

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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1
 10:00 Morning Java: News & Schmooze (MW)
 10:30-12:00 ABTP: Memoir Writing with Paul (MH)
 11:00 Shabbat Simcha (MW)
 1:30 ABTP: Talking Art with Paul: "Tel Aviv, The First 100 Years" (T)
 3:00 Travelogue: Greece: Secrets of the Past (T)
 7:15 Shabbat Services (C)


Candle Lighting : 
 8:14 PM

2
 9:30 Shabbat Services followed by Life Cycle Kiddush (C)
 1:30 Stories & Snack (MW)
 2:00 Torah Study Class (MH)
 7:00 Movie (T)
 9:21 Havdalah Service (C)

Havdalah: 
 9:21 PM

3
 10:00 Morning Stretch & Walking Club (MW)
 1:30 Bingo (CR)
 2:45 Encore Movie Matinee (T)
 7:00 Russ Martone Performs (MH)

4 **Independence Day!**
 10:00 Exercise (MH)
 11:00 Word Games (MW)
 1:30 ABTP: Floral Arts with Megan (CR)
 3:15 "Patriotic Music with David Aaron" (MH)
 7:00 Movie (T)




5
 10:00 Yoga (MH)
 11:00 Tuesday Trivia (MW)
 1:30 Bingo (MH)
 3:15 Discussion with Dolly (MH)
 7:00 Movie (T)

6
 9:00 Blood Pressure Screening (CR)
 10:00 Exercise (MH)
 10:30 **NEW:** Bridge with Masha (CR)
 11:00 Crosswords (MW)
 11:00 JETS-JCC
 1:30 ABTP: Fine Arts with Cesar (CR)
 1:30 Duplicate Bridge (T)
 3:00 "Salute to America" with Doris & Elliott Weiss (MH)
 7:00 Movie (T)

7
 10:00 Yoga (MH)
 11:00 Word Games (MW)
 1:30 Bingo (MH)
 3:00 Zumba Gold (MH)
 7:00 Movie (T)

8
 10:00 Morning Java: News & Schmooze (MW)
 11:00 Shabbat Simcha (MW)
 1:30 Musical Memories with Coleen (MW)
 3:00 **Barbra Streisand Show with Carla DeVillaggio(MH)**
 7:15 Shabbat Services (C)

Candle Lighting : 
 8:12 PM

9
 9:30 Shabbat Services (C)
 1:30 Trivia (MW)
 2:00 Torah Study Class (MH)
 7:00 Movie (T)
 9:19 Havdalah Service (C)

Havdalah: 
 9:19 PM

10 **Movie & Dinner Outing**
 10:00 Morning Stretch & Walking Club (MW)
 1:00 **Approximate Departure to Movie**
 1:30 Bingo (MH)
 2:45 Encore Movie Matinee (T)
 7:00 Movie (T)


11
 10:00 Exercise (MH)
 11:00 Word Games (MW)
 1:30 ABTP: Songs & Songwriting with Alice (MW)
 2:00 ABTP: Men's Club with Paul (T)
 3:00 Administrator's Tea (MH)
 7:00 Heller Tenants Association Meeting (MH)
 7:00 Movie (T)

12
 10:00 Yoga (MH)
 11:00 Tuesday Trivia with Jeff (MW)
 1:30 **Shiru Na Choir (MH)**
 3:15 Discussion with Dolly (MH)
 7:00 Cultural Arts Series with Shirley Saland: "The Frisco Kid" (Adventures of a Kosher Cowboy) (MH)
 7:00 Movie (T)

13
 10:00 Blood Pressure Screening (CR)
 10:00 Exercise (MH)
 10:30 **NEW:** Bridge with Masha (CR)
 11:00 Crosswords (MW)
 11:00 JETS-JCC
 1:30 ABTP: Drink & Draw (CR)
 3:00 **Mario DeCunha Performs (MH)**
 7:00 Movie (T)

14
 10:00 Yoga (MH)
 11:00 Rhythm & You with David in the Weston Living Room
 11:00 **NEW:** ABTP: Card Making (MW)
 1:30 Bingo (MH)
 3:00 "Eating a Brain Healthy Diet"-VNA Presentation (MH)
 7:00 Movie (T)

15
 10:00 Morning Java: News & Schmooze (MW)
 10:30-12:00 ABTP: Memoir Writing with Paul (MH)
 11:00 Shabbat Simcha (MW)
 2:00 Judy Ebright: "Currier & Ives" (T)
 3:00 ABTP: "Let's Talk" with Paul (MH)
 7:15 Shabbat Services (C)

Candle Lighting : 
 8:08PM

16
 9:30 Shabbat Services followed by Life Cycle Kiddush Services (C)
 1:30 Stories & Snack (MW)
 2:00 Torah Study Class (MH)
 7:00 Movie (T)
 9:15 Havdalah Service (C)

Havdalah: 
 9:15 PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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17

10:00 Morning Stretch & Walking Club (MW)

1:30 Bingo (MH)

2:45 Encore Movie Matinee (T)

7:00 Flute Ensemble (MH)

18

**9 AM-12 NOON–
American Hearing
Center (CR)**

10:00 Exercise (MH)

11:00 Word Games (MW)

1:30 ABTP: Floral Arts with Megan (MH)

3:00 Chaim Lauer Presents (MH)

7:00 Movie (T)

19

10:00 Yoga (MH)

11:00 Laughter Yoga in the Weston Living Room

1:30 Bingo (MH)

3:15 Short Story Book Club with Randy Shapiro (CR)

7:00 Movie (T)

20

10:00 Exercise (MH)

10:30 **NEW:** Bridge with Masha (CR)

9:00 Blood Pressure Screening (CR)

11:00 Crosswords (MW)

11:00 JETS-JCC

1:30 Duplicate Bridge (T)

1:30 You Be The Judge (MW)

3:00 Josie Mescallado, Soprano Performance (MH)

7:00 Movie (T)

21

10:00 Yoga (MH)

11:00 **NEW:** ABTP: Card Making (MW)

1:30 Bingo (MH)

3:00 Zumba Gold (MH)

7:00 Movie (T)

22


10:00 Morning Java: News & Schmooze (MW)

11:00 Shabbat Simcha (MW)

1:30 Sing along with Roberta (MW)

3:00 Dynamics with Dolly (MH)

7:15 Shabbat Services (C)

Candle Lighting :
8:03 PM 

23

9:30 Shabbat Services (C)

1:30 Trivia (MW)

2:00 Shabbat Study Group (MH)

7:00 Movie (T)

9:10 Havdalah Service (C)

Havdalah
9:10 PM 

24 **Movie & Dinner Outing**

10:00 Morning Stretch & Walking Club (MW)

1:00 **Approximate Departure to Movie**

1:30 Bingo (MH)

2:45 Encore Movie Matinee (T)

7:00 Movie (T)

25

10:00 Exercise (MH)

11:00 Word Games (MW)

1:30 ABTP: Songs & Songwriting with Alice (MW)

2:00 ABTP: Men's Club (T)

3:00 **Presentation by Rochelle Levin of Whippanong Library: "Why Libraries? Activities, Resources & More!" Handouts & Prizes (MH)**

7:00 Movie (T)

26

10:00 Yoga (MH)

10:30 Tuesday Trivia with Jeff (MW)

1:30 Bingo (MH)

3:15 Discussion with Dolly (MH)

7:00 Cultural Arts Series with Shirley Saland: "That's Dancing" (MH)

7:00 Movie (T)

27 **Play in the Park Outing**

10:00 Exercise (MH)

11:00 Crosswords (MW)

1:30 ABTP: Fine Arts with Cesar (CR)

3:00 **Birthday Bash with Muzzi (MH)**

5:30 **Bus departs to Play in Roosevelt Park: "South Pacific"**

7:00 Movie (T)



28

10:00 Yoga (MH)

11:00 Rhythm & You with David in the Weston Living room

1:30 **For Opera Lovers Only: "Bernstein: Wonderful Town" (T)**

1:30 Bingo (MH)

3:00 Weston Residents Council Meeting (MW)

4:00 **Piano Playing with Enid in the Heller Lobby**

7:00 Movie (T)

29


10:00 Morning Java: News & Schmooze (MW)

11:00 Shabbat Simcha (MW)

1:30 The Joys of Yiddish with Naomi (MH)

3:00 Music and Dancing in the Weston Living Room

7:15 Shabbat Services (C)

Candle Lighting :
7:56 PM 

30

9:30 Shabbat Services followed by Life Cycle Kiddush (C)

1:30 Trivia (MW)

2:00 Shabbat Study Group (MH)

7:00 Movie (T)

9:03 Havdalah Service (C)

Havdalah
9:03 PM 

31

10:00 Morning Stretch & Walking Club (MW)

1:30 Bingo (MH)

2:45 Encore Movie Matinee (T)

7:00 Movie (T)

**REMINDER: ALL ACTIVITIES
ARE OPEN TO ALL
RESIDENTS OF LESTER
(Heller & Weston)**

**THIS CALENDAR IS SUBJECT
TO CHANGES. PLEASE
CHECK THE *LESTER LIFE
CHANNEL* (Senior TV Ch. 6) and
the DAILY SIGNS FOR ANY
CHANGES**

LEGEND:

Chapel (C)
Fitness Center (F)
Heller Card Room (CR)
Heller Multipurpose room (MH)
ABTP: Arts By The People

Theater (T)
Weston Game Room (WG)
Weston Lobby/Living Room (LW)
Weston Multi-Purpose Room (MW)