



# March 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1 Movie &amp; Dinner Trip</b></p> <p>10:30-11:15 Learning with the J-Teens (MW)  <b>1:00 Trip Departure</b>            1:30 Bingo (MH)            2:45 Encore Movie Matinee (T)  <b>7:00 Moderately Bright Four (MH)</b></p>  <p>Fabulous Acapella Group</p>	<p><b>2</b></p> <p>9:30 Exercise (MH)  <b>10:00 Golda Och Academy Purim Visit (MW)</b>            10:30 Bridge with Masha (CR)            1:30 ABTP: Floral Arts with Megan (MW)            3:30 Lester Life Long Learning: Chaim Lauer (MH)            7:00 Movie (T)</p>	<p><b>3</b></p> <p>10:00 Yoga (MH)  <b>10:30 Chabad School Visit (MW)</b>            1:30 Bingo (MH)            3:15 Biography: Film: Sholem Aleichem, Laughing in the Darkness (MH)  <b>7:00 Lester Purim Shpiel in the Heller Lobby</b></p> 	<p><b>4 Fast of Esther</b></p> <p>9:30 Exercise (MH)            10:00 Blood Pressure Screening (CR)            10:30 Crosswords (MW)            11:00 JETS-JCC            1:30 ABTP: Fine Arts with Cesar *(MW)  <b>3:00 Penny Colman speaking in honor of Woman's History Month "Rosie The Riveter: Women Working on the Home Front in WW II" (T)</b>  <b>6:30 Megillah Reading with Rabbi Polansky (C)</b>            7:15 Movie (T)  <i>* Room change today only</i></p>	<p><b>5 PURIM</b></p> <p>10:00 Yoga (MH)  <b>10:30 Megillah Reading with Rabbi Kirsch (C)</b>            10:30 Word Games (MW)  <b>12:00 Bus Departure to JCC, W. Orange for Purim Concert</b>  <b>1:30 Chabad of Rockaway Purim Visit (MW)</b>  <b>3:00 Purim Entertainment with Alice Leon (MH)</b>            7:00 Bingo (MH)            7:00 Movie (T)</p> 	<p><b>6</b></p> <p>9:30 Morning Java: New &amp; Schmooze (MW)            10:30-12:00 ABTP: Memoir Writing with Paul (CR)            11:00 Shabbat Simcha (MW)            1:30 Musical Memories with Coleen (MW)            3:00 Music in the Weston Living Room (MH)            7:15 Shabbat Services (C)</p> <p>Candle Lighting : 5:36 PM</p> 	<p><b>7</b></p> <p>9:30 Shabbat Services (C)            1:30 Trivial Pursuits (MW)            2:00 Shabbat Study Group (MH)            7:00 Movie (T)</p>  <p>Havdalah: 6:40PM</p> 
<p><b>8</b></p> <p>10:30-11:15 Learning with the J-Teens (MW)  <b>1:30-2:30 Purim Play with Congregation Beth Hatikvah (MH)</b>            2:45 Encore Movie Matinee (T)            7:00 Movie (T)</p> 	<p><b>9</b></p> <p>9:30 Exercise (MH)            10:30 Crosswords (MW)            10:30 Bridge with Masha (CR)            1:30 ABTP: Music with Alice (MW)            2:00 ABTP: Men's Club with Paul (T)            3:00 Tea With Your Administrator (MH)            7:00 Heller Tenants Association Meeting (MH)            7:00 Movie (T)</p>	<p><b>10</b></p> <p>10:00 Yoga (MH)            10:15 Tuesday Trivia with Jeff (MW)            1:30 Bingo (MH)            3:15 Discussion with Dolly (MH)            7:00 Cultural Arts Series: Barbra Streisand: "Back to Brooklyn" (MH)            7:00 Movie (T)</p>	<p><b>11</b></p> <p>9:30 Exercise (MH)            10:00 Blood Pressure Screening (CR)            10:30 Word Games (MW)            10:30 Beginners Hebrew Class with Barrie Halpern (MH)            11:00 JETS-JCC            1:30 ABTP: Fine Arts with Cesar (CR)  <b>1:30 "Effects of All Natural Supplements" with Dar Patel, RPH (MH)</b>  <b>3:00 Pianist, Mike Fishtyn (MH)</b>            7:00 Lester Life Long Learning with Chaim Lauer (MH)            7:00 Movie (T)</p>	<p><b>12</b></p> <p>10:00 Yoga (MH)            10:30 Visit with Kushner Academy (CR)            1:30 Lester Life Long Learning: Rabbi Menashe East (MH)            3:00 Zumba Gold with Tammy (MH)            7:00 Bingo (MH)            7:00 Movie (T)</p> 	<p><b>13 Total Hearing: 9:30-1:00 (CR)</b></p> <p>9:30 Morning Java: News &amp; Schmooze (MW)            11:00 Shabbat Simcha (MW)            1:30 ABTP: Talkin' Art with Paul : "America's National Parks; Adapting To An Uncertain Future" (T)            3:00 Dynamics with Dolly (MH)            7:15 Shabbat Services (C)</p> <p>Candle Lighting : 6:44 PM</p> 	<p><b>14</b></p> <p>9:30 Shabbat Services followed by Life Cycle Kiddush (C)            1:30 Chicken Soup for the Soul (MW)            2:00 Shabbat Study Group (MH)            7:00 Movie (T)</p> <p>Havdalah: 7:48 PM</p> 

**LEGEND:**

Chapel (C)  
 Fitness Center (F)  
 Heller Card Room (CR)  
 Heller Multipurpose room (MH)  
 ABTP: Arts By The People










Theater (T)  
 Weston Game Room (WG)  
 Weston Lobby/Living Room (LW)  
 Weston Multi-Purpose Room (MW)

**REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.**





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>15 Movie &amp; Dinner Trip</b></p> <p>10:30 –11:15 Learning with the J-Teens (MW)</p> <p><b>1:00 Trip Departure</b></p> <p>1:30 Bingo (MH)</p> <p><b>3:00 Steve Minzer With His Jazz Duo (MH)</b></p> <p><b>7:00 Entertainment by Dwyane (MH)</b></p> 	<p><b>16</b></p> <p>9:30 Exercise (MH)</p> <p>10:30 Crosswords (MW)</p> <p>10:30 Bridge with Masha (CR)</p> <p>1:30 ABTP: Floral Arts with Megan (MW)</p> <p>2:00 ABTP: Men's Club with Paul (T)</p> <p>3:00 Skit Reading in the Weston Library (T)</p> <p>7:00 Movie (T)</p>	<p><b>17</b></p> <p>10:00 Yoga (MH)</p> <p>10:15 Tuesday Trivia (MW)</p> <p>1:30 Bingo (MH)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Movie (T)</p>	<p><b>18</b></p> <p>9:30 Exercise (MH)</p> <p>10:00 Blood Pressure Screening (CR)</p> <p>10:30 Word Games (MW)</p> <p>11:00 JETS-JCC</p> <p>1:15 Brain Games with Sharon Rogovin (MH)</p> <p><b>3:00 "Walkers: Friend or Foe" Presentation by Kirby, PT (MH)</b></p> <p>7:00 Lester Life Long Learning with Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p>	<p><b>19</b></p> <p>10:00 Yoga (MH)</p> <p>10:30 Word Games (MW)</p> <p>1:30 Lester Life Long Learning: Cantor Jessica Epstein (MH)</p> <p>3:00 Zumba Gold with Tammy (MH)</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie (T)</p>	<p><b>20 FIRST DAY OF SPRING!!</b></p> <p>9:30 Morning Java: News &amp; Schmooze (MW)</p> <p>10:30-12:00 ABTP: Memoir Writing with Paul (CR)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>2:00 Judy Ebright: Rembrandt (T)</p> <p>3:15 All About Passover with Thelma (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting : 6:51 PM</p> 	<p><b>21</b></p> <p>9:30 Shabbat Services (C)</p> <p>1:30 Trivial Pursuits (MW)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>7:00 Movie (T)</p> <p>Havdalah 7:56 PM</p> 	
<p><b>22 TRIP TO NYC</b></p> <p>10:30-11:15 Learning with the J-Teens (MW)</p> <p><b>10:30 Trip Departure to NYC: The New York Museum. Guided Tour "Letters From Afar"</b></p> <p>1:30 Bingo (MH)</p> <p>2:45 Encore Movie Matinee (T)</p> <p>7:00 Movie (T)</p>	<p><b>23</b></p> <p>9:30 Exercise (MH)</p> <p>10:30 Crosswords (MW)</p> <p>10:30 Bridge with Masha (CR)</p> <p>1:30 ABTP: Music with Alice (MW)</p> <p>3:30 Lester Life Long Learning: Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p> 	<p><b>24</b></p> <p>10:00 Yoga (MH)</p> <p>10:15 Tuesday Trivia with Jeff (MW)</p> <p>1:30 Bingo (MH)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Cultural Arts Series: "Steel Silk" Champion Acrobats of China (MH)</p> <p>7:00 Movie (T)</p>	<p><b>25 TRIP TO JEWISH FILM FESTIVAL</b></p> <p>9:30 Exercise (MH)</p> <p>10:00 Blood Pressure Screening (CR)</p> <p>10:30 Word Games (MW)</p> <p>10:30 Beginners Hebrew Class with Barrie Halpern (MH)</p> <p>11:00 JETS-JCC</p> <p><b>11:45 At W. Orange JCC: "The Outrageous Sophie Tucker"</b></p> <p>1:30 ABTP: Fine Arts with Cesar (CR)</p> <p><b>3:00 Birthday Bash with Ronni Aiello (MH)</b></p> <p>7:00 Lester Life Long Learning with Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p> 	<p><b>26 COMMUNITY SEDER</b></p> <p>10:00 Yoga (MH)</p> <p><b>10:30-12:00 Diller Teens Visit (MH)</b></p> <p><b>11:00-1:00 "Senior Adult Seder" at the Lautenberg JCC (next door)</b></p> <p>1:30 Lester Life Long Learning: Cantor Jessica Epstein (MH)</p> <p>3:00 Weston Residents Council Meeting (MH)</p> <p>3:00 Movie with a Message (T)</p> <p>7:00 Bingo (MH)</p> <p>7:00 Movie with a Message (T)</p> <p>Candle Lighting 6:59 PM</p> 	<p><b>27</b></p> <p>9:30 Morning Java: News &amp; Schmooze (MW)</p> <p>11:00 Shabbat Simcha (MW)</p> <p>1:15 Joys of Yiddish with Naomi (MW)</p> <p>3:00 Discussion: Movie with a Message (MH)</p> <p>7:15 Shabbat Services (C)</p> <p>Candle Lighting 6:59 PM</p> 	<p><b>28</b></p> <p>9:30 Shabbat Services followed by Life Cycle Kiddush (C)</p> <p>1:30 Chicken Soup for the Soul (MW)</p> <p>2:00 Shabbat Study Group (MH)</p> <p>7:00 Movie (T)</p> <p>Havdalah: 8:03 PM</p> 	
<p><b>29</b></p> <p>10:30-11:15 Learning with the J-Teens (MW)</p> <p>1:30 Bingo (MH)</p> <p>2:45 Encore Movie Matinee (T)</p> <p>7:00 Movie (T)</p>	<p><b>30</b></p> <p>9:30 Exercise (CR)</p> <p><b>10:30-12:00 "High Line of New York" Presentation by Terrence Roselle (MH)</b></p> <p>1:30 Chorus with Marion (MH)</p> <p>3:00 "Matzo &amp; Mamaloshen": Songs from the Passover Table (MH)</p> <p>7:00 Movie (T)</p>	<p><b>31</b></p> <p>10:00 Yoga (MH)</p> <p>10:15 Tuesday Trivia (MW)</p> <p>10:30 Bridge with Masha (CR)</p> <p>1:30 Bingo (MH)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Movie (T)</p>					<p>Countdown to Passover... 3 Days to Go!!!</p> 