

March 2018 Dinner Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 PURIM Marin. Mushroom Salad Lentil Soup Apricot Chicken Beef Puff Pie Fish Du Jour *♥ Served w/Rice Pilaf & Green Beans Hamantashen or Fruit	2 Romaine Salad Chopped Liver Chicken Orzo Soup Roast Chicken *♥ Tuscany Veal Grilled Salmon Filet*♥ Served w/Kugel & Veggie Blend Fruit Danish Ring or Fruit	3 Tossed Salad Baked Salmon*♥ Roasted Chicken*♥ Deli Plate – Served with Potato/Israeli Salad Dessert or Fresh Fruit
4 Tossed Salad Beef-Noodle Soup Chicken Marinara Ziti & Meat Sauce Fish Du Jour*♥ Served w/Ziti & Veg. Dessert or Fresh Fruit	5 Tossed Salad Cream of Spinach Soup Eggplant Tower Fish Du Jour *♥ With Potato & Veggies Cold Plate: Tuna, Egg & Potato Salad Ice Cream or Fruit	6 Carrot-Raisin Salad Vegetable Soup Corn Flake Chicken BBQ Brisket on Kaiser Fish Du Jour *♥ Served with- Tater Tots & Veg Dessert or Fresh Fruit	7 Tossed Salad Tomato-Rice Soup Garlic Chicken Beef Burger/Bun Crispy Fish Filet Served w/Onion Rings & House Blend Dessert or Fresh Fruit	8 Crunchy Cabbage Salad Split Pea Soup Chicken in the Pot*♥ Beef Portobello Fish Du Jour*♥ Served w/Egg Noodles & Veggies Dessert or Fresh Fruit	9 Tossed Salad Gefilte Fish Chicken Noodle Soup Roasted Chicken*♥ Tender Flanken Teriyaki Salmon Filet Served w/Sweet Potato & Veggies Dessert or Fresh Fruit	10 Tossed Salad Baked Salmon*♥ Roasted Chicken*♥ Deli Plate Served with Potato & Health Salad Dessert or Fresh Fruit
11 Tossed Salad Vegetable Soup Garlic Chicken*♥ Salisbury Steak Fish Du Jour*♥ Served w/Pot. & Veg. Dessert or Fruit	12 Caesar Salad Cream of Mushroom Blintzes Fish Du Jour *♥ With Potato & Veggies Cold Plate: Whitefish, Egg & Orzo Salads Ice Cream or Fresh Fruit	13 Tomato/Onion Salad Beef-Noodle Soup Walnut-Crust Chicken Fish Du Jour *♥ Served w/Couscous & Bean Blend Dessert or Fresh Fruit	14 Tossed Salad Russian Cabbage Soup Lemon Chicken Beef Goulash Fish Croquette Served w/Rice with Veggies Dessert or Fresh Fruit	15 Many Bean Salad Mushroom Barley Soup Chicken Italiano Meatballs & Pasta Fish Du Jour*♥ Served w/Pasta & Peas/Pearls Dessert or Fresh Fruit	16 Tossed Salad Chopped Liver Chick. Matzo Ball Soup Roasted Chicken*♥ Lamb Stew Honey Mustard Salmon Served w/Mushroom Egg Barley & Fresh Veggies Dessert or Fresh Fruit	17 Tossed Salad Roast Chicken*♥ Salmon Filet*♥ Deli Plate- Served with- Potato & Cole Slaw Dessert or Fresh Fruit

*Menu is subject to change based on availability.

*Please note Low Fat or Low Cholesterol (Remove Chicken Skin)

♥ = No added Salt ♦ = No added sugar

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 Tossed Salad Potato Dill Soup Roast Chicken*♥ Meatballs & Pasta Crispy Fish Filet Served w/Pasta & Veg. Dessert or Fresh Fruit	19 Tossed Salad Potato Leek Soup Vegetable Quiche Fish Du Jour *♥ With Pasta & Veggies Cold Plate: Tuna, Egg & Mac. Salad Cheese Cake or Fruit	20 Crunchy Cabbage Salad Minestrone Soup Cranberry Chicken Club Steak Sandwich Fish du Jour*♥ Served w/Roast Potato & Veggie Mix Dessert or Fresh Fruit	21 Tossed Salad Butternut Bisque Roast Garlic Chicken*♥ Salisbury Steak Crispy Fish Filet Served w/Mashed Pot. & Baby Carrots Dessert or Fresh Fruit	22 Marin. Mushroom Salad Vegetable Soup Honey Mustard Chicken Hot Pastrami on Rye Fish du Jour*♥ Served w/Sweet Potato Fries & House Blend Dessert or Fresh Fruit	23 Tossed Salad Gefilte Fish Chicken Rice Soup Roasted Chicken*♥ Stuffed Cabbage Ginger/Garlic Salmon*♥ Served w/Kasha Varnish. & Veg. Blend Dessert or Fresh Fruit	24 Tossed Salad Baked Salmon*♥ Roasted Chicken*♥ Deli Plate Served w/ Potato & Cabbage Slaw Dessert or Fresh Fruit
25 Tossed Salad Cabbage Soup Pineapple Chicken Meatloaf w/Gravy Crispy Fish Filet Served w/Mashed Potatoes & Veggies Dessert or Fresh Fruit	26 Tossed Salad Cream of Vegetable Fettuccini w/Seafood Fish Du Jour *♥ With Pasta & Veggies Cold Plate: Lox Platter, L/T/O, Pasta Salad Ice Cream or Fruit	27 Carrot-Raisin Salad Yellow Split Pea Soup Chicken Piccata Fish du Jour*♥ Served with Festive Rice & Green Beans Dessert or Fresh Fruit	28 <u>Cleaning for Passover</u> Tossed Salad Borscht Soup Tuna on Rye Turkey on Rye Served w/Potato Chips & Cole Slaw Dessert or Fresh Fruit	29 <u>Koshering Kitchens</u> Mesclun Salad Mushroom Farfel Soup Breaded Chicken Coated Fish Filet Served w/Steak Fries & Health salad Dessert or Fresh Fruit	30 Seder – Eve. Tossed Salad Round Gefilte Fish Chicken Soup w/Mandlen Cornish Hen*♥ Tender Beef Brisket Baked Salmon Filet*♥ With/Kugel & B. Carrots Dessert or Fresh Fruit	31 Passover - 1 Tossed Salad Baked Salmon*♥ Roasted Chicken*♥ Deli Plate – Served with Potato/Israeli Salad Dessert or Fresh Fruit

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