

## Tea for Two or More

By Bea Freiheiter

The Queen of Hearts is having a tea party.

The Rabbit and Mad Hatter will be there too,

I suppose we'll have to invite Alice, what else can we do?

Assisted Living residents were invited to a tea party, what would it be like?

Would it be like Alice's crowd? Just itching for a fight.

No, this tea party was different, there were only laughs and smiles.

Along with tea, cookies and crackers, conversation was fluid and mild.

Decorations were hung from up high, lit candles at each table.

While the tea was being served, music played as soft as sable.

The evening was friendly, chatty and pleasant, it doesn't always have to be entertainment or a game.

Just be sociable and warm, and know each other's name.

So, hats off to Ashlee and Jessica for all that you do,

And it's always worthwhile to try something new.



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## June in Pictures



A very busy month for the Lester  
Senior Housing Community

Above: Weston Assisted Living has a  
Tea Party on June 5th

To the left: At the annual JCHC Board  
Dinner, June 18th, some Choral Group  
participants from Lester

Below: Lester's 6th annual Western Day  
Barbeque on June 24th



"A great big todah rab-  
bah... for a wonderful  
Western Day!"

~ Ruth Bromberg

"On behalf of the residents  
of Weston...Thank you...all  
who helped make Western  
Day such a huge success.  
We were all delighted. It  
was a fun day."

~ Helen Heller, Weston  
Resident Council President





### Administrator's Corner

July 2012

It is now officially summer and the temperature outside is definitely a testament to this. I remind you to drink plenty of fluids and stay safe in the sun. Also, make sure you keep your apartment cool when present and promptly report any air conditioning issues to the Concierge at the Heller front desk. Also, due to the nicer weather, many residents are taking advantage of the Lester outdoor spaces (the new benches at the front of the building and the gazebo area in the back). I remind everyone to please be courteous to one another and share the space we have available.

In June we had our annual Western Day Bar-B-Q. Based on the large number of compliments I received from residents and family members for this event, I think it would be safe to say that this was our biggest and best Western Day event to date! I know many of you are already anxious for next year's party. We'll be kicking off the month of July with a 4<sup>th</sup> of July dinner Bar-B-Q. Also, to commemorate the three-week mourning period beginning on the 17<sup>th</sup> of Tammuz (Sun. 7/8), Rabbi Polanski will offer a special program at 1:15PM on Tuesday the 10th. On the 24<sup>th</sup> we will be going to a Minor League baseball game and on the 26<sup>th</sup> we will have a trip to the Newark Museum for an installment of the 'Jazz in the Garden' series – please be sure to sign up for these trips in advance, as space is limited. Lastly, on Tisha B'Av (7/28 & 7/29), Rabbi Langer will lead services and read Eicha. Please review the enclosed calendar for specific dates and times of all the excellent programs being offered.

As I noted over the past couple of months, we are in the process of making a number of improvements to our building. The Assisted Living dining room got a brand new floor. Digital bulletin boards, which will display the daily activities and happenings around Lester, were

mounted in the Heller and Weston lobbies. Four of the eight common-area bathrooms have been renovated; the work on the remaining four should be completed in the beginning of July. New furniture for the libraries and living rooms will arrive this month. Brand new theater equipment was installed in our Theater and in the Heller Multi-Purpose Room; if you have not yet watched a movie on our new screen, I encourage you to do so – you'll be impressed. And finally, SeniorTV, an in-house TV channel is just around the corner – be sure to be on the lookout for more information on this very exciting program. A number of projects are still planned over the coming months as we continue to work to keep our building looking fresh and improve our services to you.

Lastly, I am pleased to announce that Heather Roman, LSW, Lester Senior Housing Social Worker, will be providing information and resource / social service support for residents at Lester. If you have any needs, please call Heather at (973) 929-2723. Judy Toonkel, LCSW, social worker from Jewish Family Service of Metrowest will continue to see residents in their apartments for on-going counseling. These sessions are confidential and covered by Medicare. To schedule an appointment with Judy, please call Jewish Family Service of Metrowest at 973-765-9050.

As always, please feel free to reach out to me with any questions, comments, compliments and/or concerns. I can be reached at 973-929-2747. You should also feel free to stop by the Administration offices if you would like to meet with me.

See you around the halls,  
Alex Gross  
Administrator

### Independence Day

By Bea Freitheiter

Snap, Crackle and Pop, no it's not a bowl of Rice Krispies,  
It's the Fourth of July celebration, saluting all fifty.  
Enjoy the fireworks as they go whizzing by,  
All shapes, forms and colors light up the sky,  
But it's our freedom that makes everything so bright.  
So please America, keep doing things right.



### BIRTHDAYS

- Teddy Halpern
- Harriet Kaplan
- Bea Kimmelman
- Ruthie Gerstenzang
- Lotte Mandel
- Celia Hebel
- Stuart Tanenbaum
- Dolly Moser
- Pearl Witkin
- Francoise Meyerkopf
- Ida Bakalar
- Elaine Goldstein

To all of our residents who are celebrating their birthdays this month we would like to wish you peace and blessings, this year and always from the staff at Lester.



### New Resident Welcomes

Marilyn Straus	Apt. 305
Phyllis Schachter	Apt. 121

To all of Lester's new residents we would like to wish you a warm welcome, and *Bruchim Ha Ba'im*.

### Shana Tova

(We're Starting Early)



A Lovely new project! Immediately prior to Rosh Hashana, we will be "publishing" and distributing a roster containing the names of those who choose to extend greetings for the New Year to their Lester friends, neighbors, and fellow residents. Listings are available at \$3.00 each.

You will be personally contacted shortly with the appropriate forms.

Funds raised will be used to help defray the expense for a wonderful Lester Chanukah Celebration

Lester Congregation Life Cycle Committee

### A Cultural Art Series

With the installation of all of the wonderful new media equipment in the Theater and Heller Multi-Purpose Room, there will be many opportunities for expanded and enriched programming.

Twice a month we will be scheduling "performance art" as part of a Cultural Art Series, which will include opera, ballet, symphony, concerts and theater.

We are looking forward to some truly splendid cultural experiences, and hope you join us!

### Lester Congregation

#### Life Cycle Kiddush

will be on Saturday, July 14th  
And Saturday, July 28th

*Kiddushim will be immediately following Shabbat morning services*

Our Life Cycle Shabbatot provide additional meaning to the observance of your Yahrzeits. May we also encourage you to take advantage of this opportunity to acknowledge Simchas in your life

If you have not already filled out a Yahrtzeit information form, please contact Estelle Berger, Rae Benet, or Dr. Mervin Eisenberg (for Heller residents), or Bea Freitheiter, Teddy Halpern or Helen Heller (for Weston residents).

### A Lester Extravaganza

It's time again for another of our spectacular Lester Resident Talent Shows, scheduled for August!

We need **you!** Are you a creative writer or poet? Do you like to tell jokes, sing a song, act in a skit, be part of a chorus, perhaps even dance?

Please contact the L&M Productions team (Ann Lipman or Dolly Moser). The fun starts now!

### Are You Registered to Vote in Morris County?

If you are new to Lester, you may need to register. If you cannot get to the voting booths on election day you will need to complete an absentee registration.

Come to the activities office to get this paperwork. We will be happy to assist you. It is your duty as an American to vote!