

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2017



### Destinations

Monday August 21st: The Caribbean  
Tuesday, August 22nd: "Here, There and Everywhere"  
Wednesday, August 23rd: America, America!  
Thursday, August 24: Hawaii  
Friday, August 25th: Israel

1 Tish'a B'Av  
10:00 Yoga (MH)  
11:00 Tuesday Trivia (MW)  
1:30 Skit Reading in the Weston Library  
7:15 Tish'a B'Av Service (C) Followed by Special Showing of "Having Faith - Overcoming Life's Challenges".

2 8:30-9:30 Blood Pressure Screening (CR)  
10:00 Exercise (MH)  
11:00 ABTP: Stories In Motion (MH)  
11:00 JETS-JCC  
12:30-4:30pm Duplicate Bridge (MW)  
1:30 -3:30 The Helping Hands Project: "The Gardening Experience" (MH)  
7:00 Movie (T)



3 10:00 Yoga (MH)  
11:00 Word Games (MW)  
1:30 Explore: The Panama Canal (T)  
2:30 New Tenant's Meeting (MH)  
3:00 Zumba Gold on the Heller Patio  
4:00 Piano Playing with Enid in the Heller Lobby  
7:00 Movie (T)  
7:00 Bingo



4 10:00 News & Schmooze (MW)  
11:00 Shabbat Simcha (MW)  
11:00 Balance & Mindfulness with Tami (MH)  
1:30 Sing Along with Roberta (MW)  
2:30 Pet Therapy (MW)  
3:00 Dynamics with Dolly (MH)  
7:15 Shabbat Services (C)

Candle Lighting:  
7:51PM



5 9:30 Shabbat Services (C)  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group (MH)  
7:00 Movie (T)  
8:57 Havdalah Service (C)

Havdalah:  
8:57PM



6 10:00 Game Central (MW)  
2:45 Encore Movie Matinee (T)  
7:00 Movie (T)

7 10:00 Word Games (MW)  
11:00 NEW: Pranayama: "The Power of Breathing" with Preeti Cholera (MH)  
1:30 Tea with The Administrator (MH)  
3:00 Musical Therapy with Coleen (MW)  
7:00 Movie (T)



8 10:00 Yoga (MH)  
11:00 Tuesday Trivia (MW)  
1:30 Bingo (MH)  
3:00 Discussion With Dolly (MH)  
7:00 Movie (T)

9 8:30-9:30 Blood Pressure Screening (CR)  
10:00 Exercise (MH)  
11:00 Word Games (MW)  
1:30 You Be The Judge (T)  
3:00 For Opera Lovers Only: Giuseppe Verdi- "Luisa Miller" (MH)  
7:00 Movie (T)  
7:00 Purely Piano with Paul Cellar in the Heller Lobby



10 Shoppes At Union Hill Trip  
10:00 Yoga (MH)  
11:00 ABTP: Crafty with Jean (CR)  
11:00 Bus Departs for Trip  
1:30 Time Slips (MW)  
6:00 Weston Family Council Meeting (MW)  
7:00 Movie (T)  
7:00 Bingo (MH)

11 10:00 News & Schmooze (MW)  
11:00 Shabbat Simcha (MW)  
11:00 Balance & Mindfulness with Tami (MH)  
1:30 "The Barkleys of Broadway" with Fred Astaire and Ginger Rogers (T)  
3:00 Opera in The Weston Living Room  
7:15 Shabbat Services (C)

Candle Lighting :  
7:42PM



12 9:15 Shabbat Services (C) Followed by Life Cycle Kiddush  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group (MH)  
7:00 Movie (T)  
8:49 Havdalah Service (C)


Havdalah:  
8:49PM



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**13 Move and Dinner Trip**  
Departure Time TBA


10:00 Game Central (MW)  
1:30 Bingo (MH)  
**3:00 Steve Minzer and The Jazz Band (MH)**  
7:00 Movie (T)




**14**  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness with Tami (MH)  
1:30 Richard Burnon Presentation: "Those Funny Jewish Guys (Henny Youngman, Milton Berle, George Segal, and Gene Wilder)" (MH)  
3:00 ABTP: Art Studio with Beth (MH)  
7:00 Movie (T)  
7:00 Heller Tenants Association Meeting (MH)

**15**  
10:00 Yoga (MH)  
11:00 Tuesday Trivia (MW)  
1:30 Bingo (MH)  
3:00 ABTP: Men's Club with Paul (T)  
7:00 Movie (T)  
7:00 Cultural Arts Series with Shirley Saland: Du Du Fisher in Concert From Israel (MH)


**16**  
8:30-9:30 Blood Pressure Screening (CR)  
10:00 Exercise (MH)  
11:00 Word Games (MW)  
12:30-4:30pm Duplicate Bridge (MW)  
1:30 ABTP: Stories in Motion (MH)  
**3:00 "Tea In the Garden" with Van Martin on the Heller Patio (MH)**  
7:00 Movie (T)



**17**  
10:00 Yoga (MH)  
11:00 Word Games (MW)  
1:30 "Random Thoughts of Democracy Part 2" with Chaim Lauer (MH)  
3:00 Zumba Gold (MH)  
**4:00 Piano Playing with Enid in the Heller Lobby**  
7:00 Movie (T)  
7:00 Bingo (MH)



**18**  
10:00 News & Schmooze (MW)  
10:30-12:00 ABTP: Memoir Writing/Revolving Doors (CR)  
11:00 Shabbat Simcha (MW)  
11:00 Balance & Mindfulness with Tami (MH)  
2:00 Art Appreciation with Judy Ebricht: Andrew Wyeth  
3:00 Let's Talk with Paul (MH)  
7:15 Shabbat Services (C)

Candle Lighting:  7:32PM

**19**  
9:15 Shabbat Services (C)  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group (MH)  
7:00 Movie (T)  
8:39 Havdalah Service (C)


Havdalah: 8:39PM 

**20**  
10:00 Morning Stretch & Walking Club (MW)  
1:30 Bingo (MH)  
3:00 "Stories in Motion" Performance in the Heller Lobby  
**7:00 Musical Delight with Mike Fishtyn (MH)**

**21 Cruise Week Begins!**  
Destination: **The Caribbean**  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness with Tami on the "Cruise Ship" (Heller Patio)  
1:30 ABTP: Floral Arts with Megan (MW)  
**3:00 Travelogue: Islands of The Caribbean: The Bahamas, Jamaica & Santo Domingo (T)**  
7:00 Movie (T)



**22 Destination: "Here, There and Everywhere"**  
10:00 Yoga (MH)  
11:00 **"Around the World Trivia" MW**   
1:30 Bingo (MH)  
3:15 Discussion With Dolly (MH)  
7:00 Movie (T)

**23 Destination: America, America!**  
8:30-9:30 Blood Pressure Screening (CR)  
10:00 Exercise (MH)   
11:00 Word Games (MW)  
1:30 Joel Farkas: Revolutionary War Lectures (MH)  
3:00 Food Meeting for Heller Residents (MH)  
7:00 Movie (T)

**24 Destination: Hawaii!**   
10:00 Yoga to the Rhythm of the Islands (MH)  
11:00 ABTP: Fine Art with Jean (CR)  
**11:00 Rhythm and You in Honolulu on the Weston Patio**  
1:30 Pass the Coconut Game (MW)  
**7:00 Spirit of the Island Hawaiian Luau Entertainers on the Heller Patio**



**25 Destination: Israel**  
10:00 News & Schmooze (MW)  
10:30-12:00 ABTP: Memoir Writing/Revolving Doors (CR)  
11:00 Shabbat Simcha (MW)  
**3:00 Talking Art with Paul-Israel: Through the Lens of Paul's Camera (T)**  
7:15 Shabbat Services (C)


Candle Lighting :  7:22PM

**26**  
9:15 Shabbat Services (C) Followed by Life Cycle Kiddush  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group (MH)  
7:00 Movie (T)  
8:28 Havdalah Service (C)

Havdalah: 8:28PM 

**27 Move and Dinner Trip**  
Departure Time TBA

10:00 Game Central (MW)  
1:30 Bingo (MH)  
2:45 Encore Movie Matinee (T)  
7:00 Movie (T)



**28**  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness with Tami (MH)  
2:00 ABTP: Men's Club with Paul (T)  
3:00 Art Studio with Beth (MH)  
7:00 Movie (T)

**29 Lake Side Lunch Trip**  
10:00 Yoga (MH)  
11:00 Tuesday Trivia (MW)  
**11:30 Bus leaves to South Mountain Reservation**  
1:30 Bingo (MH)  
3:00 "The Jews After The Destruction of the Temples" with Thelma Borodkin (MH)  
7:00 Movie (T)  
7:00 Cultural Arts Series with Shirley Saland : Cezanne- "The Post Impressionists (MH)



**30**  
8:30-9:30 Blood Pressure Screening (CR)  
10:00 Exercise (MH)  
11:00 Word Games (MW)  
12:30-4:30pm Duplicate Bridge (MW)  
1:30 **NEW: Jewelry Design with Emily (MW)**  
3:00 Birthday Bash with Estere (MH)  
7:00 Movie (T)

**31**  
10:00 Yoga (MH)  
11:00 Crosswords (MW)  
1:30 Command Performance: Cezanne- "The Post Impressionists" (MH)  
3:00 Weston Resident Council Meeting (MW)  
7:00 Movie (T)  
7:00 Bingo (MH)

**LEGEND:**

Chapel (C)	Theater (T)
Fitness Center (F)	Weston Game Room (WG)
Heller Card Room (CR)	Weston Lobby/Living Room (LW)
Heller Lobby (LH)	Weston Multi-Purpose Room (MW)
Heller Multi-Purpose Room (MH)	

Havdalah: 8:28PM 