



# March 2016



**REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (Senior TV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES**

**1**

10:00 Yoga (MH)  
 10:30 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Movie (T)

**2**


9:30 Exercise (MH)  
 10:00 Blood Pressure Screening (CR)  
 11:00 Laughter Yoga in the Weston Living Room  
 11:00 JETS-JCC  
 1:30 ABTP: Fine Arts with Cesar (CR)  
 7:00 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)

**3**

10:00 Yoga (MH)  
 10:45 Word Games (MW)  
 1:30 Lester Life Long Learning with Cantor Janet Roth (MH)  
 3:00 Zumba Gold (MH)  
 7:00 Bingo (MH)  
 7:00 Movie (T)


**4**

9:30 Morning Java: News & Schmooze (MW)  
 10:30-12:00 ABTP: Memoir Writing with Paul (MH)  
 11:00 Shabbat Simcha (MW)  
 1:30 Musical Memories with Coleen (MW)  
 3:00 Records and Dancing in the Weston Living Room  
 7:15 Shabbat Services (C)

Candle Lighting : 5:33 PM 


**5**

9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 1:30 Trivia (MW)  
 2:00 Torah Study Class (MH)  
 6:42 Havdalah Service (C)  
 7:00 Movie (T)

Havdalah: 6:42 PM 

**6 Movie & Dinner Trip**

10:00 Morning Stretch (MW)  
**1:00 Approximate Departure to Movie**  
 1:30 Bingo (MH)  
 3:30 ABTP: Reflections: Readings From The Newest book of Memoir Writing Group (MH)  
 7:00 Movie (T)



**7**

9:30 Exercise (CR) (please note room change)  
 10:30 Kushner Academy Visit (MH)  
 1:30 ABTP: Floral Arts with Megan (MH)  
 3:30 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)

**8**

10:00 Yoga (MH)  
 10:30 Tuesday Trivia with Jeff (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Cultural Arts Series: "Divas Live" (MH)  
 7:00 Movie (T)

**9**


9:00 Blood Pressure Screening (CR)  
 9:30 Exercise (MH)  
 10:30 Jewelry Making with Donna Drew (CR)  
 10:45 Crosswords (MW)  
 11:00 JETS-JCC  
 1:30 ABTP: Drink & Draw (CR)  
**3:00 Ronni Aiello Performs (MH)**  
 7:00 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)

**10**

10:00 Yoga (MH)  
 10:45 Word Games (MW)  
 11:00 Computer Help with Andrew in the Computer Lab  
 1:30 Lester Life Long Learning with Cantor Janet Roth (MH)  
 3:00 (MH)  
**4:00 NEW: Piano Playing with Enid in the Heller Living Room**  
 7:00 Bingo (MH)  
 7:00 Movie (T)

**11**

9:30 Morning Java: News & Schmooze (MW)  
 11:00 Shabbat Simcha (MW)  
 1:30 ABTP: Talkin' Art with Paul: "Cape Town, South Africa,: The Most Beautiful City on Earth" (T)  
 3:00 Records and Dancing in the Weston Living Room  
 7:15 Shabbat Services (C)

Candle Lighting : 5:41 PM 

**12 SET CLOCKS AHEAD TONIGHT!**

9:30 Shabbat Services (C)  
 1:30 Stories & Snack (MW)  
 2:00 Torah Study Class (MH)  
 6:50 Havdalah Service (C)  
 7:00 Movie (T)




Havdalah: 6:50 PM 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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13 **Daylight Savings Time Begins**

10:00 Morning Stretch (MW)  
 1:30 Bingo (MH)  
 3:30 **Chris Phipany And Her High Energy Show of Singing & Dancing (MH)**  
 7:00 Movie (T)



14

9:30 Exercise (MH)  
 10:45 Word Games (MW)  
 1:30 ABTP: Songs & Song-writing with Alice (MW)  
 2:00 ABTP: Men's Club (T)  
 3:30 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Heller Tenants Association Meeting (MH)  
 7:00 Movie (T)

15

10:00 Yoga (MH)  
 10:30 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 1:30 Baking Hamentashen (MW)  
 3:15 Discussion with Dolly (MH)  
 7:00 Movie (T)

16


9:30 Exercise (MH)  
 10:00 Blood Pressure Screening (CR)  
 10:45 Crosswords (MW)  
 11:00 JETS-JCC  
 1:15 Brain Games with Sharon Rogovin (MH)  
 1:30 For "Opera Lovers Only": Cavalleria Rusticana (T)  
 3:00 **NEW: Musical Interlude with Josie (MH)**  
 7:00 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)

17

10:00 Yoga (MH)  
 11:00 Rhythm & You in the Weston Living Room  
 1:30 Lester Life Long Learning: with Rabbi Steve Bayar (MH)  
 3:00 Zumba Gold (MH)  
 7:00 Bingo (MH)  
 7:00 Movie (T)

18

9:30 Morning Java: News & Schmooze (MW)  
 10:30-12:00 ABTP: Memoir Writing with Paul (MH)  
 11:00 Shabbat Simcha (MW)  
 2:00 Judy Ebricht: Renoir (T)  
 3:00 ABTP: "Let's Talk" with Paul (MH)  
 7:15 Shabbat Services (C)

Candle Lighting : 6:48 PM 


19

9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 1:30 Trivia (MW)  
 2:00 Shabbat Study Group (MH)  
 7:58 Havdalah Service (C)  
 7:00 Movie (T)

Havdalah 7:58 PM 

20 **First Day of Spring Outing to Opera at Florham Park**

10:30 Synagogue of Suburban Torah Visit (MH)  
 1:30 Bingo (MH)  
 2:00 **Bus Departs to Florham Park Opera Outing**  
 3:30 Tuvia Entertains (MH)  
 7:00 Movie (T)



21

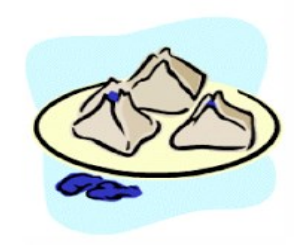
9:30 Exercise (MH)  
 10:45 Word Games (MW)  
 1:30 ABTP: Floral Arts with Megan (MH)  
 3:30 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)

22

10:00 Yoga (MH)  
 10:30 Tuesday Trivia with Jeff (MW)  
 1:15 **Golda Och Academy Purim Celebration (MH)**  
 3:15 Discussion with Dolly (MH)  
 7:00 Cultural Arts Series "Ballet Favorites" (MH)  
 7:00 Movie (T)

23 **FAST OF ESTHER**

9:00 Blood Pressure Screening (CR)  
 9:30 Exercise (CR) please note room change  
 10:45 Crosswords (MW)  
 11:00 JETS-JCC  
 1:30 ABTP: Fine Arts with Cesar (CR)  
 7:00 **Megillah Reading with Brian Kalver (C)**  
 7:00 Movie (T)




24 **PURIM**

10:00 **Megillah Reading with Lester Congregants (C)**  
 10:00 Yoga (MH)  
 2:30-4:00 **Lester Purim Talent Show (MH)**  
 7:00 Bingo (MH)  
 7:00 Movie (T)



25

9:30 Morning Java: News & Schmooze (MW)  
 11:00 Shabbat Simcha (MW)  
 1:30 Sing Along with Roberta (MW)  
 3:00 Dynamics with Dolly (MH)  
 7:15 Shabbat Services (C)

Candle Lighting : 6:56 PM 

26

9:30 Shabbat Services (C)  
 1:30 Stories & Snack (MW)  
 2:00 Shabbat Study Group (MH)  
 8:05 Havdalah Service (C)  
 7:00 Movie (T)

Havdalah 8:05 PM 

27 **Movie & Dinner Trip**

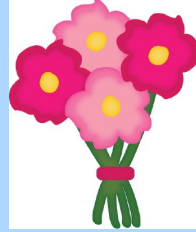
10:00 Morning Stretch (MW)  
 1:00 **Approximate Departure to Movie**  
 2:15 **Congregation Beth Tikva Presents: "The Megillah on The Roof: A Purim Shpiel" (MH)**  
 7:00 Movie (T)

28

9:30 Exercise (MH)  
 10:45 Word Games (MW)  
 1:30 ABTP: Songs & Song-writing with Alice (MW)  
 2:00 ABTP: Men's Club (T)  
 3:30 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)

29

10:00 Yoga (MH)  
 10:30 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 3:30 Silk Flower Arranging with Camille (MW)  
 7:00 Movie (T)



30 **Happy Birthday**

9:30 Exercise (MH)  
 10:45 Crosswords (MW)  
 10:30 Jewelry Making with Donna Drew (CR)  
 1:30 Kushner Academy Visit (MW)  
 3:00 **Birthday Bash with Dave Deluca (MH)**  
 7:00 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)

31

10:00 Yoga (MH)  
 10:45 Word Games (MW)  
 1:30 Lester Life Long Learning with Rabbi Steve Bayar (MH)  
 3:00 Weston Residents Council Meeting (MW)  
 4:00 **NEW: Piano Playing in the Heller Living Room with Enid**  
 7:00 Bingo (MH)  
 7:00 Movie (T)

**LEGEND:**

Chapel (C)	Theater (T)
Fitness Center (F)	Weston Game Room (WG)
Heller Card Room (CR)	Weston Lobby/Living Room (LW)
Heller Lobby (LH)	Weston Multi-Purpose Room (MW)
Heller Multi-Purpose Room (MH)	