



April 2016



REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)

THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (Senior TV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES

PLEASE NOTE THE NEW TIME OF 10 AM FOR EXERCISE WITH CINDY ON MON. & WED. MORNINGS

LEGEND:

Chapel (C)
 Fitness Center (F)
 Heller Card Room (CR)
 Heller Multipurpose room (MH)
 ABTP: Arts By The People

Theater (T)
 Weston Game Room (WG)
 Weston Lobby/Living Room (LW)
 Weston Multi-Purpose Room (MW)

1
 9:30 Morning Java: News & Schmooze (MW)
 10:30-12:00 ABTP: Memoir Writing with Paul (MH)
 11:00 Shabbat Simcha (MW)
 1:30 Musical Memories with Coleen (MW)
 3:00 Music & Dancing in the Weston Living Room
 7:15 Shabbat Services (C)

Candle Lighting :
 7:03 PM



2
 9:30 Shabbat Services followed by Life Cycle Kiddush (C)
 1:30 Trivia (MW)
 2:00 Torah Study Class (MH)
 7:00 Movie (T)
 8:12 Havdalah Service (C)

Havdalah:
 8:12 PM



3 NJ Film Festival Outing

10:00 Morning Stretch (MW)
 1:30 Bingo (MH)
 2:00 Bus departs to the NJ Film Festival, featuring "Dough" at the W. Orange JCC
 2:45 Encore Movie Matinee (T)
 7:00 Movie (T)

4

10:00 Exercise (MH)
 11:00 Word Games (MW)
 1:30 ABTP: Floral Arts with Megan (MH)
 3:30 Lester Life Long Learning with Chaim Lauer (MH)
 7:00 Movie (T)

5

10:00 Yoga (MH)
 11:00 Silk Flowers with Camille (MW)
 1:30 Bingo (MH)
 3:15 Discussion with Dolly (MH)
 7:00 Cultural Arts Series with Shirley Saland: Komediant (A Bitter-Sweet Saga) (MH)
 7:00 Movie (T)

6 NJ Film Festival Outing

9:00 Blood Pressure Screening (CR)
 10:00 Exercise (MH)
 11:00 "Muscle Tension Yoga" in the Weston Living Room
 11:00 JETS-JCC
 11:45 Departure to the NJ Film Festival, featuring "Theodore Bikel: In the Shoes of Sholom Aleichem"
 1:30 ABTP: Fine Arts with Cesar (CR)
 3:00 Joan Streit, Piano & Song (MH)
 7:00 Lester Life Long Learning with Chaim Lauer (MH)
 7:00 Movie (T)

7

10:00 Yoga (MH)
 11:00 NEW: Wearable Art with Emily (MW)
 11:00 Computer Help with Andrew in the Computer Lab
 1:30 Lester Life Long Learning with Rabbi Moshe Rudin (MH)
 3:00 Zumba Gold (MH)
 4:00 Piano Playing with Enid in the Heller Living Room
 7:00 Bingo (MH)
 7:00 Movie (T)

8

9:30 Morning Java: News & Schmooze (MW)
 11:00 Shabbat Simcha (MW)
 1:30 ABTP: *Through The Lens Of My Camera: The Great Animals of South Africa* (T)
 3:00 Bennett Muraskin Presents: The Origins and Meaning of Ashkenazic Last Names (MH)
 7:15 Shabbat Services (C)

Candle Lighting :
 7:11 PM



9

9:30 Shabbat Services (C)
 1:30 Stories & Snack (MW)
 2:00 Torah Study Class (MH)
 7:00 Movie (T)
 8:20 Havdalah Service (C)

Havdalah:
 8:20 PM



Sunday **Monday** **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday**


10
 10:00 Morning Stretch (MW)
 1:30 Bingo (MH)
 3:30 **Mario De Cunha Lively Performance (MH)**
 7:00 Movie (T)


11
 10:00 Exercise (MH)
 11:00 Word Games (MW)
 1:30 ABTP: Songs & Song-writing with Alice (MW)
 2:00 ABTP: Men's Club (T)
 3:15 **VNA of Somerset Hills Presents: "How To Talk To Your Doctor" (MH)**
 7:00 Heller Tenants Association Meeting (MH)
 7:00 Movie (T)

12
 10:00 Yoga (MH)
 10:30 Tuesday Trivia with Jeff (MW)
 1:30 Bingo (MH)
 3:15 Discussion with Dolly (MH)
 7:00 Movie (T)

13
 10:00 Exercise (MH)
 10:00 Blood Pressure Screening (CR)
 11:00 Crosswords (MW)
 11:00 JETS-JCC
 3:00 Biography: Mark Twain's America (T)
 7:00 Lester Life Long Learning with Chaim Lauer (MH)
 7:00 Movie (T)

14
 10:00 Yoga (MH)
 11:00 **NEW: Wearable Art with Emily (MW)**
 1:30 Lester Life Long Learning: with Rabbi Moshe Rudin (MH)
 3:00 Presentation with Susan: Baltic Amber: "Gold of the North" (MH) Bring your own amber treasures to share
 7:00 Bingo (MH)
 7:00 Movie (T)

15
 9:30 Morning Java: News & Schmooze (MW)
 10:30-12:00 ABTP: Memoir Writing with Paul (MH)
 11:00 Shabbat Simcha (MW)
 1:30 Dynamics with Dolly (MH)
 3:00 ABTP: "Let's Talk" with Paul (MH)
 7:15 Shabbat Services (C)
 Candle Lighting : 7:18 PM 

16
 9:30 Shabbat Services followed by Life Cycle Kiddush (C)
 1:30 Trivia (MW)
 2:00 Shabbat Study Group (MH)
 7:00 Movie (T)
 8:27 Havdalah Service (C)
 Havdalah 8:27 PM 

17 **Movie & Dinner Outing**
 10:00 Morning Stretch (MW)
 1:00 **Approximate Departure to Movie**
 12:50– 2:20 J-Serve Programs: Scrapbooking (MH) Passover Cooking: Charoset (MW)
 2:45 Encore Movie Matinee (T)
 7:00 Movie (T)

18
 10:00 Exercise (MH)
 11:00 Word Games (MW)
 1:30 ABTP: Floral Arts with Megan (MH)
 *3:00 Lester Life Long Learning with Chaim Lauer (MH) *Please Note The Earlier Time
 7:00 Discussion with Dolly (MH)
 7:00 Movie (T)

19
 10:00 Yoga (MH)
 10:30 Tuesday Trivia (MW)
 1:30 Bingo (MH)
 3:00 **Kushner Academy Visit: Passover Program (MH)**
 7:00 Cultural Arts Series with Shirley Saland: Nomade (Amazing Circus) (MH)
 7:00 Movie (T)

20 **Metro West Senior Adult Passover Seder (JCC, Whippany)**
 9:00 Blood Pressure Screening (CR)
 10:00 Exercise (MH)
 11:00 Crosswords (MW)
 10:30 **Bus Departure to Passover Seder- JCC, Whippany**
 1:30 ABTP: Drink & Draw (CR) (CR)
 3:00 **Birthday Bash with Russ Martone (MH)**
 7:00 Lester Life Long Learning with Chaim Lauer (MH)
 7:00 Movie (T)


21 9 AM-12 NOON– American Hearing Center (CR)
Outing to Cherry Blossom Festival
 10:00 Yoga (MH)
 1:00 **Departure to Festival Outing**
 1:30 For "Opera Lovers Only": Stravinsky's Oedipus Rex (T)
 3:00 Zumba Gold (MH)
 7:00 Bingo (MH)
 7:00 Movie (T)


22 **FIRST SEDER TONIGHT**
 9:30 Morning Java: News & Schmooze (MW)
 11:00 Shabbat Simcha (MW)
 1:30 Sing Along with Roberta (MW)
 2:00 Judy Ebricht: More Renoir (MH)
 7:15 Shabbat/Passover Services (C)
 7:45 Seder


 Candle Lighting : 7:26 PM 


23 **SECOND SEDER TONIGHT 1st Day of Passover**
 9:15 Shabbat/Passover Services (C)
 1:30 Stories & Snack (MW)
 2:00 Torah Study Class (MH)
 7:15 Synagogue Services (C)
 7:45 Seder for Pre-Registered Participants

 Candle Lighting : After 8:31 PM 

24 **2nd Day of Passover** 
 9:15 Synagogue Services (C)
 1:30 Trivia (MW)
 2:00 Torah Study Class (MH)
 8:31 Havdalah (C)
 Havdalah 8:31 PM 

25 **3rd Day of Passover** 
 10:00 Exercise (MH)
 11:00 Word Games (MW)
 1:30 ABTP: Songs & Song-writing with Alice (MW)
 2:00 ABTP: Men's Club (T)
 3:00 "A Taste Of Passover" (MH)
 7:00 Movie (T)

26 **4th Day of Passover** 
 10:00 Yoga (MH)
 10:30 Tuesday Trivia with Jeff (MW)
 1:30 Bingo (MH)
 3:15 Discussion with Dolly (MH)
 7:00 Movie (T)

27 **5th Day of Passover** 
 10:00 Exercise (MH)
 11:00 Crosswords (MW)
 1:15 Brain Games with Sharon Rogovin (MH)
 1:30 ABTP: Fine Arts with Cesar (CR)
 3:00 **Passover Concert with Doris & Elliott Weiss (MH)**
 7:00 Movie (T)

28 **6th Day of Passover** 
 10:00 Yoga (MH)
 11:00 Rhythm & You in the Weston Living Room
 1:30 Word Games (MW)
 3:00 Weston Residents Council Meeting (MW)
 4:00 **Piano Playing in the Heller Living Room with Enid**
 7:15 Synagogue Passover Services (C)
 Candle Lighting : 7:32 PM 

29 **7th Day of Passover** 
 9:15 Synagogue Services (C)
 1:30 Jewish Trivia (MW)
 2:00 Torah Study Class (MH)
 7:15 Shabbat Services (C)
 Candle Lighting : 7:33 PM 

30 **8th Day of Passover** 
 9:15 Synagogue Services (C)
 10:45 Yizkor (approximate time)
 1:30 Stories & Snacks (MW)
 2:00 Torah Study Class (MH)
 7:00 Movie (T)
 8:38 Havdalah
 Havdalah 8:38 PM 