

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday




# March 2014



1

9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 1:30 Hollywood Fun Facts & Trivia (MW)  
 2:00 Shabbat Study Group (C)  
 7:00 Movie (T)

Havdalah: 6:34PM 

2


10:00 Shake 'n Wake (MW)  
 11:00 Chicken Soup for the Soul (MW)  
 11:00 NEW: Talmud Class with Rabbi Biller and Congregation Beth Ahm (MH)  
 1:30 Bingo (MH)  
 3:00 Tatiana and her Music Students Perform (MH)  
 3:15 Encore Movie Matinee (MH)  
 7:00 Singer, Candyce Giaguinto Performs (MH)

3 \*JCHC University

9:30 Exercise with Cindy (MH)  
 10:30 Word Games (MW)  
 11:00 Kushner Academy Challenge (MH)  
 11:00 New Tenants Meeting in the Private Dining Room  
 1:00 \*JCHC University: "It is Never Quiet in the Hood: An Update on the Middle East. Presented by Nomi Colton-Max (MH)  
 3:30 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Lester Life Long Learning with Chaim Lauer (MH)  
 7:00 Movie (T)

4

10:00 Yoga (CR)  
 10:15 Tuesday Trivia with Jeff (MW)  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
 7:00 Downton Abbey (T)




5

9:30 Exercise with Cindy (MH)  
 10:00 Blood Pressure Screening (F)  
 10:30 Crosswords (MW)  
 10:30 NEW: The Lester Players, a Play Reading Group (CR)  
 11:00 JETS-JCC  
 1:30 Cheder Chabad School Visit (MW)  
 2:00 Bridge with Masha (CR)  
 3:00 In Honor of National Women's History Month: "First Ladies/ First Victories" (T)  
 7:00 Movie (T)

\*Sign Up deadline for the March 9th & 10th trip

6

10:00 Yoga (MH)  
 10:30 Word Games (MW)  
 11:00 Sharing with Cheryl: The Living Torah (MH)  
 1:30 Lester Life Long Learning: Rabbi Helaine Ettinger (MH)  
 3:15 Karaoke (MH)  
 7:00 Bingo (MH)  
 7:00 Movie (T)




7

9:30 Morning Java: News & Schmooze (MW)  
 10:15 ABTP: Creative Writing (CR)  
 11:00 Shabbat Simcha (MW)  
 1:30 Hamantashen Baking with Lisa & Lisa (MW)  
 3:15 The Knitting Circle (MW)  
 7:15 Shabbat Services (C)

Candle Lighting : 5:38 PM 

8

9:30 Shabbat Services (C)  
 1:30 "Finish the Headline" (MW)  
 2:00 Shabbat Study Group (C)  
 7:00 Movie (T)

Havdalah: 6:42PM 

9 Outing: Molly Picon Tribute at the Millburn Library

\*\*10:30 Bingo (MH)  
 \*12:45 Trip Departure  
 2:00-3:30 Purim Fun with the Jewish Federation of Metro West (MH)  
 3:15 Encore Movie Matinee (T)  
 3:15 The Joys of Yiddish with Naomi (CR)  
 7:00 Movie (T)

\*\*Please note time change for Bingo

10 Outing: Purim Concert at the JCC W. Orange

9:30 Exercise with Cindy (MH)  
 10:30 Yiddish Potpourri with Rebecca  
 12:00 Trip Departure  
 1:30-3:00 ABTP: Jewelry Making with Emily (MW)  
 2:00 ABTP: Mens Group (T)  
 3:00 Music & Dancing (LW)  
 7:00 Heller Tenants Association Meeting (MH)  
 7:00 Movie (T)

11

10:00 Yoga (MH)  
 10:15 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 1:30 Computer Help with Julia in the Computer Lab  
 3:15 NEW: Name/Play that Tune with Al McCormick (MH)  
 7:00 Downton Abbey (T)

\*Discussion with Dolly is cancelled for this week only

12

9:30 Exercise with Cindy (MH)  
 10:00 Blood Pressure Screening (F)  
 10:30 Crosswords (MW)  
 10:30 NEW: The Lester Players, a Play Reading Group (CR)  
 11:00 JETS-JCC  
 1:30 ABTP: Fine Arts Group with Andrea (MW)  
 2:00 Bridge with Masha (CR)  
 3:00 Russ Martone Entertains (MH)  
 7:00 Cultural Arts Series: Broadway Musicals, A Jewish Legacy (MH)  
 7:00 Movie (T)

13

10:00 Purim visit from the Grade 3 class of the Golda Och Academy (MH)  
 1:30 Bingo (MH)  
 3:00 Silk Flower Arranging with Camille (MW)  
 7:00 Purim Shpiel with the Stars of the Lester Housing Community!! (MH)



14 Total Hearing 9:30-12:30 (WG)


9:30 Morning Java: News & Schmooze (MW)  
 11:00 Shabbat Simcha (MW)  
 1:15 Musical Memories with Coleen (MW)  
 2:00 ABTP: Talkin' Art with Paul (T)  
 3:15 Knitting Circle (MW)  
 7:15 Shabbat Services (C)


Candle Lighting 6:45 PM 

Sign Up Deadline for the March 30th trip










15

9:30 Shabbat Services followed by Kiddush in honor of Purim (C)  
 1:30 You Be The Judge (MW)  
 2:00 Shabbat Study Group (C)  
 7:00 Movie (T)  
 7:50 Megillah Reading (C)



Havdalah: 7:49 PM 



| Sunday                                                                                                                                                                                                                                                                                                                                                                                                           | Monday                                                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                                                                                                                                                      | Friday                                                                                                                                                                                                                                                                                                                                                                                    | Saturday                                                                                                                                                                                                                                         |                       |                       |                               |                               |                                |                          |  |                                                                                                                                                                                                                                                              |  |  |
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| <p>16 <b>PURIM</b> </p> <p>10:00 Sit 'n Be Fit (MW)<br/>11:00 Chicken Soup for the Soul (MW)<br/>1:30 Megillah Reading with the Mitzvah Teens (C)<br/>1:30 Bingo (MH)<br/>3:00 Purim Celebration with Tuvia Zimber (MH)<br/>7:00 Movie (T)</p>  | <p>17</p> <p>9:30 Exercise with Cindy (MH)<br/>10:15-11:45 ABTP: Songwriting with Alice (MH)<br/>1:30 -3:00 ABTP: Jewelry Class with Emily (MW)<br/>3:30 Lester Life Long Learning with Chaim Lauer (MH)<br/>7:00 Lester Life Long Learning with Chaim Lauer (MH)<br/>7:00 Movie (T)</p>                               | <p>18</p> <p>10:00 Yoga (MH)<br/>10:15 Tuesday Trivia with Jeff (MW)<br/>1:30 Bingo (MH)<br/>3:15 Discussion with Dolly (MH)<br/>7:00 Downton Abbey (T)</p>                                                                                                                                                                | <p>19</p> <p>9:30 Exercise with Cindy (MH)<br/>10:30 NEW: The Lester Players, a Play Reading Group (CR)<br/>10:30 Crosswords (MW)<br/>11:00 JETS-JCC<br/>1:15 Brain Games with Sharon Rogovin (MH)<br/>2:00 Bridge with Masha (CR)<br/>3:15 Tea with Your Administrator (MH)<br/>7:00 Movie (T)</p>                                                                                                                                         | <p>20</p> <p>10:00 Yoga (MH)<br/>11:00 Sharing with Cheryl: National Women's History Month (MH)<br/>1:30 Lester Life Long Learning: Cantor Jessica Epstein (MH)<br/>3:00 Weston Residents Council Meeting (MW)<br/>7:00 Bingo (MH)<br/>7:00 Movie (T)</p>  | <p>21</p> <p>9:30 Morning Java: News &amp; Schmooze (MW)<br/>10:15 ABTP: Creative Writing (CR)<br/>11:00 Shabbat Simcha (MW)<br/>1:15 Crafting with Barbara (MW)<br/>2:15 Judy Ebright: Grant Wood (T)<br/>3:15 Knitting Circle (MW)<br/>7:15 Shabbat Services (C)</p> <p>Candle Lighting 6:53 PM </p> | <p>22</p> <p>9:30 Shabbat Services (C)<br/>1:30 "It Happened in March" (MW)<br/>2:00 Shabbat Study Group (C)<br/>7:00 Movie (T)</p> <p>Havdalah: 7:57 PM </p> |                       |                       |                               |                               |                                |                          |  |                                                                                                                                                                                                                                                              |  |  |
| <p>23 <b>MOVIE &amp; DINNER TRIP</b></p> <p>10:00 Shake Loose a Memory (MW)<br/>1:00 Trip Departure<br/>1:30 Bingo (MH)<br/>3:15 Encore Movie Matinee (T)<br/>3:15 Tales of Jewish Folklore with Naomi (CR)<br/>7:00 Bill Levy Presents: Unexpected Singers (T)</p>                                                                                                                                              | <p>24</p> <p>9:30 Exercise with Cindy (MH)<br/>10:15-11:45 ABTP: Songwriting with Alice (MH)<br/>1:30 -3:00 ABTP: Jewelry Class with Emily (MW)<br/>2:00 ABTP: Mens Group (T)<br/>3:30 Lester Life Long Learning with Chaim Lauer (MH)<br/>7:00 Lester Life Long Learning with Chaim Lauer (MH)<br/>7:00 Movie (T)</p> | <p>25</p> <p>10:00 Yoga (MH)<br/>10:15 Tuesday Trivia (MW)<br/>1:30 Bingo (MH)<br/>1:30 Computer Help with Julia in the Computer Lab<br/>3:15 Discussion with Dolly (MH)<br/>7:00 Downton Abbey (T)</p>                                                                                                                  | <p>26</p> <p>9:30 Exercise with Cindy (MH)<br/>10:30 The Lighter Side of Mel (MH)<br/>11:00 JETS-JCC<br/>1:30 ABTP: Fine Arts (MW)<br/>2:00 Bridge with Masha (CR)<br/>3:00 Birthday Bash, with the Narrow Escape Jazz Duo (MH)<br/>7:00 Cultural Arts Series: A Musical Odyssey: Renee Fleming &amp; Dmitri Huorostovsky (MH)<br/>7:00 Movie (T)</p>  | <p>27</p> <p>10:00 Yoga (MH)<br/>10:30 Healing Rhythms (MH)<br/>1:15 Dave Harris: News &amp; Views (MH)<br/>2:00 Coming Together with Heather (WG) Must Pre-register<br/>3:00 Movie with a Message (T)<br/>7:00 Bingo (MH)<br/>7:00 Movie with a Message (T)</p>                                                                              | <p>28</p> <p>9:30 Morning Java: News &amp; Schmooze (MW)<br/>11:00 Shabbat Simcha (MW)<br/>1:30 Baking with Barbara (MW)<br/>2:00 ABTP: Talkin' Art with Paul (T)<br/>3:15 Knitting Circle (MW)<br/>3:15 Discussion: Movie with a Message (MH)</p> <p>Candle Lighting 7:00 PM </p>                   | <p>29</p> <p>9:30 Shabbat Services (C)<br/>1:30 Jewish Humor (MW)<br/>2:00 Shabbat Study Group (C)<br/>7:00 Movie (T)</p> <p>Havdalah: 8:04 PM </p>         |                       |                       |                               |                               |                                |                          |  |                                                                                                                                                                                                                                                              |  |  |
| <p>30 <b>Outing: Norman Rockwell Exhibit at the Newark Museum</b></p> <p>10:00 Shake 'n Wake (MW)<br/>1:30 Bingo (MH)<br/>2:00 Trip Departure<br/>3:30 Lee Meyers, age 12, Performs (MH)<br/>7:00 Movie (T)</p>                                                                                                                                                                                                  | <p>31</p> <p>9:30 Exercise with Cindy (MH)<br/>10:30 Crosswords (MW)<br/>1:30-3:00 ABTP: Jewelry Class with Emily (MW)<br/>3:30 Lester Life Long Learning with Chaim Lauer (MH)<br/>7:00 Lester Life Long Learning with Chaim Lauer (MH)<br/>7:00 Movie (T)</p>                                                        | <p><b>LEGEND:</b></p> <table border="1"> <tr> <td>Chapel (C)</td> <td>Theater (T)</td> </tr> <tr> <td>Fitness Center (F)</td> <td>Weston Game Room (WG)</td> </tr> <tr> <td>Heller Card Room (CR)</td> <td>Weston Lobby/Living Room (LW)</td> </tr> <tr> <td>Heller Multipurpose room (MH)</td> <td>Weston Multi-Purpose Room (MW)</td> </tr> <tr> <td>ABTP: Arts By The People</td> <td></td> </tr> </table> |                                                                                                                                                                                                                                                                                                                                                                                                                                             | Chapel (C)                                                                                                                                                                                                                                                                                                                                    | Theater (T)                                                                                                                                                                                                                                                                                                                                                                               | Fitness Center (F)                                                                                                                                                                                                                               | Weston Game Room (WG) | Heller Card Room (CR) | Weston Lobby/Living Room (LW) | Heller Multipurpose room (MH) | Weston Multi-Purpose Room (MW) | ABTP: Arts By The People |  | <p><b>REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller &amp; Weston)</b></p> <p><b>THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE <i>LESTER LIFE CHANNEL</i> (SeniorTV Ch. 6) and the <i>DAILY SIGNS</i> FOR ANY CHANGES.</b></p> |  |  |
| Chapel (C)                                                                                                                                                                                                                                                                                                                                                                                                       | Theater (T)                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                  |                       |                       |                               |                               |                                |                          |  |                                                                                                                                                                                                                                                              |  |  |
| Fitness Center (F)                                                                                                                                                                                                                                                                                                                                                                                               | Weston Game Room (WG)                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                  |                       |                       |                               |                               |                                |                          |  |                                                                                                                                                                                                                                                              |  |  |
| Heller Card Room (CR)                                                                                                                                                                                                                                                                                                                                                                                            | Weston Lobby/Living Room (LW)                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                  |                       |                       |                               |                               |                                |                          |  |                                                                                                                                                                                                                                                              |  |  |
| Heller Multipurpose room (MH)                                                                                                                                                                                                                                                                                                                                                                                    | Weston Multi-Purpose Room (MW)                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                  |                       |                       |                               |                               |                                |                          |  |                                                                                                                                                                                                                                                              |  |  |
| ABTP: Arts By The People                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                  |                       |                       |                               |                               |                                |                          |  |                                                                                                                                                                                                                                                              |  |  |