

October 2015

# VILLAGE PRESS

The Newsletter for Village Apartments



## Celebrating October

**Organize Your Medical  
Information Month**

**Breast Cancer Awareness  
Month**

**High Holy Days:  
Sukkot**

**Shemini Atzeret**  
*October 5*

**Simchat Torah**  
*October 6*

**Balloons Around the  
World Day**  
*October 7*

**Columbus Day**  
*October 12*

**Chemistry Week**  
*October 18–24*

**Count Your Buttons Day**  
*October 21*

**International Artists Day**  
*October 25*

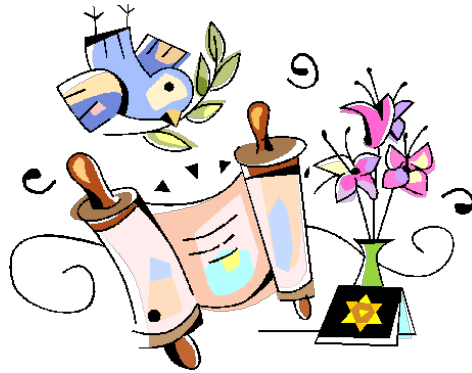
**Halloween**

## SUKKOT



Sukkot, a Hebrew word meaning "booths" or "huts", refers to the Jewish festival of giving thanks for the fall harvest, as well as the commemoration of the forty years of Jewish wandering in the desert after Sinai. Sukkot is celebrated five days after Yom Kippur on the 15th of Tishrei, and is marked by several distinct traditions. One tradition, which takes the commandment to "dwell in booths" literally, is to build a sukkah which means "covering" or "shelter." These huts are constructed as temporary shelters. The roof is covered with foliage, which is spaced to let in the light. Fruits and vegetables, including apples, grapes, corn, and pomegranates, are hung inside the hut. The families eat their meals in the huts under the evening sky. In Israel, where it does not usually rain during this season, families observe Sukkot by eating and sleeping in the sukkah for seven days.

## SHEMINI ATZERET & SIMCHAT TORAH



Shemini Atzeret is the final day of festivities at the end of Sukkot. It is followed by Simchat Torah, the holiday that marks the conclusion of the annual reading of the Torah and its beginning again--amid dancing, song, and celebration.

## HAPPY OCTOBER BIRTHDAY



Oct. 1 Lore Trytell  
Oct. 6 Pearl Morgan  
Oct. 6 Rose Wierzbicki  
Oct 10 Libby Bellin



## October is National Breast Cancer Awareness Month



This October, JCHC is proud to participate in National Breast Cancer Awareness Month. Breast cancer is the second most common kind of cancer in women.

About 1 in 8 women born today in the United States will get breast cancer at some point. The good news is that many women can survive breast cancer if it's found and treated early.

If you are a woman age 40 to 49, talk with your doctor about when to start getting mammograms and how often to get them.

If you are a woman age 50 to 74, be sure to get a mammogram every 2 years. You may also choose to get them more often.

Talk to a doctor about your risk for breast cancer, especially if a close family member of yours had breast or ovarian cancer. Your doctor can help you decide when and how often to get mammograms.

National Breast Cancer Awareness Month is a chance to raise awareness about the importance of early detection of breast cancer. Make a difference! Spread the word about mammograms and encourage communities, organizations, families, and individuals to get involved.

How can National Breast Cancer Awareness Month make a difference? We can all use this opportunity to spread the word about steps women can take to detect breast cancer early.



Manager's Corner

*The Jewish Community Housing Corporation wishes you a Happy and Healthy Holiday Season!*

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**Flu Shots: Wednesday, October 21: 10:30 AM – 12:00 PM**

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**Have your blood pressure checked twice a month!**

1st Thursday of every month with the South Orange Health Department from 9:00 am – 10:00 am

2nd floor Charles Bierman Home

3rd Thursday of every month with the Jewish Vocational Services (JVS) from 10:30 am – 11:30 am

1st floor lounge

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**South Orange Senior Forum  
"Embracing South Orange"**

October 11, 2015

Time: 2:00 pm – 5:00 pm

Place: SOPAC Loft

If you would like to attend:

- 1) Pre- registration forms are located in the Village Apartment's main lobby. Please fill out the back of the form and place it in the box provided. You can also give the completed form to the Building Manager or drop it off at the SO library.
- 2) Same Day registration: (in person) - 1:30 pm at the SOPAC Loft

## OCTOBER UPCOMING EVENTS



- Holiday Celebrations in the Sukkah
- Sukkot Services
- Kiddush
- Yizkkor
- Trip to Long Branch
- Supper Clubs
- Exercise with Tami
- JCC Molly Burack Lecture
- JCHC University Lectures
- Poetry Workshop
- Sands Casino
- Livingston Mall
- Senior TV Movies
- Crossword Fun
- Trader Joes, Millburn
- Knitting Club
- Essex Green
- Supper Club Cocktail Hour  
Family Fun Event
- BINGO
- Never2Late Karaoke
- Village Men's Club
- Walmart, Rt22 Shopping
- Tenant's Meeting
- Chester, NJ

*And much more. Please check your calendar for dates and times of all events.*



## ***Welcome Our New Residents***

**Alice Rowe  
Dina Lafond  
Lee Hill  
Romuald Bulas  
Bohuslava Reiss  
Libby Bellin  
Matilda Nhaisi  
Bob Zellan**

## **It's in the Bag**

Purses, clutches, totes, pocketbooks, satchels—whatever the handbag, it's worth celebrating on October 10, Handbag Day. Technically, a purse is only supposed to hold coins, whereas a handbag is a complete carryall. These days anything goes in a handbag: wallet, keys, sunglasses, mobile phone, mints, gum, pen and paper, umbrella, baby toys... Truly, some handbags carry as much as a small suitcase.

The first "handbags" were made of leather, metal, or fabric studded with ornaments. The oldest surviving bag, dating back to c. 2,500 BC, features bead-like rows of canine teeth on fabric. At just 700 years old, the bag pictured above (reputed to be a horseman's saddlebag) is intricately inlaid with gold and silver, depicting scenes of an enthroned couple, musicians, and hunters. It's kept for display at London's Courtauld Gallery.

# OCTOBER 2015 VILLAGE Calendar is subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1 Sukkot</b> 9:15 EXERCISE 10:00 Long Branch 12:00 Congregate Lunch 1:00 Celebrate the Holidays in the Sukkah 7:00 BINGO	<b>2 Sukkot</b> 1:30 Sukkot Services & Kiddush in the Sukkah 5:45 SUPPER CLUB	<b>3 Sukkot</b>
<b>4 Sukkot</b>  1:30 MOVIE 7:00 MOVIE	<b>5 Shemini Atzeret, Yizkor</b> <b>Office Closed</b>  5:45 SUPPER CLUB  7:00 YIZKOR SIMCHAT TORAH	<b>6 Simchat Torah</b>  <b>Office Closed</b>	<b>7 10:45 Shopping</b> 11:00 Exercise with Tami 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 5:45 SUPPER CLUB	<b>8 9:15 EXERCISE</b> <b>12:00 Congregate Lunch</b> <b>12:15 JCC Molly Burack Lecture</b>  <b>7:00 Tenant Assoc. Meeting</b>	<b>9</b> 1:30 RELIGIOUS SERVICE  5:45 SUPPER CLUB	<b>10</b>
<b>11 2<sup>ND</sup> Annual Senior Forum – SOPAC 1:30</b>  1:30 MOVIE 7:00 MOVIE	<b>12 Columbus Day</b> 1:45 JCHC U Karen Frank Health Lecture 5:45 SUPPER CLUB	<b>13 9:15 Exercise</b> <b>10:45 Shopping</b> 12:00 Congregate Lunch 1:00 Bridge <b>5:30 Poetry Workshop</b> 7:00 Movie	<b>14 8:30 Sands Casino</b> <b>11:00 Exercise with Tami</b> 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 5:45 SUPPER CLUB	<b>15 9:15 EXERCISE</b> 10:30 Livingston Mall <b>12:00 Congregate Lunch</b> 7:00 BINGO	<b>16</b> 1:30 RELIGIOUS SERVICE  5:45 SUPPER CLUB	<b>17 8:00 PM Senior TV Movie 1960 "Ocean Eleven" Channel 55</b>
<b>18</b> 1:30 MOVIE 7:00 MOVIE  <b>8:00 PM -Senior TV Movie 1960 "Ocean's Eleven" Channel 55</b>	<b>19</b>  <b>11:00 FLORAL WORKSHOP</b>  5:45 SUPPER CLUB	<b>20 9:15 Exercise</b> <b>10:45 Shopping</b> 12:00 Congregate Lunch 1:00 Bridge <b>5:30 Crossword Fun</b> 7:00 Movie	<b>21 10:30 Trader Joes Millburn</b> <b>11:00 Exercise with Tami</b> 2:00 CURRENT EVENTS <b>10:30 – 12:00 FLU SHOTS</b> <b>3:00 Village Men's Club</b> 4:00 KNITTING CLUB 5:45 SUPPER CLUB	<b>22 9:15 EXERCISE</b> 10:30 Essex Green <b>12:00 Congregate Lunch</b> 5:30 – 7:00 SUPPER CLUB COCKTAIL HOUR WITH FAMILY – SIGN UP 7:30 BINGO	<b>23</b> 1:30 RELIGIOUS SERVICE  5:45 SUPPER CLUB	<b>24</b>
<b>25</b> 1:30 MOVIE 7:00 MOVIE	<b>26 1:30 JCHC U Cupcake Creativity@ Plaza</b> <b>1:00 Emergency Preparedness &amp;/Manager's Meeting</b>  5:45 SUPPER CLUB	<b>27 9:15 Exercise</b> <b>10:45 Shopping</b> 12:00 Congregate Lunch 1:00 Bridge <b>5:30 Never2Late Karaoke</b> 7:00 Movie	<b>28 10:30 Walmart, Rt 22</b> <b>11:00 Exercise with Tami</b>  2:00 CURRENT EVENTS 4:00 KNITTING CLUB 5:45 SUPPER CLUB	<b>29 9:15 EXERCISE</b> 10:30 Chester, NJ <b>12:00 Congregate Lunch</b> <b>1:30 Breast Cancer Awareness – St Barnabas</b> <b>7:00 TENANT MEETING</b>	<b>30</b> 1:30 RELIGIOUS SERVICE  5:45 SUPPER CLUB	<b>31</b>