

# JANUARY 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>Tu B'Shvat: January 16th</p>		 <p>Martin Luther King Day: January 20th</p>		<p><b>1 NEW YEARS DAY</b></p> <p>9:30 Shake 'n Wake (MW) 10:30 Crosswords (MW) 1:30 The Year in Review (MW) 2:00 Bridge with Masha (CR) 3:00 "Gene Kelly: Anatomy of a Dancer" (MH) 7:00 Movie (T)</p> 	<p><b>2</b></p> <p>10:00 Exercise (CR) <b>11:00 Kushner Trivia Challenge (MH)</b> <b>1:15 Tea With Your Administrator (MH)</b> <b>3:00 POLST Presentation (Practitioner's Orders for Life Sustaining Treatment) (MH)</b> 7:00 Bingo (MH) 7:00 Movie (T)</p>	<p><b>3</b></p> <p>9:30 Morning Joe: News &amp; Schmooze (MW) <b>10:15 ABTP: Creative Writing (CR)</b> 11:00 Shabbat Simcha (MW) <b>1:00 Special Music Session with Colleen (MW)</b> 2:30 Baking with Barbara (MW) 7:15 Shabbat Services (C)</p> <p><b>*Sign up deadline for 1/6 JCHC U session</b></p> <p>Candle Lighting 4:26 PM </p>	<p><b>4</b></p> <p>9:30 Shabbat Services followed by Life Cycle Kiddush (C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 You Be The Judge (MW) 7:00 Movie (T)</p> <p>Havdalah: 5:30 PM </p>
<p><b>5 MOVIE &amp; DINNER TRIP</b></p> <p>10:00 Shake 'n Wake (MW) 11:00 Chicken Soup for the Soul (MW) 1:00 Pet Visit (LW) <b>1:00 Trip Departure for Movie &amp; Dinner</b> 1:30 Bingo (MH) <b>3:00 Michael Cardillo Performing Sax &amp; Piano (MH)</b> 7:00 Movie (T)</p>	<p><b>6 *JCHC U</b></p> <p>9:30 Exercise with Cindy (MH) <b>10:15-11:45 Songwriting with Alice (MH)</b> <b>1:00 Departure to JCHC U at Village Apts.</b> <b>1:30-3:00 Jewelry Making with Emily (MW)</b> <b>3:30 Lester Life Long Learning with Chaim Lauer (MH)</b> <b>7:00 Lester Life Long Learning with Chaim Lauer (MH)</b> 7:00 Movie (T)</p> <p><i>* See Cheryl about signing up for this JCHC U session by Jan. 3rd</i></p>	<p><b>7</b></p> <p>10:00 Yoga (MH) 10:15 Tuesday Trivia with Jeff (MW) 1:30 Bingo (MH) 1:30 Computer Help with Julia in Computer Lab 3:15 Discussion with Dolly (MH) 7:00 Commander in Chief, the series, finale, pt. 18 (T)</p>	<p><b>8</b></p> <p>9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) <b>11:00 Special Presentation By the Golda Och Academy: "In the Heights"</b> <b>11:00 JETS-JCC</b> <b>1:30 ABTP: Fine Arts (MW)</b> 2:00 Bridge with Masha (CR) <b>3:00 Herb Lenhart: Solo Guitarist (MH)</b> <b>7:00 Cultural Arts Series: Dawn (Upshaw) at Dusk (MH)</b> 7:00 Movie (T)</p> <p><i>*Morris Museum sign up deadline today for 1/12</i></p>	<p><b>9</b></p> <p>10:00 Yoga (MH) 10:30 Word Games (MW) 11:00 Sharing with Cheryl: The Living Torah (MH) <b>1:30 Lester Life Long Learning: Cantor Meredith Greenberg (MH)</b> <b>2:00 NEW: Coming Together with Heather (WG) see flyer for details</b> <b>3:00 Silk Flower Arranging (MW)</b> 7:00 Bingo (MH) 7:00 Movie (T)</p>	<p><b>10 Total Hearing: 9:30-12:30</b></p> <p>9:30 Morning Joe: News &amp; Schmooze (MW) 11:00 Shabbat Simcha (MW) 1:15 Karaoke (MW) <b>2:00 Talkin' Art with Paul (T)</b> <b>3:15 Dynamics with Dolly (MH)</b> 7:15 Shabbat Services (C)</p> <p>Candle Lighting : 4:33 PM </p>	<p><b>11</b></p> <p>9:30 Shabbat Services (C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Folklore with Naomi (MW) 7:00 Movie (T)</p> <p>Havdalah: 5:37 PM </p>	
<p><b>12 *OUTING TO MORRIS MUSEUM</b></p> <p>10:00 Baking with Barbara (MW) <b>11:00 Mitzvah Clowns Visit!</b> <b>1:00 Trip Departure</b> 1:30 Bingo (MH) <b>3:30 Ed Rummel and his Orchestra (MH)</b> 7:00 Movie (T)</p> <p><i>*Price of trip is \$9.00. Sign up &amp; payment deadline is 1/8.</i></p>	<p><b>13</b></p> <p>9:30 Exercise with Cindy (MH) <b>1:30-3:00 Jewelry Making with Emily (MW)</b> <b>2:00 Men's Group (T)</b> <b>3:30 Special Speaker: Rabbi Shalom Hammer:"The Significant Message of Trees to Mankind" (MH)</b> <b>7:00 Heller Tenants Association Meeting (MH)</b> 7:00 Movie (T)</p>	<p><b>14</b></p> <p>10:00 Yoga (MH) 10:15 Tuesday Trivia (MW) 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 7:00 Movie (T)</p>	<p><b>15</b></p> <p>9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) 10:30 Crosswords (MW) <b>11:00 JETS-JCC</b> <b>1:15 "Brain Games" with Sharon Rogavin (MH)</b> 2:00 Bridge with Masha (CR) <b>3:00 Muzzy Performs (MH)</b> 7:00 Movie (T)</p>	<p><b>16 TU B'SHVAT</b> </p> <p>10:00 Yoga (MH) 10:30 Word Games (MW) <b>11:00 David Harris: News &amp; Views (MH)</b> <b>1:30 Lester Life Long Learning: Rabbi Laurence Groffman (MH)</b> <b>2:00 NEW: Coming Together with Heather (WG) See flyer for details</b> 7:00 Bingo (MH)</p>	<p><b>17</b></p> <p>9:30 Morning Joe: News &amp; Schmooze (MW) <b>10:15 ABTP: Creative Writing (CR)</b> 11:00 Shabbat Simcha (MW) 1:15 Knitting Corner (MW) <b>2:15 Judy Ebright: The Barnes Museum (T)</b> 3:00 Sing Along (MW) 7:15 Shabbat Services (C)</p> <p><b>**Sign up and payment deadline for trip to NJ Symphony on 1/26</b></p> <p>Candle Lighting 4:41 PM </p>	<p><b>18</b></p> <p>9:30 Shabbat Services followed by Life Cycle Kiddush (C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 You Be The Judge (MW) 7:00 Movie (T)</p> <p>Havdalah: 5:45 PM </p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19 MOVIE &amp; DINNER TRIP</b>  10:00 Sit 'n Be Fit (MW) 11:00 Chicken Soup for the Soul (MW) <b>1:00 Trip Departure for Movie &amp; Dinner</b> 1:30 Bingo (MH) 3:15 Encore Movie Matinee (T) 7:00 Movie (T)	<b>20 MARTIN LUTHER KING JR. DAY</b>  9:30 Exercise with Cindy (MH) <b>10:30 Yiddish Potpourri with Rebecca Levine (MH)</b> 1:15 Word Games (MW) <b>3:30 Lester Life Long Learning with Chaim Lauer (MH)</b> <b>7:00 Lester Life Long Learning with Chaim Lauer (MH)</b> 7:00 Movie (T)	21  10:00 Yoga (MH) 10:15 Tuesday Trivia with Jeff (MW) 1:30 Bingo (MH) <b>1:30 ABTP: Fine Arts (MW)</b> 3:15 Discussion with Dolly (MH) 7:00 Movie (T)	22  9:30 Exercise with Cindy (MH) 10:30 Crosswords (MW) <b>1:15 NEW: "The Lighter Side of Mel"; lighthearted stories (MH)</b> 2:00 Bridge with Masha (CR) <b>3:00 Birthday Bash with Hal Brister Performing (MH)</b> <b>7:00 Cultural Arts Series: "The Mikado" (MH)</b> 7:00 Movie (T) 	23  10:00 Yoga (MH) <b>10:30 Rhythm &amp; You (MH)</b> <b>1:30 Lester Life Long Learning: Rabbi Laurence Groffman (MH)</b> <b>2:00 NEW: Coming Together with Heather (WG)</b> <i>See flyer for details</i> <b>3:00 Weston Residents Council Meeting (MW)</b> 7:00 Bingo (MH) 7:00 Movie (T)	24  9:30 Morning Joe: News & Schmooze (MW) 11:00 Shabbat Simcha (MW) 1:15 Knitting Corner (MW) <b>2:00 Talkin' Art with Paul (T)</b> 3:00 Crafting with Barb (MW) 7:15 Shabbat Services (C)  Candle Lighting 4:49 PM 	25  9:30 Shabbat Services (C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 The Joys of Yiddish with Naomi (MW) 7:00 Movie (T)  Havdalah: 5:53 PM 
<b>26 New Jersey Symphony Concert at NJPAC</b>  10:00 Baking with Barbara (MW) 1:30 Bingo (MH) <b>1:30 Trip Departure</b> 3:15 Encore Movie Matinee (T) <b>3:00 The Jersey Tribe Visit (MW)</b> 7:00 Movie (T)  <i>*Price of trip is \$20.00. Signup and payment deadline is 1/17</i>	27  9:30 Exercise with Cindy (MH) 10:15-11:45 Songwriting with Alice (MH) <b>1:30 -3:00 Jewelry Class with Emily (MW)</b> <b>2:00 Men's Group (T)</b> <b>3:30 Lester Life Long Learning with Chaim Lauer (MH)</b> <b>7:00 Lester Life Long Learning with Chaim Lauer (MH)</b> 7:00 Movie (T)	28  10:00 Yoga (MH) 10:15 Tuesday Trivia (MW) 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 7:00 Movie (T)	29  9:30 Exercise with Cindy (MH) 10:30 Crosswords (MW) 2:00 Bridge with Masha (CR) <b>3:00 Kevin Curry Performs (MH)</b> 7:00 Movie (T)	30  10:00 Yoga (MH) 10:30 Word Games (MW) <b>1:30 Lester Life Long Learning: Cantor Matthew Axelrod (MH)</b> <b>2:00 NEW: Coming Together with Heather (WG)</b> <i>See Flyer for details</i> <b>3:00 Movie with a Message (T)</b> 7:00 Bingo (MH) <b>7:00 Movie with a Message (T)</b>	31  9:30 Morning Joe: News & Schmooze (MW) 11:00 Shabbat Simcha (MW) 1:15 Word Power (MW) <b>3:15 Discussion: Movie with a Message (MH)</b>  Candle Lighting 4:58 PM 	

**LEGEND:**

Chapel (C)	Theater (T)
Fitness Center (F)	Weston Game Room (WG)
Heller Card Room (CR)	Weston Lobby/Living Room (LW)
Heller Multipurpose room (MH)	Weston Multi-Purpose Room (MW)

**REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.**