

# October 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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1  
 10:00 Yoga, Participant led (MH)  
 10:30 Word Games (MW)  
 1:30 Silk Flower Arranging with Camille (MW)  
 3:00 Zumba Gold (MH)  
 7:00 Movie (T)  
 7:00 Bingo (MH)

2  
 9:30 Morning Java: News & Schmooze (MW)  
 10:30-12:00 ABTP: Memoir Writing with Paul (CR)  
 11:00 Shabbat Simcha (MW)  
 1:30 ABTP: Floral Arts with Megan, in honor of Sukkot! (MH)  
 3:00 "Ushpizin", Sukkot Movie (MH)  
 7:15 Shabbat Services (C)  
 Candle Lighting : 6:19 PM

3  
 9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 1:30 Trivial Pursuit (MW)  
 2:00 Torah Study Class (MH)  
 7:00 Movie (T)  
 8:13 Havdalah Service (C)  
 Havdalah: 7:26 PM

4 **Erev Shemini Atzeret**  
**Outing to the Opera at Florham Park**  
 10:30 Mount Freedom Jewish Center of Randolph, Sukkah Visit  
 1:30 Bingo (MH)  
 2:15 Bus Departs to Opera at Florham Park  
 2:45 Encore Movie Matinee (T)  
 7:15 Shemini Atzeret Services (C)  
 8:00 Kiddush after Services in the Sukkah  
 Candle Lighting : 6:16 PM

5 **Shemini Atzeret**  
 9:15 Shemini Atzeret Services (C)  
 10:30 Yizkor Service (C)  
 Kiddush in the Sukkah Following Services  
 2:00 Torah Study in the Sukkah followed by Farewell to the Sukkah  
 7:15 Simchat Torah Services (C)  
 Candle Lighting : After 7:21 PM

6 **Simchat Torah**  
 9:15 Simchat Torah Services (C)  
 Hakafot-Simchat Torah Celebration (MH)  
 Kiddush following Services (MH)  
 2:00 Torah Study (MH)  
 7:21 Havdalah Service (C)  
 Havdalah: 7:21PM

7  
 9:30 Exercise (MH)  
 10:30 Crosswords (MW)  
 10:00 Blood Pressure Screening (CR)  
 11:00-12:30 JETS at Lester (MH)  
 1:30 ABTP: Fine Arts with Cesar (CR)  
 3:00 Neil Dankman Performs (MH)  
 7:00 Movie (T)

8 **Outings to 1. JCC for Molly Burack Annual Lecture & 2. Evening Program at Library**  
 10:00 Yoga, Participant led (MH)  
 10:30 Word Games (MW)  
 12:15 Bus Departs to JCC for Lecture: "The Lost Torah of Shanghai"  
 1:30 Lester Life Long Learning: with Rabbi Scott Roland (MH)  
 3:00 The Joys of Yiddish with Naomi (MH)  
 7:00 Movie (T)  
 7:00 Bingo (MH)  
 6:30 Bus Departs to the Whippanong Library: "Cinema &

9  
 9:30 Morning Java: News & Schmooze (MW)  
 11:00 Shabbat Simcha (MW)  
 1:30 ABTP: Talkin' Art with Paul: Marc Chagall: Exploring his life and importance of his art (T)  
 3:00 Discussion with Dolly (MH)  
 4:15 Adath Shalom Teens; Shabbat Visit (WL)  
 7:15 Shabbat Services (C)  
 Candle Lighting : 6:08 PM

10  
 9:30 Shabbat Services (C)  
 1:30 Chicken Soup for the Soul (MW)  
 2:00 Torah Study Class (MH)  
 7:00 Movie (T)  
 8:01 Havdalah Service (C)  
 Havdalah: 7:14 PM

11 **Movie & Dinner Trip**  
 10:30 You Be The Judge with Dyann (MW)  
 1:30 Bingo (MH)  
 2:45 Encore Movie Matinee (T)  
 7:00 Gerrard & Diane Barros Perform (MH)  
**On Monday:**  
 Heller Independent Living Flu Vaccine Clinic 1 PM-2 PM (MH)

12  
 9:30 Exercise (MH)  
 10:30 Crosswords (MW)  
 1:30 Song Writing and Singing with Alice! (MW)  
 2:00 ABTP: Men's Group with Paul (T)  
 3:00 NEW: "Meet the Musicians" Musical Program (MH)  
 7:00 Heller Tenant's Assoc. Meeting (MH)  
 7:00 Movie (T)






13  
 10:00 Yoga, Participant led (MH)  
 11:00 Yiddish Potpourri with Rebecca Levine (MH)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Cultural Arts Series: "The Tribute to Pavarotti" (MH)  
 7:00 Movie (T)  
 Weston Assisted Living Flu Vaccine Clinic 10 AM-5 PM

14  
 9:30 Exercise (MH)  
 10:00 Blood Pressure Screening (CR)  
 10:30 Word Games (MW)  
 11:00-12:30 JETS-at Lester (MH)  
 1:30 ABTP: Fine Arts with Cesar (CR)  
 3:00 Tea with Your Administrator (MH)  
 7:00 Movie (T)  
 7:00 Lester Life Long Learning with Chaim Lauer (MH)

15  
 10:00 Yoga, Participant led (MH)  
 10:30 Crosswords (MW)  
 11:00 NEW: Computer Help with Andrew in the Computer Lab  
 1:30 Lester Life Long Learning: with Rabbi Scott Roland (MH)  
 3:00 Zumba Gold (MH)  
 7:00 Bingo (MH)  
 7:00 Movie (T)

16  
 9:30 Morning Java: News & Schmooze (MW)  
 10:30-12:00 ABTP: Memoir Writing with Paul (CR)  
 11:00 Shabbat Simcha (MW)  
 2:00 Judy Ebright: I Love New York: Paintings of New York City (T)  
 3:00 The Comedy Hour: Abbot & Costello (MH)  
 3:15 Knitting Group with Barb (MH)  
 7:15 Shabbat Services (C)  
 Candle Lighting : 5:57 PM

17  
 9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 1:30 Trivial Pursuit (MW)  
 2:00 Shabbat Study Group (MH)  
 7:00 Movie (T)  
 8:45 Havdalah Service (C)  
 Havdalah: 7:03 PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18 <b>Movie &amp; Dinner Trip</b></p> <p>10:30 Fall Craft with Barbara (MW)</p> <p>1:30 Bingo (MH)</p> <p>1:00 <b>Approximate Departure to Movie</b></p> <p>3:00 <b>Tom Saad and the Horizon Music Volunteers (MH)</b></p> <p>7:00 Movie (T)</p>	<p>19</p> <p>9:30 Exercise (MH)</p> <p>10:30 Crosswords (MW)</p> <p>1:30 ABTP: Floral Arts with Megan (MH)</p> <p>2:00 ABTP: Men's Group with Paul (T)</p> <p>3:30 Lester Life Long Learning with Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p>	<p>20</p> <p>10:00 Yoga, Participant led (MH)</p> <p>10:30 Tuesday Trivia with Jeff (MW)</p> <p>1:30 Bingo (MH)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Movie (T)</p>	<p>21</p> <p>9:30 Exercise (MH)</p> <p>11:00 Laughter Yoga in the Weston Living Room</p> <p>11:00 JETS-JCC</p> <p>1:15 Brain Games with Sharon Rogovin (MH)</p> <p>3:00 <b>Birthday Bash with Van Martin (MH)</b></p> <p>7:00 Lester Life Long Learning with Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p>	<p>22</p> <p>10:00 Yoga, Arlene is Back! (MH)</p> <p>11:00 Rhythm &amp; You in the Weston Living Room</p> <p>1:30 Lester Life Long Learning with Cantor Janet Roth (MH)</p> <p>3:00 Movie with a Message: Network (T)</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie with a Message: Network (T)</p>	<p>23 <b>Total Hearing: 12:30-4:30 (CR)</b></p> <p>9:30 Morning Java: News &amp; Schmooze (MW)</p> <p>10:30-12:00 ABTP: NEW: "Our Stories" with Paul (MH)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>1:30 Musical Memories with Coleen (MW)</p> <p>3:00 Movie with a Message Discussion (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting :  5:47 PM</p>	<p>24</p> <p>9:30 Shabbat Services (C)</p> <p>1:30 Trivial Pursuit (MW)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>7:00 Movie (T)</p> <p>7:37 Havdalah Services (C)</p> <p>Havdalah 6:53 PM </p>
<p>25</p> <p>10:30 Stretch &amp; Kvetch with Dyann (MW)</p> <p>1:30 Bingo (MH)</p> <p>2:45 Encore Movie Matinee (T)</p> <p>7:00 <b>Dave Deluca, Singer and Entertainer (MH)</b></p>	<p>26</p> <p>9:30 Exercise (MH)</p> <p>10:30 Crosswords (MW)</p> <p>1:30 Song Writing and Singing with Alice ! (MW)</p> <p>2:00 ABTP: Men's Group with Paul (T)</p> <p>3:30 Lester Life Long Learning with Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p>	<p>27</p> <p>10:00 Yoga (MH)</p> <p>11:00 Annual Memorial Service for Lester Residents (C)</p> <p>1:30 Bingo (MH)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Cultural Arts Series: "Georgia O'keefe" (MH)</p> <p>7:00 Movie (T)</p> 	<p>28</p> <p>9:30 Exercise (MH)</p> <p>10:30 Word Games (MW)</p> <p>11:00 JETS-JCC</p> <p>1:30 ABTP: Fine Arts with Cesar (CR)</p> <p>3:00 NEW: The History Hour: "Ellis Island" (MH)</p> <p>7:00 Lester Life Long Learning with Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p>	<p>29</p> <p>10:00 Yoga (MH)</p> <p>10:30 Crosswords (MW)</p> <p>11:00 NEW: Computer Help with Andrew in the Computer Lab</p> <p>1:30 Lester Life Long Learning with Cantor Janet Roth (MH)</p> <p>3:00 Weston Residents Council Meeting (MH)</p> <p>7:00 Movie (T)</p> <p>7:00 Bingo (MH)</p>	<p>30</p> <p>9:30 Morning Java: News &amp; Schmooze (MW)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>1:30 Sing Along with Roberta (MW)</p> <p>3:00 Thelma Borodkin Presents: The Surprising Route to Thanksgiving (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting :  5:38 PM</p>	<p>31</p> <p>9:30 Shabbat Services followed by Life Cycle Anniversary Kiddush (C)</p> <p>1:30 Trivial Pursuit (MW)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>7:00 Movie (T)</p> <p>7:37 Havdalah Services (C)</p> <p>Havdalah 6:44 PM </p>

**LEGEND:**

**REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE *LESTER LIFE CHANNEL* (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.**

Chapel (C)  
 Fitness Center (F)  
 Heller Card Room (CR)  
 Heller Lobby (LH)  
 Heller Multi-Purpose Room (MH)

Theater (T)  
 Weston Game Room (WG)  
 Weston Lobby/Living Room (LW)  
 Weston Multi-Purpose Room (MW)