

# MARCH 2013

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**\*\*\* THIS CALENDAR IS  
SUBJECT TO CHANGE,  
CHECK ACTIVITY  
BOARD DAILY FOR ANY  
CHANGES**

**1**  
9:00 Morning Wake Up (LW)  
10:15 Arts! By the People: Creative Writing Class (CR)  
11:00 Dancing with Donna Marie (MH)  
1:15 Coffee Talk (MW)  
2:15 Arts! By the People: Talkin' Poetry with Paul (CR)  
7:15 Shabbat Services (C)

Shabbat candle lighting: 5:30 P.M.



**2**  
9:30 Shabbat Services (C)  
Followed by Life Cycle Kiddish  
10:00 Morning Wake Up (LW)  
1:15 Shabbat Schmooze (LW)  
2:00 Shabbat Study Group (C)  
3:15 Charades (MW)  
7:00 Movie (T)

Havdalah: 6:30 P.M.



**3 CREATIVE MATURITY EXPO**

10:00 Morning Wake Up (LW)  
10:00-4:00 JVS 6th Annual Creative Maturity Expo (JCC)  
11:00 Pictionary (MW)  
1:30 Bingo (MH)  
3:15 Nintendo Wii Bowling (T)  
3:45 Arts & Crafts (MW)  
7:00 Entertainment: Van Martin Sings (MH)

**4**

9:00 Morning Wake Up (LW)  
9:30 Exercise with Cindy (MH)  
10:45 Giant Bowling (MH)  
1:30 Arts! By the People: Fine Art Class (MW)  
2:30 Yoga with Arlene (CR)  
3:30 Word Games (MW)  
3:30 Lester Life Long Learning: Jewish Calendar, Cycles & Customs (MH)  
7:00 Lester Life Long Learning: Pivotal Moments in Jewish History (MH)  
7:00 Movie (T)

**5**

9:00 Morning Wake Up (LW)  
10:00 Balance Through Movement (MH)  
11:00 Intermediate Computer Class  
1:30 Bingo (MW)  
3:15 Discussion with Dolly (MH)  
3:15 Silk Flower Arranging (MW)  
7:00 Entertainment: Violinist Tom Aalfs (MH)

**6**

9:00 Morning Wake Up (LW)  
9:30 Exercise with Cindy (MH)  
10:00 Blood Pressure Screening (F)  
10:45 Indoor Volleyball (MH)  
11:00 JETS (JCC)  
1:30 Arts! By the People: Song Writing Class (MW)  
2:30 Bill Levy Presents: New York City Movies, Part I (T)  
3:15 Mah Jongg (MW)  
7:00 Jack McCoy's World Update (MH)

**7**

9:00 Morning Wake Up (LW)  
10:00 Yoga with Arlene (MH)  
11:00 Current Events (MH)  
1:30 Lester Life Long Learning: Pirkei Avot (MH)  
2:45 Rabbi Rosenblum's Matzo Bakery (MH)  
3:30 Crosswords (MW)  
7:00 Bingo (MH)

**8**

9:00 Morning Wake Up (LW)  
10:15 Arts! By the People: Creative Writing Class (CR)  
11:00 Coffee Talk (MW)  
1:15 Dancing with Donna Marie (MH)  
2:30 The Seeing Eye of NJ Presentation (T)  
2:30 In the Kitchen: Baking Challah (MW)  
3:00 Dynamics with Dolly (MH)  
7:15 Shabbat Services (C)

Shabbat candle lighting: 5:38 P.M.



**9**  
9:30 Shabbat Services (C)  
10:00 Morning Wake Up (LW)  
1:15 Shabbat Schmooze (LW)  
2:00 Shabbat Study Group (C)  
3:15 Rummikub (MW)  
7:00 Movie (T)

Havdalah: 6:38 P.M.



**10 DAYLIGHT SAVINGS BEGINS**

Set your clock forward one hour before you start your day today

10:00 Morning Wake Up (LW)  
11:00 Pictionary with Israeli Scouts (MW)  
1:00 Movie & Dinner (Trip)  
1:00 Pet Therapy (LW)  
1:30 Bingo (MH)  
3:15 Encore Movie Matinee (T)  
3:45 Arts & Crafts (MW)  
7:00 Entertainment: Hal Brister Sings (MH)

**11**

9:00 Morning Wake Up (LW)  
9:30 Exercise with Cindy (MH)  
10:30 Brush Up Your Yiddish (MH)  
1:30 Arts! By the People: Fine Art Class (MW)  
2:30 Men's Group (T)  
2:30 Yoga with Arlene (CR)  
3:30 Lester Life Long Learning: Pivotal Moments in Jewish History (MH)  
3:30 Crosswords (MW)  
7:00 Heller Tenants Association Meeting (MH)  
7:00 Movie (T)

**12**

9:00 Morning Wake Up (LW)  
10:00 Balance Through Movement (MH)  
10:15 Trivia with Sameer (MW)  
11:00 Intermediate Computer Class  
1:15 Arts! By the People: Film Appreciation Screening (T)  
1:30 Bingo (MW)  
3:15 Discussion with Dolly (MH)  
7:00 Bill Levy Presents: New York City Movies, Part II (T)

**13**

9:00 Morning Wake Up (LW)  
9:30 Exercise with Cindy (MH)  
10:00 Blood Pressure Screening (F)  
10:30 Story Circle (MW)  
11:00 JETS (JCC)  
1:30 Sing Along with Stella (MH)  
2:15 Mah Jongg  
3:15 Muzzy on the Saxophone (MH)  
7:00 Jack McCoy's World Update (MH)

**14**

9:00 Morning Wake Up (LW)  
10:00 Yoga with Arlene (CR)  
11:00 Current Events (T)  
1:30 Lester Life Long Learning: Pirkei Avot (MH)  
2:30 Arts! By the People: Film Appreciation with Anna (T)  
3:30 Word Games (MW)  
3:30 Seasons of Life Support Group (MH)  
7:00 Movie (T)  
7:00 Bingo (MH)

**15**

9:00 Morning Wake Up (LW)  
9:30-12:30 Total Hearing Screenings (WG)  
10:15 Arts! By the People: Creative Writing Class (CR)  
11:00 Coffee Talk (MW)  
1:15 Dancing with Donna Marie (MH)  
2:15 Judy Ebright Presents: Angels & Tomboys; Girlhood in 19th Century Art (T)  
3:15 Arts & Crafts (MW)  
7:15 Shabbat Services (C)

Shabbat candle lighting: 6:46 P.M.















**16**  
9:30 Shabbat Services (C)  
Followed by Life Cycle Kiddish  
10:00 Morning Wake Up (LW)  
1:15 Shabbat Schmooze (LW)  
2:00 Shabbat Study Group (C)  
3:15 Trivial Pursuit (MW)  
7:00 Movie (T)

Havdalah: 7:45 P.M.



# MARCH 2013

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
  	<b>17 GOOD DEEDS DAY</b> 10:00 Morning Wake Up (LW) 10:00 Good Deeds Day Arts & Crafts (MW) 1:30 Bingo (MH) 3:15 Nintendo Wii Games (T) 7:00 Bill Levy Celebrates Golden Era Hollywood Movie Stars Born in March (T)	<b>18 JCC SENIOR SEDER</b> 9:00 Morning Wake Up (LW) 9:30 Exercise with Cindy (MH) 10:15 JCC Senior Seder at Temple B'nai Abraham*** 10:30 Charades (MW) 1:30 Arts! By the People: Fine Art Class (MW) 2:30 Yoga with Arlene (CR) 3:30 Word Games (MW) 3:30 Lester Life Long Learning: Jewish Calendar, Cycles & Customs (MH) 7:00 Lester Life Long Learning: Passover Video (MH) 7:00 Movie (T)  ***Members \$15, Guests \$20, Sign up with Jessica in Activities	<b>19</b> 9:00 Morning Wake Up (LW) 9:00 Randolph Hebrew Academy Model Seder (Trip) 10:00 Balance Through Movement (MH) 11:00 Introduction to Take Control of Your Health (MW) 11:00 Intermediate Computer Class 1:15 Arts! By the People: Film Appreciation Screening (T) 1:30 Bingo (MW) 3:15 Discussion with Dolly (MH) 7:00 Movie (T)	<b>20</b> 9:00 Morning Wake Up (LW) 9:30 Exercise with Cindy (MH) 10:45 Giant Bowling (MH) 10:00 Blood Pressure Screening (F) 11:00 JETS (JCC) 12:45 Heller Birthday Party (MH) 1:15 Arts! By the People: Music Workshop (MW) 3:15 Mah Jongg (MW) 7:00 Movie (T) 7:00 Cultural Arts Series (MH)	<b>21</b> 9:00 Morning Wake Up (LW) 10:00 Yoga with Arlene (CR) 11:00 Current Events (T) 1:00 Weston Birthday Party 2:30 Arts! By the People: Film Appreciation with Anna (T) 3:30 Crosswords (MW) 7:00 Bingo (MH) 7:00 Movie (T)	<b>22</b> 9:00 Morning Wake Up (LW) 10:15 Arts! By the People: Creative Writing Class (CR) 11:00 Coffee Talk (MW) 1:15 Dancing w/ Donna Marie (CR) 1:30 Diller Teens Kabbalat Shabbat Visit (MH) 7:15 Shabbat Services (C)  Shabbat candle lighting: 6:53 P.M. 	<b>23</b> 9:30 Shabbat Services (C) 10:00 Morning Wake Up (LW) 1:15 Shabbat Schmooze (LW) 2:00 Shabbat Study Group (C) 3:15 Charades (MW) 7:00 Movie (T)  Havdalah:  7:53 P.M.	
 	<b>24 B'DIKAT CHAMETZ</b> 10:00 Morning Wake Up (LW) 11:00 Pictionary (MW) 1:00 Movie & Dinner (Trip) 1:30 Bingo (MW) 3:15 Encore Movie Matinee (T) 3:45 Arts & Crafts (MW) 7:00 Movie (T)	<b>25 EREV PESACH FIRST SEDER</b> 9:00 Morning Wake Up (LW) 9:30 Exercise with Cindy (MH) 10:45 Giant Bowling (MH) 1:15 Sing Along with Stella (MH) 1:30 Arts! By the People: Fine Art Class (MW) 3:30 Crosswords (MW)	<b>26 SECOND SEDER</b> 9:00 Morning Wake Up (LW) 10:15 Trivia with Sameer (MW) 1:30 Charades (MW)	<b>27 PESACH</b> 9:00 Morning Wake Up (LW) 10:30 Story Circle (MW) 1:30 Mah Jongg (MW) 8:00 Movie (T)	<b>28 CHOL HAMOED</b> 9:00 Morning Wake Up (LW) 10:30 Drumming Circle (MW) 11:00 Current Events (T) 1:15 Word Games (MW) 2:30 Arts! By the People: Film Appreciation with Anna (T) 2:45 Movie with a Message (T) 3:00 Weston Resident Council (MW) 7:00 Bingo (MH) 7:00 Movie with a Message (T)	<b>29 CHOL HAMOED</b> 9:00 Morning Wake Up (LW) 10:15 Arts! By the People: Creative Writing Class (CR) 11:00 Coffee Talk (MW) 1:15 Dancing w/ Donna Marie (CR) 3:00 Movie with a Message: Discussion (MH) 7:15 Shabbat Services (C)  Shabbat candle lighting: 7:01 P.M. 	<b>30 SHABBAT CHOL HAMOED</b> 9:30 Shabbat Services (C) Followed by Life Cycle Kiddish 10:00 Morning Wake Up (LW) 1:15 Shabbat Schmooze (LW) 2:00 Shabbat Study Group (C) 3:15 Rummikub (MW) 7:00 Movie (T)  Havdalah:  8:01 P.M.	
 	<b>31 CHOL HAMOED</b> 10:00 Morning Wake Up (LW) 11:00 Pictionary (MW) 1:30 Bingo (MW) 3:15 Nintendo Wii Games (T) 3:45 Arts & Crafts (MW)	<div style="border: 1px solid black; padding: 5px; text-align: center;">             Please refer to your Pesach insert for further information           </div>		<div style="border: 1px solid black; padding: 5px; text-align: center;">             Please refer to your Pesach insert for further information           </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">             Please refer to your Pesach insert for further information           </div>			Yom Tov candle lighting: 7:03 P.M. 
<b>LEGEND:</b>  <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>Chapel (C)</p> <p>Fitness Center (F)</p> <p>Heller Card Room (CR)</p> <p>Heller Lobby (LH)</p> <p>Heller Multi-Purpose Room (MH)</p> </div> <div style="text-align: center;"> <p>Theater (T)</p> <p>Weston Game Room (WG)</p> <p>Weston Lobby/Living Room (LW)</p> <p>Weston Multi-Purpose Room (MW)</p> <p>JCC Run Program</p> </div> </div>								