

February 2018 Dinner Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Carrot-Raisin Salad Lentil Soup Honey-Mustard Chicken Hot Pastrami/Rye Fish Du Jour♥* Served w/Sweet Pot. Fries & Mix Veggies Dessert or Fresh Fruit	2 Tossed Salad Chopped Liver Chicken Orzo Soup Roast Chicken♥* Veal Cacciatore Grilled Salmon Filet♥* Served w/Kugel & Spaghetti Squash Dessert or Fresh Fruit	3 Tossed Salad Baked Salmon♥* Deli Plate Roasted Chicken♥* Served with Potato & Israeli Salad Dessert or Fresh Fruit
4 Tossed Salad Kasha-Noodle Soup Roast Chicken ♥* Meatloaf & Gravy Fish Du Jour♥* Served with Pot. & Veg. Dessert or Fresh Fruit	5 Tossed Salad Cream of Mushroom Eggplant Rollatini Fish Du Jour♥* Served w/Potato & Veg. Cold Plate: Tuna, Egg Salads & Mac. Salad Ice Cream or Fruit	6 Oriental Cabbage Salad Corn Chowder Chicken & Broccoli Beef Teriyaki Fish Du Jour♥* Served with Lo Mein With Veggies Dessert or Fresh Fruit	7 Tossed Salad Golden Carrot Soup Chicken in the Pot♥* Beef Chili Crispy Fish Filet Served w/Rice & Green Beans Dessert or Fresh Fruit	8 Marin. Mushroom Salad Navy Bean Soup Roast Garlic Chicken♥* Meatballs & Pasta Fish du Jour♥* Served w/Pasta & Peas Dessert or Fresh Fruit	9 Tossed Salad Gefilte Fish Chicken Noodle Soup Rosemary Chicken♥* Grilled Swiss Steak Honey Mustard Salmon Served w/Egg Barley & Fresh Veggies Dessert or Fresh Fruit	10 Tossed Salad Baked Salmon ♥* Roasted Chicken♥* Deli Plate – Served with Potato & Cole Slaw Dessert or Fresh Fruit
11 Chopped Salad Barley-Vegetable Soup Chicken Marinara♥ Salisbury Steak Fish Du Jour♥* Served w/Potato & Veg. Dessert or Fresh Fruit	12 Caesar Salad French Onion Soup Veggie Burger/Cheese Fish Du Jour♥* Served w/Pasta & Veg. Cold Plate – Whitefish, Egg Salads & Cole Slaw Cheese Cake or Fruit	13 Tomato/Onion/Olive Beef-Noodle Soup Chicken Francese Fish Du Jour♥* Served w/Festive Rice & Bean Blend Dessert or Fresh Fruit	14 Tossed Salad Split Pea Soup Cranberry Chicken Beef Stroganoff Served with Egg Noodles & Veg. Blend Cold Platter: Lox/Bagel Dessert or Fresh Fruit	15 Many Bean Salad Mushroom Barley Soup Corn Flake Chicken Grilled Hamburger Fish Du Jour♥* Served w/Tater Tots & House Blend Dessert or Fresh Fruit	16 Tossed Salad Chopped Liver Chicken Matzo Ball Chicken Paprikash♥* Grilled Veal Chop Ginger Garlic Salmon Served w/Kasha Varnishkas & Veg Blend Dessert or Fresh Fruit	17 Tossed Salad Baked Salmon♥* Roasted Chicken♥* Deli Plate Served with Roasted Potatoes & Health Salad Dessert or Fresh Fruit

*Menu is subject to change based on availability.

♥= No added Salt ♦= No added sugar

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18 Tossed Salad Onion Mushroom Soup Garlic Chicken♥* Meatballs & Pasta Crispy Fish Filet Served with Pasta & Veg Muffin or Fresh Fruit	19 Tossed Salad Broccoli-Cheddar Soup Vegetable Quiche Fish Du Jour♥* W/Pasta & Veg. Cold Plate –Tuna, Egg & Potato Salads Ice Cream or Fruit	20 Roasted Veg. Salad Minestrone Soup Hawaiian Chicken Beef & Peppers Fish Du Jour♥* Served with Rice & Zucchini Marinara Dessert or Fresh Fruit	21 Tossed Salad Vegetable Soup Chicken Italiano♥* Beef Lasagna Crispy Fish Filet Served w/Roast Potato & Veg. Blend Dessert or Fresh Fruit	22 Beet-Garbanzo Salad Russian Cabbage Soup BBQ Chicken Wings Knockwurst & Kraut Fish Du Jour♥* Served w/Baked Beans & Veggie Mix Dessert or Fresh Fruit	23 Tossed Salad Gefilte Fish Chicken Rice Soup Rock Cornish Hen♥* Lamb Stew Teriyaki Salmon Served w/Sweet Potato & Veg. Blend Dessert or Fresh Fruit	24 Tossed Salad Baked Salmon♥* Roasted Chicken♥* Deli Plate Served with Potato & Cole Slaw Dessert or Fresh Fruit
25 Tossed Salad Bean Soup Chicken w/Mush.♥* Beef Stew Fish Croquette Served with Potato Planks & Veggies Dessert or Fresh Fruit	26 Tossed Salad Potato Leek Soup Mac & Cheese Fish Du Jour♥* With Pasta & Veg. Cold Plate –Lox, Bagel Platter w/Mac. Salad Ice Cream or Fruit	27 Crunchy Cabbage Slaw Mushroom Barley Soup Chicken Milanese Fish Du Jour♥* Served w/Baked Potato & Veg. Blend Dessert or Fresh Fruit	28 Purim Eve. Tossed Salad Butternut Bisque Roast Turkey Breast♥* Corned Beef on Rye Fish Croquette Served w/Boiled Potato & Baby Carrots Dessert or Fresh Fruit			

*Please note Low Fat or Low Cholesterol (Remove Chicken Skin)

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