

















July 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>7</p> <p>10:00 Sit 'n Be Fit (MH) 11:00 Trivial Pursuit (MW) 1:30 Bingo (MH) 3:15 Encore Movie Matinee (T) 3:30 Beading (MW) 7:00 Entertainer Tony Saxon Performs (MH)</p>	<p>1</p> <p>9:30 Exercise with Cindy (MH) 10:30 Crosswords (MW) 11:00 Heller New Tenant's Meeting (private D.R.) 1:30 Comedy hour (MW) 2:30 Yoga with Arlene (CR) 3:30 Movie with a Message: Discussion (MH) 7:00 Movie (T)</p>	<p>2</p> <p>9:30 Shake 'n Wake with Dyann (MW) 10:15 Tuesday Trivia (MW) 11:00 Walk 'N Talk: meet in LW 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 7:00 Violinist Tom Aalfs Performs (MH)</p> 	<p>3 EXTENDED TRIP TO LIVINGSTON MALL</p> <p>9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) 10:30 Word Games (MW) 1:15 Extended Livingston Mall Shopping (Trip) 2:30 Bill Levy Presents: Before They Were Stars (T) 3:00 Bridge Lessons (CR) 3:15 Mah Jongg (MW) 7:00 Movie (T)</p>	<p>4 HAPPY FOURTH OF JULY!!</p>  <p>10:00 Yoga with Arlene (CR) 1:15 Dancing with Donna Marie (MH) 1:30 Root Beer Float Social (MW) 3:30 Fourth of July Craft (MW) 7:00 Matthew Fishteyn: Pianist Extraordinaire! (MH)</p> 	<p>5</p> <p>9:30 Shake 'n Wake (MH) 10:15 Arts! By the People: Creative Writing Class (CR) 11:00 Shabbat Simcha with RCA Students (MW) 1:30 Let's sing Patriotic Songs! (MW) 2:30 Arts! by the People: Talkin' Poetry with Paul: & professional dancer, Andrea (T) 7:15 Shabbat Services (C)</p> <p>Shabbat candle lighting: 8:14</p> 	<p>6</p> <p>9:30 Shabbat Services (C) Followed by Life Cycle Kiddush 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia (MW) 7:00 Movie (T)</p> <p>Havdalah: 9:17P.M.</p> 
<p>14 *DINNER & MOVIE TRIP</p> <p>10:00 Sit 'n Be Fit (MH) 11:00 Trivial Pursuit (MW) 1:00 Movie & Dinner (Trip) 1:00 Pet Therapy (LW) 1:30 Bingo (MH) 3:15 Encore Movie Matinee (T) 3:30 Arts & Crafts (MW) 7:00 Bill Levy Celebrates Golden Era Hollywood Stars born in July (T)</p>	<p>8</p> <p>9:30 Exercise with Cindy (MH) 10:30 Word Games (MW) 1:30 Target Toss MW) 2:30 Mens' Club (T) 2:30 Yoga with Arlene (CR) 3:30 Guest Speaker: Moshe Schreiber: Is Jewish Humor Funny? (MH) 7:00 Movie (T) 7:00 Heller Tenants Association Meeting (MH)</p>	<p>9</p> <p>9:30 Shake 'n Wake with Dyann (MH) 10:15 Tuesday Trivia with Jeff (MW) 11:00 Walk 'N Talk: meet in LW 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 7:00 Van Martin Entertains (MH)</p>	<p>10</p> <p>9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) 10:30 Word Games (MW) 1:30 Arts! By the People: Fine Art Class with Willie Baez (MW) 3:00 Bridge Lessons (CR) 3:15 NEW! Activity Planning Meeting (MH) Open to all residents 3:15 Mah Jongg (WG) 7:00 Jack McCoy's World Update (MH)</p>	<p>11 *JCC TRIP TO WOODLOCH PINES RESORT</p> <p>10:00 Yoga with Arlene (CR) 11:00 News & Views with Dave Harris (MH) 1:30 NEW! Tea with your administrator! (MH) 3:30 Seasons of Life: meeting with Heather (CR) 3:30 Silk Flower Arranging (MW) 7:00 Bingo (MH) 7:00 Movie (T)</p> <p>*See JCC Bulletin Board on main floor for details</p>	<p>12</p> <p>9:30 Shake 'n Wake (MH) 10:15 Creative Writing Class (CR) 11:00 Shabbat Simcha with RCA Students (MW) 1:15 Dancing with Donna Marie (MH) 2:15 Yiddish Sing Along (MW) 3:30 Dynamics with Dolly (MH) 7:15 Shabbat Services (C)</p> <p>Shabbat candle lighting: 8:12 P.M.</p> 	<p>13</p> <p>9:30 Shabbat Services (C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia (MW) 7:00 Movie (T)</p> <p>Havdalah: 9:14 P.M.</p> 
<p>15 *SIMPLY STREISAND TRIP</p> <p>9:30 Exercise with Cindy (MH) 12:15 Bus Pick up to W.O. JCC 1:30 NEW! Arts! By the People: Jewelry making with Tamira (MW) 2:30 Yoga with Arlene (CR) 3:00 Guest Speaker: Rabbi Shalom Hammer presents: Remembrance- the History of Jewish Survival" (MH) 7:30 Meggilat Eicha with Rabbi Richard Kirsch (MH)</p> <p>*Plases sign up with the Heller Concierge</p>	<p>16 TISHA B'AV</p> <p>9:30 Shake 'n Wake with Dyann (MW) 10:15 Tuesday Trivia (MW) 11:00 Walk 'N Talk: meet in LW 11:00 Guest Speaker: Rabbi Polansky speaks on Tisha B'Av (MH) 1:15 Movie: Paperclips (T) 1:30 Bingo (MH) 3:15 Discussion with Dolly (MH) 7:00 Movie: Defiance (T)</p>	<p>17 * JCC TRIP: HUNTERDON HILLS PLAYHOUSE</p> <p>9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) 10:30 Crosswords (MW) 11:00 JETS (JCC) 1:30 The Joys of Yiddish (MW) 2:30 Bill Levy presents: Before they were TV Stars (T) 3:00 Bridge Lessons (CR) 3:15 Mah Jongg (MW) 7:00 Movie (T) 7:00 Cultural Arts Series: The Band of the Grendier Guards (MH)</p> <p>*See JCC Bulletin Board on main floor for details</p>	<p>18 * W.O. JCC TRIP</p> <p>10:00 Yoga with Arlene (CR) 10-12 Mobility Fair- W.O. JCC 11:00 Sharing with Cheryl Topic: Bintel Brief (MH) 11:00 Arts by the People: Art Work and Creative Writing Drop Off (CR) 2:00 Watermelon Social with Music by Laibel (MH) 3:00 Heller Food Meeting (MH) 3:15 Card Games, Canasta, Etc... (MW) 7:00 Bingo (MH) 7:00 Movie (T)</p> <p>*See flyer on bulletin board. Please sign up with the Heller Concierge</p>	<p>19</p> <p>9:30 Shake 'n Wake (MH) 9-12:30 Total Hearing Screenings (WG) 10:15 Arts! By the People: Creative Writing Class (CR) 11:00 Shabbat Simcha with RCA Students (MW) 1:15 Dancing with Donna Marie (MH) 1:30 Create a Word (MW) 7:15 Shabbat Services (C)</p> <p>Shabbat candle lighting: 8:08 P.M.</p> 	<p>20</p> <p>9:30 Shabbat Services Followed by LifeCycle Kiddush(C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia (MW) 7:00 Movie (T)</p> <p>Havdalah: 9:10P.M.</p> 	

July 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 10:00 Sit 'n Be Fit (MH) 11:00 Trivial Pursuit (MW) 1:30 Bingo (MH) 3:15 Encore Movie Matinee (T) 3:30 Arts & Crafts (MW) 7:00 Entertainment: Val & Ken (MH)	22 9:30 Exercise with Cindy (MH) 1:30 Word Games (MW) 1:30 Arts! By the People: Jewelry making with Tamira (MW) 2:30 Yoga with Arlene (CR) 2:30 Men's Group (T) 3:30 Rabbi Rosenblum: Kosher Workshop (MH) 7:00 Movie (T) <div style="display: flex; justify-content: space-around; align-items: center;">  <div style="border: 1px solid black; padding: 5px; text-align: center;"> MEAT PAREVE DAIRY </div> </div>	23 *OUTING TO MORRIS MUSEUM 9:30 Shake 'n Wake with Dyann (MW) 10:15 Tuesday Trivia with Jeff (MW) 11:00 Walk 'N Talk: meet in LW 1:00 Bus pick up for outing to Morris Museum 1:30 Bingo (MW) 7:00 Linda Shell performs (MH) <i>*Special tea: Presentation of 1970's Chihuly Glass Collection</i> <i>*Cost: \$15.00 includes transportation and admission</i>	24 9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) 10:30 Word Games (CR) 11:00 Dancing with Donna Marie (MH) 1:00 Heller Birthday Celebration (MH) 1:00 Sing Along with Stella (MH) 1:15 Arts! By the People: Fine Arts with Willie Baez (CR) 3:15 Mah Jongg (CR) 7:00 Jack McCoy's World Update (MH) <div style="text-align: right;"></div>	25 10:00 Yoga with Arlene (CR) 11:00 Drumming Circle (MH) 1:00 Weston Birthday Celebration (DR) 3:00 Movie with a Message (T) 3:00 Residents Council (MW) 7:00 Bingo (MH) 7:00 Movie with a Message (T) <div style="text-align: center;"></div>	26 9:30 Shake 'n Wake (MH) 10:15 Creative Writing Class (CR) 11:00 Shabbat Simcha with RCA Students (MW) 1:30 Crossword Puzzles (MW) 3:15 Movie with a Message Discussion (MH) 7:15 Shabbat Services (C) <div style="text-align: center; margin-top: 20px;"> Shabbat candle lighting: 8:02 P.M. <div style="display: flex; justify-content: center; gap: 10px;">   </div> </div>	27 9:30 Shabbat Services (C) 10:00 Chair Exercise (MW) 2:00 Shabbat Study Group (C) 3:15 Jewish Trivia (MW) 7:00 Movie (T) <div style="text-align: right; margin-top: 20px;"> Havdalah: 9:04 P.M. <div style="text-align: right;"></div> </div>
28 *DINNER & MOVIE TRIP 10:00 Sit 'n Be Fit (MH) 11:00 Trivial Pursuit (MW) 1:00 Movie & Dinner (Trip) 1:30 Bingo (MH) 3:30 Arts & Crafts (MW) 3:15 Encore Movie Matinee (T) 7:00 Kevin Curry Performance (MH)	29 9:30 Exercise with Cindy (MH) 10:30 Dart Games (MW) 1:30 Arts! By the People: Jewelry Making with Tamira (MW) 2:30 Yoga with Arlene (CR) 3:30 Guest Speaker: Chaim Lauer Topic: "What Goes Around Comes Around" (MH) 7:00 Movie (T)	30 9:30 Shake 'n Wake with Dyann (MW) 10:15 Tuesday Trivia (MW) 11:00 Walk 'N Talk: meet in LW 1:30 Bingo (MW) 3:00 Lets Bake! (MW) 3:15 Discussion with Dolly (MH) 7:00 Movie (T)	31 9:30 Exercise with Cindy (MH) 10:00 Blood Pressure Screening (F) 10:30 Word Games (MW) 2:00 George Tuzzeo Performs (MH) 3:15 Mah Jongg (MW) 7:00 Movie (T) 7:00 Cultural Arts Series: 1st Anniversary Surprise!! (MH)	LEGEND: <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>Chapel (C)</p> <p>Fitness Center (F)</p> <p>Heller Card Room (CR)</p> <p>Heller Lobby (LH)</p> <p>Heller Multi-Purpose Room (MH)</p> </div> <div style="width: 45%;"> <p>Theater (T)</p> <p>Weston Game Room (WG)</p> <p>Weston Lobby/Living Room (LW)</p> <p>Weston Multi-Purpose Room (MW)</p> <p>JCC Program</p> </div> </div>		



REMINDER: ALL ACTIVITIES ARE OPEN TO ALL RESIDENTS OF LESTER (Heller & Weston)

THIS CALENDAR IS SUBJECT TO CHANGES. PLEASE CHECK THE LESTER LIFE CHANNEL (SeniorTV Ch. 6) DAILY FOR ANY CHANGES.