












September 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Yoga (MH) 10:30 Tuesday Trivia (MW) 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 7:00 Cultural Arts Series: Concert: "A John Williams Celebration" (MH) 7:00 Movie (T)	2 9:30 Exercise (MH) 10:00 Blood Pressure Screening (CR) 10:30 Word Games (MW) 11:00 JETS-JCC 1:30 ABTP: Fine Arts with Cesar (CR) 3:00 Reminiscing with Estelle (WG) 7:00 Movie (T)	3 10:00 Yoga (MH) 10:30 Word Games (MW) 1:30 Bingo (MH) 3:00 Zumba Gold (MH) 7:00 Movie (T)	4 9:30 Morning Java: News & Schmooze (MW) 10:30-12:00 ABTP: Memoir Writing with Paul (CR) 11:00 Shabbat Simcha (MW) 1:30 Musical Memories with Coleen (MW) 3:00 The Original "The Jazz Singer" (MH) 7:15 Shabbat Services (C) Candle Lighting : 7:06 PM 	5 9:30 Shabbat Services followed by Life Cycle Kiddush (C) 1:30 Chicken Soup for the Soul (MW) 2:00 Torah Study Class (MH) 7:00 Movie (T) 8:13 Havdalah Service (C) Havdalah: 8:13 PM 
	6 Movie & Dinner Trip 10:30 Crafts with Barbara (MW) 1:00 Approximate Departure to Movie 1:30 Bingo (MH) 2:45 Encore Movie Matinee (T) 7:00 Movie (MH)	7 LABOR DAY 9:30 Exercise (MH) 10:30 Crosswords (MW) 1:30 ABTP: Floral Arts with Megan (CR) 2:00 ABTP: Men's Club with Paul (T) 3:00 You Be The Judge (MW) 7:00 Candyce Giaquinto Performs (MH)	8 10:00 Yoga (MH) 10:30 Tuesday Trivia with Jeff (MW) 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 7:00 Cultural Arts Series: Kristen Chenoweth: "Coming Home" (MH) 7:00 Movie (T)	9 9:30 Exercise (MH) 10:00 Blood Pressure Screening (CR) 10:30 Word Games (MW) 11:00 JETS-JCC 1:30 ABTP: Fine Arts with Cesar (CR) 3:00 Ronni Aiello Entertains (MH) 7:00 Movie (T)	10 10:00 Yoga (MH) 11:00 Laughter Yoga in the Weston Living Room 1:30 Lester Life Long Learning: with Ted Proznitz (MH) 3:00 The Joys of Yiddish with Naomi (MH) 7:00 Movie (T)	11 9:30 Morning Java: News & Schmooze (MW) 11:00 Shabbat Simcha (MW) 1:30 ABTP: Talkin' Art with Paul: The 10 Remaining Synagogues in the Muslim World (T) 3:00 Dynamics with Dolly (MH) 7:15 Shabbat Services (C) Candle Lighting : 6:55 PM 
13 EREV ROSH HASHANA 10:30 Apples & Honey with the GRTW Academy (MW) 1:30 Bingo (MH) 2:45 Encore Movie Matinee (T) 7:15 Rosh Hashana Services (MH) Candle Lighting : 6:51 PM 	14 ROSH HASHANA  9:15 Rosh Hashana Services (MH) 11:00 Shofar Blowing 4:00 Tashlich-Meet in Heller Lobby 7:15 Rosh Hashana Maariv Service (MH) Candle Lighting : After 7:56 PM 	15 ROSH HASHANA  9:15 Rosh Hashana Services (MH) 11:00 Shofar Blowing 2:00 Torah Study (MH) 8:20 Havdalah Service (MH) Havdalah: 7:56 PM 	16 9:30 Exercise (MH) 10:00 Blood Pressure Screening (CR) 10:30 Word Games (MW) 11:00 JETS-JCC 1:15 Brain Games with Sharon Rogovin (MH) 3:00 Presentation by Bayada: "The Importance of Music In Our Lives" (MH) 7:00 Movie (T)	17 Lecture at the JCC 10:00 Yoga (MH) 10:30 Crosswords (MW) 12:15 Bus Departs to JCC for Lecture: "Israel Update" 1:30 Lester Life Long Learning: with Ted Proznitz (MH) 3:00 Zumba Gold (MH) 7:00 Bingo (MH) 7:00 Movie (T)	18 9:30 Morning Java: News & Schmooze (MW) 10:30-12:00 ABTP: Memoir Writing with Paul (CR) 11:00 Shabbat Simcha (MW) 2:00 Judy Ebright: Edward Hopper (T) 3:00 Discussion with Dolly (MH) 7:15 Shabbat Services (C) Candle Lighting : 6:43 PM 	19 9:30 Shabbat Services followed by Life Cycle Kiddush (C) 1:30 Chicken Soup for the Soul (MW) 2:00 Shabbat Study Group (MH) 7:00 Movie (T) 8:45 Havdalah Service (C) Havdalah: 7:49 PM 

National Assisted Living Week Sept. 13-18

Lester Life Long Learning Resumes Today at 1:30

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

20 Movie & Dinner Trip

10:30 Crafts with Barbara (MW)
 1:30 Bingo (MH)
1:00 Approximate Departure to Movie
 3:00 –4:30 Arts Day in the Heller Lobby
7:00 Tom Aafls, Violinist (MH)

ARTS DAY WITH "ARTS BY THE PEOPLE"

21


9:30 Exercise (MH)
 10:30 Crosswords (MW)
 1:30 ABTP: Floral Arts with Megan (CR)
 2:00 ABTP: Men's Group with Paul (T)
 3:00 Skit Reading in the Weston Library
 7:00 Movie (T)

22 EREV YOM KIPPUR

10:00 Yoga (MH)
 10:30 Tuesday Trivia with Jeff (MW)
 1:30 Bingo (MH)
 3:00 Music Listening in the Weston Living Room
 4:00 Early Dinner
 6:45 Kol Nidrei Services (MH)




Yom Kippur

Candle Lighting : 6:35 PM 

23 YOM KIPPUR

9:15 Yom Kippur Services (MH)
 10:30 Yizkor Service (MH)
 5:30 Mincha Service (MH)
 6:45 Neilah Service (MH)
 8:05 Shofar Blowing/Havdalah Services (MH)

Break the Fast Refreshments following services

Havdalah 7:42 PM 

24

10:00 Yoga (MH)
 10:30 Crosswords (MW)
 11:00 Rhythm & You in the Weston Living Room
 1:30 Bingo (MH)
 3:00 Weston Residents Council Meeting (MH)
 7:00 Movie (T)

25 Total Hearing: 9:30-1:00 (CR)

9:30 Morning Java: News & Schmooze (MW)
 10:30-12:00 ABTP: NEW: "Our Stories" with Paul (MH)
 11:00 Shabbat Simcha (MW)
 1:30 Sing Along with Roberta (MW)
 3:00 Thelma Borodkin Presents: Sukkot: Our Most Joyous Neglected Holiday (MH)
 7:15 Shabbat Services (C)

Candle Lighting : 6:31 PM 


26

9:30 Shabbat Services (C)
 1:30 Trivial Pursuit (MW)
 2:00 Shabbat Study Group (MH)
 7:00 Movie (T)
 7:37 Havdalah Services (C)

Havdalah 7:37 PM 


27 EREV SUKKOT


10:30 Stretch & Kvetch with Dyann (MW)
 1:30 Bingo (MH)
 2:45 Encore Movie Matinee (T)
 7:15 Maariv, Evening Service (C)
 Kiddush in the Sukkah Following Services

Candle Lighting : 6:28 PM 

28 SUKKOT


9:15 Sukkot Service (C)
 Lulov & Etrog & Kiddush in the Sukkah following Services
 2:00 Torah Study in the Sukkah
 7:15 Sukkot Maariv Service (C)




Candle Lighting : After 7:32 PM 

29 SUKKOT


9:15 Sukkot Service (C)
 Lulov & Etrog & Kiddush in the Sukkah following services
 2:00 Torah Study in the Sukkah
 7:15 Sukkot Maariv Service (C)
 7:54 Havdalah Service (C)



Havdalah 7:32 PM 

30

9:30 Exercise (MH)
 10:30 Yiddish Potpourri with Rebecca Levine (MH)
 11:00 JETS-JCC
 1:30 Presentation: Medicare Beneficiaries: "Learn How to Save Money & Stay Healthy" (MH)
3:00 Birthday Bash with Tuvia (MH)
 7:00 Movie (T)



September 23rd: First Day of Autumn





REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)

THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.

LEGEND:

Chapel (C)	Theater (T)
Fitness Center (F)	Weston Game Room (WG)
Heller Card Room (CR)	Weston Lobby/Living Room (LW)
Heller Lobby (LH)	Weston Multi-Purpose Room (MW)
Heller Multi-Purpose Room (MH)	