

SEPTEMBER 2012

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

***** THIS CALENDAR IS
SUBJECT TO CHANGE,
CHECK ACTIVITY BOARD
DAILY FOR ANY
CHANGES**

1
9:30 Shabbat Services (C)
10:00 Morning Wake Up (LW)
1:15 Shabbat Schmooze (LW)
2:00 Shabbat Study Group (C)
3:15 Charades (MW)

Havdalah:
8:13 P.M.



2
10:00 Morning Wake Up (LW)
11:00 Pictionary (MW)
1:00 Pet Therapy (LW)
1:00 Movie & Dinner (Trip)
1:30 Bingo (MH)
3:15 Nintendo Wii Games (T)
3:45 Arts & Crafts (MW)
7:00 Bill Levy Celebrates Labor Day with Films Depicting Men and Women at Work (T)

3 LABOR DAY
9:00 Morning Wake Up (LW)
9:30 Exercise with Cindy (MH)
1:15 Patriotic Karaoke Café (T)
2:30 Word Games (MW)
3:30 Arts & Crafts (MW)
7:00 Movie (T)

4
9:00 Morning Wake Up (LW)
10:00 Tai Chi (MH)
10:15 Trivia with Sameer (MW)
11:00 Intermediate Computer Class
1:15 Rabbi Rosenblum's Shofar Factory Comes to Lester (MH)
1:45 Bingo (MW)
3:15 Discussion with Dolly (MH)
7:00 Entertainment: Jason Craig Performs (MH)

5
9:00 Morning Wake Up (LW)
9:30 Exercise with Cindy (MH)
10:00 Blood Pressure Screening (F)
1:30 Arts! By the People: Fine Art Class (MW)
2:30 Bill Levy Presents: The Voice and Musical of Howard Keel, Part I (T)
3:15 Mah Jongg (MW)
7:00 Jack McCoy's World Update (MH)

6 Mt. Airy Casino Trip
9:00 Morning Wake Up (LW)
9:30 - 12:30 Total Hearing Screenings (WG)
10:00 Yoga with Arlene (MH)
11:00 Current Events (MH)
1:15 Giant Bowling Match (MH)
2:30 Crosswords (MW)
3:30 Bridge (CR)
7:00 Pearl Witkin Presents: Review, Remorse, Resolve... in the Spirit of "Days of Awe" (MH)

7
9:00 Morning Wake Up (LW)
10:15 Arts! By the People: Creative Writing Class (CR)
11:00 Coffee Talk (MW)
1:15 Dancing with Donna Marie (MH)
2:15 Arts & Crafts (MW)
3:15 Dynamics with Dolly (MH)
7:15 Shabbat Services (C)

Shabbat candle lighting: 7:03 P.M.



8 SELICHOT
9:30 Shabbat Services (C)
Followed by Life Cycle Kiddush
10:00 Morning Wake Up (LW)
1:15 Shabbat Schmooze (LW)
2:00 Shabbat Study Group (C)
3:15 Rummikub (MW)
8:00 Havdalah followed Selichot Service (C)

Havdalah:
8:00 P.M.



9
10:00 Morning Wake Up (LW)
11:00 Pictionary (MW)
1:00 Pet Therapy (LW)
1:30 Bingo (MH)
3:15 Encore Movie Matinee (T)
3:45 Arts & Crafts (MW)
7:00 Entertainment: George Tuzzeo Sings (MH)

10 NYC - MoMA Trip
9:00 Morning Wake Up (LW)
9:30 Exercise with Cindy (MH)
11:00 Heller New Tenants Meeting (Private Dining Room)
1:30 Crosswords (MW)
2:30 Men's Group (MH)
3:30 Lester Life Long Learning: Jewish Calendar, Cycles & Customs (MH)
7:00 Movie (T)

11
9:00 Morning Wake Up (LW)
10:00 Tai Chi (MH)
10:15 Trivia with Sameer (MW)
11:00 Intermediate Computer Class
12:30 Shirley C. Green Memorial Symposium-Israel: Points of No Return? (W.O. JCC) (Trip)
1:15 High Holidays: Its Meaning and Traditions with Rabbi Polansky, Part II (C)
1:30 Bingo (MW)
3:15 Discussion with Dolly (MH)
7:00 Entertainment: Jason Craig Performs (MH)

12
9:00 Morning Wake Up (LW)
9:30 Exercise with Cindy (MH)
10:00 Blood Pressure Screening (F)
1:30 Arts! By the People: Fine Art Class (MW)
3:00 David Aaron and Friends Concert (LH)
7:00 Presentation of Lester Celebrating Assisted Living Life (MH)

13
9:00 Morning Wake Up (LW)
10:00 Yoga with Arlene (CR)
11:00 Current Events (T)
2:30 Word Games (MW)
3:30 Bridge (CR)
7:00 Bingo (MH)
7:00 Movie (T)

14
9:00 Morning Wake Up (LW)
10:15 Arts! By the People: Creative Writing Class (CR)
11:00 Coffee Talk (MW)
1:15 Dancing with Donna Marie (MH)
3:15 Arts & Crafts (MW)
7:15 Shabbat Services (C)

Shabbat candle lighting: 6:51 P.M.



15
9:30 Shabbat Services (C)
10:00 Morning Wake Up (LW)
1:15 Shabbat Schmooze (LW)
2:00 Shabbat Study Group (C)
3:15 Trivial Pursuit (MW)
7:00 Movie (T)











Havdalah:
7:48 P.M.



National Assisted Living Week



SEPTEMBER 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 EREV ROSH HASHANA 10:00 Morning Wake Up (LW) 11:00 Pictionary (MW) 1:30 Bingo (MW) 3:15 Arts & Crafts (MW)	17 ROSH HASHANAH 10:00 Morning Wake Up (LW) 11:00 Charades (MW) 1:15 Story Circle (MW) 3:00 Bananagrams (MW)	18 ROSH HASHANAH 10:00 Morning Wake Up (LW) 11:00 Trivia (MW) 1:15 Giant Bowling Match (MW) 3:00 Rummikub (MW)	19 Wellness Fair Trip 9:00 Morning Wake Up (LW) 9:30 Exercise with Cindy (MW) 10:00 Blood Pressure Screening (F) 12:45 Heller Birthday Party (CR) 1:30 Arts! By the People: Fine Art Class (MW) 2:30 Bill Levy Presents: The Voice and Musical of Howard Keel, Part II (T) 3:15 Mah Jongg (MW) 7:00 Jack McCoy's World Update (T)	20 JCHC Restaurant Trip 9:00 Morning Wake Up (LW) 10:00 Yoga with Arlene (CR) 11:00 Current Events (T) 1:30 Word Games (MW) 3:00 Weston Resident Council (MW) 7:00 Bingo (MH) 7:00 Movie (T)	21 9:00 Morning Wake Up (LW) 10:15 Arts! By the People: Creative Writing Class (CR) 11:00 Coffee Talk (MW) 1:15 Dancing w/ Donna Marie (CR) 2:15 Arts & Crafts (MW) 2:15 Judy Ebright Presents: (T) 7:15 Shabbat Services (C)	22 9:30 Shabbat Services (C) Followed by Life Cycle Kiddush 10:00 Morning Wake Up (LW) 1:15 Shabbat Schmooze (LW) 2:00 Shabbat Study Group (C) 3:15 Charades (MW) 7:00 Movie (T)
<div style="border: 1px solid black; padding: 10px; text-align: center;"> Please refer to your High Holiday Booklet for today's schedule </div>						
Yom Tov candle lighting: 6:47 P.M. 	Yom Tov candle lighting: 7:45 P.M. 	Havdalah: 7:43 P.M. 			Shabbat candle lighting: 6:39 P.M. 	Havdalah: 7:36 P.M. 
23 10:00 Morning Wake Up (LW) 11:00 Pictionary (MW) 1:00 Movie & Dinner (Trip) 1:30 Bingo (MW) 3:15 Encore Movie Matinee (T) 3:45 Arts & Crafts (MW) 7:00 Entertainment: Hal Brister Performs (MH)	24 9:00 Morning Wake Up (LW) 9:30 Exercise with Cindy (MW) 10:45 Housecalls Presentation: MaryAnn Shares a Diabetes Update (T) 1:15 Word Games (MW) 2:30 Men's Group (T) 3:30 Lester Life Long Learning: Jewish Calendar, Cycles & Customs (MH) 3:30 Arts & Crafts (MW) 7:00 Lester Life Long Learning: Pivotal Moments in Jewish History (MH) 7:00 Movie (T)	25 EREV YOM KIPPUR KOL NIDRE 10:00 Morning Wake Up (LW) 11:00 Trivia (MW) 1:15 Rummikub (MW) 3:15 Arts & Crafts (MW)	26 YOM KIPPUR 10:00 Morning Wake Up (LW) 11:00 Rummikub (MW) 1:15 Charades (MW) 3:15 Story Circle (MW)	27 Woodbury Outlets Trip 9:00 Morning Wake Up (LW) 10:00 Yoga with Arlene (MH) 10:30 Drumming Circle (MW) 11:00 Current Events (MH) 1:00 Weston Birthday Party 1:30 Crosswords (MW) 2:45 Movie with a Message (T) 3:15 Giant Bowling Match (MH) 7:00 Movie with a Message (T)	28 9:00 Morning Wake Up (LW) 9:30 NJJFF Reel Film Series part 1 (W.O. JCC) (Trip) 10:15 Arts! By the People: Creative Writing Class (CR) 11:00 Coffee Talk (MW) 1:15 Dancing w/ Donna Marie (MH) 2:15 Arts & Crafts (MW) 3:00 Movie with a Message: Discussion (MH) 7:15 Shabbat Services (C)	29 9:30 Shabbat Services (C) 10:00 Morning Wake Up (LW) 1:15 Shabbat Schmooze (LW) 2:00 Shabbat Study Group (C) 3:15 Rummikub (MW) 7:00 Movie (T)
<div style="border: 1px solid black; padding: 10px; text-align: center;"> Please refer to your High Holiday Booklet for today's schedule </div>						
Yom Tov candle lighting: 6:24 P.M. 		Yom Tov candle lighting: 7:45 P.M. 	Havdalah: 7:29 P.M. 		Shabbat candle lighting: 7:14 P.M. 	Havdalah: 7:24 P.M. 
LEGEND:						
Chapel (C) Fitness Center (F) Heller Card Room (CR) Heller Lobby (LH) Heller Multi-Purpose Room (MH)			Theater (T) Weston Game Room (WG) Weston Lobby/Living Room (LW) Weston Multi-Purpose Room (MW) JCC Run Program			
Please refer to your High Holiday Booklet for today's schedule		