

MARCH 2013

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

***** THIS CALENDAR IS
SUBJECT TO CHANGE,
CHECK ACTIVITY
BOARD DAILY FOR ANY
CHANGES**

1
9:00 Morning Wake Up (LW)
10:15 Arts! By the People: Creative Writing Class (CR)
11:00 Dancing with Donna Marie (MH)
1:15 Coffee Talk (MW)
2:15 Arts! By the People: Talkin' Poetry with Paul (CR)
7:15 Shabbat Services (C)

Shabbat candle lighting: 5:30 P.M.



2
9:30 Shabbat Services (C)
Followed by Life Cycle Kiddish
10:00 Morning Wake Up (LW)
1:15 Shabbat Schmooze (LW)
2:00 Shabbat Study Group (C)
3:15 Charades (MW)
7:00 Movie (T)

Havdalah: 6:30 P.M.



3 CREATIVE MATURITY EXPO

10:00 Morning Wake Up (LW)
10:00-4:00 JVS 6th Annual Creative Maturity Expo (JCC)
11:00 Pictionary (MW)
1:30 Bingo (MH)
3:15 Nintendo Wii Bowling (T)
3:45 Arts & Crafts (MW)
7:00 Entertainment: Van Martin Sings (MH)

4

9:00 Morning Wake Up (LW)
9:30 Exercise with Cindy (MH)
10:45 Giant Bowling (MH)
1:30 Arts! By the People: Fine Art Class (MW)
2:30 Yoga with Arlene (CR)
3:30 Word Games (MW)
3:30 Lester Life Long Learning: Jewish Calendar, Cycles & Customs (MH)
7:00 Lester Life Long Learning: Pivotal Moments in Jewish History (MH)
7:00 Movie (T)

5

9:00 Morning Wake Up (LW)
10:00 Balance Through Movement (MH)
11:00 Intermediate Computer Class
1:30 Bingo (MW)
3:15 Discussion with Dolly (MH)
3:15 Silk Flower Arranging (MW)
7:00 Entertainment: Violinist Tom Aalfs (MH)

6

9:00 Morning Wake Up (LW)
9:30 Exercise with Cindy (MH)
10:00 Blood Pressure Screening (F)
10:45 Indoor Volleyball (MH)
11:00 JETS (JCC)
1:30 Arts! By the People: Song Writing Class (MW)
2:30 Bill Levy Presents: New York City Movies, Part I (T)
3:15 Mah Jongg (MW)
7:00 Jack McCoy's World Update (MH)

7

9:00 Morning Wake Up (LW)
10:00 Yoga with Arlene (MH)
11:00 Current Events (MH)
1:30 Lester Life Long Learning: Pirkei Avot (MH)
2:45 Rabbi Rosenblum's Matzo Bakery (MH)
3:30 Crosswords (MW)
7:00 Bingo (MH)

8

9:00 Morning Wake Up (LW)
10:15 Arts! By the People: Creative Writing Class (CR)
11:00 Coffee Talk (MW)
1:15 Dancing with Donna Marie (MH)
2:30 The Seeing Eye of NJ Presentation (T)
2:30 In the Kitchen: Baking Challah (MW)
3:00 Dynamics with Dolly (MH)
7:15 Shabbat Services (C)

Shabbat candle lighting: 5:38 P.M.



9
9:30 Shabbat Services (C)
10:00 Morning Wake Up (LW)
1:15 Shabbat Schmooze (LW)
2:00 Shabbat Study Group (C)
3:15 Rummikub (MW)
7:00 Movie (T)

Havdalah: 6:38 P.M.



10 DAYLIGHT SAVINGS BEGINS

Set your clock forward one hour before you start your day today

10:00 Morning Wake Up (LW)
11:00 Pictionary with Israeli Scouts (MW)
1:00 Movie & Dinner (Trip)
1:00 Pet Therapy (LW)
1:30 Bingo (MH)
3:15 Encore Movie Matinee (T)
3:45 Arts & Crafts (MW)
7:00 Entertainment: Hal Brister Sings (MH)

11

9:00 Morning Wake Up (LW)
9:30 Exercise with Cindy (MH)
10:30 Brush Up Your Yiddish (MH)
1:30 Arts! By the People: Fine Art Class (MW)
2:30 Men's Group (T)
2:30 Yoga with Arlene (CR)
3:30 Lester Life Long Learning: Pivotal Moments in Jewish History (MH)
3:30 Crosswords (MW)
7:00 Heller Tenants Association Meeting (MH)
7:00 Movie (T)

12

9:00 Morning Wake Up (LW)
10:00 Balance Through Movement (MH)
10:15 Trivia with Sameer (MW)
11:00 Intermediate Computer Class
1:15 Arts! By the People: Film Appreciation Screening (T)
1:30 Bingo (MW)
3:15 Discussion with Dolly (MH)
7:00 Bill Levy Presents: New York City Movies, Part II (T)

13

9:00 Morning Wake Up (LW)
9:30 Exercise with Cindy (MH)
10:00 Blood Pressure Screening (F)
10:30 Story Circle (MW)
11:00 JETS (JCC)
1:30 Sing Along with Stella (MH)
2:15 Mah Jongg
3:15 Muzzy on the Saxophone (MH)
7:00 Jack McCoy's World Update (MH)

14

9:00 Morning Wake Up (LW)
10:00 Yoga with Arlene (CR)
11:00 Current Events (T)
1:30 Lester Life Long Learning: Pirkei Avot (MH)
2:30 Arts! By the People: Film Appreciation with Anna (T)
3:30 Word Games (MW)
3:30 Seasons of Life Support Group (MH)
7:00 Movie (T)
7:00 Bingo (MH)

15

9:00 Morning Wake Up (LW)
9:30-12:30 Total Hearing Screenings (WG)
10:15 Arts! By the People: Creative Writing Class (CR)
11:00 Coffee Talk (MW)
1:15 Dancing with Donna Marie (MH)
2:15 Judy Ebright Presents: Angels & Tomboys; Girlhood in 19th Century Art (T)
3:15 Arts & Crafts (MW)
7:15 Shabbat Services (C)

Shabbat candle lighting: 6:46 P.M.















16
9:30 Shabbat Services (C)
Followed by Life Cycle Kiddish
10:00 Morning Wake Up (LW)
1:15 Shabbat Schmooze (LW)
2:00 Shabbat Study Group (C)
3:15 Trivial Pursuit (MW)
7:00 Movie (T)

Havdalah: 7:45 P.M.



MARCH 2013

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
       	17 GOOD DEEDS DAY 10:00 Morning Wake Up (LW) 10:00 Good Deeds Day Arts & Crafts (MW) 1:30 Bingo (MH) 3:15 Nintendo Wii Games (T) 7:00 Bill Levy Celebrates Golden Era Hollywood Movie Stars Born in March (T)	18 JCC SENIOR SEDER 9:00 Morning Wake Up (LW) 9:30 Exercise with Cindy (MH) 10:15 JCC Senior Seder at Temple B'nai Abraham*** 10:30 Charades (MW) 1:30 Arts! By the People: Fine Art Class (MW) 2:30 Yoga with Arlene (CR) 3:30 Word Games (MW) 3:30 Lester Life Long Learning: Jewish Calendar, Cycles & Customs (MH) 7:00 Lester Life Long Learning: Passover Video (MH) 7:00 Movie (T) ***Members \$15, Guests \$20, Sign up with Jessica in Activities	19 9:00 Morning Wake Up (LW) 9:00 Randolph Hebrew Academy Model Seder (Trip) 10:00 Balance Through Movement (MH) 11:00 Introduction to Take Control of Your Health (MW) 11:00 Intermediate Computer Class 1:15 Arts! By the People: Film Appreciation Screening (T) 1:30 Bingo (MW) 3:15 Discussion with Dolly (MH) 7:00 Movie (T)	20 9:00 Morning Wake Up (LW) 9:30 Exercise with Cindy (MH) 10:45 Giant Bowling (MH) 10:00 Blood Pressure Screening (F) 11:00 JETS (JCC) 12:45 Heller Birthday Party (MH) 1:15 Arts! By the People: Music Workshop (MW) 3:15 Mah Jongg (MW) 7:00 Movie (T) 7:00 Cultural Arts Series (MH)	21 9:00 Morning Wake Up (LW) 10:00 Yoga with Arlene (CR) 11:00 Current Events (T) 1:00 Weston Birthday Party 2:30 Arts! By the People: Film Appreciation with Anna (T) 3:30 Crosswords (MW) 7:00 Bingo (MH) 7:00 Movie (T)	22 9:00 Morning Wake Up (LW) 10:15 Arts! By the People: Creative Writing Class (CR) 11:00 Coffee Talk (MW) 1:15 Dancing w/ Donna Marie (CR) 1:30 Diller Teens Kabbalat Shabbat Visit (MH) 7:15 Shabbat Services (C) Shabbat candle lighting: 6:53 P.M. 	23 9:30 Shabbat Services (C) 10:00 Morning Wake Up (LW) 1:15 Shabbat Schmooze (LW) 2:00 Shabbat Study Group (C) 3:15 Charades (MW) 7:00 Movie (T) Havdalah: 7:53 P.M. 
	24 B'DIKAT CHAMETZ 10:00 Morning Wake Up (LW) 11:00 Pictionary (MW) 1:00 Movie & Dinner (Trip) 1:30 Bingo (MW) 3:15 Encore Movie Matinee (T) 3:45 Arts & Crafts (MW) 7:00 Movie (T)	25 EREV PESACH FIRST SEDER 9:00 Morning Wake Up (LW) 9:30 Exercise with Cindy (MH) 10:45 Giant Bowling (MH) 1:15 Sing Along with Stella (MH) 1:30 Arts! By the People: Fine Art Class (MW) 3:30 Crosswords (MW)	26 SECOND SEDER 9:00 Morning Wake Up (LW) 10:15 Trivia with Sameer (MW) 1:30 Charades (MW)	27 PESACH 9:00 Morning Wake Up (LW) 10:30 Story Circle (MW) 1:30 Mah Jongg (MW) 8:00 Movie (T)	28 CHOL HAMOED 9:00 Morning Wake Up (LW) 10:30 Drumming Circle (MW) 11:00 Current Events (T) 1:15 Word Games (MW) 2:30 Arts! By the People: Film Appreciation with Anna (T) 2:45 Movie with a Message (T) 3:00 Weston Resident Council (MW) 7:00 Bingo (MH) 7:00 Movie with a Message (T)	29 CHOL HAMOED 9:00 Morning Wake Up (LW) 10:15 Arts! By the People: Creative Writing Class (CR) 11:00 Coffee Talk (MW) 1:15 Dancing w/ Donna Marie (CR) 3:00 Movie with a Message: Discussion (MH) 7:15 Shabbat Services (C) Shabbat candle lighting: 7:01 P.M. 	30 SHABBAT CHOL HAMOED 9:30 Shabbat Services (C) Followed by Life Cycle Kiddish 10:00 Morning Wake Up (LW) 1:15 Shabbat Schmooze (LW) 2:00 Shabbat Study Group (C) 3:15 Rummikub (MW) 7:00 Movie (T) Havdalah: 8:01 P.M. 
	31 CHOL HAMOED 10:00 Morning Wake Up (LW) 11:00 Pictionary (MW) 1:30 Bingo (MW) 3:15 Nintendo Wii Games (T) 3:45 Arts & Crafts (MW)	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> Please refer to your Pesach insert for further information </div>		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> Please refer to your Pesach insert for further information </div>		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> Please refer to your Pesach insert for further information </div>	
	LEGEND: <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p>Chapel (C)</p> <p>Fitness Center (F)</p> <p>Heller Card Room (CR)</p> <p>Heller Lobby (LH)</p> <p>Heller Multi-Purpose Room (MH)</p> </div> <div style="text-align: center;"> <p>Theater (T)</p> <p>Weston Game Room (WG)</p> <p>Weston Lobby/Living Room (LW)</p> <p>Weston Multi-Purpose Room (MW)</p> <p>JCC Run Program</p> </div> </div>						