ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.**



Shavuot



1

9:30 Meet & Greet  
 10:00 Stretch and Flex  
 11:00 Life Stories  
 12:00 Lunch  
 1:30 Story Sparkers  
 3:00 Our Stories  
 4:00 Never Too Late  
 6:00 Music Bingo

2

9:30 Meet & Greet  
 10:00 Word Games  
 11:00 Balance & Mindfulness with Tami  
 12:00 Lunch  
 1:30 Table Tennis  
 2:00 Walking Club  
 3:00 Lester Comedy Showcase with Vinnie Mark (MH)  
 4:00 Table Top Games  
 6:00 Bingo!

3

9:30 Meet & Greet  
 10:00 Helping Hands  
 11:00 Poetry Corner  
 12:00 Lunch  
 1:30 Art and You  
 2:00 Walking Club  
 3:00 Baking  
 4:00 Circle of Friends on the Patio  
 6:00 Movie

4

10:30 Stretch and Flex  
 11:00 Sharing Memories  
 1:30 Sing Along with Roberta (MH)  
 2:30 Making Magic with Pictures  
 3:00 Pet Therapy  
 7:15 Shabbat Services (C)

Candle Lighting  
 7:39Pm



5

9:30 Shabbat Services (C)  
 Followed by Life Cycle Kiddush  
 11:00 Balloon Toss  
 2:00 Shabbat Study Group (MH)  
 2:45 Gilligand's island  
 6:00 Movie (T)  
 8:48 Havdalah Service (C)

Havdalah:  
 8:48PM



6

10:00 Kibitz with David  
 11:00 Early Bird Bingo  
 1:30 Discussion Group: Family Traditions  
 2:45 Word Fun with Kendra  
 6:00 Evening Movie

7

9:30 Meet & Greet  
 10:00 Chair Dancing  
 11:00 Crafty Corner  
 12:00 Lunch  
 1:15 Music Therapy with Coleen  
 2:15 Hand Massages with Music  
 3:30 ABTP: Floral Arts with Megan  
 4:00 Music and Reminiscing  
 6:00 Movie

8

9:30 Meet and Greet  
 10:00 Morning Stretch  
 11:00 Craft Corner  
 12:00 Lunch  
 1:15 Fun Facts  
 2:00 Manicures and Movies  
 3:00 Karaoke Tuesdays  
 4:00 Bowling  
 6:00 Jewish Humor

9

9:30 Meet & Greet  
 10:00 Sit and Be Fit  
 11:00 Balance & Mindfulness with Tami  
 12:00 Lunch  
 1:30 Celebrity Spotlight: The Marx Brothers  
 3:00 Getting To Know You  
 4:00 Table Top Games  
 6:00 Bingo!



10

9:30 Meet & Greet  
 10:00 Helping Hands  
 11:00 Nostalgic Trivia  
 12:00 Lunch  
 1:30 Art and You with Stephanie  
 2:00 Walking Club  
 3:00 Baking  
 4:00 Piano Playing with Enid in The Heller Lobby  
 6:00 Movie

11

9:30 Meet & Greet  
 10:00 Stretch and Flex  
 11:00 Skit Reading  
 1:30 Knitting Club with Bernmude  
 3:00 "Chicken Soup For The Soul"- Inspirational Stories Celebrating Mothers and Fathers  
 4:00 Circle of Friends  
 7:15 Shabbat Services (C)

Candle Lighting  
 7:46PM



12

9:30 Shabbat Services (C)  
 10:00 Circle of Friends  
 2:00 Shabbat Study Group (MH)  
 2:45 Shake Loose a Memory  
 6:16 Havdalah Service (C)  
 7:00 Evening Movie

Havdalah:  
 8:55Pm



**Sunday****Monday****Tuesday****Wednesday****Thursday****Friday****Saturday**

13 Happy Mother's Day  
 10:30 Word Fun (MW)  
 11:00 Table Top Fun  
 2:45 Movie Matinee (T)  
 6:00 Lite Listening



14  
 9:30 Meet & Greet  
 10:00 Stretch and Flex  
 11:00 Top 5 Answers Are  
 12:00 Lunch  
 1:00 Jewish Humor  
 2:00 Ice Cream Sundaes and Fun Facts on the Patio  
 3:00 Story Sparkers  
 4:00 Complete the Phrase  
 6:00 Evening Movie  
 7:00 "Celebrating You"- Mother's Day Tribute And Flute Ensemble (MH)

15  
 10:00 Sit & be Fit  
 11:00 Price is Right  
 12:00 Lunch  
 1:00 Spring Collage Making  
 2:00 Manicures and Movies  
 3:00 Karaoke Tuesdays  
 4:00 Never Too Late  
 6:00 Table Top Games

16  
 8:30-9:30 Blood Pressure Screening (CR)  
 10:00 Name That Tune  
 11:00 Balance & Mindfulness with Tami (MH)  
 1:30 Celebrity Spotlight- Lucille Ball  
 2:00 I Love Lucy Show  
 4:00 Name That Price  
 6:00 Bingo!



17  
 9:30 Meet & Greet  
 10:00 Helping Hands  
 11:00 Rhythm and You in the Weston Living Room  
 1:30 Art and You with Stephanie  
 2:00 Walking Club  
 3:00 Baking  
 4:00 Nostalgic Trivia  
 6:00 Movie

18  
 9:30 Meet & Greet  
 10:00 Stretch and Flex  
 11:00 Kibbitz with David  
 1:30 Card Games  
 2:00 Knitting Club with Bermude  
 3:00 Pet Therapy Visit  
 7:15 Shabbat Services (C)

Candle Lighting  
 7:53PM



19 Erev Shavuot  
 9:30 Shabbat Services (C) Followed by Life Cycle Kiddush  
 2:00 Shabbat Study Group (MH)  
 7:15 Services (C)  
 8:00 Tikkun Leil Shavuot Learning Program (MH)

Havdalah:  
 8:55PM



20 1st Day Shavout

9:15 Services (C)  
 10:30 Word Fun (MW)  
 11:00 Table Top Fun  
 2:00 Torah Study Class (MH)  
 7:15 Synagogue Services (C)



Candle Lighting  
 After  
 8:55PM



21 2nd Day Shavout

9:15 Services (C)  
 10:15 Book of Ruth  
 10:45 Yizkor (C) (time is approximate)  
 12:00 Lunch  
 1:30 Crosswords (MW)  
 2:00 Torah Study Class (MH)  
 8:30 Synagogue Services (C)



Havdalah:  
 8:30PM



22  
 10:00 Sit & be Fit  
 11:00 Price is Right  
 12:00 Lunch  
 1:00 Spring Collage Making  
 2:00 Manicures and Movies  
 3:00 Karaoke Tuesdays  
 4:00 The 1940s in Review  
 6:00 Table Top Games



23  
 9:30 Meet & Greet  
 10:00 You Be The Judge  
 11:00 Balance & Mindfulness with Tami  
 12:00 Lunch  
 1:30 Celebrity Spotlight- Elizabeth Taylor  
 2:00 Movie Matinee: National Velvet  
 4:00 Facts and Fun  
 6:00 Bingo!



24  
 9:30 Meet & Greet  
 10:00 Helping Hands  
 11:00 Rhythm and You!  
 12:00 Lunch  
 1:30 Chicken Soup For the Soul  
 2:00 Walking Club  
 3:00 Baking  
 4:00 Piano Playing with Enid in The Heller Lobby  
 6:00 Evening Movie

25  
 10:00 Meet and Greet  
 11:00 Kibbitz With David  
 12:00 Lunch  
 2:00 Famous Places  
 3:00 Family Feud  
 7:15 Shabbat Services (C)

Candle Lighting  
 7:59PM



26  
 9:30 Shabbat Services (C)  
 2:00 Shabbat Study Group (MH)  
 2:00 Dominoes  
 3:00 Music and Balloon Toss  
 6:00 Movie  
 8:33 Havdalah Service (C)

Havdalah:  
 9:08PM



27  
 10:30 Crafty Corner  
 1:30 Bingo  
 2:45 Movie Matinee  
 6:00 Lite Listening

28 Memorial Day  
 11:00 Word Games (MW)  
 12:00 Lunch  
 2:00 Memorial Day Picnic on the Patio  
 3:00 Entertainment with Bill Garfinkle (MH)  
 4:00 Shake Loose a Memory  
 7:00 Movie (T)

29  
 10:00 Yoga (MH)  
 11:00 Price is Right  
 1:00 Poetry Corner  
 2:00 Manicures and Movies  
 3:00 Karaoke Tuesdays  
 4:00 Numbers Game  
 6:00 Top Games

30  
 8:30-9:30 Blood Pressure Screening (CR)  
 10:00 Spring Art  
 11:00 Balance & Mindfulness with Tami (MH)  
 10:30 J.E.T.S- JCC  
 11:00 Spelling Bee (MW)  
 1:30 Celebrity Spotlight- Mitch Miller  
 2:00 Music Appreciation  
 3:00 Birthday Bash with Neil Dankman (MH)  
 6:00 Bingo!



31  
 9:30 Meet & Greet  
 10:00 Helping Hands  
 11:00 You Be The Judge in the Weston Library  
 1:30 Art and You with Stephanie  
 2:00 Walking Club  
 3:00 Baking  
 4:00 Nostalgic Trivia  
 6:00 Movie