

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


November 2013



1
 9:30 Sit 'n Be Fit (MW)
 10:15 ABTP: Creative Writing (CR)
 11:00 Shabbat Simcha (MW)
2:00 NEW: Family Feud, with Hal (MH)
3:00 NEW: Crafting with Barb (MW)
 3:15 Movie with a Message Discussion (MH)
 7:15 Shabbat Services (C) 

Sign up deadline for Nov. 3rd trip to Concert in Millburn  Candle Lighting 5:36 PM

2
 9:30 Shabbat Services (C)
 10:00 Chair Exercise (MW)
 2:00 Shabbat Study Group (C)
 3:15 Jewish Trivia (MW)
 7:00 Movie (T)

Havdalah: 6:38 PM

3 *Metro. Orchestra of NJ Trip
 10:00 Sit 'n Be Fit (MW)
 11:00 "You Be The Judge" (MW)
2:00 Trip departure
 1:30 Bingo (MH)
 3:15 Encore Movie Matinee (T)
3:30 NEW: Baking with Barbara (MW)
7:00 Hal Brister Performance
 * Price of trip is \$2.00 for transportation. Suggested donation of \$15.00 on entry. Sign up with the Heller Concierge. Deadline Nov. 1st

4 *JCC W. Orange Rose Rosen Concert (trip is full)
 9:30 Exercise with Cindy (MH)
12:15 Trip Departure
 1:30-3:00 Jewelry Making with Colette (MW)
 3:30 Lester Life Long Learning with Chaim Lauer (MH)
 7:00 Lester Life Long Learning with Chaim Lauer (MH)


Sign up deadline for Nov. 13th trip to Opera at Loews & Nov. 11th trip to Kristallnacht event

5 ELECTION DAY
 10:00 Yoga (MH)
10:00 Bus leaves to polling station
 10:15 Tuesday Trivia with Jeff (MW)
11:00 NEW: Kushner Jeopardy Challenge
 1:30 Bingo (MH)
 1:30 Computer Help with Tara in Computer Lab
 3:15 Discussion with Dolly (MH)
7:00 Commander in Chief-the series, pt. 8 & 9 (T)

6
 9:30 Exercise with Cindy (MH)
 10:00 Blood Pressure Screening (F)
 10:30 Crosswords (MW)
11:00 JETS-JCC
1:15 Tea with your Administrator (MH)
 2:00 Bridge with Masha (CR)
1:30 ABTP: Fine Arts (MW)
 2:30 Bill Levy: Singing Duos (T)
 7:00 *Jack McCoy's World Update (MH)
 * **This is Jack's last session with us. He is moving and has to leave us. We will miss him.**

7 *Shopping Trip To Bridgewater Commons
 10:00 Yoga (MH)
 10:30 Word Games (MW)
 11:00 Sharing with Cheryl: The Living Torah (MH)
1:15 Shopping Trip departure
1:30 Lester Life Long Learning: Rabbi David Nesson (MH)
 3:00 Silk Flower Arranging (MW)
 7:00 Bingo (MH)
 7:00 Movie (T)
 ***This trip replaces the usual afternoon shopping trip. Usual charge applies**

8 Total Hearing: 9:30-12:30 (WG)
 9:30 Sit 'n Be Fit (MW)
 10:15 Creative Writing (CR)
 11:00 Shabbat Simcha (MW)
 2:00 Poetry with Paul and Dancer, Collette (T)
 3:00 Dynamics with Dolly (MH)
3:00 NEW: Crafting with Barb (MW)
 7:15 Shabbat Services (C)

Candle Lighting :  4:28 PM

9
 9:30 Shabbat Services (C) followed by Life Cycle Kiddush
 10:00 Chair Exercise (MW)
 2:00 Shabbat Study Group (C)
 3:30 Jewish Folklore (MW)
 7:00 Movie (T)

Havdalah: 5:30 PM 

10 Dinner & Movie
 10:00 Sit 'n Be Fit (MW)
 11:00 "Chicktionary" (MW)
 1:00 Pet Visit (LW)
 1:30 Bingo (MH)
 3:15 Encore Movie Matinee (T)
3:30 NEW: "Yesterday's Headlines" (MW)
 7:00 Bill Levy: November Movie Stars (T)

Sign up deadline for Nov. 17th trip to Eldridge Synagogue

11 VETERANS DAY *Kristallnacht Commemoration event
 9:30 Exercise with Cindy (MH)
 10:15-11:45 Songwriting with Alice (MH)
 2:00 Mens Group (T)
 1:30-3:00 Jewelry Making with Colette (MW)
2:30 Veterans Day Event (MH)
 6:30 Trip Departure to Kristallnacht event
 7:00 Movie (T)
 *Price of trip is \$2.00 for transportation. Sign up with the Heller Concierge. Deadline is Nov. 4th.

12
 10:00 Yoga (MH)
 10:15 Tuesday Trivia (MW)
 11:00 Walk 'n Talk: meet in LW
 1:30 Bingo (MH)
 3:15 Discussion with Dolly (MH)
 7:00 Heller Tenants Association Meeting (MH)


13 * Opera Trip at Loews
 9:30 Exercise with Cindy (MH)
 10:00 Blood Pressure Screening (F)
 10:30 Crosswords (MW)
11:00 JETS-JCC
1:30 NEW: Cheder Visit (MW)
 2:00 Bridge with Masha (CR)
3:00 "Marcel & Lucky" perform (MH)
5:30 Trip Departure
 7:00 Movie (T)
 * Price of trip is \$23.00. Sign up with the Heller Concierge. Deadline Nov. 4th

14
 10:00 Yoga (MH)
 10:30 Word Games (MW)
 11:00 Sharing with Cheryl: Famous Jewish Women (MH)
1:30 Lester Life Long Learning: Cantor Joel Kaplan (MH)
 3:15 News & Views with Dave Harris (MH)
 7:00 Bingo (MH)
 7:00 Movie (T)

15
 9:30 Sit 'n Be Fit (MW)
 10:15 ABTP: Creative Writing (CR)
 11:00 Shabbat Simcha (MW)
2:15 Judy Ebright presents: "The Ringling Museum (T)
3:00 NEW: Crafting with Barb (MW)
 7:15 Shabbat Services (C)

Candle Lighting  4:22 PM

16
 9:30 Shabbat Services (C)
 10:00 Chair Exercise (MW)
 2:00 Shabbat Study Group (C)
 3:15 Story Time & Tea (MW)
 7:00 Movie (T)

Havdalah: 5:24 PM 



November 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 *Trip to Eldridge Synagogue, NY 10:00 Trip Departure 10:00 Sit 'n Be Fit (MW) 11:00 "Who Wants To Be a Millionaire" (MW) 1:30 Bingo (MH) 3:30 NEW: Baking with Barbara (MW) 7:00 Van Martin performs (MH) *Price of trip is \$15.00. Sign up with the Heller Concierge. Deadline is Nov. 10th	18 9:30 Exercise with Cindy (MH) 10:15-11:45 Songwriting with Alice (MH) 1:30-3:00 Jewelry Class with Collette (MW) 3:30 Lester Life Long Learning with Chaim Lauer (MH) 7:00 Lester Life Long Learning with Chaim Lauer (MH)	19 10:00 Yoga (MH) 10:15 Tuesday Trivia with Jeff (MW) 11:00 Walk 'n Talk: meet in LW 1:30 Bingo (MH) 1:30 Computer Help with Tara in Computer Lab 3:00 CEO Chat with Weston Residents (MW) 3:15 Discussion with Dolly (MH) 7:00 CEO Chat with Heller Residents (MH)	20 9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) 10:30 Crosswords (MW) 11:00 JETS-JCC 1:15 NEW: Brain Games with Sharon Rogavin (MH) 2:00 Bridge with Masha (CR) 2:30 Bill Levy: Singing Duos (T) 7:00 Cultural Arts Series: Leonard Bernstein's Candida (MH)	21 10:00 Yoga (MH) 10:30 Rhythm & You (MH) 1:30 Lester Life Long Learning Rabbi Ron Kaplan (MH) 3:00 Weston Residents Council Meeting (MW) 3:00 Movie with a Message (T) 7:00 Bingo (MH) 7:00 Movie with a Message (T)	22 9:30 Sit 'n Be Fit (MW) 10:15 ABTP: Creative Writing (CR) 11:00 Shabbat Simcha (MW) 3:00 NEW: Crafting with Barb (MW) 1:00 Karaoke (MW) 3:15 Movie with a Message discussion (MH) 7:15 Shabbat Services (C) Candle Lighting 4:17 PM 	23 9:30 Shabbat Services Followed by Life Cycle Kiddush (C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia & Tea (MW) 7:00 Movie (T) Havdalah: 5:20 PM 
24 Dinner & Movie 10:00 Sit 'n Be Fit (MW) 11:00 Thanksgiving Trivia (MW) 1:00 Trip Departure 1:30 Bingo (MH) 3:15 Encore Movie Matinee (T) 3:30 Lee Meyers, age 12, plays classical music (MH) 7:00 Mario performs (MH)	25 9:30 Exercise with Cindy (MH) 10:30 Yiddish Potpourri with Rebecca Levine (MH) 1:30 -3:00 Jewelry Class with Collette (MW) 2:00 Mens Group (T) 3:30 Lester Life Long Learning with Chaim Lauer (MH) 7:00 Lester Life Long Learning with Chaim Lauer (MH)	26 10:00 Yoga (MH) 10:15 Tuesday Trivia (MW) 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 3:15 Mah Jongg (MW) 7:00 Temple Beth Am Teens visit (MH)	27 1st Night of Chanukah  9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) 10:30 Crosswords (MW) 11:00 "Olive Oil Press" Demonstration (MH) 11:00 JETS-JCC 1:30-3:00 ABTP: Fine Arts Class (MW) 2:00 Bridge with Masha (CR) 3:00 NEW: Birthday Bash with Tom Catucci performing (MH) 7:00 Cultural Arts Series: Chanukah Program with Theodore Bikel (MH)	28 THANKSGIVING 2nd Night of Chanukah  10:00 Yoga (MH) 10:30 Word Games (MW) 11:00 Travelogue: "Great Wonders & Splendors of the World" (MH) 3:00 Sing Along (MW) 7:00 Bingo (MH) 	29 3rd Night of Chanukah  9:30 Sit 'n Be Fit (MW) 11:00 Shabbat Simcha (MW) 1:00 NEW: Knitting Corner (MW) 3:00 NEW: Crafting with Barb (MW) 7:15 Shabbat Services (C) Candle Lighting 4:14 PM 	30 4th Night of Chanukah  9:30 Shabbat Services (C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Folklore & Tea (MW) 7:00 Movie (T) Havdalah: 5:17 PM 

LEGEND:

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|-------------------------------|--------------------------------|
| Chapel (C) | Theater (T) |
| Fitness Center (F) | Weston Game Room (WG) |
| Heller Card Room (CR) | Weston Lobby/Living Room (LW) |
| Heller Multipurpose room (MH) | Weston Multi-Purpose Room (MW) |



REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)

THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.