

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March



1 Happy Purim
 9:30 Meet and Greet
 10:00 Sit & Be Fit
 11:00 Target Toss
 12:00 Lunch
 1:30 Bounce It
 3:00 Purim Celebration and Costume Party with Dave Elgarte (MH)
 4:00 Peaceful Moments with Aromatherapy
 6:00 Evening Movie



2
 9:30 Meet and Greet
 10:00 Armchair Fitness
 11:00 Kibbitz with David
 12:00 Lunch
 1:00 Purim Delight with Chabad of Early Living Center (MW)
 2:00 Reminiscing with Yiddish Music
 3:00 Pet Therapy
 4:00 Puzzle Mania
 6:00 Reminiscing Corner
 7:15 Shabbat Services (C)

Candle Lighting: 5:32pm



3
 9:30 Shabbat Services (C)
 2:00 Circle of Friends
 3:00 Craft Corner
 6:41 Havdalah Service (C)
 7:00 Evening Movie

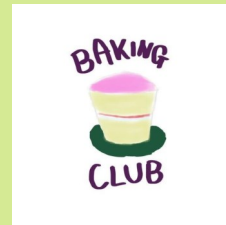
Havdalah: 6:41pm



4
 9:30 Meet and Greet
 11:00 Circle of Friends
 12:00 Lunch
 1:30 Sunday Funday and Reminiscing
 2:00 Purim Spiel with Congregation Beth Hatikvah (MH)
 2:30 Arts & Crafts
 4:30 Fun and Games
 6:00 Evening Movie

5
 9:30 Meet & Greet
 10:00 Stretch and Flex
 11:00 Top 5 Answers Are
 12:00 Lunch
 1:15 Music Therapy with Coleen
 2:00 ABTP: Men's Club (T)
 3:30 ABTP: Floral Arts with Megan
 4:00 Walking Club
 6:00 Move To the Groove

6
 9:30 Meet & Greet
 10:00 Light As a Feather
 11:00 Skit Reading
 12:00 Lunch
 1:00 "The Lucy Show"
 2:00 ABTP: Our Stories
 3:00 Baking Club
 4:00 Walking Club
 6:00 Table Top Games



7
 9:30 Meet & Greet
 10:00 Word Games
 11:00 Balance & Mindfulness with Tami
 12:00 Lunch
 1:30 Fun Facts
 3:00 Getting To Know You
 4:00 Walking Club
 6:00 Lite Listening

8
 9:30 Meet & Greet
 10:00 Bowling
 11:00 Poetry Corner
 12:00 Lunch
 1:30 Art and You with Stephanie
 2:15 Celebrity Spotlight: Tommy Dorsey
 4:00 Walking Club
 4:00 Piano Playing with Enid in the Heller Lobby
 6:00 Evening Movie

9
 9:30 Meet & Greet
 10:00 Good News & Views
 11:00 Sharing memories Video
 12:00 Lunch
 2:00 Crochet Corner
 4:00 Light Listening
 6:00 Name That Tune
 7:15 Shabbat Services (C)

Candle Lighting 5:40pm



10
 9:15 Shabbat Services (C)
 Followed by Life Cycle Kiddush
 10:00 Circle of Friends
 2:00 Shabbat Study Group (MH)
 3:00 Circle of Friends
 6:49 Havdalah Service (C)
 7:00 Evening Movie

Havdalah: 6:49pm



11
 9:30 Meet & Greet
 11:00 Circle of Friends
 12:00 Lunch
 1:30 Getting to Know You
 3:15 Music with Narrow Escape (MH)
 4:00 Fun and Games
 6:00 Evening Movie

12
 9:30 Meet & Greet
 10:00 Stretch and Flex
 11:00 ABTP: Snapshots!
 12:00 Lunch
 1:30 Never 2 Late
 3:30 Circle of Friends
 4:00 Walking Club
 6:00 Music Bingo



13
 9:30 Meet and Greet
 10:00 Zumba with Kendra
 11:00 Fun Trivia
 12:00 Lunch
 1:00 Word Teasers
 2:00 Time Slips
 3:00 Baking Club
 4:00 Walking Club
 6:00 Table Top Games

14
 9:30 Meet & Greet
 10:00 Word Games
 11:00 Balance & Mindfulness with Tami
 12:00 Lunch
 1:30 Ping Pong
 2:30 Aroma Therapy and Peaceful Moments
 3:00 Cocktail Hour with Estere (MH)
 4:00 Facts and Fun
 6:00 Table Top Fun

15
 9:30 Meet & Greet
 10:00 Olympic Target Toss
 11:00 Word Games
 1:30 Art and You with Stephanie
 2:30 Life Stories
 4:00 Walking Club
 6:00 Evening Movie:

16
 9:30 Meet and Greet
 10:00 Meet and Greet David
 11:00 Kibbitz With David
 12:00 Lunch
 1:30 Afternoon Matinee
 4:00 Light Listening
 6:00 Name That Tune
 7:15 Shabbat Services (C)

Candle Lighting 6:47pm



17
 9:15 Shabbat Services (C)
 10:00 Circle of Friends
 2:00 Shabbat Study Group (MH)
 3:00 Target Toss
 7:00 Evening Movie
 7:57 Havdalah Service (C)

Havdalah: 7:57pm



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>9:30 Meet & Greet 10:00 Stretch and Flex 11:00 Fun Trivia 12:00 Lunch 2:30 Puzzle Mania 4:00 Fun and Games 6:00 Evening Movie</p>	<p>19</p> <p>9:30 Meet & Greet 10:00 Chair Dancing 11:00 Crafty Corner 12:00 Lunch 1:15 Travel Club: Israel 2:00 ABTP: Men's Club (T) 3:30 ABTP: Floral Arts with Megan 4:00 Walking Club 6:00 Reminiscing Group</p> 	<p>20 Welcome Spring!</p> <p>9:30 Meet and Greet 10:00 Sit & be Fit 11:00 Skit Reading 12:00 Lunch 1:00 Spring Collage Making 2:00 ABTP: Our Stories 3:00 Baking Club 4:00 Walking Club 6:00 Table Top Games</p> 	<p>21</p> <p>9:30 Meet & Greet 10:00 Word Games 11:00 Balance & Mindfulness with Tami 12:00 Lunch 1:30 Music Bingo! 2:30 Aroma Therapy and Peaceful Moments 3:00 Birthday Bash with Jim Cuthbert (MH) 4:00 Table Top Games 6:00 Facts and Fun</p> 	<p>22</p> <p>9:30 Meet & Greet 10:00 Balloon Toss 11:00 Rhythm and You! 12:00 Lunch 1:30 Art and You with Stephanie 2:30 Baking Club 4:00 Walking Club 4:00 Piano Playing with Enid in the Heller Lobby 6:00 Evening Movie</p>	<p>23</p> <p>9:30 Meet and Greet 10:00 Meet and Greet 11:00 Early Bird Bingo 12:00 Lunch 2:00 Famous Places 3:00 Pet Therapy 7:15 Shabbat Services (C)</p> <p>Candle Lighting 6:55pm</p> 	<p>24</p> <p>9:30 Shabbat Services (C) Followed by Life Cycle Kiddush 10:00 Dominoes 2:00 Shabbat Study Group (MH) 3:00 Top 5 Answers 7:00 Movie (T) 8:04 Havdalah Service (C)</p> <p>Havdalah: 8:04pm</p> 
<p>25</p> <p>9:30 Meet & Greet 10:00 Stretch and Flex 11:00 Fun Trivia 12:00 Lunch 2:30 Top 5 Answers Are 3:15 Entertainment with Ray Longchamp (MH) 4:00 Fun and Games 6:00 Evening Movie</p>	<p>26</p> <p>9:30 Meet & Greet 10:00 Chair Dancing 11:00 ABTP: Snap Shots 12:00 Lunch 1:15 Discussion group: My favorite Things 2:00 ABTP: Men's Club (T) 2:00 Sing Alongs 4:00 Walking Club 6:00 Reminiscing Group</p>	<p>27</p> <p>9:30 Meet and Greet 10:00 Sit & be Fit 11:00 Skit Reading 12:00 Lunch 1:30 Time Slips 3:00 Baking Club 4:00 Walking Club 6:00 Table Top Games</p>	<p>28</p> <p>9:30 Meet & Greet 10:00 Word Games 11:00 Balance & Mindfulness with Tami 12:00 Lunch 1:30 Music Bingo! 2:30 Spring Fling Social 4:00 Table Top Games 6:00 Facts and Fun</p> 	<p>29</p> <p>9:30 Meet & Greet 10:00 Balloon Toss 11:00 Rhythm and You! 12:00 Lunch 1:30 Art and You with Stephanie 2:30 Baking Club 4:00 Walking Club 6:00 Evening Movie</p> 	<p>30 <u>Erev Passover</u> <u>1st Seder</u></p> <p>9:30 Meet and Greet 10:00 Meet and Greet 11:00 Yiddish Music 12:00 Lunch 2:00 Famous Faces 7:15 Shabbat Services (C)</p> <p>Candle Lighting 7:02pm</p> 	<p>31 <u>1st Day of Passover</u> <u>2nd Seder</u></p> <p>9:30 Shabbat Services (C) Followed by Life Cycle Kiddush 10:00 beauty Finders 2:00 Shabbat Study Group (MH) 3:00 Table Top Fun 7:00 Movie (T) 8:11 Havdalah Service (C)</p> <p>Havdalah: 8:11pm</p> 



LEGEND:

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| Chapel (C) | Theater (T) |
| Fitness Center (F) | Weston Game Room (WG) |
| Heller Card Room (CR) | Weston Lobby/Living Room (LW) |
| Heller Lobby (LH) | Weston Multi-Purpose Room (MW) |
| Heller Multi-Purpose Room (MH) | |

REMINDER:
ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)

THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE DAILY SIGNS FOR ANY CHANGES.