

September 2015

Rosh Hashanah

Begins Sept. 13Th @ Sundown

Rosh Hashanah is celebrated on the first day of the Hebrew month of *Tishrei*, which—because of differences in the solar and lunar calendar—corresponds to September or October on the secular calendar. Customs associated with the holiday include sounding the shofar, eating a round challah, and tasting apples and honey to represent a sweet New Year.



YOM KIPPUR

Yom Kippur (the Day of Atonement) is one of the Jewish High Holiday Days.

The first High Holiday Day is Rosh Hashanah (the Jewish New Year).

Yom Kippur falls ten days after Rosh Hashanah on the 10th of Tishrei, which is a Hebrew month that correlates with September-October on the secular calendar. The purpose of Yom Kippur is to bring about reconciliation between people and with G-d. According to Jewish tradition, it is also the day when G-d decides the fate of each human being.



September 22 & 23

JEWISH COMMUNITY HOUSING CORPORATION
OF METROPOLITAN NEW JERSEY

B'NAI B'RITH BANNER

September 2015



Resident Service Schedule @ B'nai B'rith

Rabbi Kaplan is here on Fridays @ 11:30

Kathleen Silver, Social Worker is here on Tuesdays from
9:00 –5:00

Office Hours: Monday thru Thursday 9-5, Friday 9-4

COMING IN OCTOBER

5th Sh'mini Atzeret

6th Simchat Torah

The office is closed both days

8th Molly Burack annual lecture at the JCC

15th Sands Casino in PA

19th Trip to the Princeton Doll & Toy Museum

Sweetness for a Sweet New Year

Holiday Event

Friday, September 4

B'nai B'rith Community Room

Join your community of friends for an
afternoon of sharing the start of the new year
with apple and honey tasting.

Volunteer families will be joining us
for the festivities!



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REMEMBERING SEPT.11, 2001



We shall never forget.

**We shall keep this day,
We shall keep the events
and the tears,
In our minds, our memory
and our hearts,
and take them with us as
we carry on.**



CELEBRATING SEPTEMBER BIRTHDAYS

09/04 MARIA GOLDBERG

09/09 RUTH LITTMAN

09/09 JEAN GLUCK

09/11 RITA GRIGGS



Celebrating September

Labor Day September 7

International Literacy Day September 8

Rosh Hashanah Begins @ Sundown September 13—15

Citizenship Day September 17

International Day of Peace September 21

Yom Kippur Begins @ Sundown September 22 23

Fall Begins September 23

Native American Day September 27

Sukkot Begins @ Sundown September 28—29

The office will be closed on the following days:

September 7, 14, 15, 22 (will close at 1:00) , 23, 28 & 29.

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A holiday message from Rabbi Kaplan

Dear Friends: *Ketiva v'chatima tova!*



It is customary during the months of *Elul* and *Tishrei*, and the Jewish High Holy Day season, to begin and end any letter or correspondence among people with the above Hebrew expression, meaning, "May you be inscribed and sealed for a sweet year."

So do we extend our heartfelt greeting to one another that our payers during the sacred days of *Rosh HaShonah* and *Yom Kippur* will connect us to our G-d, community, and beloved family. Most importantly, we believe that through deepest personal reflection, sincere preparation and genuine transformation, we may be worthy of a New Year and forgiveness. Tradition teaches us that it is not enough to recognize our past misdeeds and regrettable thoughts, but also pledge to change our behavior for the better. *Teshuvah*, true "repentance" requires a redirection of our attitudes and actions.

Each of us, Judaism compels the individual and community, must undergo a thorough *Cheshbon HaNefesh*, "taking stock, a moral inventory" and be accountable. This introspection is not easy, nor is it comfortable to admit wrongdoing and to apologize. Yet, every year at this time, we come before G-d as imperfect and frail human beings, stripped of all pretense, to present our humble appeal for a *Shana Tova u'Mituka*, "a sweet and good year."

Together with my wife and sons, I express my warmest, best wishes to the residents and staff of South Orange B'nai B'rith Federation House! I am grateful for my weekly association with all of you to share *Shabbat* experiences, learning and celebration. I look forward to the coming year with excitement and anticipation. *Ketiva v'chatima tova!*

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September Happenings



September 2 Essex Green

September 3 Trader Joe's Westfield

September 4 ROSH HASHANA CELEBRATION IN COMMUNITY ROOM

September 7 Labor Day Office Closed

September 8 Residents's Association Meeting with Entertainment

September 9 SANDS CASINO

September 10 Livingston/Short Hills Malls

September 13 Rosh Hashanah begins at sundown

September 14 1st Day of Rosh Hashanah Office Closed

September 15 2nd Day of Rosh Hashanah Office Closed

September 16 SHOPRITE (this is a Wednesday because office is closed on Tuesday)

September 17 LONG BRANCH

September 20 CEMETERY DAY (sign-up on the bulletin board this is a Sunday trip)

September 21 PATHMARK (this is a Monday because the office is closed on Tuesday)

September 22 Yom Kippur begins at sundown

September 22 Yom Kippur Office Closing @ 1:00pm

September 23 Yom Kippur Office Closed

September 23 Autumn begins

September 24 St. Barnabas presents Atrial Fibrillation

September 27 Sukkot begins @ Sundown

September 28 1st Day of Sukkot Office Closed

September 29 2nd Day of Sukkot Office Closed

September 30 SHOPRITE (this is a Wednesday because the office is closed on Tuesday)

Wishing Everyone Happy, Healthy, & Blessed Holidays!

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CELEBRATE LABOR DAY SEPTEMBER 7TH

If a task is once begun,
Never leave it till it's done.
Be the labor great or small,
Do it well or not at all.

HAPPY
LABOR DAY



September Greetings from Bryna...

Greetings from Bryna

September 2015

September is a very busy month. Rosh Hashanah starts Sunday evening, September 13th. Yom Kippur follows 10 days later. They are among the most important and holiest days of the Jewish year.

Rosh Hashanah means the beginning of the year in Hebrew. The New Year is a solemn time, yet it is also a time of celebration.

We wish everyone that celebrates the holidays, "Shana Tova"- a sweet and happy New Year.

On Wednesday, September 9th we will be going back to the Sands Casino. It's a popular trip, so don't forget to sign up, the seats go quickly.

The town nurse, Mary will be back on September 17 at 11:30 in the Community Room.

Feel free to visit us in the office you have any questions, concerns, or just to say hello.

Bryna Stone
Site Manager



September 2015



A Letter from the Co-president of the Residents' Association

It isn't as if there were no more days of summer, although autumn officially begins this month on September 23rd. There are beautiful days ahead—perhaps the best of the year—with comfortably warm, but not excessively hot days, with lower humidity and clear, cool nights. Autumn begins with an orange leaf here and there, a red tip on a maple leaf and gradually surrounds us with breathtaking beauty that is a delight to behold—particularly against the backlight of a low afternoon sun. It's good too when the leaves fall to the ground for the bare branches permit the weak winter sun to reach us unobstructed by foliage. It is a season of pumpkin pies and autumn colors reflected in hardy chrysanthemums.

In August we enjoyed visits by George the dog and his family; we said good-bye to one of our earliest residents, Elsa Saletko, who has moved to Summit; we were entertained by Bill Garfinkle; we welcomed our new Social Worker, Kathleen Silver; enjoyed Peri and her guitar; discussions with Louise; a visit by the town nurse and we had an ice cream social, in addition to our faithful Sara with her arts and crafts, and, thanks to Carolyn, an intricate jig-saw puzzle to which many hands and minds contributed. Carolyn also made sure there were shopping, mall, shore, casino and museum trips to enjoy! Thank you, busy Carolyn. She has been busy preparing many interesting things to do in September also. This is a beautiful time of year to enjoy a bus trip and enjoy the autumn colors with friends.

And September is a month of special holidays. Labor Day is Monday, September 7th; followed by Rosh Hashanah the next week and Yom Kippur and Sukkot the few days of the month. Because of the many days of holidays in September, the next meeting of the Residents' Association will be on Tuesday, September 8th celebrating our third-quarter birthdays, those residents born in July, August and September. There will be refreshments and, thanks to our activities coordinator Carolyn, we will also have an entertainer. This will be a special evening you won't want to miss. All residents are automatically members of the Residents' Association and all are welcome. We look forward to seeing you Tuesday September 8th at 7:00 p.m. in the Community Room. Please come!

Lavinia Walker, Co-president, South Orange B'nai B'rith Federation House Residents' Association

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Yom Kippur Word Search



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B'NAI B'RITH BANNER

C	B	Q	V	O	L	K	H	M	N	D	I	T	I	V	Y	W
S	N	A	G	O	G	U	E	S	H	Y	D	B	U	N	P	
Y	B	W	R	I	C	N	F	T	H	X	O	R	A	B	B	I
R	C	M	J	M	U	N	J	I	R	N	P	K	A	S	C	Q
W	M	T	M	M	J	U	O	S	J	Y	Q	E	J	D	T	Y
P	A	I	B	I	Q	D	W	H	W	P	S	W	A	D	S	Q
T	F	B	E	K	Q	I	I	R	J	M	I	N	C	H	A	R
Z	U	U	N	V	P	U	X	I	D	Q	K	G	D	W	B	L
E	O	H	O	A	F	I	C	V	D	H	U	X	U	T	P	J
D	W	F	W	H	F	G	O	Z	B	C	N	L	C	G	X	G
A	D	D	Y	C	B	B	I	X	H	K	L	Y	V	N	V	S
K	K	G	A	N	Y	K	G	P	O	T	G	T	R	Y	L	X
A	S	H	O	F	A	R	A	Y	L	O	P	A	U	O	D	F
H	J	A	K	C	R	W	B	V	I	R	R	L	R	U	N	R
D	R	S	U	A	W	Q	S	C	D	A	O	M	Y	B	H	D
Z	Q	H	X	J	S	F	E	G	A	H	N	U	X	C	X	L
C	U	E	Z	U	W	F	L	A	Y	T	C	D	K	I	Z	B

WORD LIST

SYNAGOGUE

MINCHA

TORAH

HOLIDAY

MIKVAH

TISHRI

SHOFAR

TZEDAKAH

TALMUD

RABBI