



# September 2104




## Sunday Monday Tuesday Wednesday Thursday Friday Saturday



**National Assisted Living Week. September 7th-12th**

**1 LABOR DAY**

9:30 Walking Club: Meet in the Weston LR  
 10:30 Labor Day Trivia on the Front Patio  
 1:30 ABTP: Floral Arts with Megan (MW)  
**3:00 Labor Day Watermelon social Entertainment with Flip Peters (MH)**  
 7:00 Movie: I Love Lucy, 50th Anniversary Special (T)



**2**

10:00 Yoga (CR)  
 10:15 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Summer Movie Series: From the Simon Wiesenthal Center: "In Search of Peace" (T)

**3 Concert in Veterans Park, Parsippany "Time Machine"**


9:30 Exercise (MH)  
 10:00 Blood Pressure Screening (F)  
 10:30 Crosswords (MW)  
 11:00 JETS-JCC  
 11:00 Bridge with Masha (CR)  
 1:30 **NEW:** Speaking Simple Yiddish with Nathan (MW)  
 3:30 "Living with Diabetes": Wellness Seminar (MH)  
**6:00 Bus Departs to park**  
 7:00 Movie (T)

**4**

10:00 Yoga (CR)  
 10:30 Word Games (MW)  
 1:30 Sharing with Cheryl: About the High Holidays (MH)  
 2:30 Coming Together with Heather (WG) pre-registration required  
 3:30 Tea with Your Administrator (MH)  
 7:00 Bingo (MH)  
 7:00 Movie (T)


**5**

9:30 Morning Java: News & Schmooze (MW)  
 10:30-12:00 ABTP: Memoir Writing with Paul (CR)  
 11:00 Shabbat Simcha (MW)  
 1:15 Beading with Barb (MW)  
 3:15 Dynamics with Dolly (MH)  
 7:15 Shabbat Services (C)

Candle Lighting : 7:05 PM 

**6**

9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 1:30 Trivial Pursuits MW)  
 2:00 Shabbat Study Group (C)  
 7:00 Movie (T)


Havdalah: 8:06 PM 

**7 MOVIE & DINNER TRIP**

10:00 Walking Club: Meet in the Weston LR  
 11:00 Card Making with Barb (MW)  
**1:00 Trip Departure**  
 1:30 Bingo (MH)  
 3:15 Encore Movie Matinee (T)  
**7:00 Estere performs (MH)**


**8**

9:30 Exercise (MH)  
 10:30 Yiddish Potpourri: with Rebecca Levine (MH)  
 1:30 Biography: The Life of Sophia Loren (MH)  
*Popcorn will be served*  
 2:00 ABTP: Mens Club (T)  
 4:00-5:30 Weston Cocktail Party celebrating Assisted Living Week (LW)  
 7:00 Tenants Association Meeting (MH)  
 7:00 Movie (T)



**9**

10:00 Yoga (CR)  
 10:15 Musical Trivia with Jeff (MW)  
 1:30 Shiru Na Choir with Ronnie Weinstein (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Cultural Arts Series: "The Goat Rodeo" Yo Yo Ma, et al (MH)  
 7:00 Movie (T)




**10**

9:30 Exercise (MH)  
 10:00 Blood Pressure Screening (F)  
**10:30 Musical Word Game (MW)**  
 11:00 JETS-JCC  
 11:00 Bridge with Masha (CR)  
 1:30 ABTP: Fine Arts (MW)  
**3:00 Birthday Bash with Narrow Escapes (MH)**  
 7:00 Movie (T)




**11**

10:00 Yoga (CR)  
**1:30 Rhythm & You in Heller Lobby**  
 2:30 Coming Together with Heather (WG) pre-registration required  
**3:30 Music & Memories with Coleen (MH)**  
 7:00 Bingo (MH)  
 7:00 Movie (T)



**12 Reel Film Series 9:00 Bus Departs**

9:30 Morning Java: News & Schmooze (MW)  
 11:00 Shabbat Simcha (MW)  
 1:15 Knitting with Barb (MW)  
 2:00 ABTP: Talkin' Art with Paul: Memories & Music (T)  
 3:00 Baking Honey Cookies (MW)  
 7:15 Shabbat Services (C)

Candle Lighting : 6:53 PM 

**13**

9:30 Shabbat Services (C)  
 1:30 You Be the Judge (MW)  
 2:00 Shabbat Study Group (C)  
 7:00 Movie (T)

Havdalah: 7:54 PM 

**14 Opera at Florham Park**

10:00 Walking Club: Meet in the Weston LR  
 11:00 Mitzvah Clowns Visit!  
**2:00 Trip Departure**  
 1:00 Pet Visit with Roxanne (WL)  
 1:30 Bingo (MH)  
 3:15 Encore Movie Matinee (T)  
 7:00 Movie (T)

**15 Shirley Green Memorial Lecture, JCC, W. Orange: U.S. -Israel Relations**

9:30 Exercise (MH)  
 10:30 Word Games (MW)  
**12:00 Bus Departs to JCC**  
 1:30 ABTP: Songwriting with Alice (MW)  
 3:30 Lester Life Long Learning: Chaim Lauer (MH)  
 7:00 Movie (T)

**16**

10:00 Yoga (CR)  
 10:15 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 3:00 Weston Residents Council Meeting (MH)  
 7:00 Summer Movie Series: From the Simon Wiesenthal Center: "Unlikely Heroes" (T)

**17**

9:30 Exercise (MH)  
 10:00 Blood Pressure Screening (F)  
 10:30 Crosswords (MW)  
 11:00 JETS-JCC  
 11:00 Bridge with Masha (CR)  
 1:30 The Lighter Side of Mel (MH)  
**3:00 Mike Fishtyn Piano Concert (MH)**  
 7:00 Lester Life Long Learning: Chaim Lauer (MH)  
 7:00 Movie (T)

**18**

10:00 Yoga (CR)  
 10:30 Word Games (MW)  
 1:30 Lester Life Long Learning: Cantor Ted Proznitz (MH)  
 3:00 **NEW:** The ABC's of Values with Naomi (MH)  
 7:00 Bingo (MH)  
 7:00 Movie (T)


**19 Reel Film Series 9:00 Bus Departs**

**TOTAL HEARING: 9:30-1:00 (WG)**  
 9:30 Morning Java: News & Schmooze (MW)  
 10:30-12:00 ABTP: Memoir Writing with Paul (CR)  
 11:00 Shabbat Simcha (M)  
 1:15 **NEW:** Chorus Class with Marion (MW)  
 2:15 Judy Ebright: Vermeer (T)  
 7:15 Shabbat Services (C)








Candle Lighting 6:41 PM 

**20**

9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 1:30 Trivial Pursuits (MW)  
 2:00 Shabbat Study Group (C)  
 7:45 Havdallah and Special Documentary entitled "Rashi" followed by Discussion and Selichot Service (MH)

Havdallah 7:45 PM 



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>21 <b>GREAT SHOFAR BLOWOUT!</b></p> <p>10:00 Walk to JCC, next door, to the Great Shofar Blowout Meet in Heller Lobby</p> <p>1:30 Bingo (MH)</p> <p>3:15 Encore Movie Matinee (T)</p> <p>7:00 Kathy Donnelly Performs (MH)</p>	<p>22</p> <p>9:30 Exercise (MH)</p> <p>10:30 Word Games (MW)</p> <p>1:30 ABTP: Floral Arts with Megan (MW)</p> <p>2:00 ABTP: Men's Club (T)</p> <p>3:30 Lester Life Long Learning: Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p>	<p>23 <b>First Day of Autumn (Autumnal Equinox)</b></p> <p>10:00 Yoga (CR)</p> <p>10:15 Tuesday Trivia with Jeff (MW)</p> <p>1:30 Bingo (MH)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Cultural Arts Series: "Elaine Stritch At Liberty" (MH)</p> <p>7:00 Movie (T)</p> 	<p>24 Erev Rosh Hashana</p> <p>9:30 Exercise (MH)</p> <p>10:00 Blood Pressure Screening (F)</p> <p>10:30 Crosswords (MW)</p> <p>11:00 Bridge with Masha (CR)</p> <p>1:30 ABTP: Fine Arts (MW)</p> <p>3:00 Music and Dancing in the Weston Living Room</p> <p>7:15 Rosh Hashana Synagogue Services (C)</p> <p>Candle Lighting 6:32 PM</p> 	<p>25</p> <p>Rosh Hashana</p> <p>10:30 Morning Stretch (MW)</p> <p>1:30 Jewish Trivia (MW)</p> <p><i>*Weston Activity &amp; Game Room will be open all day</i></p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>For Services and other Details please see the High Holiday Booklet</p> <p>Wishing you a Happy and Healthy New Year</p> </div> <p>Candle Lighting After PM</p> 	<p>26</p> <p>Rosh Hashana</p> <p>10:30 Morning Stretch (MW)</p> <p>1:30 Jewish Humor (MW)</p> <p><i>*Weston Activity &amp; Game Room will be open all day</i></p> <p>Candle Lighting 6:29 PM</p> 	<p>27</p> <p>9:30 Shabbat Services followed by Life Cycle Kiddush (C)</p> <p>1:30 Jewish Trivia (MW)</p> <p>2:00 Shabbat Study Group (C)</p> <p>7:00 Movie (T)</p> <p>Havdalah: 7:30 PM</p> 	
<p>28 <b>Movie &amp; Dinner Trip</b></p> <p>10:00 Walking Club: Meet in the Weston LR</p> <p>11:00 You Be The Judge (MW)</p> <p>1:00 Trip Departure to movie</p> <p>1:30 Bingo (MH)</p> <p>3:15 Encore Movie Matinee (T)</p> <p>7:00 Movie (T)</p>	<p>29</p> <p>9:30 Exercise (MW)</p> <p>10:30 Word Games (MW)</p> <p>1:30 Yiddish Group with Naomi (MW)</p> <p>3:30 Lester Life Long Learning: Chaim Lauer (MH)</p> <p>7:00 Movie (T)</p>	<p>30</p> <p>10:00 Yoga (CR)</p> <p>10:15 Tuesday Trivia (MW)</p> <p>1:30 Bingo (MH)</p> <p>3:15 Discussion with Dolly (MH)</p> <p>7:00 Movie (T)</p>					

# September 2014

**REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE *LESTER LIFE CHANNEL* (SeniorTV Ch. 6) and the **DAILY SIGNS** FOR ANY CHANGES.**

## LEGEND:

<p>Chapel (C)</p> <p>Fitness Center (F)</p> <p>Heller Card Room (CR)</p> <p>Heller Multipurpose room (MH)</p> <p>ABTP: Arts By The People</p>	<p>Theater (T)</p> <p>Weston Game Room (WG)</p> <p>Weston Lobby/Living Room (LW)</p> <p>Weston Multi-Purpose Room (MW)</p>
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