

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

# October 2017



**1**  
10:00 Game Central (MW)  
1:30 Bingo (MH)  
2:45 Encore Movie Matinee (T)  
7:00 Movie (T)

**2**  
11:00 Balance & Mindfulness with Tami (MH)  
1:30 ABTP: Floral Arts with Megan (MH)  
2:00 ABTP: Men's Club (T)  
3:30 Lester Life Long Learning: Chaim Lauer (MH)  
7:00 Movie (T)

**3**  
10:00 Yoga (MH)  
11:00 ABTP: Memoir Writing/ Revolving Doors with Paul (CR)  
1:30 Bingo (MH)  
3:00 Discussion With Dolly (MH)  
7:00 Movie (T)

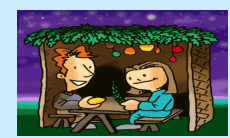
**4 Erev Sukkot**  
8:30-9:30 Blood Pressure Screening (CR)  
10:00 Balance & Mindfulness with Tami (MH)  
11:00 ABTP: Stories in Motion (T)  
11:00 J.E.T.S- JCC  
1:30 ABTP: Lets Talk with Paul (MH)  
3:00 ABTP: Art Studio with Beth (MH)  
7:15 Maariv, Evening Service- (C)

Candle Lighting 6:15PM



**5 1st Day of Sukkot**  
9:15 Sukkot Service-C Kiddush in the Sukkah Following Service  
2:00 Torah Chat with the Rabbi - In the Sukkah Lulav & Etrog in the Sukkah  
7:15 Sukkot Maariv Service-Chapel Kiddush in the Sukkah Following Service

Candle Lighting after 7:15PM



**6 2nd Day of Sukkot**  
9:15 Sukkot Service -C Kiddush in the Sukkah Following Service  
2:00 Lulav & Etrog in the Sukkah  
7:15 Kabbalat Shabbat Service-Chapel Kiddush in the Sukkah Following Service

Candle Lighting 6:10PM



**7**  
9:15 Services (C)  
10:30 Reading of Kohelet (Ecclesiastes) Life Cycle Kiddush Following Service in the Sukkah  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group (MH)  
7:00 Movie (T)  
7:10 Havdalah Service (C)

Havdalah: 7:10PM



**8 Movie and Dinner Trip**  
Departure Time TBA  
10:00 Crosswords (MW)  
1:30 Bingo (MH)  
3:00 Steve Minzer and The Jazz Band (MH)  
7:00 Movie (T)

**9**  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness with Tami (MH)  
2:00 ABTP: Men's Club (T)  
3:00 Trivia Quest (MW)  
7:00 Movie (T)  
7:00 Heller Tenant's Association Meeting (MH)

**10 Adath Shalom Lunch and Lecture Trip**  
10:00 Yoga (MH)  
11:00 ABTP: Memoir Writing/ Revolving Doors with Paul (CR)  
**11:15 Bus Departs for Adath Shalom Lecture**  
1:30 Bingo (MH)  
3:00 Tea With The Administrator (MH)  
7:00 Cultural Arts Series with Shirley Saland: "Comedy in Music- Victor Borg" (MH)

**11 Erev Shemini Atzeret**  
8:30-9:30 Blood Pressure Screening (CR)  
10:00 Balance & Mindfulness with Tami (MH)  
11:00 Crosswords (MW)  
11:00 J.E.T.S- JCC  
12:30-4:30pm Duplicate Bridge (MW)  
1:15 Brain Games with Sharon Rogovin (MH)  
3:00 You be The Judge (MW)  
7:15 Shemini Atzeret Service - (C) Kiddush in the Sukkah Following Service

Candle Lighting 6:05PM



**12 Shemini Atzeret Erev Simchat Torah**  
9:15 Shemini Atzeret Service - (C)  
10:30 Yizkor Service Kiddush in the Sukkah - Farewell to the Sukkah  
2:00 Torah Chat Erev Simchat Torah:  
7:15 Simchat Torah Holiday Service - (C) Hakafot- Dancing with Torahs

Candle Lighting : After 7:03PM



**13 Simchat Torah**  
9:15 Simchat Torah Service (C)  
10:00 Hakafot-Simchat Torah Celebration Kiddush in the MH Following Service  
7:15 Kabbalat Shabbat Service (C)

Candle Lighting : 6PM



**14**  
9:30 Services (C) Kiddush Following Service  
2:00 Torah Chat  
7:00 Movie (T)  
7:00 Havdalah Service (C)

Havdalah: 7:00PM



**Sunday**

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**Thursday**

**Friday**

**Saturday**

15  
10:00 Game Central (MW)  
1:30 Bingo (MH)  
2:45 Encore Movie Matinee (T)  
7:00 Movie (T)



16 American Hearing Center 9-12pm  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness with Tami (MH)  
1:30 Bingo (MH)  
3:30 Lester Life Long Learning: Chaim Lauer (MH)  
7:00 Movie (T)

17  
10:00 Yoga (MH)  
11:00 Trivia Quest (MW)  
1:30 **NEW:** "Live From Jerusalem" Lecture Series  
3:15 Discussion With Dolly (MH)  
7:00 Movie (T)

18 **Morris Museum Tea and Tour**  
8:30-9:30 Blood Pressure Screening (CR)  
10:00 Balance & Mindfulness with Tami (MH)  
11:00 Crosswords (MW)  
**1:00 Bus Departs for Museum**  
1:30 Lester Spelling Bee (MW)  
**3:00 Stephen Fuller Performs (MH)**  
7:00 Movie (T)  
7:00 Lester Life Long Learning: Chaim Lauer (MH)

**Weston Assisted Living  
Flu Vaccine Clinic  
1PM-4PM**

19 **Molly Burack Annual Lecture , JCC West Orange**  
10:00 Yoga (MH)  
11:00 Word Games (MH)  
**11:15 Bus Departs to JCC for Lecture: The Debt of Tamar, Author: Nicole Dweck**  
1:30 Lester Life Long Learning: Cantor Ralph Nussbaum (MH)  
3:00 Zumba Gold (MH)  
**4:00 Piano Playing with Enid in the Heller Lobby**  
7:00 **NEW:** Reelz and Review Movie Night : "The Iron Lady" (T)  
7:00 Bingo (MH)

20  
10:00 Kushner Academy Visit (MW)  
11:00 Shabbat Simcha (MW)  
2:00 Art Appreciation with Judy Ebright: Art in Advertising (T)  
3:00 Special Featured Film: "The Woman's Balcony" (T)  
7:15 Shabbat Services (C)  
  
Candle Lighting 5:50PM



21  
9:15 Shabbat Services (C) Followed by Life Cycle Kiddush  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group (MH)  
7:00 Movie (T)  
6:57 Havdalah Service (C)

Havdalah: 6:57PM



22 **Movie and Dinner Trip Departure Time TBA**  
  
10:00 Crosswords (MW)  
1:30 Bingo (MH)  
2:45 Encore Movie Matinee (T)  
**7:00 Entertainment with Tom Aalfs (MH)**

23  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness with Tami (MH)  
1:30 Skit Reading in the Weston Library  
3:30 Lester Life Long Learning: Chaim Lauer (MH)  
7:00 Movie (T)

24 Mel Brooks & Woody Allen  
10:00 Yoga (MH)  
11:00 Trivia Quest (MW)  
1:30 Bingo (MH)  
3:15 The Joys of Yiddish with Naomi Zaslou (MH)  
7:00 Movie (T)  
7:00 Cultural Arts Series with Shirley Saland: "The Astonishing Moisey Dance Company" (MH)

25 **Hanover Wind Symphony Trip**  
8:30-9:30 Blood Pressure Screening (CR)  
10:00 Balance & Mindfulness with Tami (MH)  
11:00 Crosswords (MH)  
11:00 J.E.T.S- JCC  
12:30-4:30pm Duplicate Bridge (MW)  
1:30 ABTP: Jewelry Design (MH)  
**3:00 Birthday Bash with Jimmy Sobeni (MH)**  
**6:00 Bus Departs for Symphony**  
7:00 Movie (T)  
7:00 Lester Life Long Learning: Chaim Lauer (MH)



26  
10:00 Yoga (MH)  
11:00 ABTP: Fine Art with Jean (CR)  
11:00 Rhythm and You in the Weston Living Room  
1:30 Lester Life Long Learning: Rabbi Deb Smith (MH)  
3:00 Resident Council Meeting (MW)  
**4:00 Piano Playing with Enid in the Heller Lobby**  
7:00 Movie (T)  
7:00 Bingo (MH)

27  
10:00 News & Schmooze (MW)  
11:00 Shabbat Simcha (MW)  
1:30 Sing Alongs with Roberta (MW)  
2:30 Pet Therapy (MW)  
3:15 Dynamics with Dolly (MH)  
7:15 Shabbat Services (C)

Candle Lighting 5:41PM



28  
9:15 Shabbat Services (C)  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group (MH)  
7:00 Movie (T)  
6:47Havdalah Service (C)

Havdalah: 6:47PM



29  
10:00 Game Central (MW)  
1:30 Bingo (MH)  
2:45 Encore Movie Matinee (T)  
7:00 Movie (T)

**On Monday:  
Heller Independent Living Flu Vaccine Clinic 1-4pm (CR)**

30  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness with Tami (MH)  
2:00 ABTP: Men's Club (T)  
3:30 Lester Life Long Learning: Chaim Lauer (MH)  
7:00 Movie (T)

**Independent Living Flu Clinic**

**\*\* Registered at the Front Desk**

31  
10:00 Yoga (MH)  
11:00 Trivia Quest (MW)  
**1:15 ABTP: "Revolving Doors" Animation Premiere (MH)**  
3:15 Discussion With Dolly (MH)  
7:00 Movie (T)

**REMINDER:  
ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)  
  
THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.**

**LEGEND:**

**Chapel (C)  
Fitness Center (F)  
Heller Card Room (CR)  
Heller Lobby (LH)  
Heller Multi-Purpose Room (MH)**

**Theater (T)  
Weston Game Room (WG)  
Weston Lobby/Living Room (LW)  
Weston Multi-Purpose Room (MW)**