








# February 2016



<p>1</p> <p>9:30 Exercise (MH) 10:45 Word Games (MW) 1:30 ABTP: Floral Arts with Megan (MH) 2:00 ABTP: Men's Group with Paul (T) 3:30 Lester Life Long Learning with Chaim Lauer (MH) 7:00 Movie (T)</p>	<p>2 Groundhog Day</p> <p>10:00 Yoga (MH) 10:30 Tuesday Trivia (MW) 1:30 Bingo (MH) 3:00 Skit Reading in the Weston Library 7:00 Rabbi Shalom Hammer Speaks: "Life's Greatest Commodity" (MH) 7:00 Movie (T)</p>	<p>3 OUTING TO OPERA AT AMC</p> <p>9:30 Exercise (MH) 10:00 Blood Pressure Screening (CR) 10:30 Kushner Academy Visit (MH) 11:00 JETS-JCC 1:30 ABTP: Fine Arts with Cesar (CR) 3:00 Bill Garfinkle Entertains (MH) 5:30 Bus Departs to Opera 7:00 Lester Life Long Learning with Chaim Lauer (MH) 7:00 Movie (T)</p>	<p>4</p> <p>10:00 Yoga (MH) 11:00 Laughter Yoga in the Weston Living Room 1:30 Lester Life Long Learning with Cantor Matt Axelrod (MH) 3:00 Zumba Gold (MH) 7:00 Bingo (MH) 7:00 Movie (T)</p>	<p>5 WEAR RED DAY</p> <p>9:30 Morning Java: News &amp; Schmooze (MW) 10:30-12:00 ABTP: Memoir Writing with Paul (MH) 11:00 Shabbat Simcha (MW) 1:30 ABTP: "Let's Talk" with Paul (MH) 3:00 Knitting Group with Barbara (MW) 7:15 Shabbat Services (C)</p> <p>Candle Lighting : 5:01 PM</p> 	<p>6</p> <p>9:30 Shabbat Services followed by Life Cycle Kiddush (C) 1:30 Shabbat Tea and Jewish Stories (MW) 2:00 Torah Study Class (MH) 6:10 Havdalah Service (C) 7:00 Movie (T)</p> <p>Havdalah: 6:10 PM</p> 	
<p>7</p> <p>10:00 Morning Stretch (MW) 1:30 Bingo (MH) 3:30 Richard Stillman Performance (MH) 7:00 SUPER BOWL PARTY (T)</p> 	<p>8</p> <p>9:30 Exercise (MH) 10:45 Word Games (MW) 1:30 ABTP: Singing &amp; Song Writing With Alice (MW) 2:00 ABTP: Men's Group with Paul (T) 3:00 Yiddish with Naomi (MH) 7:00 Movie (T)</p>	<p>9</p> <p>10:00 Yoga (MH) 10:30 Tuesday Trivia with Jeff (MW) 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 3:30 Silk Flowers with Camille (MW) 7:00 Cultural Arts Series: Sara Baras: Sabores, Flamenco Dancing (MH) 7:00 Movie (T)</p>	<p>10</p> <p>9:00 Blood Pressure Screening (CR) 9:30 Exercise (MH) 10:45 Crosswords (MW) 10:30 Jewelry Making with Donna Drew: No Charge For Today's Session (CR) 11:00 JETS-JCC 1:30 NEW: Drink &amp; Draw (CR) 3:00 Tea With Your Administrator (MH) 7:00 Lester Life Long Learning with Chaim Lauer (MH) 7:00 Movie (T)</p>	<p>11</p> <p>10:00 Yoga (MH) 10:30 Word Games (MW) 11:00 Computer Help with Andrew in the Computer Lab 1:30 Lester Life Long Learning with Cantor Matt Axelrod (MH) 3:00 Bennet Muraskin Speaks on "Jews in the American Labor Movement" (MH) 7:00 Bingo (MH) 7:00 Movie (T)</p>	<p>12</p> <p>9:30 Morning Java: News &amp; Schmooze (MW) 10:30-12:00 ABTP: Memoir Writing with Paul (MH) 11:00 Shabbat Simcha (MW) 1:30 ABTP: Talkin' Art with Paul: "The Jews of Shanghai" (T) 3:00 Records and Dancing in the Weston Living Room 7:15 Shabbat Services (C)</p> <p>Candle Lighting : 5:10 PM</p> 	<p>13</p> <p>9:30 Shabbat Services (C) 1:30 Trivial Pursuit (MW) 2:00 Torah Study Class (MH) 6:19 Havdalah Service (C) 7:00 Movie (T)</p> <p>Havdalah: 6:19 PM</p> 

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

14 **Movie & Dinner Trip**  
 10:00 Morning Stretch (MW)  
**1:00 Approximate Departure to Movie**  
 1:30 Bingo (MH)  
 2:45 Encore Movie Matinee (T)  
 7:00 Movie (T)

15 **Presidents Day**  
 9:30 Exercise (MH)  
 10:45 Word Games (MW)  
 1:30 Skit Reading in the Weston Library  
 3:30 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie: Lincoln (T)




16  
 10:00 Yoga (MH)  
 10:30 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Movie (T)


17  
 9:30 Exercise (MH)  
 10:00 Blood Pressure Screening (CR)  
 10:45 Crosswords (MW)  
 11:00 JETS-JCC  
 1:15 Brain Games with Sharon Rogovin (MH)  
 1:30 For "Opera Lovers Only": Verdi's Ernani with Pavarotti (T)  
 3:00 Bintel Brief with Cheryl (MW)  
 7:00 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)

18 **OUTING TO SHORT HILLS MALL**  
 10:00 Yoga (MH)  
 10:30 Crosswords (MW)  
**11:30 Bus Departs to Mall**  
 1:30 Lester Life Long Learning: with Rabbi Ron Kaplan (MH)  
 3:00 Zumba Gold (MH)  
 7:00 Bingo (MH)  
 7:00 Movie (T)

19  
 9:30 Morning Java: News & Schmooze (MW)  
 11:00 Shabbat Simcha (MW)  
 1:30 Musical Memories with Coleen (MW)  
 2:00 Judy Ebright: Vincent Van Gogh (T)  
 3:00 Knitting Group with Barbara (MW)  
 7:15 Shabbat Services (C)

Candle Lighting :  
 5:18 PM 

20  
 9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 1:30 Shabbat Tea and Jewish Stories (MW)  
 2:00 Shabbat Study Group (MH)  
 6:27 Havdalah Service (C)  
 7:00 Movie (T)

Havdalah  
 6:27 PM 

21  
 10:00 Morning Stretch (MW)  
 1:30 Bingo (MH)  
**3:30 Steve Minzer and his Jazz Band (MH)**  
 7:00 Movie (T)

22  
 9:30 Exercise (MH)  
 10:45 Word Games (MW)  
 1:30 ABTP: Singing & Song Writing With Alice (MW)  
 3:30 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)


23  
 10:00 Yoga (MH)  
 10:30 Tuesday Trivia with Jeff (MW)  
 1:30 Bingo (MH)  
**2:00 "Friends & Neighbors" Social Event in the Heller Living Room**  
 3:15 Discussion with Dolly (MH)  
 7:00 Cultural Arts Series: "In The Footsteps of Chopin" (MH)  
 7:00 Movie (T)

24  
 9:00 Blood Pressure Screening (CR)  
 9:30 Exercise (MH)  
 10:45 Crosswords (MW)  
 10:30 Jewelry Making with Donna Drew-No Charge For Today's Session (CR)  
 11:00 JETS-JCC  
 1:30 ABTP: Fine Arts with Cesar (CR)  
**3:00 Birthday Bash with Francine & Joel (MH)**  
 7:00 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)




25 **OUTING TO CONCERT AT JCC, W. ORANGE**  
 10:00 Yoga (CR) (please note room change)  
 11:00 Rhythm & You in the Weston Living Room  
**12:00 Bus Departs to Outing**  
 1:30 Lester Life Long Learning with Rabbi Ron Kaplan (MH)  
 3:00 Weston Residents Council Meeting (MW)  
 7:00 Bingo (MH)  
 7:00 Movie (T)

26 **Total Hearing: 12:30-4:00 (CR)**  
 9:30 Morning Java: News & Schmooze (MW)  
 11:00 Shabbat Simcha (MW)  
 1:30 Sing along with Roberta (MW)  
 3:00 Records & Dancing in the Weston Living Room  
 7:15 Shabbat Services (C)

Candle Lighting :  
 5:26 PM 

27  
 9:30 Shabbat Services (C)  
 1:30 Trivial Pursuit (MW)  
 2:00 Shabbat Study Group (MH)  
 6:35 Havdalah Service (C)  
 7:00 Movie (T)

Havdalah  
 6:35 PM 

28 **Movie & Dinner Trip**  
 10:00 Morning Stretch (MW)  
**1:00 Approximate Departure to Movie**  
 1:30 Bingo (MH)  
**3:30 Candyce Giaquinto, Fabulous Singer (MH)**  
 7:00 Movie (T)

29  
 9:30 Exercise (MH)  
 10:45 Word Games (MW)  
 1:30 Travel: Everest (T)  
 3:30 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)

**REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**  
**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.**

**LEGEND:**

- Chapel (C)
- Fitness Center (F)
- Heller Card Room (CR)
- Heller Lobby (LH)
- Heller Multi-Purpose Room (MH)
- Theater (T)
- Weston Game Room (WG)
- Weston Lobby/Living Room (LW)
- Weston Multi-Purpose Room (MW)