

August 2015

VILLAGE PRESS

The Newsletter for Village Apartments



Celebrating August

**Read a Romance
Novel Month**

**What Will Be Your
Legacy Month**

Farmers Market Week
August 2–8

Coast Guard Day
August 4

Homemade Pie Day
August 7

Bowling Day
August 8

Vinyl Record Day
August 12

Mail Order Catalog Day
August 18

Massage Therapy Week
August 19–23

Kiss and Make Up Day
August 25

More Herbs, Less Salt Day
August 29

When Life Gives You Lemons...

August 20 is Lemonade Day. Legend has it that on this date in 1630, lemonade made its debut in Paris, France. The drink wasn't merely a mix of lemons, sugar, and water but was a fashionable concoction of sparkling water, lemon juice, and honey. Leave it to the French to turn lemons into something elegant.

These days lemonade enjoys seemingly endless variations. Pink lemonade adds a colorful dash of grenadine or a splash of pink juice from raspberries, watermelon, red grapefruit, cherries, or strawberries. Such herbs as mint, thyme, and basil or ginger root can be added to a glass for extra flavor. Adventurous types even dare to add spicy jalapeño peppers or Thai chilies. On really hot days, lemonade frozen into a slushy consistency can be eaten with a spoon like sorbet. And there's even limeade, which substitutes limes for lemons. Since August is also Lemonade Stand Month, try selling some of those flavors as a way to raise funds for something special.

Perhaps it's no coincidence that Lucy Ware Webb Hayes, first lady and wife of U.S. President Rutherford B. Hayes, was born on August 28, 1831—during a month now saturated with references to lemonade. As a supporter of the temperance movement, Lucy Hayes was dubbed "Lemonade Lucy." She was a staunch supporter of her husband's decision to ban all alcohol from state functions held at the White House. She was held up as an example of fine morality by the Women's Christian Temperance Union. She took criticism of her views on temperance with good humor and was widely considered a popular and elegant hostess. Some even hailed her as a representative of the "new woman era" in America. That's something we can all drink to...with lemonade of course.



Manager's Corner



Have your blood pressure checked twice a month!

1st Thursday of every month with the South Orange Health Department from 9:00 am – 10:00 am

2nd floor Charles Bierman Home

3rd Thursday of every month with the Jewish Vocational Services (JVS) from 10:30 am – 11:30 am

1st floor lounge



- **Reminder.....** We have a computer in the 1st floor lounge for all the residents to surf the internet. Please be sure to allow everyone the opportunity to use the computer. Also, please make sure that you keep the volume low on the computer so other residents can still continue to use the lounge for their enjoyment. **Update: There is now a printer connected to this computer!!**

UPDATE: Back-up Generator

There has been a delay in the end date of this project. The JCHC has now changed the location of where the new generator will go. The generator will now be placed in the rear courtyard. We will continue to keep you updated on the progress. I want to thank everyone in advance for their cooperation and patience during this project.

Upcoming Events



- Food Meeting with Mitchell
- Floral Design Workshop
- Bob Gold's Jazz Program
- Mt. Airy Casino
- Jazz in the Garden
- Chester, NJ
- Poetry Workshop
- Essex Green
- Exercise with Tami
- Pier Village in Long Branch
- Bingo
- Senior TV Movies
- Trader Joe's Florham Park
- Tinton Falls
- Social Worker Meet n' Greet
- Knitting Club
- Bridge
- Current Events
- Walmart & Rt 22 Shopping
- Supper Club
- Crossword Fun
- Village Men's Club
- Red Bank NJ
- Tenant Association Meeting
- Religious Services

Please check your calendar for event dates and times.

Senior TV Survey

It's that time a year again for the Senior TV survey! Please drop by the office to pick up the survey. This is your time to tell us if you are happy with the channel line-up or maybe interested in making some changes...if possible. Remember the residents were all part of making the original channel line-up...so the majority will rule.

Welcome the New Village Apartments Social Worker



All are invited to come down to the Village Apartments Dining room to meet and greet our new Social Worker.

**Wednesday, August 19th
1:00 p.m.**



!!NO SMOKING!!

**Please be considerate!
Follow the Smoking Policy
Smokers can smoke in the
designated areas!**

- **20 Feet from entrances
of the building
Or**

In the parking lot areas

Happy August Birthday



**August 05: Sam Hoffman
August 07: Robert Zellan
August 12: Marjorie Johnson
August 13: Jack Lewis
August 15: Kathleen Zahedi
August 21: Joyce Spencer
August 21: Marc Pressel
August 25: Jeanne Ginsberg**

The “4 Mother’s of the Bible” program by Hagit Sheer was filled with delightful stories, music and dance.



We explored the origins of “various forms of Dance” with April Osborne.



The Future of Shopping



Is the Internet starting to make things too easy for us? August is Shop Online for Groceries Month. Fruits, vegetables, frozen foods, meats, dairy, the works can all be delivered right to your door. Some people call this innovation, others call it convenience, and still others might consider it just plain laziness. One thing is for certain: online shopping is here.

Adults 50 years old and above represent the Web's largest constituency, comprising one-third of the total 195.3 million Internet users in the U.S. alone (Jupiter Research). Two-thirds of Americans 50-plus buy from e-retailers online, while nine out of 10 Baby Boomers say they've purchased something online (eMarketer, 2013).

That's why companies are creating online tools to make shopping easier and more fun. Imagine walking by a store when your mobile phone suddenly beeps. It's the store letting you know that your favorite toothpaste is on sale. Thanks to the call, you enter the store to do some unplanned shopping. Once inside, your phone can act like a personal shopper. It can tell you where to find your favorite style of clothes at the most reasonable prices. It will also tell you where to buy the very sunglasses worn by your favorite movie star. For those of us still shopping for groceries at actual supermarkets, some phones will even use our shopping lists to map the fastest route through the aisles.

After you've made your selections and are ready to check out, you will not even need to visit a checkout counter. Simply use your cell phone to scan all your purchases and pay. You'll be leaving with full shopping bags, having never waited in a line. Of course, all these innovations assume you aren't buying your items from the comfort of your home. With so many online retailers offering free next-day shipping, it's a wonder people will leave their homes at all. It's then up to brick-and-mortar retailers to come up with creative ways to lure us out of our homes—and into their stores.

AUGUST 2015 VILLAGE Calendar is subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 1:30 MOVIE 7:00 MOVIE	3 10:30 Rt 10 & Irvings & Farmers Market 2:30 Food Meeting with Mitchell 5:45 SUPPER CLUB	4 9:15 Exercise 10:45 Shopping 12:00 Congregate Lunch 1:00 Bridge 2:30 Floral Design Workshop 5:30 Bob Gold Jazz Program 7:00 Movie	5 8:30 Mt. Airy Casino 11:00 Exercise with Tami 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 5:45 SUPPER CLUB	6 9:15 EXERCISE 9:45 Jazz in the Garden at Newark Museum 12:00 Congregate Lunch 7:00 BINGO	7 1:30 RELIGIOUS SERVICE 5:45 SUPPER CLUB	8
9 1:30 MOVIE 7:00 MOVIE	10 10:00 Chester, NJ 5:45 SUPPER CLUB	11 9:15 Exercise 10:45 Shopping 12:00 Congregate Lunch 1:00 Bridge 5:30 Poetry Workshop 7:00 Movie	12 10:30 Essex Green 11:00 Exercise with Tami 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 5:45 SUPPER CLUB	13 9:15 EXERCISE 10:00 Pier Village, Long Branch, NJ 12:00 Congregate Lunch 2:00-5:00 Open House 7:00 BINGO	14 1:30 RELIGIOUS SERVICE 5:45 SUPPER CLUB	15 8:00 Senior TV Movie
16 1:30 MOVIE 7:00 MOVIE 8:00 Senior TV Movie	17 10:30 Trader Joe's Florham Park 5:45 SUPPER CLUB	18 9:15 Exercise 10:45 Shopping 12:00 Congregate Lunch 1:00 Bridge 5:30 Crossword Fun 7:00 Movie	19 10:00 Tinton Falls Outlets 11:00 Exercise with Tami 1:00 New Social Worker Meet & Greet 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 5:45 SUPPER CLUB	20 9:15 EXERCISE 10:30 Walmart, Rt 22 12:00 Congregate Lunch 7:00 BINGO	21 1:30 RELIGIOUS SERVICE 5:45 SUPPER CLUB	22
23/30 1:30 MOVIE 7:00 MOVIE	24/31 10:30 Essex Green 5:45 SUPPER CLUB	25 9:15 Exercise 10:45 Shopping 12:00 Congregate Lunch 1:00 Bridge 5:30 Crossword Fun 7:00 Movie	26 10:30 Livingston Mall 11:00 Exercise with Tami 2:00 CURRENT EVENTS 3:00 Village Men's Club 4:00 KNITTING CLUB 5:45 SUPPER CLUB	27 9:15 EXERCISE 12:00 Congregate Lunch 10:00 Red Bank, NJ 7:00 BINGO 7:00 TENANT MEETING	28 Village Paper Shredding Day 1:30 RELIGIOUS SERVICE 5:45 SUPPER CLUB	29