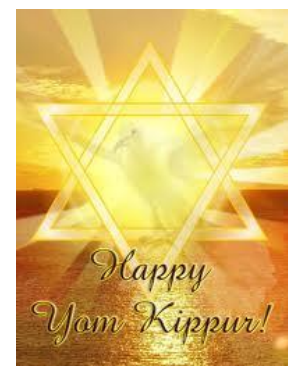


October 2014

# VILLAGE PRESS

The Newsletter for Village Apartments



## Celebrating October

**Yom Kippur**

**Sukkot**

**Shemini Atzeret**

**Simchat Torah**

**Spinning and  
Weaving Week**

*October 6–10*

**Freedom of Speech Week**

*October 19–25*

**Balloons Around  
the World Day**

*October 1*

**Handbag Day**

*October 10*

**World Origami Days**

*October 24–November 11*

**Mule Day**

*October 26*

**Checklist Day**

*October 30*

## YOM KIPPUR

Yom Kippur is probably the most important holiday of the Jewish year. Many who do not observe any other Jewish custom will refrain from work, fast and/or attend synagogue services on this day. Yom Kippur occurs on the 10th day of Tishri.

The name "Yom Kippur" means "Day of Atonement." It is a day set aside to atone for the sins of the past year. This day is, essentially, a last chance to demonstrate your repentance and make amends.

Yom Kippur atones only for sins between man and G-d, not for sins against another person. To atone for sins against another person, you must first seek reconciliation with that person, righting the wrongs you committed against them if possible. That must all be done before Yom Kippur.

Yom Kippur is a complete Sabbath; no work can be performed on that day. Participants are supposed to refrain from eating and drinking (even water) on Yom Kippur. It is a complete, 25-hour fast beginning before sunset on the evening before Yom Kippur and ending after nightfall on the day of Yom Kippur. These restrictions can be lifted where a threat to life or health is involved. Children under the age of nine and women in childbirth (from the time labor begins until three days after birth) are not permitted to fast. Older children and women from the third to the seventh day after childbirth are permitted to fast, but are permitted to break the fast if they feel the need to do so. People with other illnesses should consult a physician and a rabbi for advice.

Most of the holiday is spent in the synagogue, in prayer. In Orthodox synagogues, services begin early in the morning and continue until about 3 PM. People then usually go home for an afternoon nap and return around 5 or 6 PM for the afternoon and evening services, which continue until nightfall. The services end at nightfall, with the blowing of the tekiah gedolah, a long blast on the shofar.

It is customary to wear white on the holiday, which symbolizes purity and calls to mind the promise that our sins shall be made as white as snow. Some people wear a kittel, the white robe.

## SUKKOT



Sukkot, a Hebrew word meaning "booths" or "huts", refers to the Jewish festival of giving thanks for the fall harvest, as well as the commemoration of the forty years of Jewish wandering in the desert after Sinai. Sukkot is celebrated five days after Yom Kippur on the 15th of Tishrei, and is marked by several distinct traditions. One tradition, which takes the commandment to "dwell in booths" literally, is to build a sukkah which means "covering" or "shelter." These huts are constructed as temporary shelters. The roof is covered with foliage, which is spaced to let in the light. Fruits and vegetables, including apples, grapes, corn, and pomegranates, are hung inside the hut. The families eat their meals in the huts under the evening sky. In Israel, where it does not usually rain during this season, families observe Sukkot by eating and sleeping in the sukkah for seven days.

## SHEMINI ATZERET & SIMCHAT TORAH



Shemini Atzeret is the final day of festivities at the end of Sukkot. It is followed by Simchat Torah, the holiday that marks the conclusion of the annual reading of the Torah and its beginning again--amid dancing, song, and celebration.



## Manager's Corner



*Sending you warm wishes... Happy Yom Kippur!*



*May you be blessed with happiness... Good Health...  
And prosperity....On Sukkot and Always! Happy Sukkot*

***Reminder:***

*Please be sure to sign up for the Holiday dinner offered on Thursday, October 9 at 5:00. There is a charge of \$18.00. Residents must sign and pay by Monday, October 6.*

## Happy October Birthday



**Oct. 1 Lore Trytell**  
**Oct. 6 Rose Wierzbicki**  
**Oct. 8 Pearl Morgan**

### **Succah Decoration Workshop**

**Monday, October 16<sup>th</sup>**

**3:30 p.m.**

**Village Apartments Lounge**

Residents are invited to come down to the lounge to help create decorations for the Village Apartment's Succah. Volunteers will be on hand to assist with this creative and fun project.

### **IMPORTANT SAFETY REMINDER:**

**All guests and visitors must sign in at the desk prior to entering Village Apartments.**

**Thank You!**



### **Upcoming Events:**

- Holiday Observances and Religious Services
- CEO Chat
- Succah Decoration Workshop with Volunteers
- Floral Design Class
- Scrabble with Fran Rod
- Manager/Tenant Meeting
- Exercise with Tami
- Livingston Farmer's Market
- Walmart in Cedar Knolls
- Trip to Chester, NJ
- Ellen Barocas Fun Film Program
- Trader Joe's in Westfield
- Mt. Airy Lodge
- Newark Museum
- Poetry Workshop
- Never2Late Karaoke
- Senior TV Movies
- Traveling Stage: Live Theatre Group presents Female Spies
- Flu and pneumonia shots
- Tenant Meeting

And much more. Please be sure to check your calendar for dates and times for all events.



## Kvell & Kvetch

Do you have any suggestions or compliments that you feel would help make Village Apartments a better place?

Would you like to share your thoughts with JCHC administrators?

If so, you may place your comments in the Kvell & Kvetch box located in the building 4 lobby.

Compliments & Suggestions are welcome.

Your opinion is of great value to us.

If you would like to mention things that we are doing well or areas where we can improve, we want to know.

If you have an idea or a suggestion, please tell us!



## Congratulations!

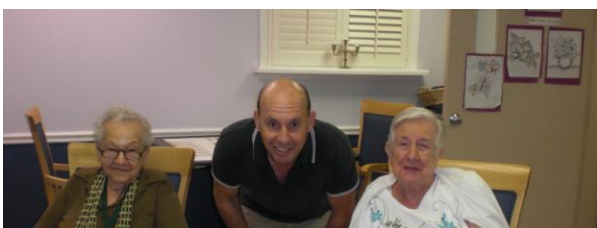
Village resident, Albin Kubulis received an award of merit on September 11, 2014 from Local #68 International Union of Operating Engineers. The award was given in honor and appreciation of 50 years of commitment and dedication to his field.

Albin retired 8 years ago. Prior to his retirement, Albin spent 25 years at the Essex County Power Plant in Cedar Grove as a Stationary Engineer. Albin has been proud to be a South Orange resident for the past 45 years. This would include living three years at Village Apartments.

Village residents enjoyed a “Floral Design.” Workshop in September.



Rhythm and rhyme is highly encouraged at the Poetry Workshop.



# October 2014 VILLAGE Calendar is subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 10:45 Livingston Mall 11:00 Exercise with Tami Dining Room 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 4:30-6:00 SUPPER CLUB	<b>2</b> 9:15 EXERCISE 12:00 Congregate Lunch 2:15 Livingston Farmer's Market 7:00 BINGO	<b>3 Yom Kippur</b> 1:00 Office Closes 1:30 Kol Nidre Service 4:00 pm & 5:30 pm SUPPER CLUB	<b>4 Yom Kippur</b> 4:30 Yom Kippur Service
<b>5</b> 1:30 MOVIE 7:00 MOVIE	<b>6</b> 10:30 Walmart Cedar Knolls 3:30 Succah Decoration Workshop with Suzy Berman's Volunteers 4:30-6:00 SUPPER CLUB	<b>7</b> 9:15 Exercise 10:45 Shopping 12:00 Congregate Lunch 1:00 Bridge <b>2:30 Floral Design</b> 5:30 Scrabble with Fran Rod 7:00 Movie	<b>8</b> 11:00 Exercise with Tami Dining Room 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 4:30-6:00 SUPPER CLUB	<b>9 Sukkot, 1st Day</b> Office Closed 5:00 Holiday Dinner – Must sign up in advance \$18.00	<b>10 Sukkot, 2nd Day</b> Office Closed 1:30 Kiddush in the Sukkah 4:30-6:00 SUPPER CLUB	<b>11</b>
<b>12</b> 1:30 MOVIE 7:00 MOVIE	<b>13 Columbus Day</b> 10:30 Essex Green 1:00 Manager/Tenant Meeting 4:30-6:00 SUPPER CLUB	<b>14</b> 9:15 Exercise 10:45 Shopping 12:00 Congregate Lunch 1:00 Bridge 2:30 Art with Flo 5:30 Female Spies Traveling Stage 7:00 Movie	<b>15</b> 11:00 Exercise with Tami Dining Room 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 30-6:00 SUPPER CLUB	<b>16 Shemini Atzeret, Yizkor</b> Office Closed 5:00 Holiday Dinner – Must sign up in advance \$18.00	<b>17 Simchat Torah</b> Office Closed 1:30 Shabbat/Simchat Torah 4:30-6:00 SUPPER CLUB	<b>18</b> Senior TV Movie Channel 55 8:00 pm
<b>19</b> 1:30 MOVIE 7:00 MOVIE	<b>20</b> 9:30-11:00 Private Duty Aide Policy Meeting 10:30 Trader Joe's Westfield 4:30-6:00 SUPPER CLUB	<b>21</b> 9:15 Exercise 10:45 Shopping 12:00 Congregate Lunch 1:00 Bridge 2:30 Art with Flo 5:30 Poetry Workshop 7:00 Movie	<b>22</b> 8:30 Mt. Airy Lodge Casino 11:00 Exercise with Tami Dining Room 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 4:30-6:00 SUPPER CLUB	<b>23</b> 9:15 EXERCISE 10:30 Newark Museum 12:00 Congregate Lunch 3:00-6:00 Open House 6:00 NCJW Fun Film Program 7:00 BINGO	<b>24</b> 12:00-1:30 Private Duty Aide Policy Meeting 1:30 RELIGIOUS SERVICE 4:30-6:00 SUPPER CLUB	<b>25</b> Senior TV Channel 55 Movie 8:00 pm
<b>26</b> 1:30 MOVIE 7:00 MOVIE	<b>27</b> TBA Flu Shots 12:30-5:00 10:30 Irving's & Farmer's Market, Rt 10 4:30-6:00 SUPPER CLUB	<b>28</b> 9:15 Exercise 10:45 Shopping 12:00 Congregate Lunch 1:00 Bridge 2:30 Art with Flo 5:30 Never2Late Karaoke 7:00 Movie	<b>29</b> 10:30 Chester, NJ 11:00 Exercise with Tami Dining Room 2:00 CURRENT EVENTS 4:00 KNITTING CLUB 4:30-6:00 SUPPER CLUB	<b>30</b> 9:15 EXERCISE 12:00 Congregate Lunch 6:00 CEO Chat 7:00 Tenant Meeting	<b>31</b> 1:30 RELIGIOUS SERVICE 4:30-6:00 SUPPER CLUB	