

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**



**LEGEND:**

**Chapel (C)**

**Fitness Center (F)**

**Heller Card Room (CR)**

**Heller Lobby (LH)**

**Heller Multi-Purpose Room (MH)**

**Theater (T)**

**Weston Game Room (WG)**

**Weston Lobby/Living Room (LW)**

**Weston Multi-Purpose Room (MW)**

**REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE *LESTER LIFE CHANNEL* (Senior TV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES**

**1**  
9:30 Shabbat Services (C)  
Followed by Life Cycle Kiddush  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group (MH)  
7:00 Movie (T)  
9:23 Havdalah Service (C)



Havdalah:  
9:23PM

**2** **Move and Dinner Trip**  
**Departure Time TBA**  
10:00 Morning Stretch & Walking Club (MW)  
**1:30 Mitzvah Bingo with Brandon (MH)**  
2:45 Encore Movie Matinee (T)  
7:00 Movie (T)

**3**  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness with Tami (MH)  
1:30 ABTP: Floral Arts with Megan (MH)  
3:00 "Celebrate America" (T)  
7:00 Movie (T)

**4**  
10:00 Circle Of Friends (MW)  
11:00 Tuesday Trivia (MW)  
1:30 Bingo (MH)  
**3:00 Patriotic Tribute with Dave Elgardt (MH)**  
7:00 Movie (T)



**5**  
8:30-9:30 Blood Pressure Screening (CR)  
10:00 Exercise (MH)  
11:00 Word Games (MW)  
12:30-4:30pm Duplicate Bridge (MW)  
1:30 **NEW: ABTP Stories in Motion (T)**  
3:00 "Musical Magic" with Doris and Elliot (MH)  
7:00 Movie (T)

**6**  
10:00 Yoga (MH)  
11:00 Sing Along with Roberta (MW)  
1:30 Guided Imagery (MH)  
3:00 Zumba Gold (MH)  
7:00 Movie (T)



**7**  
10:00 News & Schmooze (MW)  
10:30-12:00 ABTP: Memoir Writing/Revolving Doors with Paul (CR)  
11:00 Shabbat Simcha (MW)  
1:30 Travelogue: The Natural Wonders of Sedona (T)  
2:00 Pet Therapy (MW)  
3:00 Let's Talk with Paul (MH)  
7:15 Shabbat Services (C)

Candle Lighting :  
8:13PM



**8**  
9:15 Shabbat Services (C)  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group (MH)  
7:00 Movie (T)  
9:21 Havdalah Service (C)

Havdalah:  
9:21PM



**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

9  
10:00 Game Central (MW)  
1:30 Bingo (MH)  
3:00 Musical Delights  
With Stephen Fuller (MH)  
7:00 Movie (T)



10  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness  
with Tami (MH)  
2:00 ABTP: Men's Club with  
Paul (T)  
3:00 Art Studio with Beth (MH)  
7:00 Movie (T)  
7:00 Tenants Association  
Meeting (MH)

11 **Hanover Wind Symphony,  
Morristown**  
10:00 Yoga (MH)  
11:00 Tuesday Trivia (MW)  
1:30 Bingo (MH)  
3:15 Discussion with Dolly  
(MH)  
6:00 **Bus departs for concert in  
Ginty Field**  
7:00 Movie (T)  
7:00 Cultural Arts Series with  
Shirley Saland - 5th Year  
Anniversary: "Il Volo with  
Placido Domingo" (MH)

12  
8:30-9:30 Blood Pressure  
Screening (CR)  
10:00 Exercise (MH)  
11:00 JETS- JCC  
11:00 Word Games (MW)  
12:30-4:30pm Duplicate Bridge  
(MW)  
1:30 Poetry Corner with Ashley  
Goodman (T)  
3:00 Tea with The Administrator  
(MH)  
7:00 **The Amazing Sounds of  
Peter Lieberman (MH)**

13  
10:00 Yoga (MH)  
11:00 Crafty Corner  
with Jean (CR)  
1:30 Rejoice with Itzhak  
Perlman and Cantor  
Yitzchak Meir Helgot (T)  
3:00 "Take Me Out To the  
Ballgame: Jews & the  
National Pastime"  
With Bennett  
Musraskin (MH)  
4:00 **Piano Playing with  
Enid in the Heller  
Lobby**  
7:00 Movie (T)

14  
10:00 News & Schmooze (MW)  
11:00 Shabbat Simcha (MW)  
11:00 Balance & Mindfulness  
with Tami (MH)  
3:00 Talking Art with Paul:  
"Evolution of Dance in the  
Modern Age" with Alyssa  
Tiren (T)  
7:15 Shabbat Services (C)  
Candle Lighting:  
8:10PM



15  
9:15 Shabbat Services (C)  
Followed by Life Cycle  
Kiddush  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group  
(MH)  
7:00 Movie (T)  
9:17 Havdalah Service (C)

Havdalah:  
9:17PM



16  
**Move and Dinner Trip  
Departure Time TBA**  
10:00 Morning Stretch &  
Walking Club (MW)  
1:30 Bingo (MH)  
2:45 Encore Movie Matinee  
(T)  
7:00 Movie (T)

17 **Summer Series: Plays In the  
Park-"West Side Story"**  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness  
with Tami (MH)  
1:30 ABTP: Floral Arts with  
Megan (MH)  
3:00 The July 4th Hangover:  
Randon thoughts of  
Democracy with Chaim  
Lauer (MH)  
6:00 **Bus departs to play in  
Roosevelt Park**  
7:00 Movie (T)

18  
10:00 Yoga (MH)  
11:00 Tuesday Trivia (on the  
Weston Patio  
1:30 Bingo (MH)  
3:15 Short Story Book Club  
with Randy Shapiro MH)  
7:00 Movie (T)



19  
8:30-9:30 Blood Pressure  
Screening (CR)  
10:00 Exercise (MH)  
11:00 Word Games (MW)  
1:30 **NEW: ABTP Stories in  
Motion (MH)**  
3:00 **Birthday Bash with Hal  
Brewster (MH)**  
7:00 Movie (T)



20  
9-12pm American Hearing  
Center  
10:00 Yoga (MH)  
11:00 Crosswords (MW)  
1:30 "How Mindfulness  
Can Make You  
Happier" with Karen  
Frank (MH)  
3:00 Zumba Gold (MH)  
7:00 Movie (T)



21  
10:00 Morning Java: News &  
Schmooze (MW)  
10:30-12:00 ABTP: Memoir  
Writing/Revolving Doors  
with Paul (CR)  
11:00 Shabbat Simcha (MW)  
2:00 Art Appreciation with Judy  
Ebright : Hanré Rossouw (T)  
3:00 Let's Talk with Paul (MH)  
7:15 Shabbat Services (C)  
Candle Lighting :  
8:05PM

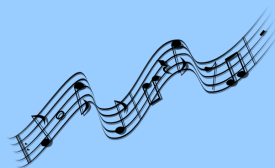


22  
9:15 Shabbat Services (C)  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group  
(MH)  
7:00 Movie (T)  
9:10 Havdalah Service (C)

Havdalah:  
9:10PM



23  
10:00 Game Central (MW)  
1:30 Bingo (MH)  
3:00 **Sweet Sounds with  
Narrow Escape (MH)**  
7:00 Movie (T)



24  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness  
with Tami (MH)  
2:00 ABTP: Men's Club with  
Paul (T)  
3:00 Art Studio with Beth (MH)  
7:00 Movie (T)

25  
10:00 Yoga (MH)  
11:00 Tuesday Trivia (MW)  
1:30 Bingo (MH)  
3:15 Discussion with Dolly  
(MH)  
7:00 Movie (T)  
7:00 Cultural Arts Series with  
Shirley Saland: " A  
Celebration at Carnegie  
Hall"

26  
8:30-9:30 Blood Pressure  
Screening (CR)  
10:00 Exercise (MH)  
11:00 Word Games (MW)  
1:30 Special Featured Film:  
Shanghai Ghetto (T)  
3:00 **NEW: Jewelry Making (MW)**  
7:00 Movie (T)



27  
10:00 Yoga (MH)  
11:00 ABTP: Fine Art with  
Jean (CR)  
11:00 Rhythm and You in  
the Weston Living  
Room  
1:30 Skit Reading in The  
Weston Library  
3:00 Weston Resident  
Council Meeting  
(MW)  
7:00 Movie (T)

28  
10:00 Morning Java: News &  
Schmooze (MW)  
11:00 Shabbat Simcha (MW)  
11:00 Balance & Mindfulness  
with Tami (MH)  
1:30 Ken Burns' America:  
"The Statue of Liberty" (T)  
2:00 Pet Therapy (MW)  
3:00 Musical Therapy with Coleen  
(MW)  
7:15 Shabbat Services (C)  
Candle Lighting :  
7:59PM



29  
9:15 Shabbat Services (C)  
Followed by Life Cycle  
Kiddush  
1:30 Trivial Pursuits (MW)  
2:00 Shabbat Study Group  
(MH)  
7:00 Movie (T)  
9:03 Havdalah Service (C)

Havdalah:  
9:03PM



30  
10:00 Morning Stretch &  
Walking Club (MW)  
1:30 Bingo (MH)  
2:45 Encore Movie Matinee  
(T)  
7:00 Movie (T)

31 **Erev Tish'a B'AV**  
10:00 Word Games (MW)  
11:00 Balance & Mindfulness  
with Tami (MH)  
1:30 Chicken Soup For The  
Soul (MW)  
3:00 You be The Judge (MW)  
7:00 Movie (T)  
7:15 Services (C)