



Make a difference: Become a Friendly Visitor

Jewish Family Service of MetroWest (JFS) is seeking volunteers for its Project Cares program that provides companionship to residents ages 60 and over, who are lonely and socially isolated in four JCHC apartment locations in Essex County. The buildings are located in South Orange, West Orange, and Irvington.

Volunteers are able to:

- Provide friendship, companionship, and support
- Accompany resident to activities in the building
- Go for a walk or sit outside with a resident
- Play cards with a resident
- Teach the "It's Never Too Late" computer program
- Assist resident with learning the computer, specifically connecting with family and friends through e-mail

JFS will conduct initial training. Volunteers receive ongoing support and supervision from staff. JFS meets with both the volunteer and resident to ensure that matches are successful, taking into consideration personality, geography and other important factors.

To learn more about becoming a Friendly Visitor, please contact Suzy Berman, MSW, coordinator of volunteer services at (973) 637-1747.



Project Cares works in collaboration with Jewish Community Housing Corporation and is funded by Enterprise Community Partners, Inc.



Jewish Family Service
of MetroWest New Jersey

At every age, at every stage, we are here to help.

"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has." – Margaret Mead