

September 2017 Dinner Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Romaine Salad Chopped Liver Chicken Noodle Soup Herb Baked Chicken*♥ Veal Cacciatore Grilled Salmon*♥ Served w/Festive Rice & Veggie Blend Cake or Fresh Fruit	2 Tossed Salad Baked Salmon*♥ Roasted Chicken*♥ Deli Plate – Served w/Potato & Cole Slaw Dessert or Fresh Fruit
3 Tossed Salad Celery/Spinach Soup Hawaiian Chicken Stuffed Peppers Fish Du Jour*♥ Served with Roasted Potatoes & Vegetable Dessert or Fresh Fruit	4 Labor Day Tossed Salad Broccoli/Cheddar Soup Pizza w/Toppings Fish Du Jour*♥ Served with Pot & Veg. Cold Plate –Tuna/Egg, & Potato Salads Ice Cream or Fresh Fruit	5 Cucumber Salad Beef-Vegetable Soup Chicken Schnitzel Fish Du Jour*♥ Served w/Baked Potato & Green Beans Dessert or Fresh Fruit	6 Tossed Salad Lentil-Dill Soup Apricot Chicken♥ BBQ Brisket/Bun Crispy Fish Filet Served w/Potato Wedges & Creamed Spinach Dessert or Fresh Fruit	7 Carrot-Raisin Salad Split Pea Soup Chicken Italiano Meatballs & Spaghetti Fish Du Jour*♥ Served w/Spaghetti & Peas Cake or Fresh Fruit	8 Romaine Salad Gefilte Fish Chicken Rice Soup Roasted Chicken*♥ Beef Flanken Honey-Mustard Salmon With/Mush. Egg Barley & Sautéed Cabbage Cake or Fresh Fruit	9 Tossed Salad Baked Salmon*♥ Herb Chicken*♥ Deli Plate – Served with Potatoes & Health Salad Dessert or Fresh Fruit
10 Tossed Salad Garden Vegetable Soup Mushroom Chicken*♥ Salisbury Steak/Gravy Crispy Fish Filet Served w/Potato & Veg Dessert or Fresh Fruit	11 Tossed Salad Potato Leek Soup Blintzes Fish Du Jour*♥ Served w/Pot. & Veg. Cold Plate: Whitefish, Egg & Cole Slaw Ice Cream or Fresh Fruit	12 Health Salad Roasted Corn Chowder BBQ Chicken Big Beef Burger/Bun Fish Du Jour*♥ Served w/Tater Tots & House Blend Dessert or Fresh Fruit	13 Tossed Salad Mushroom Barley Soup Lemon Chicken Beef Goulash Fish Croquette Served w/Egg Noodles & Bean Blend Dessert or Fresh Fruit	14 Tomato Onion Salad Golden Carrot Soup Orange-Ginger Chicken Beef Pot Pie Fish Du Jour*♥ Served w/Festive Rice & Cut Green Beans Dessert or Fresh Fruit	15 Tossed Salad Chopped Liver Chicken Spätzle Soup Roasted Chicken*♥ Stuffed Cabbage Ginger/Garlic Salmon Served w/Sweet Potato & Broccoli Dessert or Fresh Fruit	16 Tossed Salad Baked Salmon*♥ Herb Chicken*♥ Deli Plate – Served with Potatoes & Israeli Salad Dessert or Fresh Fruit

*Please note Low Fat or Low Cholesterol (Remove Chicken Skin)

♥= No added Salt

Menu is subject to change based on availability.

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17 Tossed Salad Mushroom Soup Chicken Marinara Ziti & Meat Sauce Fish Du Jour*♥ Served w/Ziti & Veggies Dessert or Fresh Fruit	18 Tossed Salad French Onion Soup Vegetable Frittata Fish Du Jour*♥ Served w/Pasta & Veg. Cold Plate- Tuna, Egg, & Macaroni Salads Ice Cream or Fresh Fruit	19 Cucumber Salad Many Bean Soup Chicken Paprikash*♥ Pasta Bolognese Fish Du Jour*♥ Served with- Pasta & House Blend Dessert or Fresh Fruit	20 Rosh Hashanah Eve Romaine Salad Potato-Borscht Soup Roasted Chicken*♥ Beef Ribeye Crispy Fish Filet Served w/Tzimmes Dessert or Fresh Fruit	21 Rosh Hashanah Apple & Honey Appet. Beet-Garbanzo Salad Minestrone Soup Stuffed Chicken Breast Lamb Stew Fish Du Jour*♥ Served w/Festive Rice & Veggies Honey Cake or Fruit	22 Rosh Hashanah Romaine Salad/New Fruit Fresh Round Gefilte Fish Chicken Matzo Ball Soup Rock Cornish Hen*♥ Beef Brisket Dijonnaise Salmon Filet Served w/Kasha Varnish. & Veggie Blend Cake or Fresh Fruit	23 Tossed Salad Baked Salmon*♥ Herb Chicken*♥ Deli Plate Served with Potatoes & Cole Slaw Dessert or Fresh Fruit
24 Romaine Salad Potato Soup Orange Chicken*♥ Meatballs & Spaghetti Fish Du Jour*♥ Served w/Pasta & Peas Fresh Fruit or Dessert	25 Tossed Salad Cream of Mushroom Baked Ziti Fish Du Jour*♥ Served w/Ziti & Veg. Cold Platter: Bagel, Lox, With Cole Slaw Cheese Cake or Fruit	26 Tomato & Onion Salad Russian Cabbage Soup Corn Flake Chicken♥ Salisbury Steak Fish Du Jour*♥ Served w/Mashed Pot. & Peas/Pearls Dessert or Fresh Fruit	27 Tossed Salad Vegetable-Barley Soup Rsted. Turkey Breast*♥ Corned Beef & Cabbage Fish Croquette Served w/Boiled Red Potato & Sliced Squash Dessert or Fresh Fruit	28 Carrot-Raisin Salad Yellow Split Pea Soup Chicken in the Pot*♥ Beef Chili Fish Du Jour*♥ Served w/Spanish Rice & Cut Green Beans Dessert or Fresh Fruit	29 YOM KIPPUR EVE. Tossed Salad Chopped Liver Chicken Kreplach Soup Roasted Chicken*♥ Grilled Veal Chops Poached Salmon*♥ Served w/Sweet Potato & Honeyed Carrots Honey Cake or Fruit	30 YOM KIPPUR Asst. Cold Salads

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