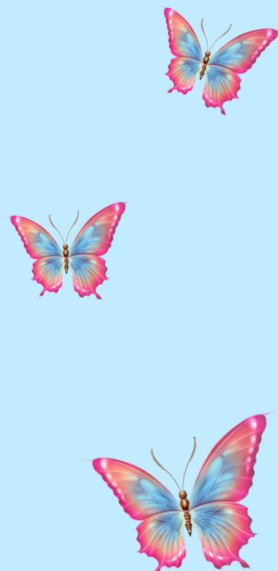








# August 2016

	<p><b>1</b></p> <p>10:00 Exercise (MH)            11:00 Word Games (MW)            1:30 ABTP: Floral Arts with Megan (MH)            3:00 Getting to Know You on the Heller Patio            7:00 Movie (T)</p>	<p><b>2</b></p> <p>10:00 Yoga (MH)            11:00 Tuesday Trivia with Jeff (MW)            1:30 Bingo (MH)            3:15 Discussion with Dolly (MH)            7:00 Movie (T)</p> 	<p><b>3</b> <b>Play in the Park Outing</b></p> <p>10:00 Blood Pressure Screening (CR)            10:00 Exercise (MH)            11:00 Crosswords (MW)            11:00 Heller's New Tenant Group (Heller Dining Room)            1:30 ABTP: Fine Arts with Cesar (CR)  <b>3:00 Museum of Early Trades &amp; Crafts: "What's in A Name" (MH)</b>  <b>5:30 Bus departs to Play in Roosevelt Park: South Pacific</b>            7:00 Movie (T)</p>	<p><b>4</b></p> <p>10:00 Yoga (MH)            11:00 Trivia (MW)            1:30 Bingo (MH)            3:00 Zumba Gold (MH)            7:00 Movie (T)</p>	<p><b>5</b></p> <p>10:00 Morning Java: News &amp; Schmooze (MW)            10:30-12:00 ABTP: Memoir Writing with Paul (MH)            11:00 Shabbat Simcha (MW)            1:30 ABTP: Talking Art with Paul: "The First Jewish Settlement in America" (T)            3:00 A Woman Called Golda: The Life of Golda Meir (T)            7:15 Shabbat Services (C)</p> <p>Candle Lighting : 7:49pm</p> 	<p><b>6</b></p> <p>9:30 Shabbat Services (C)            1:30 Trivial Pursuits (MW)            2:00 Torah Study Class (MH)            7:00 Movie (T)            8:56 Havdalah Service (C)</p> <p>Havdalah: 8:56PM</p> 
<p><b>7</b></p> <p>10:00 Morning Stretch &amp; Walking Club            1:30 Bingo (MH)            2:45 Encore Movie Matinee (T)            7:00 Movie (T)  <b>7:00 Entertainment: Gerrard &amp; Diane</b></p>	<p><b>8</b></p> <p>10:00 Exercise (MH)            11:00 Word Games (MW)            1:30 ABTP: Song Writing (MW)            2:00 ABTP: Men's Club with Paul (T)  <b>3:30 Entertainment: Mark Levy (MH)</b>            7:00 Heller Tenants Association Meeting (MH)            7:00 Movie (T)</p>	<p><b>9</b></p> <p>10:00 Yoga (MH)            11:00 Tuesday Trivia (MW)            1:30 Bingo (MH)            3:15 Short Story Book Club with Randy Shapiro (CR)            7:00 Cultural Arts Series with Shirley Saland: Klimt - The Post Impressionist (MH)            7:00 Movie (T)</p>	<p><b>10</b></p> <p>9:00 Blood Pressure Screening (CR)            10:00 Exercise (MH)            11:00 Crosswords (MW)            1:30 ABTP: Drink &amp; Draw (CW)            3:00 For Opera Lovers Only: The Metropolitan Opera - Giuseppe Verdi's "Ernani" (T)            7:00 Movie (T)</p>	<p><b>11</b></p> <p>10:00 Yoga (MH)            11:00 ABTP: Card Making (MW)            1:30 Bingo (MH)  <b>3:00 Special Presentation: Rabbi Shalom Hammer - "9AV From Destruction to Reconstruction" (MH)</b>            4:00 Piano Playing with Enid in the Heller Lobby  <b>5:30 Bus departs for Summer Concerts</b>            7:00 Movie (T)</p> 	<p><b>12</b></p> <p>10:00 Morning Java: News &amp; Schmooze (MW)            11:00 Shabbat Simcha (MW)            1:30 Facts and Fun (MW)            3:00 Dynamics with Dolly (MH)            7:15 Shabbat Services (C)</p> <p>Candle Lighting : 7:40PM</p> 	<p><b>13</b> <b>Erev Tish'a B'Av</b></p> <p>9:30 Shabbat Services Followed by Life Cycle Kiddush (C)            1:30 Chicken Soup for the Soul (MW)            2:00 Shabbat Study Group (MH)            7:00 Movie (T)            8:47 Havdalah Service (C)</p> <p>Havdalah: 8:47PM</p> 


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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14 **Tish'a B'Av**

10:00 Morning Stretch and Walking Club: (MW)  
 1:30 Bingo (MH)  
 2:45 Encore Movie Matinee (T)  
 7:00 Movie (T)

15 **9-12 American Hearing Center (CR)**


10:00 Exercise (MH)  
 11:00 Word Games (MW)  
 1:30 ABTP: Floral Arts with Megan (CR)  
 3:00 Tea With Your Administrator (MH)  
 7:00 Movie (T)




16

10:00 Yoga (MH)  
 10:30 Tuesday Trivia with Jeff (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Cultural Arts Series with Shirley Saland: "Celine" (MH)  
 7:00 Movie (T)

17



10:00 Blood Pressure Screening (CR)  
 10:00 Exercise (MH)  
 11:00 JETS- JCC  
 11:00 Crosswords (MW)  
 1:30 Brainteasers (MW)  
 3:00 **Caribbean Delight with Soular Rhythm... on the Heller Patio**  
 7:00 Movie (T)




18

10:00 Yoga (MH)  
 11:00 Crosswords (MW)  
 1:30 Bingo (MH)  
 3:00 Travelogue: Wild Australia (T)  
 7:00 Bingo (MH)  
 7:00 Movie (T)


19

10:00 Morning Java: News & Schmooze (MW)  
 10:30-12:00 ABTP: Memoir Writing with Paul (MH)  
 11:00 Shabbat Simcha (MW)  
 2:00 Judy Ebricht: Summer Scenes (T)  
 3:00 ABTP: "Let's Talk" with Paul (MH)  
 7:15 Shabbat Services (C)

Candle Lighting : 7:30PM 

20

9:30 Shabbat Services (C)  
 1:30 Trivial Pursuits (MW)  
 2:00 Shabbat Study Group (MH)  
 7:00 Movie (T)  
 Havdalah Services (C)

Havdalah 8:37PM 

21 **Movie & Dinner Trip**

10:00 Morning Stretch and Walking Club: (MW)  
**1:00 Approximate Departure to Movie**  
 1:30 Bingo (MH)  
 2:45 Encore Movie Matinee (T)  
**7:00 Entertainment: Van Martin (MH)**

22


10:00 Exercise (MH)  
 10:30 Word Games (MW)  
 1:30 ABTP: Song Writing (MW)  
 2:00 ABTP: Men's Club with Paul (T)  
**3:30 Ask Nurse Jane (MH)**  
 7:00 Movie (T)

23

10:00 Yoga (MH)  
 10:30 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Movie (T)

24

9:00 Blood Pressure Screening (CR)  
 10:00 Exercise (MH)  
 11:00 Crosswords (MW)  
 1:30 "See Something Say Something" and "Fire Evacuation Protocol" with Terrance (MH)  
 1:30 ABTP: Fine Arts with Cesar (MW)  
**3:00 Entertainment: Rio Clemente (MH)**  
 7:00 Movie (T)




25

10:00 Yoga (MH)  
 11:00 ABTP: Card Making (MW)  
 11:00 Rhythm and You with David in the (LW)  
 1:30 Bingo (MH)  
 3:00 Weston Residents Council Meeting (MW)  
 4:00 Piano Playing with Enid in the Heller Lobby  
**6:30 Family Council Meeting (MH)**  
 7:00 Bingo (MH)  
 7:00 Movie (T)


26

10:00 Morning Java: News & Schmooze (MW)  
 11:00 Shabbat Simcha (MW)  
 1:30 Sing Along with Roberta (MW)  
 3:00 Music and Dancing (LW)  
 7:15 Shabbat Services (C)

Candle Lighting : 7:20PM 

27

9:30 Shabbat Services Followed by Life Cycle Kiddush (C)  
 1:30 Chicken Soup for the Soul (MW)  
 2:00 Shabbat Study Group (MH)  
 7:00 Movie (T)  
 8:26 Havdalah Service (C)


Havdalah 8:26PM 

28

10:00 Morning Stretch and Walking Club: (MW)  
 1:30 Bingo (MH)  
 2:45 Encore Movie Matinee (T)  
 7:00 Movie (T)

29

10:00 Exercise (MH)  
 11:00 Word Games (MW)  
 1:30 Ice Cream & Trivia... on the Heller Patio  
 3:00 Food Meeting (MH)  
 7:00 Movie (T)



30 **Lake Side Dinner Trip**

10:00 Yoga (MH)  
 10:30 Tuesday Trivia with Jeff (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
**5:30 Bus leaves to South Mountain Reservation**  
 7:00 Movie (T)

31

10:00 Blood Pressure Screening (CR)  
 10:00 Exercise (MH)  
 11:00 Crosswords (MW)  
 1:30 The Joys of Yiddish with Naomi (MH)  
**3:00 Birthday Bash with Jimmy Sabini (MH)**  
 7:00 Movie (T)



**LEGEND:**

<p><b>Chapel (C)</b>  <b>Fitness Center (F)</b>  <b>Heller Card Room (CR)</b>  <b>Heller Lobby (LH)</b>  <b>Heller Multi-Purpose Room (MH)</b></p>	<p><b>Theater (T)</b>  <b>Weston Game Room (WG)</b>  <b>Weston Lobby/Living Room (LW)</b>  <b>Weston Multi-Purpose Room (MW)</b></p>
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**REMINDER:**

ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)

THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE *LESTER LIFE CHANNEL* (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.