

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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# August 2015



1  
 9:30 Shabbat Services (C)  
 1:30 Chicken Soup for the Soul (MW)  
 2:00 Torah Study Class (MH)  
 7:00 Movie (T)  
 9:03 Havdalah Service (C)

Havdalah:  
 9:03 PM

2 **Movie & Dinner Trip**

10:00 Walking Group: Meet in the Weston Living Rm.  
 12:30-1:30 Daniel Falik Plays Piano in the Heller Lobby  
 1:00 Approximate Departure to Movie  
 1:30 Bingo (MH)  
 2:45 Encore Movie Matinee (T)  
 7:00 Movie (MH)

3 **Trip to Concert in the Park-Frankie Valli Tribute**

9:30 Exercise (MH)  
 10:30 Crosswords (MW)  
 1:30 ABTP: Megan's Floral Arts with Lizzy (CR)  
 3:00 Skit Reading in the Weston Library  
 6:30 Bus Departs to Concert  
 7:00 Movie (T)

4

10:00 Yoga (MH)  
 10:30 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Cultural Arts Series: "Show Boat" Act I, San Francisco Opera Co. (MH)  
 7:00 Movie (T)

5

9:30 Exercise (MH)  
 10:00 Blood Pressure Screening (CR)  
 10:30 Word Games (MW)  
 1:30 ABTP: Fine Arts with Cesar (CR)  
 3:00 Mike Fishtyn, Pianist (MH)  
 7:00 Cultural Arts Series: "Show Boat" Act II, San Francisco Opera Co. (MH)  
 7:00 Movie

6

10:00 Yoga (MH)  
 10:30 Word Games (MW)  
 11:00 Bridge with Masha (CR)  
 1:30 Bingo (MH)  
 3:00 Reminiscing Group with Estelle (WG)  
 7:00 Movie (T)

7

9:30 Morning Java: News & Schmooze (MW)  
 10:30-12:00 ABTP: Memoir Writing with Paul (CR)  
 11:00 Shabbat Simcha (MW)  
 1:30 Laughter Yoga with Pradeep (MH)  
 3:00 Musical Memories with Coleen (MW)  
 7:15 Shabbat Services (C)

Candle Lighting :  
 7:48 PM

8

9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 1:30 Trivial Pursuits (MW)  
 2:00 Torah Study Class (MH)  
 7:00 Movie (T)  
 8:54 Havdalah Service (C)

Havdalah:  
 8:54 PM

9

11:00 Walking Group: Meet in the Weston Living Rm.  
 1:30 Bingo (MH)  
 2:45 Encore Movie Matinee (T)  
 7:00 Leonardo Performs (MH)

10

9:30 Exercise (MH)  
 10:30 Crosswords (MW)  
 1:30 Zumba Gold with Tammy (MH)  
 2:00 ABTP: Men's Group with Paul (T)  
 3:00 Presentation: "The Rat Pack" with David Aaron (MH)  
 7:00 Heller Tenants Association Meeting (MH)  
 7:00 Movie (T)

11 **Lakeside Lunch Trip**

10:00 Yoga (CR)  
 10:30 Tuesday Trivia with Jeff (MW)  
 \*11:30 Bus leaves to South Mountain Reservation  
 3:15 Discussion with Dolly (MH)  
 7:00 Movie (T)

\*Due to the outing, please note that there will be no bingo or shopping trip this afternoon

12

9:30 Exercise (MH)  
 10:00 Blood Pressure Screening (CR)  
 10:30 Word Games (MW)  
 11:00 JETS-JCC  
 1:15 Brain Games with Sharon Rogovin (MH)  
 3:00 Caribbean Action on the Heller Patio DJ, Roberto!  
 7:00 Movie (T)

13

10:00 Yoga (MH)  
 10:30 Crosswords (MW)  
 11:00 Bridge with Masha (CR)  
 1:30 Silk Flower Arranging with Camille (MW)  
 3:00 & 7:00 Movie with a Message  
 7:00 Bingo (MH)  
 7:00 Movie with a Message: "The First Grader" (T)

14

9:30 Morning Java: News & Schmooze (MW)  
 11:00 Shabbat Simcha (MW)  
 1:30 ABTP: Talkin' Art with Paul: The World's Most Beautiful Synagogues (T)  
 3:00 Movie with a Message: Discussion: "The Gett" & "The First Grader" (MH)  
 7:15 Shabbat Services (C)

Candle Lighting :  
 7:38 PM

15

9:30 Shabbat Services (C)  
 1:30 Chicken Soup for the Soul (MW)  
 2:00 Shabbat Study Group (MH)  
 7:00 Movie (T)  
 8:45 Havdalah Service (C)

Havdalah:  
 8:45 PM

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**16 Movie & Dinner Trip**

10:00 Walking Group: Meet in the Weston Living Rm.  
 1:30 Bingo (MH)  
**1:00 Approximate Departure to Movie**  
**3:00 Steve Minzer and his Jazz Duo (MH)**  
 7:00 Movie (T)

**17**

9:30 Exercise (MH)  
 10:30 Crosswords (MW)  
 1:30 ABTP: Floral Arts with Megan (CR)  
 2:00 Men's Group with Jeff (T)  
 3:00 Tea With Your Administrator (MH)  
 7:00 Movie (T)

Megan is back at Floral Arts !




**18**

10:00 Yoga (MH)  
 10:30 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Cultural Arts Series: "Gene Kelly: Anatomy of a Dancer" (MH)  
 7:00 Movie (T)

**19**

9:30 Exercise (MH)  
 10:00 Blood Pressure Screening (CR)  
 10:30 Word Games (MW)  
 1:30 ABTP: Fine Arts with Cesar (CR)  
**3:00 Birthday Bash with Jimmy Sabini (MH)**  
 7:00 Movie (T)




**20**

10:00 Yoga (MH)  
 11:00 Crosswords (MW)  
 11:00 Bridge with Masha (CR)  
**1:30 NEW: ABTP: Crafts with Lizzy (MW)**  
 3:00 Reminiscing Group with Estelle (WG)  
 7:00 Bingo (MH)  
 7:00 Movie (T)


**21 Total Hearing: 12:30-4:30 (CR)**

9:30 Morning Java: News & Schmooze (MW)  
 10:30-12:00 ABTP: Memoir Writing with Paul (CR)  
 11:00 Shabbat Simcha (MW)  
 2:00 Judy Ebright: William Merritt Chase (T)  
 3:00 Thelma Borodkin Presents: About Rosh Hashana (MH)  
 7:15 Shabbat Services (C)

Candle Lighting : 7:28 PM 

**22**

9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 1:30 Trivial Pursuits (MW)  
 2:00 Shabbat Study Group (MH)  
 7:00 Movie (T)  
 8:35 Havdalah Services (C)

Havdalah 8:35 PM 

**23**

10:00 Walking Group: Meet in the Weston Living Rm.  
 1:30 Bingo (MH)  
 2:45 Encore Movie Matinee (T)  
 7:00 Movie (T)

**24**

9:30 Exercise (MH)  
 10:30 Crosswords (MW)  
 1:30 The Joys of Yiddish with Naomi (MH)  
 2:00 ABTP: Men's Club with Paul (T)  
**3:00 Musical Presentation "The Jewish Theater" with Doris & Elliot Weiss (MH)**  
 7:00 Movie (T)

**25**

10:00 Yoga (MH)  
 10:30 Tuesday Trivia with Jeff (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Movie (T)

**26**

9:30 Exercise (MH)  
 10:30 Word Games (MH)  
 1:30 ABTP: Fine Arts with Cesar (CR)  
 3:00 "This & That" with Cheryl (MH)  
 7:00 Movie (T)

**27**

10:00 Yoga (MH)  
 10:30 Rhythm & You in the Weston Living Room  
 11:00 Bridge with Masha (CR)  
 1:30 Travelogue: "Inside the Louvre" (T)  
 2:30 Food Meeting for Heller Residents (MH)  
 3:00 Weston Residents Council Meeting (MH)  
 7:00 Bingo (MH)  
 7:00 Movie (T)

**28**

9:30 Morning Java: News & Schmooze (MW)  
 11:00 Shabbat Simcha (MW)  
 1:30 Sing along with Roberta (MW)  
**3:00 Dynamics with Dolly and Special Guest, Stephen Bell (MH)**  
 7:15 Shabbat Services (C)

Candle Lighting : 7:18 PM 

**29**

9:30 Shabbat Services (C)  
 1:30 Chicken Soup for the Soul (MW)  
 2:00 Shabbat Study Group (MH)  
 7:00 Movie (T)  
 8:24 Havdalah Service (C)

Havdalah 8:24 PM 

**30 Movie & Dinner Trip**

10:00 Walking Group: Meet in the Weston Living Rm.  
 1:30 Bingo (MH)  
 2:45 Encore Movie Matinee (T)  
**7:00 Van Martin Entertains (MH)**

**31**

9:30 Exercise (MH)  
 10:30 Crosswords (MW)  
 1:30 Ice Cream & Trivia on the Heller Patio  
 3:00 Biography: Amelia Earhart (MH)  
 7:00 Movie (T)

**LEGEND:**

Chapel (C)	Theater (T)
Fitness Center (F)	Weston Game Room (WG)
Heller Card Room (CR)	Weston Lobby/Living Room (LW)
Heller Lobby (LH)	Weston Multi-Purpose Room (MW)
Heller Multi-Purpose Room (MH)	

**REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE *LESTER LIFE CHANNEL* (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.**