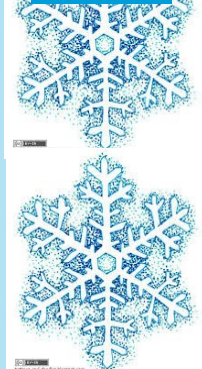




DECEMBER 2013



**Sunday**



**1 5th Night of Chanukah**

10:00 Sit 'n Be Fit (MW)  
 11:00 "Family Feud" (MW)  
 1:30 Bingo (MH)  
 3:15 Encore Movie Matinee (T)  
 3:30 Baking with Barbara (MW)  
**7:00 Jason Craig Performs (MH)**

**Monday**



**2 6th Night of Chanukah**  
**\*Trip to JCC W. Orange Chanukah Party**

9:30 Exercise with Cindy (MH)  
**10:15 Songwriting with Alice (MH)**  
**\*12:15 Trip Departure**  
**1:30-3:00 Jewelry Making with Colette (MW)**  
**3:30 Lester Life Long Learning with Chaim Lauer (MH)**  
**7:00 Lester Life Long Learning with Chaim Lauer (MH)**

**\*For Residents who have signed up**

**Tuesday**



**3 7th Night of Chanukah**

10:00 Yoga (MH)  
 10:15 Tuesday Trivia with Jeff (MW)  
**11:00 Kushner Academy Trivia Challenge (MH)**  
 1:30 Computer Help with Julia in Computer Lab  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
**7:00 Commander in Chief, the series, pt. 10 & 11 (T)**

**Wednesday**



**4 8th Night of Chanukah**

9:30 Exercise with Cindy (MH)  
 10:00 Blood Pressure Screening (F)  
 10:30 Crosswords (MW)  
**\*11:00 JETS-(MH)**  
 2:00 Bridge with Masha (CR)  
 2:30 Bill Levy: One Song Different Versions (T)  
 7:00 Movie (T)

**\*Please note JETS change of location for today only**

**Thursday**

**5 8th Day of Chanukah**

10:00 Yoga (MH)  
 11:00 Dave Harris: News & Views (MH)  
**1:30 Lester Life Long Learning: Cantor Marina Shemesh (MH)**  
 3:00 Music & Dancing in Weston Lobby (LW)

**7:00 Gala Chanukah Celebration!!**  
 With the Hester St. Troupe Heller Lobby




**Friday**

**6**

9:30 Sit 'n Be Fit (MW)  
**10:15 ABTP: Creative Writing (CR)**  
 11:00 Shabbat Simcha (MW)  
 1:00 Knitting Corner (MW)  
**2:30 Talkin' Poetry with Paul (T)**  
 3:00 Crafting with Barb (MW)  
 3:15 Dynamics with Dolly (MH)  
 7:15 Shabbat Services (C)

Candle Lighting 4:13 PM




**Saturday**

**7**

9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 10:00 Chair Exercise (MW)  
 2:00 Shabbat Study Group (C)  
 3:15 You Be The Judge (MW)  
 7:00 Movie (T)

Havdalah: 5:16 PM



**8 \* Movie Trip**  
**\*\*MOVIE & DINNER TRIP**


**\*9:00 Trip Departure for Movie**  
**9:30-1:30 Super Sunday**  
 See Newsletter for details  
 1:00 Pet Visit (LW)  
**\*\*1:00 Trip Departure for Movie & Dinner**  
 1:30 Bingo (MH)  
 3:15 Encore Movie Matinee (T)  
 3:30 Music & Dancing (WL)  
 7:00 Bill Levy: December Movie Stars (T)

**9 JCHC U**

9:30 Exercise with Cindy (MH)  
 10:00 Crosswords (MW)  
 11:00 Heller New Tenants Meeting (private D.R.)  
**1:30-3:00 Jewelry Making with Colette (MW)**  
**2:00 JCHC University: Exploring Morris County with Carol Barkin (MH)**  
**3:30 NEW: Biography Hour: Walt Disney (MW)**  
 7:00 Heller Tenants Association Meeting (MH)  
 7:00 Movie (T)

**10**

10:00 Yoga (MH)  
 10:15 Tuesday Trivia (MW)  
 1:30 Bingo (MH)  
 1:30 Computer Help with Tara in Computer Lab  
 3:15 Discussion with Dolly (MH)  
**7:00 Mike Fishteyn performance (MH)**



**11**

9:30 Exercise with Cindy (MH)  
 10:00 Blood Pressure Screening (F)  
 10:30 Crosswords (MW)  
**11:00 JETS-JCC**  
**11:00 Cheder Visit (MW)**  
 2:00 Bridge with Masha (CR)  
**1:30 ABTP: Fine Arts (MW)**  
**3:00 Birthday Bash: Ronni Aiello performing (MH)**  
**7:00 Cultural Arts Series: "Tanglewood" 75th Anniversary Celebration (MH)**



**12**

10:00 Yoga (MH)  
 10:30 Word Games (MW)  
**1:30 Lester Life Long Learning: Rabbi David Greenstein (MH)**  
 3:00 "I Remember When" and tea (MW)  
 7:00 Bingo (MH)  
 7:00 Movie (T)

**13 \*10TH OF TEVET**

9:30 Sit 'n Be Fit (MW)  
 11:00 Shabbat Simcha (MW)  
 1:00 Karaoke (MW)  
 3:00 Crafting with Barb (MW)  
 7:15 Shabbat Services (C)

\*   
 BREACHING THE WALLS OF JERUSALEM

Candle Lighting : 4:14 PM



**14**

9:30 Shabbat Services (C)  
 10:00 Chair Exercise (MW)  
 2:00 Shabbat Study Group (C)  
 3:30 Jewish Folklore (MW)  
 7:00 Movie (T)

Havdalah: 5:17 PM



**15**

10:00 Sit 'n Be Fit (MW)  
 11:00 "The Price is Right" (MW)  
 1:30 Bingo (MH)  
 3:15 Encore Movie Matinee (T)  
 3:30 Baking with Barbara (MW)  
 7:00 Movie (T)

**16 JCHC U**

9:30 Exercise with Cindy (MH)  
 10:15-11:45 Songwriting with Alice (MH)  
**\*11:00 Cooking for One-Bnai Brith Building**  
**1:30-3:00 Jewelry Making with Colette (MW)**  
**2:00 Men's Group (T)**  
**3:30 Lester Life Long Learning with Chaim Lauer (MH)**  
**7:00 Lester Life Long Learning with Chaim Lauer (MH)**

**\* See Cheryl about signing up for this JCHC U session**

**17**

10:00 Yoga (MH)  
 10:15 Tuesday Trivia with Jeff (MW)  
 11:00 Walk 'n Talk: meet in LW  
 1:30 Bingo (MH)  
 3:15 Discussion with Dolly (MH)  
**7:00 Commander in Chief, the series, pt. 12 & 13 (T)**

**18**

9:30 Exercise with Cindy (MH)  
 10:00 Blood Pressure Screening (F)  
 10:30 Crosswords (MW)  
**11:00 JETS-JCC**  
 1:15 "Brain Games" with Sharon Rogavin (MH)  
 2:00 Bridge with Masha (CR)  
 2:30 Bill Levy: Signature Songs of the Stars (T)  
 7:00 Movie (T)

**19**

10:00 Yoga (MH)  
 10:30 Word Games (MW)  
**1:30 Lester Life Long Learning: Rabbi David Greenstein (MH)**  
 3:00 Movie with a Message (T)  
 7:00 Bingo (MH)  
 7:00 Movie with a Message (T)

**20 Total Hearing: 1:00 -4:00 (WG)**


9:30 Sit 'n Be Fit (MW)  
**10:15 ABTP: Creative Writing (CR)**  
 11:00 Shabbat Simcha (MW)  
**2:15 Judy Ebright: Art in Advertising (T)**  
 3:00 Crafting with Barb (MW)  
 3:15 Movie with Message: Discussion (MH)  
 7:15 Shabbat Services (C)

Candle Lighting 4:16 PM




**21 FIRST DAY OF WINTER!**

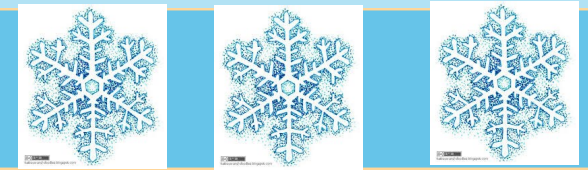
9:30 Shabbat Services followed by Life Cycle Kiddush (C)  
 10:00 Chair Exercise (MW)  
 2:00 Shabbat Study Group (C)  
 3:15 You Be The Judge (MW)  
 7:00 Movie (T)



Havdalah: 5:240PM



# December 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22 <b>*MOVIE &amp; DINNER</b></p> <p>10:00 Sit 'n Be Fit (MW) 11:00 "Who Wants To Be a Millionaire" (MW) <b>*1:00 Trip Departure</b> 1:30 Bingo (MH) <b>3:30 Arts &amp; Crafts with Mitzvah Mania Teens (MW)</b> 7:00 Linda Shell Performs (MH)</p>	<p>23 <b>JCHC U</b></p> <p>9:30 Exercise with Cindy (MH) <b>10:30 Yiddish Potpourri with Rebecca Levine (MH)</b> <b>*2:00 Life and Time of Lena Horne-Village Apts.</b> <b>1:30-3:00 Jewelry Class with Collette (MW)</b> <b>2:00 Men's Group (T)</b> <b>3:30 Lester Life Long Learning with Chaim Lauer (MH)</b> <b>7:00 Lester Life Long Learning with Chaim Lauer (MH)</b> <i>* See Cheryl about signing up for this JCHC U session</i></p>	<p>24</p> <p>10:00 Yoga (MH) 10:15 Tuesday Trivia (MW) 11:00 Walk 'n Talk: meet in LW 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) <b>7:00 Commander In Chief the Series pt. 14 &amp; 15 (T)</b></p>	<p>25</p> <p>9:30 Exercise with Cindy (MH) 10:30 Crosswords (MW) <b>1:30 ABTP: Fine Arts (MW)</b> 2:00 Bridge with Masha (CR) <b>3:00 Joan Streit Entertains (MH)</b> <b>7:00 Cultural Arts Series: "Liza with a Z" (MH)</b></p>	<p>26</p> <p>10:00 Yoga (MH) 10:30 Rhythm &amp; You (MH) 1:00 Travelogue (MH) 3:00 Weston Residents Council Meeting (MW) 7:00 Bingo (MH) 7:00 Movie (T)</p>	<p>27</p> <p>9:30 Sit 'n Be Fit (MW) <b>10:15 ABTP: Creative Writing (CR)</b> 11:00 Shabbat Simcha 1:00 Knitting Corner (MW) 3:00 Crafting with Barb (MW) 7:15 Shabbat Services (C)</p> <p>Candle Lighting 4:20 PM </p>	<p>28</p> <p>9:30 Shabbat Services (C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia &amp; Tea (MW) 7:00 Movie (T)</p> <p>Havdalah: 5:24 PM </p>

<p>29</p> <p>10:00 Sit 'n Be Fit (MW) 11:00 Winter Trivia (MW) 1:30 Bingo (MH) 3:15 Encore Movie Matinee (T) 3:30 Baking with Barbara (MW) 7:00 Movie (T)</p>	<p>30 <b>JCHC U</b></p> <p>9:30 Exercise with Cindy (MH) <b>1:30 -3:00 Jewelry Class with Collette (MW)</b> <b>2:00 JCHC University: Evolution of Women's Rights (MH)</b> <b>3:30 NEW: Biography Hour: Dick Van Dyke &amp; Mary Tyler Moore (MW)</b> 7:00 Movie (T)</p>	<p>31 <b>NEW YEARS EVE</b></p> <p>10:00 Yoga (MH) 10:15 Tuesday Trivia (MW) 1:30 Bingo (MH) <b>2:30-3:30 New Years Party with David Aaron Orchestra (Heller lobby)</b> <b>7:00 Commander In Chief-the Series pt. 16 &amp; 17 (T)</b> <b>8:30-12:00 Times Square New Years Rocking Eve!</b> <b>*Come watch the Ball drop. Feel Free to bring snacks! (T)</b></p>
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## LEGEND:

Chapel (C)	Theater (T)
Fitness Center (F)	Weston Game Room (WG)
Heller Card Room (CR)	Weston Lobby/Living Room (LW)
Heller Multipurpose room (MH)	Weston Multi-Purpose Room (MW)

**REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)**

**THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) and the DAILY SIGNS FOR ANY CHANGES.**