

Older Americans Month Word Search

s d u b e e g s i n y e b r i m w i i
s g n i g n i s y h g o i a e e n o s
a e r l r a s g l t n n s e s t i a t
l d l a a d s e i t i v i t c a s j e
c a r i n g n n m n n n o r r a n e d
n i h e d d l e a r r n u n a o w w l
e h i o m y f r f r a i l m r h p i g
n r s n o i t a r b e l e c m r s s t
f a t f t o n t t c l b i n g o g h n
r g o t h n e i g h b o r s t y c c a
m e r i e m r o s l e d o m e l o r n
s s y o r i s n a c i r e m a e n a n
s t v c p e a s b a i g i o a a s i h
e e a s e r d e n t a n r r i d i r r
h e l l e r b l a r e i g g v e e t n
t o u t e m l n o s h c r a i r t a p
n g e b r n a h o m e n t o r s r m t
o v s u m o i g s t e a h o t a s l b
m s v g e l o l g o e d l a w h m t t

Word Bank

Activities	Lester
Caring	Month
Dancing	Patriarchs
Games	Sharing
Grandmother	Sports
Home	Veterans
Learning	Bingo
Mentors	Community
Older	Friends
Role models	Grandfather
Spirit	History
Values	Leaders
Americans	Matriarchs
Celebrations	Neighbors
Family	Reminiscing
Generations	Singing
Heller	Trivia
Jewish	Weston



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The Lester Chronicle

May 2012

Passover

By: Helen Heller

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WELCOMES

CREATIVE
WRITING CORNER

Passover is my favorite Holiday. The seders bring the whole family together, but time has taken its toll, and now I have my Weston family.

When the calendar points to spring, I start counting the weeks to Passover, then the days, and then suddenly Passover is upon us. The night before, we have Bedikat Chometz, searching for chometz. I would put several little packages of wax paper full of bread crumbs on the windowsills; We would turn out the lights and take a candle, a wooden spoon, and a feather (pulled from a feather duster) and search for chometz. The next morning it would be burned outdoors. Here, I improvised.

Our Lester seders were conducted by our popular, innovative Rabbi Nathan Langer. The long tables were set beautifully. The traditional seder plates, along with a little

salt water on the side, were placed at every other setting. The wine glasses were filled. When our residents and guests were seated, the service began. In as much as it was not established who was the youngest, we asked the 4 kashes in unison the first night, and the youngest asked the 4 kashes the second night. The appropriate blessings were recited and then a delicious dinner was served. The seder resumed, and we stood up when the door was opened to welcome the prophet Elijah. When the door was closed, I looked at Elijah's cup to see how much he had sipped. Yes, it looked as though there was less wine in the cup.

At the conclusion of the service, we said the traditional "L'Shanah ha ba'ah B'Yerushalayim", "Next year in Jerusalem", then sang and sang the great songs of Passover. The nights of Passover were very nice evenings spent together.

Lester Art Festival

Sunday, May 20th

In celebration of Older Americans Month, Lester Senior Housing will be having an Arts Festival, highlighting works by our residents in Arts! By the People classes. The event will include a fine arts, photography, and crafting exhibit as well as poetry readings, a theatrical performance, a debut of the resident choreographed dance, Hip Hop and more!

Mark your calendars, tell your friends and family, join in the celebration of the talent in our community.



BIRTHDAYS

- Lou Bronfman
- Joe Bryn
- Faye Eisenstein
- Ruth Bromberg
- Shirley Wein
- Frances Koch
- Norman Eider
- Eleanor Stern
- Ann Borsack
- Rita Gogel
- Mitzi Abrams
- Pollyann Fluke
- Sarah Flehinger
- Miriam Pratt
- Muriel Rubin
- Mildred Feldstein
- Mildred Goodman
- Martin Sherman
- Bernice Dunn
- Lydia Brill
- Shirley Notkin
- Leslie Metsky
- Hannah Parks
- Evelyn Leynor

To all of our residents who are celebrating their birthdays this month we would like to wish you peace and blessings, this year and always from the staff at Lester.



Administrator's Corner

May 2012

With Passover behind us, the kitchen was 'put back together' and the Passover dishes and equipment returned to storage. The Passover Seders and prayer services were expertly led by Rabbi Langer and I've already received a number of compliments from residents with regard to their positive experience of celebrating Passover in Lester.

In May we have a calendar packed with many activities to choose from. In fact, I have to apologize to you in advance in case you are at odds over attending one program over another taking place at the same time. A few programs I would like to highlight are as follows. On Thursday May 3rd we will have a trip to the Bickford Theater to see "I Do! I Do!". On the 6th, we will have a trip to Congregation B'nai Israel for a Mitzvah Day project. On the 7th we will have the Lester bi-annual Memorial Service. Also, as in previous years, we'll be celebrating Mother's Day (the 13th) with a wonderful entertainer and beautiful corsages for all the mother's amongst us. On the 16th, Harold Colton-Max, CEO of the JCHC, will meet with Heller residents for his 'Chat with CEO' and on the 21st he will do the same with Weston residents. In celebration of Older American's Month, we will have an Art Festival on Sunday the 20th. And lastly, on the 31st, we will have a trip to the Randolph Hebrew Academy for a Casino Night. Please be sure to review the enclosed calendar for a full listing of all there is to do throughout the month. I hope you'll take advantage of these many program offerings and participate as you see fit.

Toward the end of May we will be celebrating the holiday of Shavuot on which we cele-

brate the acceptance of the Ten Commandments on Mt. Sinai. As we've done for previous holidays, a schedule of services is enclosed with this newsletter detailing important times for the Holiday.

Aside from all the exciting activities planned this month, we are also planning a number of improvement projects to our building. Over the next couple of months we plan to install nine (9) new benches in front of the Heller building. We will also be cleaning all bathroom exhaust vents in early May - please keep an eye out for the fliers posted. Also, most of the furniture in the Heller piano room and the Weston living room and library will be replaced. We will make every effort to minimize disruptions to the day-to-day operations while these renovations are underway and appreciate your continued patience while we work to update our building and improve our services to you.

Lastly, please save the date of Sunday 6/24 for the Annual Western Day BBQ. As in previous years, we plan to have great food, live music and lots of fun. Be sure to invite your family (children, grandchildren and anyone else you can think of) to attend.

As always, please feel free to reach out to me with any questions, comments, compliments and/or concerns. I can be reached at 973-929-2747. You should also feel free to stop by the Administration offices if you would like to meet with me.

See you around the halls,

Alex Gross
Administrator

SAVE THE DATE



Sunday, June 24th - It's almost that time again, Western Day! Mark the date on your calendar, tell your family and friends, Lester will be having its 6th annual Western Day Barbeque. We will have great food, music, games and horses to ride - a day for the whole *mishpachah*!



Photo Highlights: Trip to the Randolph Hebrew Academy Model Seder



New Resident Welcomes

Leslie Metsky Apt. 216
Henry Frankel Apt. 6-C

To all of Lester's new residents we would like to wish you a warm welcome, and *Bruchim Ha Ba'im*.

Colors

By Bea Freiheiter

- The color blue reminds me of the sky
- The color white, clouds floating by.
- The color green, trees and grass
- The color red, autumns flash.
- The color yellow, sunshine and daisies
- The color gray, smoky and hazy.
- The color black, a soft slinky cat
- The color tan, a big straw hat.
- The color purple, luscious grapes
- The color brown, pitted dates.
- The color orange, juice to squeeze
- The color lavender, aroma to please.
- The color auburn, hair to match
- The color turquoise, green -blue eyes, natch.
- The color pink, a soft dreamy sunset
- The color amber, golden brown russet.
- All the colors we see each and every day, God's signature his or her way.

Lester Congregation

Life Cycle Kiddush

will be on Saturday, May 5th
&
Saturday, May 19th

Kiddushim will be immediately following Shabbat morning services

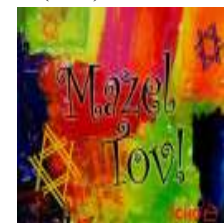
If you have not already filled out a Yartzeit information form, please contact Estelle Berger, Rae Benet, or Dr. Mervin Eisenberg (for Heller residents), or Bea Freiheiter, Teddy Halpern or Helen Heller (for Weston residents).

JCHC Tribute Cards are now available!

Send cards to family and friends and support the JCHC

Get Well cards /Mazel Tov cards
In Memoriam cards/Blank cards

Cards can be purchased at the Business office or call Marcia at (973) 530-3966



Grocery Shopping Services

Along with JCHC providing weekly shopping trips, let your fingers do the shopping! Below is a list of local options for home delivery of groceries.

Shoprite.com

Delivers to Whippany from the Parsippany Store

No group rates
Delivery fee: \$6.95
Shopping fee: \$10

Peapod.com

Shopping fee: under \$100 is \$9.95
Minimum order: \$60

