

# Village Press

The Newsletter for Village Apartments



## Celebrating January

**Hot Tea Month**

**International  
Brain Teaser Month**

**Self-Love Month**

**New Year's Day**  
*January 1*

**Hanukkah Day 8**  
*January 1*

**Hunt for Happiness Week**  
*January 15–21*

**Martin Luther King Jr. Day  
(U.S.)**  
*January 16*

**Chinese New Year**  
*January 28*

**Bubble Wrap  
Appreciation Day**  
*January 30*

## An Explosive New Year

The new year is celebrated all around the world, and its arrival is most often heralded with fireworks. Why are fireworks associated with ringing in the new year all over the globe? It turns out they are part of a larger story and much more than just a loud and raucous display of joy and revelry. This story begins with their invention in China.

China is very proud of its Four Great Inventions: the compass, papermaking, printing, and gunpowder. Like so many important inventions, gunpowder was discovered by accident. In the ninth century, Chinese alchemists searching for the elixir of immortality instead discovered the formula for gunpowder. It was, of course, eventually adapted for use in warfare, but other uses were discovered more immediately, such as in the development of flares and eventually fireworks.

While the emperor may have been treated to elaborate and spectacular fireworks shows, fireworks were not all fun and games. They served another important purpose: when fireworks exploded at the beginning of each new year, they were believed to frighten away evil spirits, banish bad luck, and bring good fortune. From these superstitious beginnings, fireworks have become a mainstay of new year traditions around the world.

There may be no better time to watch a fireworks display than on the Chinese New Year, which falls on January 28. Beijing and Hong Kong often vie for the most amazing displays, which may mean—if ancient superstitions are true—that these two cities will enjoy the greatest luck. In the Chinese zodiac, 2017 is the Year of the Rooster, an animal that, thanks to its relentless crowing, is considered adept at shooing away evil spirits. It is also the year of Fire, so be on the lookout for greater, more elaborate, and more powerful fireworks displays.



## Manager's Corner



**Start the New Year off right and have lunch with us!  
Village Lunch Club Program - 12:00 pm**

Join our new Lunch Program and enjoy three delicious and nutritious Kosher meals per week. Every Monday, Wednesday and Friday for a low cost of only \$95.00 per month.



**Sign up. Eat. Enjoy!**



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**2017**

**HAPPY★NEW★YEAR**

**Wishing you a new year filled with joy,  
peace, good health and happiness!**

## Upcoming Events



- David Segarnik plays Classical & Spanish Guitar
- Religious Services
- Knitting Club
- Art with Anna
- Otter the Seeing Eye Puppy visit
- Poetry Workshop
- Trivia
- Hirschhorn: Norman Rockwell with Judy Ebright
- Dime Poker Game
- Exercise with Tami
- Lunch Club
- Senior TV Movies
- Bridge
- Floral Design Workshop

See calendar for dates and times of all events.



## Happy January Birthday



**January 4<sup>th</sup>**  
**Mildred Budin**

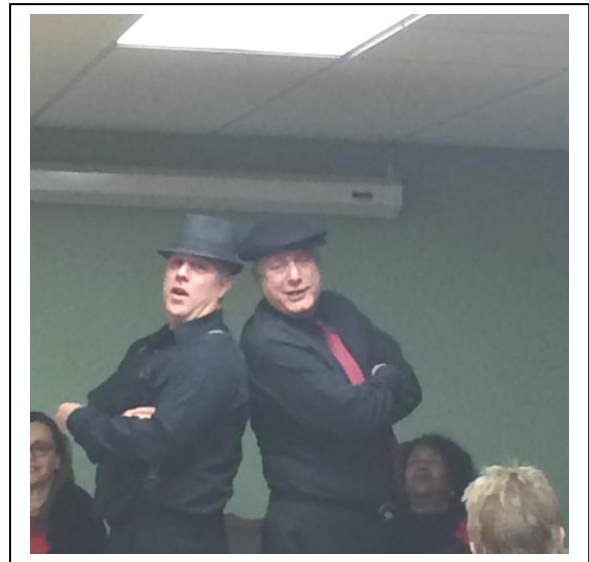
Kid's Cookie's n' Concerts featuring Beth-el Hebrew School.



## THE STROLLER'S PERFORM FOR JCHC RESIDENTS

A fitting holiday gift from the Strollers Community Theatre founded grateful seniors flocking to the Jewish Federation Plaza in West Orange. Seniors from B'nai B'rith Federation House and Village Apartments in South Orange, NJ, as well as many from Jewish Federation Plaza, filled every seat in their recreation room.

For all the seniors who enjoyed this treat by the Strollers, we say Thank You! It was a bright spot that lit up our holidays.



## Immigration Station



Three large ships waited in New York harbor on January 1, 1892, for the official opening of the Ellis Island Immigration Station. On that first day, hundreds of immigrants entered America. The very first person to be processed was 17-year-old Annie Moore, from Cork, Ireland. It is estimated that between 1900 and 1914 (the peak years of the station's operation), up to 11,000 people passed through Ellis Island every day. It has been estimated that 40 percent of all Americans can trace their lineage back to Ellis Island. For this reason, Ellis Island was made a National Park in 1965 and designated an Immigration Museum in 1990. Today, visitors to the island are invited to search a database to discover whether their ancestors were part of the great surge of immigrants passing through the center's halls between 1892 and 1924. The list of famous names who passed through Ellis Island is astounding; it includes composer Irving Berlin, bodybuilder Charles Atlas, Hollywood starlet Claudette Colbert, psychologist Sigmund Freud, and silent movie star Charlie Chaplin.

## Isn't That Peculiar?

January 10, Peculiar People Day, is the time to appreciate the weirdness that often comes with genius. Ben Franklin, American founding father and inventor, would give himself an "air bath" each morning, standing in front of an open window in his birthday suit. Less known, but no less peculiar, is Dr. Yoshiro Nakamatsu, inventor of the floppy disk in 1952. He developed most of his greatest ideas while underwater, depriving the brain of oxygen, when he believed the greatest inspiration would strike. Just before nearly drowning, he would write his idea on waterproof paper. Inventor Thomas Edison interviewed assistants by making them eat a bowl of soup in front of him. Those caught salting the soup before tasting it were dismissed, as Edison believed they started out with too many assumptions and were unfit for inventing. The next time you do something peculiar, remind yourself and everyone around you that it is a habit born of your great genius.

# JANUARY 2017 VILLAGE Calendar is subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>Hanukkah, 8th Day</b>  <b>New Year's Day</b>	<b>2</b> <b>Office &amp; Dining Room Closed</b>	<b>3</b> 9:15 Exercise 10:00 Shopping 12:00 Congregate Lunch 1:00 Bridge 2:30 Floral Design Workshop 5:30 David Segarnik Spanish Guitar 7:00 Movie	<b>4</b> 10:30 Essex Green & Kmart 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB	<b>5</b> 9:15 EXERCISE 10:30 Trader Joe's Florham Park 12:00 Congregate Lunch 7:00 BINGO	<b>6</b> 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	<b>7</b>
<b>8</b> 1:30 MOVIE 7:00 MOVIE	<b>9</b> 10:00 Food Shopping 12:00 LUNCH CLUB  Exercise Cancelled Today	<b>10</b> 9:15 Exercise 10:30 Rt 10 Shopping & Farmers Market 12:00 Congregate Lunch 1:00 Bridge 5:30 Poetry Workshop 7:00 Movie	<b>11</b> 11:15 Montclair Art Museum 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 5:30 Otter the Seeing Eye Puppy	<b>12</b> 9:15 EXERCISE 10:30 IHOP & Menlo Park Mall 12:00 Congregate Lunch 7:00 BINGO	<b>13</b> 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	<b>14</b>
<b>15</b> 1:30 MOVIE 7:00 MOVIE	<b>16</b> Martin Luther King Office & Dining Room Closed	<b>17</b> 9:15 Exercise 10:00 Shopping 12:00 Congregate Lunch 1:00 Bridge 5:30 Trivia 7:00 Movie	<b>18</b> 10:30 Walmart in Kearny 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB	<b>19</b> 9:15 EXERCISE 10:45 Red Lobster Rt 46 12:00 Congregate Lunch 7:00 BINGO	<b>20</b> Inauguration Day 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	<b>21</b> 8:00 Senior TV Movie
<b>22</b> 1:30 MOVIE 7:00 MOVIE 8:00 Senior TV Movie	<b>23</b> 10:30 Rt 22 Shopping, Christmas Tree Shop 12:00 LUNCH CLUB 2:00 Exercise with Tami	<b>24</b> 9:15 Exercise 10:00 Shopping 12:00 Congregate Lunch 1:00 Bridge 5:30 Dime Poker Game 7:00 Movie	<b>25</b> 10:30 Kean Art Gallery 12:00 LUNCH CLUB 2:00 CURRENT EVENTS 4:00 KNITTING CLUB	<b>26</b> 9:15 EXERCISE 10:30 Paramus Park 12:00 Congregate Lunch 7:00 TENANT MEETING	<b>27</b> 12:00 LUNCH CLUB 1:30 RELIGIOUS SERVICE	<b>28</b>
<b>29</b> 1:30 MOVIE 7:00 MOVIE	<b>30</b> 10:30 Willowbrook Mall 12:00 LUNCH CLUB 2:00 Exercise with Tami	<b>31</b> 9:15 Exercise 10:00 Shopping 12:00 Congregate Lunch 1:00 Bridge 5:30 Hirschhorn: Norman Rockwell by Judy Ebright 7:00 Movie				