

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2017



1
 10:30 Shake Loose a Memory (MW)
 1:30 Bingo (MH)
 2:45 Encore Movie Matinee (T)
 7:00 Movie (T)



2
 10:00 Exercise (MH)
 11:00 Word Games (MW)
 1:30 ABTP: Floral Arts with Megan (MH)
 3:30 Skit Reading in the Weston Library
 7:00 Movie (T)

3
 10:00 Yoga (MH)
 11:00 Tuesday Trivia with Jeff (MW)
 1:30 Bingo (MH)
 3:15 Discussion with Dolly (MH)
 7:00 Movie (T)
 7:00 Cultural Arts Series with Shirley Saland: "The Chopin Dance Project" (MH)


4
 10:00 Blood Pressure Screening (CR)
 10:00 Exercise (MH)
 10:30 Duplicate Bridge with Masha (CR)
 11:00 Baking Club (MW)
 11:00 JETS- JCC
 1:30 You be The Judge (MW)
 3:00 Jazz with Stefan Fuller (MH)
 7:00 Movie (T)

5
 10:00 Yoga (MH)
 11:00 NEW ABTP: Crafty Creations with Jean (CR)
 1:30 Lester Life Long Learning: Moshe Rudin (MH)
 3:00 Zumba Gold (MH)
 4:00 Piano Playing with Enid in the Heller Lobby
 7:00 Bingo (MH)
 7:00 Movie (T)




6
 10:00 Musical Memories with Coleen (MW)
 10:30-12:00 ABTP: Memoir Writing with Paul (CR)
 11:00 Shabbat Simcha (MW)
 2:30 Pet Therapy (MW)
 3:00 Special Feature: "Sunday in the Park with George" (T)
 4:00 You Be The Judge (MW)
 7:15 Shabbat Services (C)

Candle Lighting : 4:28PM



7
 9:30 Shabbat Services (C)
 1:30 Trivial Pursuits (MW)
 2:00 Shabbat Study Group (MH)
 5:29 Havdalah Service (C)
 7:00 Movie (T)

Havdalah: 5:29PM




8 **Movie and Dinner Trip**
 Departure TBA

8
 10:00 Game Central (MW)
 1:30 Bingo (MH)
 3:30 Entertainment with the Silvertones (MH)
 7:00 Movie (T)

9
 10:00 Exercise (MH)
 11:00 ABTP: Singing and Song Writing with Alice (MW)
 2:00 ABTP: Men's Club with Paul (T)
 3:30 Lester Life Long Learning: Chaim Lauer (MH)
 7:00 Movie (T)
 7:00 Heller Tenant's Association Meeting (MH)

10 **Luncheon Club and Lecture Trip**

10:00 Yoga (MH)
 11:00 Tuesday Trivia (MW)
 11:30 Bus Departs for Trip
 1:30 Bingo (MH)
 3:15 Discussion with Dolly (MH)
 7:00 Movie (T)




11
 9:00 Blood Pressure Screening (CR)
 10:00 Exercise (MH)
 11:00 Baking Club (MW)
 11:00 JETS- JCC
 1:30 Lester Life Long Learning: Chaim Lauer (MH)
 3:00 Cocktail Hour with Music in Motion (MH)
 7:00 Movie (T)

12
 10:00 Yoga (MH)
 11:00 Crosswords (MW)
 1:30 Lester Life Long Learning: Moshe Rudin (MH)
 3:00 "t Is No Dream": The Life of Theodor Herzl (T)
 7:00 Bingo (MH)
 7:00 Purely Piano with Paul Cellar in the Heller Lobby

13
 10:00 Morning Java: News & Schmooze (MH)
 11:00 Shabbat Simcha (MW)
 3:00 ABTP: Talking Art with Paul: The Growing Jewish Community of Montreal (T)
 7:15 Shabbat Services (C)










Candle Lighting : 4:35PM



14
 9:30 Shabbat Services Followed by Life Cycle Kiddush (C)
 1:30 Trivial Pursuits (MW)
 2:00 Shabbat Study Group (MH)
 536 Havdalah Service (C)
 7:00 Movie (T)

Havdalah: 5:36PM



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday											
<p>15</p> <p>10-11am Miztvah Clown Visit</p> <p>1:30 Bingo (MH)</p> <p>3:30 Entertainment with Dennis Kobay (MH)</p> <p>7:00 Movie (T)</p>	<p>16 MLK Day</p> <p>10:00 Exercise (MH)</p> <p>11:00 Word Games (MW)</p> <p>1:30 ABTP: Floral Arts with Megan (MH)</p> <p>3:30 Chicken Soup For The Soul (MW)</p> <p>7:00 Movie (T)</p> 	<p>17</p> <p>10:00 Yoga (MH)</p> <p>11:00 Tuesday Trivia with Jeff (MW)</p> <p>1:30 Bingo (MH)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Movie (T)</p> <p>7:00 Cultural Arts Series with Shirley Saland: "In the Footsteps of Tchaikovsky" (MH)</p>	<p>18</p> <p>10:00 Blood Pressure Screening (CR)</p> <p>10:00 Exercise (MH)</p> <p>11:00 Baking Club (MW)</p> <p>11:00 JETS- JCC</p> <p>1:30 Lester Life Long Learning: Chaim Lauer (MH)</p> <p>3:00 Tea With The Administrator (MH)</p> <p>7:00 Movie (T)</p>	<p>19 Morris Museum Trip</p> <p>10:00 Yoga (MH)</p> <p>11:00 Crosswords (MW)</p> <p>1:30 Lester Life Long Learning: Matt Axelrod (MH)</p> <p>3:00 Zumba Gold (MH)</p> <p>4:00 Piano Playing with Enid in the Heller Lobby</p> <p>6:00 Bus Departs for Museum</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie (T)</p> 	<p>20</p> <p>10:00 Morning Java: News & Schmooze (MW)</p> <p>10:30-12:00 ABTP: Memoir Writing with Paul (CR)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>2:00 Judith Ebright: "Pointillism" (T)</p> <p>3:00 ABTP: "Let's Talk" with Paul (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting : 4:43PM</p> 	<p>21</p> <p>9:30 Shabbat Services (C)</p> <p>1:30 Trivial Pursuits (MW)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>5:44 Havdalah Service (C)</p> <p>7:00 Movie (T)</p> <p>Havdalah: 5:44PM</p> 											
<p>22 Movie and Dinner Trip Departure TBA</p> <p>10:00 Game Central (MW)</p> <p>1:30 Bingo (MH)</p> <p>2:45 Encore Movie Matinee (T)</p> <p>7:00 Movie (T)</p>	<p>23 9-12pm American Hearing Center (CR)</p> <p>10:00 Exercise (MH)</p> <p>11:00 Word Games (MW)</p> <p>2:00 ABTP: Men's Club with Paul (T)</p> <p>3:30 Lester Life Long Learning: Chaim Lauer</p> <p>7:00 Movie (T)</p> <p>7:00 Lester's "Sip and Paint" (MH)</p> 	<p>24</p> <p>10:00 Yoga (MH)</p> <p>11:00 Tuesday Trivia (MW)</p> <p>1:30 Bingo (MH)</p> <p>3:00 Weston Residents Council Meeting (MW)</p> <p>7:00 Movie (T)</p>	<p>25</p> <p>9:00 Exercise (MH)</p> <p>11:00 JETS- JCC</p> <p>11:00 Cooking Club (MW)</p> <p>1:30 Lester Life Long Learning: Chaim Lauer (MH)</p> <p>3:00 Birthday Bash with Estere (MH)</p> <p>7:00 Movie (T)</p> 	<p>26</p> <p>10:00 Yoga (MH)</p> <p>11:00 NEW ABTP: Fine Art with Jean (CR)</p> <p>11:00 "Rhythm & You" in the Weston Living Room</p> <p>1:30 Lester Life Long Learning: Matt Axelrod (MH)</p> <p>3:00 Laughter and Health with Karen Frank (MH)</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie (T)</p>	<p>27</p> <p>10:00 Morning Java: News & Schmooze (MW)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>1:30 The Joys of Yiddish with Naomi (MH)</p> <p>2:30 Pet Therapy (MW)</p> <p>3:15 Dynamics with Dolly (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting : 4:51PM</p> 	<p>28</p> <p>9:30 Shabbat Services Followed by Life Cycle Kiddush (C)</p> <p>1:30 Trivial Pursuits (MW)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>5:53 Havdalah Service (C)</p> <p>7:00 Movie (T)</p> <p>Havdalah: 5:53PM</p> 											
<p>29</p> <p>10:00 Brain Teasers (MW)</p> <p>11:00 Morristown Jewish Center Beit Yisrael (MW)</p> <p>1:30 Bingo (MH)</p> <p>2:45 Encore Movie Matinee (T)</p> <p>7:00 Movie (T)</p>	<p>30</p> <p>10:00 Exercise (MH)</p> <p>11:00 Word Games (MW)</p> <p>3:30 Lester Life Long Learning: Chaim Lauer</p> <p>7:00 Movie (T)</p>	<p>31</p> <p>10:00 Yoga (MH)</p> <p>11:00 Tuesday Trivia (MW)</p> <p>1:30 Bingo (MH)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Movie (T)</p> 	<p>REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)</p> <p>THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.</p>			<p>LEGEND:</p> <table border="0"> <tr> <td>Chapel (C)</td> <td>Theater (T)</td> </tr> <tr> <td>Fitness Center (F)</td> <td>Weston Game Room (WG)</td> </tr> <tr> <td>Heller Card Room (CR)</td> <td>Weston Lobby/Living Room (LW)</td> </tr> <tr> <td>Heller Lobby (LH)</td> <td>Weston Multi-Purpose Room (MW)</td> </tr> <tr> <td>Heller Multi-Purpose Room (MH)</td> <td></td> </tr> </table>		Chapel (C)	Theater (T)	Fitness Center (F)	Weston Game Room (WG)	Heller Card Room (CR)	Weston Lobby/Living Room (LW)	Heller Lobby (LH)	Weston Multi-Purpose Room (MW)	Heller Multi-Purpose Room (MH)	
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