









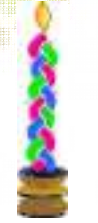


# JANUARY 2013

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>JANUARY</b></p>  	<h1>Happy New Year!</h1>		<p><b>1</b>  <b>9:00 Morning Wake Up (LW)</b>            10:00 Start the New Year in Balance (MH)  <b>10:15 Trivia with Sameer (MW)</b>            11:00 Intermediate Computer Class  <b>1:30 Bingo (MW)</b>            3:15 Discussion with Dolly (MH)            7:00 Movie (T)</p>	<p><b>2</b>  <b>9:00 Morning Wake Up (LW)</b>            9:30 Exercise with Cindy (MH)            10:00 Blood Pressure Screening (F)  <b>11:00 JETS (JCC)</b>            1:30 Arts! By the People: Fine Art Class (MW)            2:30 Bill Levy Presents: Hollywood's Musical Trios, Part I (T)            3:15 Mah Jongg (MW)            7:00 Movie (T)</p>	<p><b>3</b>  <b>9:00 Morning Wake Up (LW)</b>            10:00 Yoga with Arlene (MH)            11:00 Current Events (MH)  <b>1:30 Lester Life Long Learning: Pirkei Avot (MH)</b>            2:30 Arts! By the People: Music Workshop (MW)  <b>3:30 Crosswords (MW)</b>            7:00 Bingo (MH)            7:00 Movie</p>	<p><b>4</b>  <b>9:00 Morning Wake Up (LW)</b>            10:15 Arts! By the People: Creative Writing Class (CR)  <b>11:00 Coffee Talk (MW)</b>            1:15 Dancing with Donna Marie (MH)            2:15 Arts! By the People: Talkin' Poetry with Paul (CR)            7:15 Shabbat Services (C)</p> <p style="text-align: center;">Shabbat candle lighting: 4:24 P.M. </p>	<p><b>5</b>            9:30 Shabbat Services (C)  <b>10:00 Morning Wake Up (LW)</b>  <b>1:15 Shabbat Schmooze (LW)</b>            2:00 Shabbat Study Group (C)  <b>3:15 Charades (MW)</b>            7:00 Movie (T)</p> <p style="text-align: center;">Havdalah: 5:29 P.M. </p>
 <p><b>JANUARY</b></p>  	<p><b>6</b>  <b>10:00 Morning Wake Up (LW)</b>  <b>11:00 Pictionary (MW)</b>            1:00 Pet Therapy (LW)  <b>1:30 Bingo (MH)</b>            3:15 Nintendo Wii Bowling (T)  <b>3:45 Arts &amp; Crafts (MW)</b>            7:00 Entertainment: Van Martin Sings (MH)</p>	<p><b>7</b>  <b>9:00 Morning Wake Up (LW)</b>            9:30 Exercise with Cindy (MH)  <b>1:15 Word Games (MW)</b>  <b>3:30 Lester Life Long Learning: Jewish Calendar, Cycles &amp; Customs (MH)</b>  <b>3:30 Story Circle (MW)</b>  <b>7:00 Lester Life Long Learning: Pivotal Moments in Jewish History (MH)</b>            7:00 Movie (T)</p>	<p><b>8</b>  <b>9:00 Morning Wake Up (LW)</b>            10:00 Balance Through Movement (MH)  <b>10:15 Trivia with Sameer (MW)</b>            11:00 Intermediate Computer Class  <b>1:30 Bingo (MW)</b>            3:15 Discussion with Dolly (MH)            7:00 Entertainment: Tom Aalfs Plays the Violin (MH)</p>	<p><b>9</b>  <b>9:00 Morning Wake Up (LW)</b>            9:30 Exercise with Cindy (MH)            10:00 Blood Pressure Screening (F)  <b>11:00 JETS (JCC)</b>            1:30 Arts! By the People: Fine Art Class (MW)            2:15 Sing Along with Stella (MH)            3:15 Mah Jongg (MW)            7:00 Jack McCoy's World Update (MH)</p>	<p><b>10</b>  <b>9:00 Morning Wake Up (LW)</b>            10:00 Yoga with Arlene (MH)            11:00 Current Events (MH)  <b>1:30 Lester Life Long Learning: Pirkei Avot (MH)</b>            2:30 Arts! By the People: Music Workshop (MW)            3:00 Movie with a Message (T)  <b>3:30 Crosswords (MW)</b>            7:00 Movie with a Message (T)</p>	<p><b>11</b>  <b>9:00 Morning Wake Up (LW)</b>            10:15 Arts! By the People: Creative Writing Class (CR)  <b>11:00 Coffee Talk (MW)</b>            1:15 Dancing with Donna Marie (MH)            3:00 Movie with a Message: Discussion (MH)            7:15 Shabbat Services (C)</p> <p style="text-align: center;">Shabbat candle lighting: 4:31 P.M. </p>	<p><b>12</b>            9:30 Shabbat Services (C)  <b>10:00 Morning Wake Up (LW)</b>  <b>1:15 Shabbat Schmooze (LW)</b>            2:00 Shabbat Study Group (C)  <b>3:15 Rummikub (MW)</b>            7:00 Movie (T)</p> <p style="text-align: center;">Havdalah: 5:35 P.M. </p>
 <p><b>JANUARY</b></p>  	<p><b>13</b>  <b>10:00 Morning Wake Up (LW)</b>  <b>11:00 Pictionary (MW)</b>            1:00 Pet Therapy (LW)  <b>1:00 Movie &amp; Dinner (Trip)</b>  <b>1:30 Bingo (MH)</b>            3:15 Encore Movie Matinee (T)  <b>3:45 Arts &amp; Crafts (MW)</b>            7:00 Bill Levy Celebrates Golden Era Hollywood Movie Stars Born in January (T)</p>	<p><b>14</b>  <b>9:00 Morning Wake Up (LW)</b>            9:30 Exercise with Cindy (MH)            10:30 Brush Up Your Yiddish (MH)  <b>1:15 Crosswords (MW)</b>            2:30 Men's Group (T)  <b>3:30 Giant Bowling (MH)</b>            7:00 Movie (T)</p>	<p><b>15</b>  <b>9:00 Morning Wake Up (LW)</b>            10:00 Balance Through Movement (MH)  <b>10:15 Trivia with Sameer (MW)</b>  <b>10:45 JCC At Leisure Trip - Lunch at Pals Cabin &amp; Georgia O'Keefe at Montclair Art Museum ***</b>            11:00 Intermediate Computer Class  <b>1:30 Bingo (MW)</b>            3:15 Discussion with Dolly (MH)  <b>7:00 Goldberg Law Presents: Common Mistakes that Families Make (MH)</b></p> <p>*** Sign up w/ Jessica in Activities. \$36 @ Leisure, \$41 JCC Members, \$46 Guests</p>	<p><b>16</b>  <b>9:00 Morning Wake Up (LW)</b>            9:30 Exercise with Cindy (MH)            10:00 Blood Pressure Screening (F)  <b>11:00 JETS (JCC)</b>            1:30 Arts! By the People: Fine Art Class (MW)            2:30 Bill Levy Presents: Hollywood's Musical Trios, Part II (T)            3:15 Mah Jongg (MW)            7:00 Movie (T)            7:00 Cultural Arts Series (MH)</p>	<p><b>17</b>  <b>9:00 Morning Wake Up (LW)</b>            10:00 Yoga with Arlene (CR)            11:00 Current Events (T)  <b>1:30 Lester Life Long Learning: Pirkei Avot (MH)</b>            2:30 Arts! By the People: Music Workshop (MW)  <b>3:30 Word Games (MW)</b>  <b>8:00 Kol Dodi Concert (LH)</b></p>	<p><b>18</b>  <b>9:00 Morning Wake Up (LW)</b>            10:15 Arts! By the People: Creative Writing Class (CR)  <b>11:00 Coffee Talk (MW)</b>            1:15 Dancing with Donna Marie (MH)            2:15 Judy Ebright Presents: Norman Rockwell (T)  <b>2:30 Pictionary (MW)</b>            7:15 Shabbat Services (C)</p> <p style="text-align: center;">Shabbat candle lighting: 4:39 P.M. </p>	<p><b>19</b>            9:30 Shabbat Services (C)  <b>10:00 Morning Wake Up (LW)</b>  <b>1:15 Shabbat Schmooze (LW)</b>            2:00 Shabbat Study Group (C)  <b>3:15 Trivial Pursuit (MW)</b>            7:00 Movie (T)</p> <p style="text-align: center;">Havdalah: 5:42 P.M. </p>

# JANUARY 2013

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
       	<b>20</b> <b>10:00 Morning Wake Up (LW)</b> <b>11:00 Pictionary (MW)</b> <b>1:30 Bingo (MH)</b> <b>3:15 Nintendo Wii Games (T)</b> <b>3:45 Arts &amp; Crafts (MW)</b> <b>7:00 Moonlight Duo Concert (LH)</b>	<b>21 DR. MARTIN LUTHER KING DAY</b> <b>9:00 Morning Wake Up (LW)</b> <b>9:30 Exercise with Cindy (MH)</b> <b>1:30 Word Games (MW)</b> <b>3:30 Lester Life Long Learning: Jewish Calendar, Cycles &amp; Customs (MH)</b> <b>3:30 Arts &amp; Crafts (MW)</b> <b>7:00 Lester Life Long Learning: Pivotal Moments in Jewish History (MH)</b> <b>7:00 Movie: Mississippi Burning (T)</b> 	<b>22</b> <b>9:00 Morning Wake Up (LW)</b> <b>10:00 Balance Through Movement (MH)</b> <b>10:15 Trivia with Sameer (MW)</b> <b>11:00 Intermediate Computer Class</b> <b>1:30 Bingo (MW)</b> <b>3:15 Discussion with Dolly (MH)</b> <b>7:00 Entertainment: Music with Mario (MH)</b>	<b>23</b> <b>9:00 Morning Wake Up (LW)</b> <b>9:30 Exercise with Cindy (MH)</b> <b>10:00 Blood Pressure Screening (F)</b> <b>11:00 JETS (JCC)</b> <b>1:30 Arts! By the People: Fine Art Class (MW)</b> <b>2:15 Sing Along with Stella</b> <b>3:15 Mah Jongg (MW)</b> <b>7:00 Jack McCoy's World Update (MH)</b>	<b>24</b> <b>9:00 Morning Wake Up (LW)</b> <b>9:30-1:30 Total Hearing Screenings (WG)</b> <b>10:00 Yoga with Arlene (CR)</b> <b>11:00 Current Events (T)</b> <b>1:30 Lester Life Long Learning: Pirkei Avot (MH)</b> <b>3:30 Crosswords (MW)</b> <b>6:45 West Orange JCC Levin Theater Grand Re-Opening Cantorial Concert (Trip)***</b> <b>7:00 Bingo (MH)</b> <b>7:00 Movie (T)</b>  <b>*** \$5 Limited Seating, Sign up w/Jessica in Activities</b>	<b>25</b> <b>9:00 Morning Wake Up (LW)</b> <b>10:15 Arts! By the People: Creative Writing Class (CR)</b> <b>1:15 Dancing w/ Donna Marie (CR)</b> <b>2:30 Dynamics with Dolly (MH)</b> <b>7:15 Shabbat Services (C)</b>  Shabbat candle lighting: 4:47 P.M. 	<b>26 TU B'SHEVAT</b> <b>9:30 Shabbat Services (C)</b> <b>10:00 Morning Wake Up (LW)</b> <b>1:15 Shabbat Schmooze (LW)</b> <b>2:00 Shabbat Study Group (C)</b> <b>3:15 Charades (MW)</b> <b>7:00 Movie (T)</b>  Havdalah: 5:50 P.M. 
	<b>27</b> <b>10:00 Morning Wake Up (LW)</b> <b>11:00 Pictionary (MW)</b> <b>1:00 Movie &amp; Dinner (Trip)</b> <b>1:30 Bingo (MW)</b> <b>3:00 Tu B'Shevat Celebration with Morris County Connection (MH)</b> <b>3:15 Encore Movie Matinee (T)</b> <b>7:00 Entertainment: Performance by Dino (MH)</b>	<b>28</b> <b>9:00 Morning Wake Up (LW)</b> <b>9:30 Exercise with Cindy (MH)</b> <b>1:15 Crosswords (MW)</b> <b>2:30 Men's Group (T)</b> <b>3:30 Lester Life Long Learning: Jewish Calendar, Cycles &amp; Customs (MH)</b> <b>3:30 Story Circle (MW)</b> <b>7:00 Lester Life Long Learning: Pivotal Moments in Jewish History (MH)</b> <b>7:00 Movie (T)</b>	<b>29</b> <b>9:00 Morning Wake Up (LW)</b> <b>10:00 Balance Through Movement (MH)</b> <b>10:15 Trivia with Sameer (MW)</b> <b>11:00 Intermediate Computer Class</b> <b>1:30 Bingo (MW)</b> <b>3:15 Discussion with Dolly (MH)</b> <b>7:00 Movie (T)</b>	<b>30</b> <b>9:00 Morning Wake Up (LW)</b> <b>9:30 Exercise with Cindy (MH)</b> <b>10:00 Blood Pressure Screening (F)</b> <b>11:00 JETS (JCC)</b> <b>12:45 Heller Birthday Party (MH)</b> <b>1:30 Arts! By the People: Fine Art Class (MW)</b> <b>3:30 Entertainment: Matthew Fishteyn at the Piano (MH)</b> <b>7:00 Movie (T)</b> <b>7:00 Cultural Arts Series (MH)</b>	<b>31</b> <b>9:00 Morning Wake Up (LW)</b> <b>10:00 Yoga with Arlene (CR)</b> <b>10:30 Drumming Circle (MW)</b> <b>11:00 Current Events (T)</b> <b>1:00 Weston Birthday Party</b> <b>1:15 Word Games (MW)</b> <b>3:00 Movie with a Message (T)</b> <b>3:30 Weston Resident Council (MW)</b> <b>7:00 Bingo (MH)</b> <b>7:00 Movie with a Message (T)</b>		

**LEGEND:**

Chapel (C)  
 Fitness Center (F)  
 Heller Card Room (CR)  
 Heller Lobby (LH)  
**Heller Multi-Purpose Room (MH)**

Theater (T)  
 Weston Game Room (WG)  
 Weston Lobby/Living Room (LW)  
**Weston Multi-Purpose Room (MW)**  
**JCC Run Program**

**\*\*\* THIS CALENDAR IS SUBJECT TO CHANGE, CHECK ACTIVITY BOARD DAILY FOR ANY CHANGES**