



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

August 2013



<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>1</p> <p>10:00 Yoga with Arlene (CR) 10:30 Word Game (MW) 11:00 Sharing with Cheryl: Famous Jewish Women (MH) 2:30 Travelogue: Visions of Italy (MH) 7:00 Bingo (MH) 7:00 Movie (T)</p>	<p>2</p> <p>9:30 Shake 'n Wake (MH) 10:15 Arts by the People: Creative Writing (CR) 11:00 Shabbat Simcha (MW) 1:00 Bridge (CR) 1:30 Sing Along (MW) 2:30 Talking Poetry with Paul (MH) 7:15 Shabbat Services</p> <p>Shabbat candle lighting: 7:55 P.M. </p>	<p>3</p> <p>9:30 Shabbat Services followed by Lifecycle Kiddush 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia (MW) 7:00 Movie (T)</p> <p>Havdalah: P.M. 8:56 </p>
<p>4 DINNER & MOVIE</p> <p>10:00 Sit 'n be Fit (MW) 11:00 Trivial Pursuit (MW) 1:30 Bingo (MH) 3:15 Encore Movie Matinee (T) 3:30 Arts & Crafts (MW) 7:00 Movie (T)</p>	<p>5</p> <p>9:30 Exercise with Cindy (MH) 10:30 Word Games (MW) 1:30 Jewelry Making (MW) 2:30 Yoga with Arlene (CR) 3:30 Christine Woody Entertains (MH) 7:00 Movie (T)</p>	<p>6</p> <p>9:30 Shake 'n Wake (MH) 10:30 Tues. Trivia with Jeff (MW) 11:00 Walk 'n Talk: meet in LW 1-4:30 Total Hearing (WG) 1:30 Bingo (MH) 1:30 NEW: Computer volunteer: Tara Coston 3:15 Discussion with Dolly (MH) 7:00 Jason Craig Performs (MH)</p>	<p>7</p> <p>9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) 10:30 Crosswords (MW) 1:30 Presentation by Dentist Dr. Bikofsky (MH) 1:30 NEW: Print & Card Making with Lizzy (MW) 2:30 Bill Levy: Musical Forgotten Gems (T) 3:00 Bridge Lessons (CR) 3:15 Mah Jongg (MW) 7:00 Jack McCoy's World Update (MH)</p>	<p>8</p> <p>10:00 Yoga with Arlene (CR) 10:30 Word Games (MW) 11:00 Sharing with Cheryl: The Living Torah (MH) 1:30 News & Views with Dave Harris (MH) 3:00 Seasons of Life Group with Heather (CR) 3:30 Silk Flower Arranging (MW) 7:00 Bingo (MH) 7:00 Movie (T)</p>	<p>9</p> <p>9:30 Shake 'n Wake (MH) 10:15 Creative Writing (CR) 11:00 Shake Loose a Memory (MW) 1:15 Dancing with Donna Marie (MH) 1:30 Yiddish Sing Along (MW) 3:30 Dynamics with Dolly (MH) 7:15 Shabbat Services (C)</p> <p>Shabbat candle lighting: 7:46 P.M. </p>	<p>10</p> <p>9:30 Shabbat Services 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia (MW) 7:00 Movie (T)</p> <p>Havdalah: 8:48 P.M. </p>
<p>11</p> <p>10:00 Sit 'n be Fit (MW) 11:00 Trivial Pursuit (MW) 1:00 Pet Therapy (LW) 1:30 Bingo (MH) 3:15 Encore Movie Matinee (T) 3:30 Arts & Crafts (MW) 7:00 Bill Levy Presents: Golden Era Hollywood Stars Born in August (T)</p>	<p>12</p> <p>9:30 Exercise with Cindy (MH) 10:30 Word Games (MW) 1:30 Jewelry Making (MW) 2:30 Mens Club (T) 2:30 Yoga with Arlene (CR) 3:30 Chaim Lauer speaks on Henrietta Szold: Life & Loves (MH) 7:00 Heller Tenants Association Meeting (MH) 7:00 Movie (T)</p>	<p>13 Trip to Sculpture Gardens</p> <p>9:30 Shake 'n Wake (MH) 10:30 Tues. Trivia (MW) 11:00 Walk 'n Talk: meet in LW 1:30 Bingo (MH) 3:15 Comedy Hour (MH) 7:00 Dino Pierce Performs (MH)</p> <p>Price of trip is \$15.00 Sign up deadline is Aug. 9th. Please sign up with the Heller Concierge.</p>	<p>14</p> <p>9:30 Exercise with Cindy 10:00 Blood Pressure Screening (F) 10:30 Crosswords (MW) 1:30 Fine Arts Class with Willie Baez (MW) 1:15 Tea with your Administrator (MH) 3:00 Bridge Lessons (CR) 3:15 Mah Jongg (MW) 7:00 Cultural Arts Series: Thomashefsky-Music & Memories (MH) 7:00 Movie (T)</p>	<p>15</p> <p>10:30 Word Game (MW) 11:00 Sharing with Cheryl: You Be The Judge 2:00 Soular Rhythm Caribbean Party!! (MH) 3:30 Comedy Hour (MW) 7:00 Bingo (MH) 7:00 Movie (T)</p>	<p>16</p> <p>9:30 Shake 'n Wake (MH) 10:15 Arts By The People: Creative Writing (CR) 11:00 Shabbat Simcha with the RCA students (MW) 1:15 Dancing with Donna Marie (MH) 1:30 Sing Along (MW) 2:15 Judy Ebright presents Gainsborough (T) 7:15 Shabbat Services (C)</p> <p>Shabbat candle lighting: 7:36 P.M. </p>	<p>17</p> <p>9:30 Shabbat Services Followed by Lifecycle Kiddush (C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia (MW) 7:00 Movie (T)</p> <p>Havdalah: 8:38 P.M. </p>

August 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 10:00 Sit 'n be Fit (MW) 11:00 Trivial Pursuit (MW) 1:30 Bingo (MH) 3:15 Encore Movie Matinee (T) 3:30 Arts & Crafts (MW) 7:00 Ronnie Aiello Performs (MH)	19 9:30 Exercise with Cindy (MH) 10:30 Word Games (MW) 1:30 Jewelry Making (MW) 3:30 ACTIVITY planning meeting (MH) 7:00 Movie (T)	20 9:30 Shake 'n Wake (MH) 10:30 Tues. Trivia with Jeff (MW) 11:00 Walk 'n Talk: meet in LW 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 7:00 Barry Newman of the Crests and Memories of Gold (MH)	21 TRIP TO ELDRIDGE MUSEUM 9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) 10:30 Crosswords (MW) 1:30 NEW: Print & Card Making with Lizzy (MW) 2:30 Bill Levy: Musical Forgotten Gems (T) 3:00 Bridge Lessons (CR) 3:15 Mah Jongg (MW) 7:00 Jack McCoy's world update (MH) *Price of trip is \$15.00 Sign up deadline is Aug. 16th. Please sign up with the Heller Concierge.	22 10:30 Word Games (MW) 11:00 Sharing with Cheryl: The Joys of Yiddish (MH) 1:30 Word Games (MW) 3:00 Movie with a message (T) 7:00 Bingo (MH) 7:00 Movie with a message (T)	23 9:30 Shake 'n Wake (MH) 10:15 Creative Writing (CR) 11:00 Shabbat Simcha with the RCA students(MW) 1:15 DANCING SHOWCASE with Donna Marie (MH) 3:15 Movie with a Message Discussion (MH) 7:15 Shabbat Services (C) Shabbat candle lighting: 7:26 P.M. 	24 9:30 Shabbat Services 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia (MW) 7:00 Movie (T) Havdalah: 8:28 P.M. 
25 DINNER & MOVIE 10:00 Sit 'n be Fit (MW) 11:00 Trivial Pursuit (MW) 1:30 Bingo (MH) 3:15 Encore Movie Matinee (T) 3:30 Arts & Crafts (MW) 7:00 Gerry Gussie Duo Performs (MH)	26 9:30 Exercise with Cindy (MH) 10:30 Word Games (MW) 1-2:30 Mitzva Mania Teens (MW) 1:30 Jewelry Making (MW) 2:30 Mens Club (T) 7:00 Movie (T)	27 9:30 Shake 'n Wake (MH) 10:30 Tues. Trivia (MW) 11:00 Walk 'n Talk: meet in LW 1:30 Bingo (MH) 1:30 NEW: Computer volunteer Tara Coston 3:15 Discussion with Dolly (MH) 7:00 Movie (T)	28 9:30 Exercise with Cindy 10:00 Blood Pressure Screening (F) 10:30 Crosswords (MW) 11:00 JETS: JCC 1:00 Heller Birthday Party (MH) 1:30 Fine Arts Class with Willie Baez (MW) 3:00 Muzzy Performs (MH) 3:15 Mah Jongg (MW) 7:00 Cultural Art Series: Andre Rieu (MH) 7:00 Movie (T)	29 10:00 Yoga with Arlene (CR) 11:00 Drumming Circle (MH) 1:00 Weston Birthday (DR) 2:00 Living Legacy: The Shofar Factory with Rabbi Rosenblum (MH) 3:00 Assisted Living: Residents Council Meeting (MW) 7:00 Bingo (MH) 7:00 Movie (T)	30 9:30 Shake 'n Wake (MH) 11:00 Shabbat Simcha with the RCA students (MW) 1:15 Dancing with Donna Marie (MH) 1:30 Yiddish Sing Along (MW) 3:00 Travelogue: Exploring Tibet (MH) 7:15 Shabbat Services (C) Shabbat candle lighting: 7:15 P.M. 	31 Slichot tonight following Havdalah 9:30 Shabbat Services followed by Lifecycle Kiddush 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia (MW) 7:00 Movie (T) Havdalah: 8:17 P.M. 

LEGEND:

Chapel (C)	Theater (T)
Fitness Center (F)	Weston Game Room (WG)
Heller Card Room (CR)	Weston Lobby/Living Room (LW)
Heller Lobby (LH)	

REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)

THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE *LESTER LIFE CHANNEL* (SeniorTV Ch. 6) DAILY FOR ANY CHANGES.