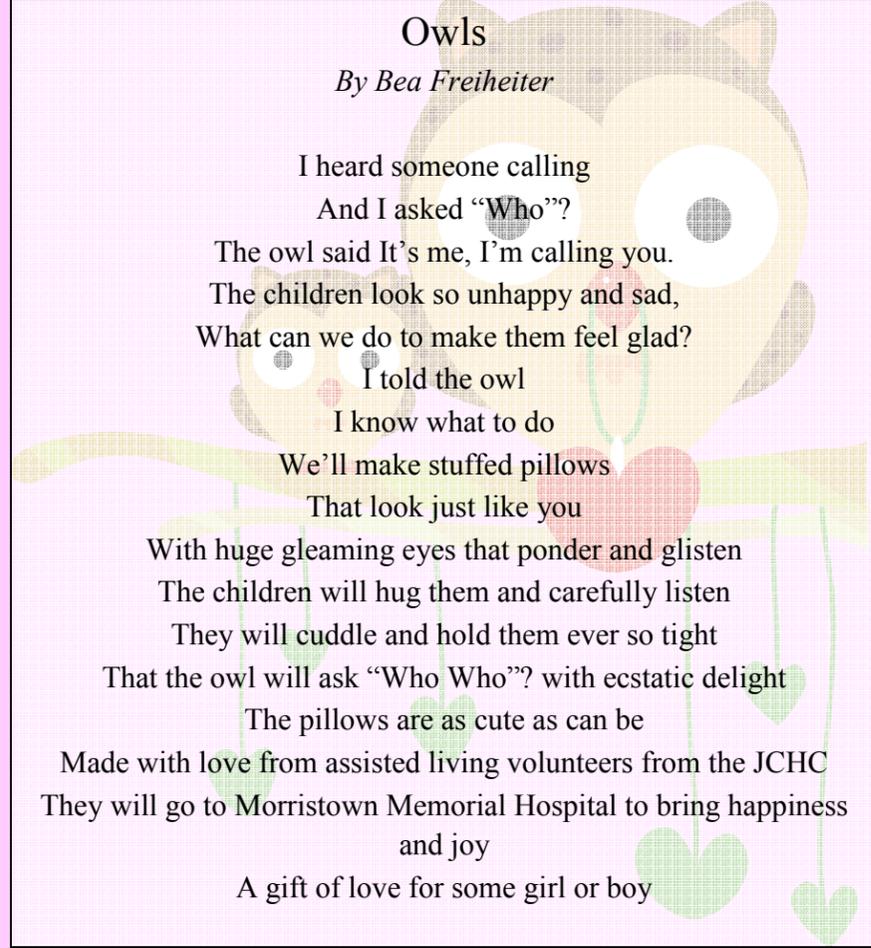


## Owls

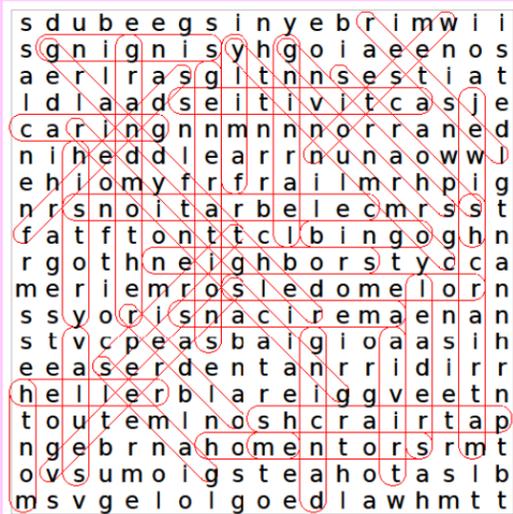
By Bea Freiheiter



I heard someone calling  
And I asked "Who"?  
The owl said It's me, I'm calling you.  
The children look so unhappy and sad,  
What can we do to make them feel glad?

I told the owl  
I know what to do  
We'll make stuffed pillows  
That look just like you  
With huge gleaming eyes that ponder and glisten  
The children will hug them and carefully listen  
They will cuddle and hold them ever so tight  
That the owl will ask "Who Who"? with ecstatic delight  
The pillows are as cute as can be  
Made with love from assisted living volunteers from the JCHC  
They will go to Morristown Memorial Hospital to bring happiness  
and joy  
A gift of love for some girl or boy

Answer's to last month's puzzle:



**THE LESTER SENIOR HOUSING  
COMMUNITY**  
903 - 905 ROUTE 10 EAST  
WHIPPANY NJ 07981  
973-929-2700  
www.jchcorp.org




# The Lester Chronicle

## JUNE 2012

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HOUSING  
COMMUNITY**  
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**Inside this  
issue:**

- COVER STORY
- BIRTHDAYS
- NOTES &  
REMINDERS
- ADMINISTRATOR'S  
CORNER
- NEW RESIDENT  
WELCOMES
- CREATIVE  
WRITING CORNER

## A New Tradition: Arts! By the People Art Festival

By Ashlee Traynor

This past month we celebrated our passion for the arts. Exploring possibilities and channeling the "inner light" to illustrate our creativity. On Sunday, May 20th we commemorated our most recent artistic achievements with an incredible art festival, and "what a show" it was. From creative writing to dancing moves... Lester knows how to make a festival happen!

Personally, I was amazed to see all the different projects come together, and be displayed and showcased in one wonderful event. You are all so remarkable and talented! Your hard work and dedication is inspirational; your creativity and willingness to try something new is impressive; your determination is motivating!

To all of our Hip Hop artists, Columbia Records will be calling. To our Play Writers, NBC could use a fresh and new prime time show. To our Creative Writers, The New York Times doesn't have enough space for all of your Best Sellers. Photographers, I can't take my eyes off your pic-

tures, gallery premiers you should headline. Choreographers, you fit in with the best, Bob Fosse, George Balanchine and Martha Graham. Fine Artists, your works should hang on the walls of the Metropolitan Museum of Art. All of the artists in residence...I want your autograph!

Everyone has a passion, an "inner artist" just waiting to be unleashed. I encourage everyone under the roof of Lester Senior Housing to attend as many of these incredible classes as you can, and to regularly participate in all of the great activities we have. You may find a hidden talent or develop a new interest. Remember...you're never too old to enjoy life, and it's never too late to "get up and bust a move!"

Let's make this great experience be an annual event, it is a great way to appreciate all kinds of art and artists... from fine paintings to hip hop rhymes... you can do it all! Congratulations to all of our participants, I am so proud of you!





**BIRTHDAYS**

- Emilie Hammer
- June Miller
- Beatrice Baer
- Annette Weinstein
- Ruth Epstein
- Elsie Zurkoff
- Harriet Novak
- Harry Butensky
- Lillian Robinson
- Ann Steinberger
- Isaac Goldman
- Muriel Gelbert
- Bill Greenberg
- Marilyn Diamond

To all of our residents who are celebrating their birthdays this month we would like to wish you peace and blessings, this year and always from the staff at Lester.



**Administrator's Corner**

**June 2012**

Warm weather is upon us and summer is just around the corner. The Lester maintenance team will be cleaning all apartment air conditioning filters to ensure that all units are running properly and efficiently. Now would be a good time to test the air conditioning unit in your apartment to make sure it is working properly. If you find that yours is not working as it should, please be sure to notify the Concierge so that it can be repaired in a timely manner.

This past month I included a flyer in your monthly handout packet with information regarding dining room safety. Please pay special attention to the recommendations made in that flyer and be sure to arrive at the dining room at the designated times to ensure continued safety of your fellow residents and the Lester staff.

The May 'Chat with CEO' for Heller residents had to be cancelled and is being rescheduled for Tuesday June 5<sup>th</sup> at 7PM. Mr. Harold Colton-Max, CEO of the JCHC, will be coming to Lester to meet with the Heller residents and will be asking for your feedback and recommendations. On the 17<sup>th</sup> we will be celebrating Father's Day with a special presentation in the morning and an entertainer in the evening. Also, on Sunday June 24<sup>th</sup> we will be having our sixth annual Western Day Bar-B-Q. If you missed this event in previous years, I highly encourage you to attend. We plan to have live music, entertainment, free t-shirts and fun for the entire family - please be sure to encourage your children, grandchildren and friends to join us as well!

As I noted this past month, we are in the process of making a number of improvements to our building and outdoor spaces.

Nine new benches have been installed outside the building along the walkways. Also, the common-area bathrooms on the first and second floors are undergoing a complete renovation and should be back in service by the end of this month. The theater will be getting a number of upgrades and the Heller Multi-Purpose Room will have theater equipment installed in it for presentations and activities. The Heller piano room furniture and the Weston living room and library furniture are also going to be replaced toward the end of the month and many new chairs have been purchased for our multi-purpose rooms. The computers in the computer lab will all be getting software updates (Windows 7) and the CogniFit program will now be web-based only. Lastly, toward the end of the month we plan to make Wi-Fi (wireless internet service) available for residents and guests in the first and second floor lobby areas. This service will be provided at no added cost and is being set up for your convenience and enjoyment. We will make every effort to minimize disruptions to the day-to-day operations while these renovations are underway and appreciate your continued patience while we work to update our building and improve our services to you.

As always, please feel free to reach out to me with any questions, comments, compliments and/or concerns. I can be reached at 973-929-2747. You should also feel free to stop by the Administration offices if you would like to meet with me.

See you around the halls,

Alex Gross

Administrator



**SAVE THE DATE**



**Sunday, June 24th** - It's this month, Western Day! Mark the date on your calendar, tell your family and friends, Lester will be having its 6th annual Western Day Barbeque. We will have great food, music, games and horses to ride - a day for the whole



**mishpachah!**



**Are You Registered to Vote in Morris County?**

If you are new to Lester, you may need to register. If you cannot get to the voting booths on election day you need to complete an absentee registration. Come to the activities office to get this paperwork, we will be happy to assist you. It is your duty as an American to vote!



**New Resident Welcomes**

- Marilyn Straus Apt. 305
- Sylvia Cherna Apt. 601
- Isaac Goldman Apt. 4-K

To all of Lester's new residents we would like to wish you a warm welcome, and *Bruchim Ha Ba'im*.

**In My Garden**

In my garden I feel relaxed  
 In my garden I feel wanted and I smell all the roses  
 In my garden I see variety; flowers, trees, bushes and nature  
 In my garden I see the flowers grow  
 I see all the beautiful things in nature  
 In my garden I feel at home  
 In my garden I feel totally disconnected from the world and nothing is important  
 In my garden I see all the changes that happen overnight so quickly  
 In my garden I see birds eating at my birdfeeder, I see life and colors

Written by attendees of Talkin' Poetry with Paul on May 4, 2012

**Lester Congregation**

**Life Cycle Kiddush**

will be on Saturday, June 2nd, Saturday, June 16th, and Saturday, June 30th

*Kiddushim will be immediately following Shabbat morning services*

Our Life Cycle Shabbatot provide additional meaning to the observance of your Yahrzeits. May we also encourage you to take advantage of this opportunity to acknowledge Simchas in your life

If you have not already filled out a Yartzeit information form, please contact Estelle Berger, Rae Benet, or Dr. Mervin Eisenberg (for Heller residents), or Bea Freiheiter, Teddy Halpern or Helen Heller (for Weston residents).

**JCHC Tribute Cards are now available!**

Send cards to family and friends and support the JCHC

Get Well cards /Mazel Tov cards  
In Memoriam cards/Blank cards

Cards can be purchased at the Business office or call Marcia at (973) 530-3966



**Grocery Shopping Services**

Along with JCHC providing weekly shopping trips, let your fingers do the shopping! Below is a list of local options for home delivery of groceries.

**Shoprite.com**

Delivers to Whippany from the Parsippany Store

No group rates

Delivery fee: \$6.95

Shopping fee: \$10

**Peapod.com**

Shopping fee: under \$100 is \$9.95

Minimum order: \$60

