

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2017



## February Facts

- Birthstone- Amethyst
- Flower- Primrose
- Black History Month
- 2- Ground Hogs Day
- 8- Boy Scouts of American began (1910)
- 3rd Monday- President's Day
- 20- John Glenn orbits the earth (1962)
- 21- Nixon is 1st US President to visit China (1972)

1  
 10:00 Exercise (MH)  
 11:00 Skit Reading in the Weston Library  
 11:00 JETS- JCC  
 1:30 Lester Life Long Learning: Chaim Lauer (MH)  
 3:00 Our Favorite Tunes with Cass Gilbert (MH)  
 7:00 Movie (T)

2 **Ground Hog's Day**  
 10:00 Yoga (MH)  
 11:00 Crosswords (MW)  
 1:30 Lester Life Long Learning: (MH)  
 1:30 Getting To Know You (MW)  
 3:00 Zumba Gold (MH)  
 4:00 Piano Playing with Enid in the Heller Lobby  
 7:00 Bingo (MH)  
 7:00 Movie (T)



3 **Wear Red Day**  
 10:00 Morning Java: News & Schmooze (MW)  
 10:30-12:00 ABTP: Memoir Writing/Revolving Doors with Paul (MH)  
 11:00 Shabbat Simcha (MW)  
 11:00 **NEW:** Balance & Mindfulness with Tami (MH)  
 1:30 Sing along with Roberta (MW)  
 2:30 Pet Therapy (MW)  
 4:00 Music and Dancing in The Weston Living Room  
 7:15 Shabbat Services (C) Candle Lighting.  
 5:00PM



4  
 9:30 Shabbat Services (C)  
 1:30 Trivial Pursuits (MW)  
 2:00 Shabbat Study Group (MH)  
 6:01 Havdalah Service (C)  
 7:00 Movie (T)

Havdalah: 6:01PM



5  
**Movie and Dinner Departure Time to TBA**  
 10:00 Lite Listening in the Weston living Room  
 1:30 Bingo (MH)  
 2:45 Encore Movie Matinee (T)  
 7:00 Super Bowl Party (T)



6  
 10:00 Exercise (MH)  
 11:00 Word Games  
 1:30—2:30 **SPECIAL** ABTP: Tu B'Shvat House Plant Clinic with Megan (MW)  
 3:30 Lester Life Long Learning: Chaim Lauer (MH)  
 7:00 Movie (T)

7  
 10:00 Yoga (MH)  
 11:00 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 2-3pm Kushner Academy (MW)  
 3:15 Discussion with Dolly (MH)  
 7:00 Movie (T)  
 7:00 Cultural Arts Series with Shirley Saland: Les Ballets- "Trockerero" (MH)

8  
 9:00 Blood Pressure Screening (CR)  
 10:00 Exercise (MH)  
 11:00 Cooking Club: Baked Apples (MW)  
 11:00 Tech Tuesdays with Keisha in the Computer Room  
 11:00 JETS- JCC  
 1:30 Lester Life Long Learning: Chaim Lauer (MH)  
 3:00 Tea with The Administrator (MH)  
 7:00 Movie (T)

9  
 10:00 Yoga (MH)  
 11:00 ABTP: Crafty Creations with Jean (MW)  
 1:30 Lester Life Long Learning: (MH)  
 7:00 Bingo (MH)  
 7:00 Movie (T)

10  
 10:00 Morning Java: News & Schmooze (MH)  
 11:00 Shabbat Simcha (MW)  
 1:30 What Does it Mean to Be Jewish with Thelma Borodkin (MH)  
 3:00 ABTP: Talking Art with Paul: The 10 Most Beautiful Places on Earth (T)  
 7:15 Shabbat Services (C)









Candle Lighting : 5:09PM



11 **Tu B'Shvat**  
 9:30 Shabbat Services Followed by Life Cycle Kiddush (C)  
 1:30 Trivial Pursuits (MW)  
 2:00 Shabbat Study Group (MH)  
 6:10 Havdalah Service (C)  
 7:00 Movie (T)

Havdalah: 6:10PM



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>12</p> <p>10:00 Music and Games with Chabad of Randolph (MW)</p> <p>1:30 Bingo (MH)</p> <p>2:45 Encore Movie Matinee (T)</p> <p>7:00 Music with Tom Alfs (MH)</p>	<p>13</p> <p>10:00 Exercise (MH)</p> <p>11:00 ABTP: Singing and Song Writing with Alice (MW)</p> <p>1:15 Brain Games with Sharon Rogavin (MW)</p> <p>2:00 ABTP: Men's Club with Paul</p> <p>2:00 "Friends &amp; Neighbors" Social Event in the Heller Living Room</p> <p>3:30 Learning: Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p> <p>7:00 Heller Tenant's Association Meeting (MH)</p>	<p>14</p> <p><b>Luncheon Club and Lecture Trip</b></p> <p>10:00 Yoga (MH)</p> <p>11:00 Tuesday Trivia with Jeff (MW)</p> <p>11:30 Bus Departs for Trip</p> <p>1:30 Bingo (MH)</p> <p>1:00 Encore Movie Matinee: Sully (T)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Movie (T)</p> 	<p>15</p> <p>10:00 Exercise (MH)</p> <p>11:00 Baking Club: Blueberry Muffins (MW)</p> <p>11:00 JETS- JCC</p> <p>1:30 Lester Life Long Learning: Chaim Lauer (MH)</p> <p>3:00 Entertainment with Van Martin (MH)</p> <p>7:00 Movie (T)</p>	<p>16</p> <p>10:00 Yoga (MH)</p> <p>11:00 Crosswords (MW)</p> <p>1:30 Lester Life Long Learning: (MH)</p> <p>1:30 Guided Imagery (T)</p> <p>3:00 Zumba Gold (MH)</p> <p>3:00 Short Story Book Club with Randy Shapiro (CR)</p> <p>4:00 Piano Playing with Enid in the Heller Lobby</p> <p>6:30 "1950s Social and Featured Film: Tender Trap (T)</p> <p>7:00 Bingo (MH)</p> 	<p>17 <b>NJ Symphony Orchestra Trip at Livingston Library</b></p> <p>10:00 Morning Java: News &amp; Schmooze (MW)</p> <p>10:30-12:00 ABTP: Memoir Writing/Revolving Doors with Paul (MH)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>11:00 <b>NEW:</b> Balance &amp; Mindfulness with Tami (MH)</p> <p>11:30 Bus Departs for Trip</p> <p>2:00 Judith Ebricht: Surrealism (T)</p> <p>3:00 ABTP: "Let's Talk" with Paul (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting :  5:17PM</p>	<p>18</p> <p>9:30 Shabbat Services (C)</p> <p>1:30 Trivial Pursuits (MW)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>6:18 Havdalah Service (C)</p> <p>7:00 Movie (T)</p> <p>Havdalah: 6:18PM</p> 	
<p>19 <b>Movie and Dinner Trip Departure Time to TBA</b></p> <p>10:00 Game Central (MW)</p> <p>1:30 Bingo (MH)</p> <p>3:00 Steve Minzer and The Jazz Band (MH)</p> <p>7:00 Movie (T)</p>	<p>20 <b>President's Day</b></p> <p>10:00 Exercise (MH)</p> <p>11:00 Fun with Sammy and Friends (MW)</p> <p>1:30 ABTP: Floral Arts with Megan (MH)</p> <p>3:00 Winter Songs with Marian (MW)</p> <p>7:00 Movie: Lincoln (T)</p> 	<p>21</p> <p>10:00 Yoga (MH)</p> <p>11:00 Tuesday Trivia (MW)</p> <p>12:00 Weston Special Brunch: "Breakfast at Tiffany's"</p> <p>1:30 Bingo (MH)</p> <p>2:00 ABTP: Men's Club with Paul (T)</p> <p>3:00 Weston Resident Council-Meeting (MW)</p> <p>7:00 Movie (T)</p> <p>7:00 Cultural Arts Series with Shirley Saland: Latin American Night-Daniel Barenboim Conducting (MH)</p>	<p>22</p> <p>9:00 Blood Pressure Screening (CR)</p> <p>10:00 Exercise (MH)</p> <p>11:00 JETS- JCC</p> <p>11:00 You be The Judge (MW)</p> <p>11:00 Tech Tuesdays with Keisha in the Computer Room</p> <p>1:30 Lester Life Long Learning: Chaim Lauer (MH)</p> <p>3:00 Birthday Bash with Hal Brewster (MH)</p> <p>7:00 Movie (T)</p> 	<p>23</p> <p>10:00 Yoga (MH)</p> <p>11:00 <b>NEW</b> ABTP: Fine Art with Jean (CR)</p> <p>11:00 "Rhythm and You" in the Weston Living Room</p> <p>1:30 Lester Life Long Learning: (MH)</p> <p>3:00 Beading Fun (MW)</p> <p>3:00 Food Meeting (MH)</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie (T)</p>	<p>24</p> <p>10:00 Morning Java: News &amp; Schmooze (MW)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>1:30 Virtual Tour of New York City with Adam Sternglass (T)</p> <p>2:30 Pet Therapy (MW)</p> <p>3:15 Dynamics with Dolly (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting :  5:25PM</p>	<p>25</p> <p>9:30 Shabbat Services Followed by Life Cycle Kiddush (C)</p> <p>1:30 Trivial Pursuits (MW)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>6:27 Havdalah Service (C)</p> <p>7:00 Movie (T)</p> <p>Havdalah: 6:27PM</p> 	
<p>26</p> <p><b>Hanover Wind Symphony Trip</b></p> <p>10:00 Games Tournament (MW)</p> <p>1:30 Bus Departs for Symphony</p> <p>1:30 Bingo (MH)</p> <p>3:00 Louis Sabini Performance (MH)</p> <p>7:00 Movie (T)</p>	<p>27 <b>Jubilee Choir Trip—JCC West Orange</b></p> <p>10:00 Exercise (MH)</p> <p>11:00 Word Games (MW)</p> <p>12:00 Bus Departs for West Orange</p> <p>1:30 Joys of Yiddish with Naomi (MH)</p> <p>3:30 Lester Life Long Learning: Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p> <p>7:00 Sip and Paint with Beth Howell (MH)</p>	<p>28</p> <p>10:00 Yoga (MH)</p> <p>11:00 Tuesday Trivia (MW)</p> <p>1:30 Bingo (MH)</p> <p>1:30 Comedy Hour (T)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Movie (T)</p>	<p><b>REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller &amp; Weston)</b></p> <p><b>THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.</b></p>			<p><b>LEGEND:</b></p> <p>Chapel (C)                      Theater (T)</p> <p>Fitness Center (F)            Weston Game Room (WG)</p> <p>Heller Card Room (CR)        Weston Lobby/Living Room (LW)</p> <p>Heller Lobby (LH)              Weston Multi-Purpose Room (MW)</p> <p>Heller Multi-Purpose Room (MH)</p>	