

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2017



1
 10:30 Shake Loose a Memory (MW)
 1:30 Bingo (MH)
 2:45 Encore Movie Matinee (T)
 7:00 Movie (T)



2
 10:00 Exercise (MH)
 11:00 Word Games (MW)
 1:30 ABTP: Floral Arts with Megan (MH)
 3:30 Skit Reading in the Weston Library
 7:00 Movie (T)

3
 10:00 Yoga (MH)
 11:00 Tuesday Trivia with Jeff (MW)
 1:30 Bingo (MH)
 3:15 Discussion with Dolly (MH)
 7:00 Movie (T)
 7:00 Cultural Arts Series with Shirley Saland: "The Chopin Dance Project" (MH)

4
 10:00 Blood Pressure Screening (CR)
 10:00 Exercise (MH)
 10:30 Duplicate Bridge with Masha (CR)
 11:00 Baking Club (MW)
 11:00 JETS- JCC
 1:30 You be The Judge (MW)
 3:00 Jazz with Stefan Fuller (MH)
 7:00 Movie (T)

5
 10:00 Yoga (MH)
 11:00 NEW ABTP: Crafty Creations with Jean (CR)
 1:30 Lester Life Long Learning: Moshe Rudin (MH)
 3:00 Zumba Gold (MH)
 4:00 Piano Playing with Enid in the Heller Lobby
 7:00 Bingo (MH)
 7:00 Movie (T)



6
 10:00 Musical Memories with Coleen (MW)
 10:30-12:00 ABTP: Memoir Writing with Paul (CR)
 11:00 Shabbat Simcha (MW)
 2:30 Pet Therapy (MW)
 3:00 Special Feature: "Sunday in the Park with George" (T)
 4:00 You Be The Judge (MW)
 7:15 Shabbat Services (C)

Candle Lighting : 4:28PM



7
 9:30 Shabbat Services (C)
 1:30 Trivial Pursuits (MW)
 2:00 Shabbat Study Group (MH)
 5:29 Havdalah Service (C)
 7:00 Movie (T)

Havdalah: 5:29PM



8 **Movie and Dinner Trip**
Departure TBA

8
 10:00 Game Central (MW)
 1:30 Bingo (MH)
 3:30 Entertainment with the Silvertones (MH)
 7:00 Movie (T)

9
 10:00 Exercise (MH)
 11:00 ABTP: Singing and Song Writing with Alice (MW)
 2:00 ABTP: Men's Club with Paul (T)
 3:30 Lester Life Long Learning: Chaim Lauer (MH)
 7:00 Movie (T)
 7:00 Heller Tenant's Association Meeting (MH)

10 **Luncheon Club and Lecture Trip**
 10:00 Yoga (MH)
 11:00 Tuesday Trivia (MW)
 11:30 Bus Departs for Trip
 1:30 Bingo (MH)
 3:15 Discussion with Dolly (MH)
 7:00 Movie (T)



11
 9:00 Blood Pressure Screening (CR)
 10:00 Exercise (MH)
 11:00 Baking Club (MW)
 11:00 JETS- JCC
 1:30 Lester Life Long Learning: Chaim Lauer (MH)
 3:00 Cocktail Hour with Music in Motion (MH)
 7:00 Movie (T)

12
 10:00 Yoga (MH)
 11:00 Crosswords (MW)
 1:30 Lester Life Long Learning: Moshe Rudin (MH)
 3:00 "t Is No Dream": The Life of Theodor Herzl (T)
 7:00 Bingo (MH)
 7:00 Purely Piano with Paul Cellar in the Heller Lobby

13
 10:00 Morning Java: News & Schmooze (MH)
 11:00 Shabbat Simcha (MW)
 3:00 ABTP: Talking Art with Paul: The Growing Jewish Community of Montreal (T)
 7:15 Shabbat Services (C)










Candle Lighting : 4:35PM



14
 9:30 Shabbat Services Followed by Life Cycle Kiddush (C)
 1:30 Trivial Pursuits (MW)
 2:00 Shabbat Study Group (MH)
 536 Havdalah Service (C)
 7:00 Movie (T)

Havdalah: 5:36PM



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<p>15 10-11am Miztvah Clown Visit 1:30 Bingo (MH) 3:30 Entertainment with Dennis Kobay (MH) 7:00 Movie (T)</p>	<p>16 MLK Day 10:00 Exercise (MH) 11:00 Word Games (MW) 1:30 ABTP: Floral Arts with Megan (MH) 3:30 Chicken Soup For The Soul (MW) 7:00 Movie (T)</p> 	<p>17 10:00 Yoga (MH) 11:00 Tuesday Trivia with Jeff (MW) 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 7:00 Movie (T) 7:00 Cultural Arts Series with Shirley Saland: "In the Footsteps of Tchaikovsky" (MH)</p>	<p>18 10:00 Blood Pressure Screening (CR) 10:00 Exercise (MH) 11:00 Baking Club (MW) 11:00 JETS- JCC 1:30 Lester Life Long Learning: Chaim Lauer (MH) 3:00 Tea With The Administrator (MH) 7:00 Movie (T)</p>	<p>19 Morris Museum Trip 10:00 Yoga (MH) 11:00 Crosswords (MW) 1:30 Lester Life Long Learning: Matt Axelrod (MH) 3:00 Zumba Gold (MH) 4:00 Piano Playing with Enid in the Heller Lobby 6:00 Bus Departs for Museum 7:00 Bingo (MH) 7:00 Movie (T)</p> 	<p>20 10:00 Morning Java: News & Schmooze (MW) 10:30-12:00 ABTP: Memoir Writing with Paul (CR) 11:00 Shabbat Simcha (MW) 2:00 Judith Ebright: "Pointillism" (T) 3:00 ABTP: "Let's Talk" with Paul (MH) 7:15 Shabbat Services (C)</p> <p>Candle Lighting : 4:43PM</p> 	<p>21 9:30 Shabbat Services (C) 1:30 Trivial Pursuits (MW) 2:00 Shabbat Study Group (MH) 5:44 Havdalah Service (C) 7:00 Movie (T)</p> <p>Havdalah: 5:44PM</p> 			
<p>22 Movie and Dinner Trip Departure TBA</p> <p>10:00 Game Central (MW) 1:30 Bingo (MH) 2:45 Encore Movie Matinee (T) 7:00 Movie (T)</p>	<p>23 9-12pm American Hearing Center (CR) 10:00 Exercise (MH) 11:00 Word Games (MW) 2:00 ABTP: Men's Club with Paul (T) 3:30 Lester Life Long Learning: Chaim Lauer 7:00 Movie (T) 7:00 Lester's "Sip and Paint" (MH)</p> 	<p>24 10:00 Yoga (MH) 11:00 Tuesday Trivia (MW) 1:30 Bingo (MH) 3:00 Weston Residents Council Meeting (MW) 7:00 Movie (T)</p>	<p>25 9:00 Exercise (MH) 11:00 JETS- JCC 11:00 Cooking Club (MW) 1:30 Lester Life Long Learning: Chaim Lauer (MH) 3:00 Birthday Bash with Estere (MH) 7:00 Movie (T)</p> 	<p>26 10:00 Yoga (MH) 11:00 NEW ABTP: Fine Art with Jean (CR) 11:00 "Rhythm & You" in the Weston Living Room 1:30 Lester Life Long Learning: Matt Axelrod (MH) 3:00 Laughter and Health with Karen Frank (MH) 7:00 Bingo (MH) 7:00 Movie (T)</p>	<p>27 10:00 Morning Java: News & Schmooze (MW) 11:00 Shabbat Simcha (MW) 1:30 The Joys of Yiddish with Naomi (MH) 2:30 Pet Therapy (MW) 3:15 Dynamics with Dolly (MH) 7:15 Shabbat Services (C)</p> <p>Candle Lighting : 4:51PM</p> 	<p>28 9:30 Shabbat Services Followed by Life Cycle Kiddush (C) 1:30 Trivial Pursuits (MW) 2:00 Shabbat Study Group (MH) 5:53 Havdalah Service (C) 7:00 Movie (T)</p> <p>Havdalah: 5:53PM</p> 			
<p>29 10:00 Brain Teasers (MW) 11:00 Morristown Jewish Center Beit Yisrael (MW) 1:30 Bingo (MH) 2:45 Encore Movie Matinee (T) 7:00 Movie (T)</p>	<p>30 10:00 Exercise (MH) 11:00 Word Games (MW) 3:30 Lester Life Long Learning: Chaim Lauer 7:00 Movie (T)</p>	<p>31 10:00 Yoga (MH) 11:00 Tuesday Trivia (MW) 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 7:00 Movie (T)</p> 	<p>REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)</p> <p>THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.</p>			<p>LEGEND:</p> <table border="0"> <tr> <td style="vertical-align: top;"> <p>Chapel (C) Fitness Center (F) Heller Card Room (CR) Heller Lobby (LH) Heller Multi-Purpose Room (MH)</p> </td> <td style="vertical-align: top;"> <p>Theater (T) Weston Game Room (WG) Weston Lobby/Living Room (LW) Weston Multi-Purpose Room (MW)</p> </td> </tr> </table>		<p>Chapel (C) Fitness Center (F) Heller Card Room (CR) Heller Lobby (LH) Heller Multi-Purpose Room (MH)</p>	<p>Theater (T) Weston Game Room (WG) Weston Lobby/Living Room (LW) Weston Multi-Purpose Room (MW)</p>
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