

Village Apartments

The Newsletter for Village Apartments



Celebrating March

Purim

Passover

Women's History Month

Purim

March 1

Proofreading Day

March 8

Shakespeare Week

March 12–18

St. Patrick's Day

March 17

Passover

March 31

April is the month that Passover is celebrated. Passover is probably the best known of the Jewish holidays. Passover begins on the 15th day of the Jewish month of Nissan. It is the first of the three major festivals with both historical and agricultural significance (the other two are Shavu'ot and Sukkot). The primary observances of Passover are related to the Exodus from Egypt after 400 years of slavery. This story is told in Exodus Chapters 1-15.

The name "Passover" refers to the fact that G-d "passed over" the houses of the Jews when he was slaying the firstborn of Egypt. In Hebrew, it is known as Pesach which is based on the Hebrew root meaning "pass over". The holiday is also referred to as Chag he-Aviv (the Spring Festival), Chag ha-Matzoth (the Festival of Matzahs), and Zeman Herutenu (the Time of Our Freedom).

The most significant observance related to Passover involves the removal of chametz) from homes. This commemorates the fact that the Jews leaving Egypt were in a hurry, and did not have time to let their bread rise. It is also a symbolic way of removing arrogance, and pride).

Chametz includes anything made from the five major grains (wheat, rye, barley, oats and spelt) that has not been completely cooked within 18 minutes after coming into contact with water. Traditional Jews of Ashkenazic background also avoid rice, corn, peanuts, and legumes (beans) as if they were chametz. All of these items have been used to make bread, thus use of them was prohibited to avoid any confusion. Such additional

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items are referred to as “kitniyos.” We may not eat chametz during Passover; We may not even own it or derive benefit from it. All chametz, including utensils used to cook it must either be disposed of or sold to a non-Jew.

The process of cleaning the home of all chametz in preparation for Passover is an enormous task. After the cleaning is completed, the morning before the seder, a formal search of the house for chametz is undertaken, and remaining chametz is burned.

The grain product eaten during Passover is matzah unleavened bread, made from flour and water and cooked very quickly. This is the bread that the Jews made for their flight from Egypt.

The day before Passover is the fast of the firstborn, a minor fast for all firstborn males, commemorating the fact that the firstborn Jewish males in Egypt were not killed during the final plague. On the first night of Passover (first two nights for traditional Jews outside Israel), we have a very special family meal filled with ritual to remind us of the significance of the holiday. This meal is called a seder, from a Hebrew root word meaning “order.”

Passover lasts for seven days (eight days outside of Israel). The first and last days of the holiday (first two and last two outside of Israel) are days on which no work is permitted. Work is permitted on the intermediate days. These intermediate days on which work is permitted are referred to as Chol Ha-Mo'ed, as are the intermediate days of Sukkot.



UPCOMING EVENTS:



- JCHC University: Hearth Health Nutrition @ Plaza
- Purim Holiday Service
- JCC Passover Seder
- JCC Movies
- Sands Casino
- Adult Coloring
- Floral Design Workshop
- Religious Services
- Trader Joes, Florham Park
- Lunch Club
- Poetry Workshop
- Exercise with Tami
- BINGO
- Montclair Art Museum
- Movies
- Livingston & Shorthills Mall
- My Favorite Things
- Congregate Lunch Program
- JCHC University: Live From Jerusalem—A Tale of Two Returns
- Knitting Club
- JCC Passover Seder
- Live Music featuring Rhonda Denet “Mostly Motown”
- JCHC University: Pickets & Persistence @ Village

Please refer to your calendar for dates and times of all events.

PURIM



The story of Purim is told in the Bible book of Esther. The heroes of the story are Esther, a beautiful young Jewish woman living in Persia, and her cousin Mordecai, who raised her as if she were his daughter. Esther was taken to the house of Ahasuerus, King of Persia, to become part of his harem. King Ahasuerus loved Esther more than his other women and made Esther queen, but the king did not know that Esther was a Jew, because Mordecai told her not to reveal her identity.

The villain of the story is Haman, an arrogant, egotistical advisor to the king. Haman hated Mordecai because Mordecai refused to bow down to Haman, so Haman plotted to destroy the Jewish people. In a speech that is all too familiar to Jews, Haman told the king, "There is a certain people scattered abroad and dispersed among the peoples in all the provinces of your realm. Their laws are different from those of every other people's, and they do not observe the king's laws; therefore, it is not befitting the king to tolerate them." Esther 3:8. The king gave the fate of the Jewish people to Haman, to do as he pleased to them. Haman planned to exterminate all of the Jews.

Mordecai persuaded Esther to speak to the king on behalf of the Jewish people. This was a dangerous thing for Esther to do, because anyone who came into the king's presence without being summoned could be put to death, and she had not been summoned. Esther fasted for three days to prepare herself, then went into the king. He welcomed her. Later, she told him of Haman's plot against her people. The Jewish people were saved, and Haman and his ten sons were hanged on the gallows that had been prepared for Mordecai.

The book of Esther is unusual in that it is the only book of the Bible that does not contain the name of G-d. In fact, it includes virtually no reference to G-d. Mordecai makes a vague reference to the fact that the Jews will be saved by someone else, if not by Esther, but that is the closest the book comes to mentioning G-d. Thus, one important message that can be gained from the story is that G-d often works in ways that are not apparent, in ways that appear to be chance, coincidence or ordinary good luck.

The word "Purim" means "lots" and refers to the lottery that Haman used to choose the date for the massacre. The Purim holiday is preceded by a minor fast, the Fast of Esther, which commemorates Esther's three days of fasting in preparation for her meeting with the king. The primary commandment related to Purim is to hear the reading of the book of Esther. The book of Esther is commonly known as the Megillah, which means scroll. This is the one people usually mean when they speak of The Megillah. It is customary to boo, hiss, stamp feet and rattle gragers (noisemakers; see illustration) whenever the name of Haman is mentioned in the service. The purpose of this custom is to "blot out the name of Haman." We are also commanded to eat, drink and be merry. In addition, we are commanded to send out gifts of food or drink, and to make gifts to charity. The sending of gifts of food and drink is referred to as shalach manos (lit. sending out portions). Among Ashkenazic Jews, a common treat at this time of year is hamantaschen (lit. Haman's pockets). These triangular fruit-filled cookies are supposed to represent Haman's three-cornered hat.



Manager's Corner



*Hope all of our residents are enjoying the movies!
Movies will be shown in our New Community Room on Tuesdays at 7:00 pm and
Sundays 1:30 pm and 7:00 pm.*



New Computer Room

Location: New Community Room

Come and learn how to use our new computers and printer in our new computer room.
Please check the calendar and sign up for the date and time that will work best for you.

HAPPY MARCH BIRTHDAY



March 05 **Sari Becker**
March 12 **Barbara Doucette**
March 25 **Sandy Polk**

Recognizing our JCHC Stars

We have implemented the STAR program in all JCHC communities to make it easy for our residents, their family members or our guests to recognize an employee who is a star performer. All they have to do is pick up one of our STAR postcards at the front desk, fill it out and drop it in the box at the desk. All staff members who are being recognized will be notified of the appreciation note. Once a month, the cards will be placed in a random drawing and one of our stars will be given a bonus and recognition.



Barnabas Health Care representatives presented a highly informative heart health program for residents.



You're a STAR

Recognize a JCHC Employee Star!!!!

Employee: _____

Date: _____

Describe the 'STAR' performance.

Star spotted by: _____

Date: _____

JCHC
www.jchc.org



March JCHC University Courses



Monday, March 5, 2018

Pickup Time: 12:30 p.m.

Location: Plaza

“Heart Health Nutrition”

Presenter: Jackie Philbin, RDN

Course Description:

March is National Nutrition month! Jackie will present a realistic program which will allow attendees to learn how food choices play an essential role in heart health. This program is specially designed for seniors. We will learn how to read nutrition labels, what to look for when grocery shopping and quick tips for cooking at home. We will also discover ways to make delicious, heart healthy choices when dining out.

Tuesday, March 20, 2018

Pickup Time: 12:15 p.m.

Location: Lester

“Live from Jerusalem—A Tale of Two Returns”

Presenter: Deena Press Kahane

Course Description:

On Purim we will read the Biblical story of Esther and Mordechai and the defeat of the evil Haman. Though not directly mentioned, the return of the Jewish people to Jerusalem to rebuild the Temple figures prominently in the events. In this fascinating session we will relearn the story of Purim and see the similarities between the events of 2300 years ago and the events that led to rebuilding of the Modern State of Israel.

Monday, March 26, 2018

1:00 p.m.

Location: Village Apartments

“Pickets & Persistence--American Women’s Fight to Win the Vote”

Presented by: Carol Simon Levine

Course Description:

Living History Presenter Carol Simon Levin portrays Jeannette Rankin, America’s first female member of Congress, telling the intertwined stories of women’s suffrage activism, war service, and the political calculus that finally brought the support of President Wilson, the U.S. Congress, and state legislatures to achieve passage of the 19th Amendment granting women the right to vote.

All are invited to attend!

Transportation is Free.

18th Annual New Jersey Jewish Film Festival
JCC Metro West
March 15-25

Day:	Date:	Time:	Location:	Movie Title:
Thu	Mar 15	7:30 pm	JCC MetroWest	Shelter
Fri	Mar 16	11:30 am	JCC MetroWest	The Children of Chance
Sat	Mar 17	8:30 pm	JCC MetroWest	The Cakemaker
Sun	Mar 18	1:00 pm	JCC MetroWest	Jewish Blind Date, Kosher Love, The Setup
Sun	Mar 18	7:00 pm	JCC MetroWest	116 Cameras, The Invisibles
Mon	Mar 19	7:30 pm	St Elizabeth	1945
Mon	Mar 19	7:30 pm	JCC MetroWest	Beneath the Silence
Tue	Mar 20	12:30 pm	JCC MetroWest	End Game
Tue	Mar 20	7:30 pm	JCC MetroWest	Keep the Change
Wed	Mar 21	12:30 pm	JCC MetroWest	Humor Me
Wed	Mar 21	7:30 pm	JCC MetroWest	Ben-Gurion, Epilogue
Thu	Mar 22	11:30 am	JCC MetroWest	Between Worlds
Thu	Mar 22	7:30 pm	SOPAC	Between Worlds
Thu	Mar 22	7:30 pm	JCC MetroWest	Across the Line, Operation Wedding
Fri	Mar 23	11:30 am	JCC MetroWest	Bombshell: The Hedy Lamarr Story
Sat	Mar 24	8:45 pm	JCC MetroWest	The Chop, The Cousin
Sun	Mar 25	1:00 pm	JCC MetroWest	The Body Collector
Sun	Mar 25	7:00 pm	JCC MetroWest	Mr. Bernstein, A Quiet Heart

- Please see your buildings calendar of events to find films for which JCHC will be able to provide transportation. If transportation is provided, please note your buildings pickup times and sign up ASAP on the transportation registration sheet.
- For more information regarding movie titles or content/subject matter, you may see the JCC film festival guide or visit www.boxofficetickets.com/jccmetrowest .

All films screened at JCC MetroWest, West Orange unless noted otherwise. See below for alternate screening locations.

SOPAC= Bow-Tie Cinema, 1 Sopac Way, South Orange, NJ

St Elizabeth= Dolan Performance Hall, College of Saint Elizabeth, 2 Convent Road, Morristown, NJ

MARCH 2018 VILLAGE Calendar is subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Purim 9:15 EXERCISE 10:30 Livingston Mall 12:00 Congregate Lunch 1:30 PURIM HOLIDAY SERVICE 7:00 BINGO	2 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	3
4 1:30 MOVIE 7:00 MOVIE	5 12:00 LUNCH CLUB 12:30 JCHC University: Heart Health Nutrition @ Plaza 2:00 Exercise with Tami	6 9:15 Exercise 10:00 Shoprite 12:00 Congregate Lunch 2:30 Floral Design Workshop 5:30 Adult Coloring 7:00 Movie	7 10:30 Essex Green & Kmart 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB	8 9:15 EXERCISE 10:30 Walmart & Rt 22 12:00 Congregate Lunch 7:00 BINGO	9 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	10
11 Daylight Savings Time Begins 1:30 MOVIE 7:00 MOVIE	12 10:30 Trader Joes Florham Park 12:00 LUNCH CLUB 2:00 Exercise with Tami	13 9:15 Exercise 10:00 Stop & Shop 12:00 Congregate Lunch 5:30 Poetry Workshop 7:00 Movie	14 10:30 Rt10 & Farmer's Market 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB	15 9:15 EXERCISE 11:15 Montclair Art Museum 12:00 Congregate Lunch 7:00 BINGO 7:00 JCC Movie	16 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	17 8:00 Senior TV Movie
18 12:30 JCC Movie 1:30 MOVIE 7:00 MOVIE	19 10:30 Whole Foods & Target 12:00 LUNCH CLUB 2:00 Food Meeting with Mitchell 2:00 Exercise with Tami 7:00 JCC Movie	20 Spring Begins 9:15 Exercise 10:00 Shoprite 12:00 Congregate Lunch 12:15 JCHC University: Live from Jerusalem @ Lester 5:30 My Favorite Things 7:00 Movi 7:00 JCC Movie	21 12:00 JCC Movie (\$5.00 Tickets for signups by Feb 28*) 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 7:00 JCC Movie	22 9:15 EXERCISE 10:15 JCC PASSOVER SEDER 12:00 Congregate Lunch 7:00 BINGO 7:00 JCC Movie	23 11:00 JCC Movie: 6 Free Tickets, 1st come 1st served basis 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	24
25 1:30 MOVIE 7:00 MOVIE	26 12:00 LUNCH CLUB 1:00 JCHC University: Pickets & Persistence @ Village 2:00 Exercise with Tami	27 9:15 Exercise 10:00 Stop & Shop 12:00 Congregate Lunch 5:30 Rhonda Denet Live Music Performance Mostly Motown 7:00 Movie	28 <i>10:30 Christmas Tree Shops, Panera Bread, 5 Below</i> 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB	29 9:15 EXERCISE 8:30 Sand's Casino 12:00 Congregate Lunch 7:00 BINGO	30 Office Closes 1pm 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	31 Passover Day 1