

Village Press

The Newsletter for Village Apartments



Passover

Celebrating April

International Guitar Month

Stress Awareness Month

Read a Road Map Day

April 5

Robotics Week

April 8-16

PASSOVER

April 11

Easter

April 16

Yom HaShoah

April 24

National Volunteer Week

April 23-29

International Jazz Day

April 30

April is the month that Passover is celebrated. Passover is probably the best known of the Jewish holidays. Passover begins on the 15th day of the Jewish month of Nissan. It is the first of the three major festivals with both historical and agricultural significance (the other two are Shavu'ot and Sukkot). The primary observances of Passover are related to the Exodus from Egypt after 400 years of slavery. This story is told in Exodus Chapters 1-15.

The name "Passover" refers to the fact that G-d "passed over" the houses of the Jews when he was slaying the firstborn of Egypt. In Hebrew, it is known as Pesach which is based on the Hebrew root meaning "pass over". The holiday is also referred to as Chag he-Aviv (the Spring Festival), Chag ha-Matzoth (the Festival of Matzahs), and Zeman Herutenu (the Time of Our Freedom).

The most significant observance related to Passover involves the removal of chametz) from homes. This commemorates the fact that the Jews leaving Egypt were in a hurry, and did not have time to let their bread rise. It is also a symbolic way of removing arrogance, and pride).

Chametz includes anything made from the five major grains (wheat, rye, barley, oats and spelt) that has not been completely cooked within 18 minutes after coming into contact with water. Traditional Jews of Ashkenazic background also avoid rice, corn, peanuts, and legumes (beans) as if they were chametz. All of these items have been used to make bread, thus use

Passover

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of them was prohibited to avoid any confusion. Such additional items are referred to as “kitniyos.” We may not eat chametz during Passover; We may not even own it or derive benefit from it. All chametz, including utensils used to cook it must either be disposed of or sold to a non-Jew.

The process of cleaning the home of all chametz in preparation for Passover is an enormous task. After the cleaning is completed, the morning before the seder, a formal search of the house for chametz is undertaken, and remaining chametz is burned.

The grain product eaten during Passover is matzah unleavened bread, made from flour and water and cooked very quickly. This is the bread that the Jews made for their flight from Egypt.

The day before Passover is the fast of the firstborn, a minor fast for all firstborn males, commemorating the fact that the firstborn Jewish males in Egypt were not killed during the final plague.

On the first night of Passover (first two nights for traditional Jews outside Israel), we have a very special family meal filled with ritual to remind us of the significance of the holiday. This meal is called a seder, from a Hebrew root word meaning “order.”

Passover lasts for seven days (eight days outside of Israel). The first and last days of the holiday (first two and last two outside of Israel) are days on which no work is permitted. Work is permitted on the intermediate days. These intermediate days on which work is permitted are referred to as Chol Ha-Mo’ed, as are the intermediate days of Sukkot.

Village residents enjoy visiting with Sharon and Otter the seeing eye puppy.



Singer Rosalind Grant and her accompanist provided soulful music in honor of Black History Month.



Residents create beautiful projects during the Floral Design Workshop.





Manager's Corner



Have lunch with us!
Village Lunch Club Program - 12:00 pm
Only \$95.00 a month!

Join our Lunch Program and enjoy three delicious and nutritious kosher meals per week. (Monday, Wednesday and Friday).



Sign up. Eat. Enjoy!





Exciting News!
Village Renovations

PHASE I: 12 New Apartments, New Lounge Area and Stair Tower Addition

Updates are listed on the main bulletin board.

UPCOMING EVENTS



- Passover Seder
- Lunch Club
- Poetry Workshop
- Floral Design Workshop
- Otter the Seeing Eye Puppy
- Knitting
- Current Events
- Town Council
- Congregate Lunch Program
- Exercise with Tami
- Religious Service
- Livingston Library: Life & Music of George Gershwin
- Tinton Falls
- Rt 10 Shopping & Farmer's Market
- Newark Museum
- Fall Prevention & Blood Pressure Screening
- Stephen Fuller Entertainment
- Tenant Meeting
- Senior TV Movies
- Bridge

Please check your calendar for all event dates and times.

Happy April Birthday



17 th	B. Ruth Soffen
21 st	Coty Blank
22 nd	Marie Frederic
27 th	Stella Locker
30 th	Joe Posner

A new program is scheduled
to take place at
Village Apartments

Breathing & Meditation with Preeti

**Starting Friday, April 7th
9:00 a.m.
Dining Room**

All are invited to attend!

Village Apartments Activities Survey

Dear Village Residents:

We would like to hear from you. Please complete the attached survey and return to the Concierge Desk at your earliest convenience.

Please let us know the trips that you are interested in attending:

Please let us know the in-house movies that you are interested in seeing:

Please let us know if there are special programs/events that you would like to see take place at Village Apartments:

Thank you for your participation in this survey.

APRIL 2017 VILLAGE Calendar is subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cheryl will be on vacation April 24th-27th						1
2 1:30 MOVIE 7:00 MOVIE	3 10:30 Livingston & Short Hills Malls 12:00 LUNCH CLUB 2:00 Exercise with Tami	4 9:15 Exercise 10:00 Shoprite 12:00 Congregate Lunch 1:00 Bridge 2:30 Floral Design Workshop 5:30 Poetry Workshop 7:00 Movie	5 10:30 Trader Joe's Millburn 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 5:30 Otter the Seeing Eye Puppy	6 9:15 EXERCISE 10:30 Walmart & Rt 22 Shopping 12:00 Congregate Lunch 5:00 Meet & Greet SO Candidates 7:00 BINGO	7 9:00 Breathing & Mediation with Preeti 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	8
9 1:30 MOVIE 7:00 MOVIE	10 Office Closes 1:00 p.m. 10:00 Stop & Shop 12:00 LUNCH CLUB 5:00 Passover Services	11 Passover Day 1 Office Closed	12 Passover Day 2 Office Closed 12:00 LUNCH CLUB	13 Passover Day 3 9:15 EXERCISE 10:30 Tinton Falls 12:00 Congregate Lunch 2:00 Exercise with Tami 7:00 BINGO	14 Passover Day 4 9:00 Breathing & Mediation with Preeti 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	15 Passover Day 5
16 Passover Day 6 1:30 MOVIE 7:00 MOVIE	17 Passover Day 7 Office Closed	18 Passover Day 8 Office Closed	19 10:00 Shoprite 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB	20 9:15 EXERCISE 10:30 12:00 Congregate Lunch 2:00 Exercise with Tami 5:00 Meet & Greet SO Candidates 7:00 BINGO	21 9:00 Breathing & Mediation with Preeti 11:15 Livingston Library Annette Sanders "The Life & Music of George Gershwin" 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	22 Earth Day 8:00 Senior TV Movie
23 1:30 MOVIE 7:00 MOVIE 8:00 Senior TV Movie	24 Yom HaShoah 10:30 Rt 10 Shopping & Farmers Market 12:00 LUNCH CLUB 2:00 Exercise with Tami	25 9:15 Exercise 10:00 Stop & Shop 12:00 Congregate Lunch 1:00 Bridge 5:30 Stephen Fuller Entertainment 7:00 Movie	26 10:30 Essex Green & Kmart 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB	27 9:15 EXERCISE 10:30 Newark Museum 12:00 Congregate Lunch 1:30 SHIP/SNAP PROGRAM 2:30 Fall Prevention & Blood Pressure Screening 5:00 TENANT MEETING	28 9:00 Breathing & Mediation with Preeti 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	29
30 1:30 MOVIE 7:00 MOVIE						